

# Stepping Out: Community-Oriented News in Psychiatry

## From the Office of Mental Health Promotion Issue: July 8, 2011

### Events

- Multi-site mural project
- African American Network Annual Picnic
- Rochester Gay Pride Parade
- Safe Space Training
- CWC Hoarding - From Our Closets to Yours
- TRADITIONAL BEATS, NEW RHYTHMS
- Latino Night at the Public Market
- Windhorse Farm Open House
- Faith & Family Workshop



### Multi-site Mural Project

**What:** Artists from South Africa and China will work with local artists to transform a large concrete wall in Troup Street Park into a message of hope to Rochester's youth. The Synthesis Collaborative, a local nonprofit organization, is sponsoring the multi-site mural project, which is entitled "Visual Intervention." Dr. Ian Wilson, an interventional radiologist at the University of Rochester Medical Center and co-founder of the Synthesis Collaborative, envisions the mural project as a means of communication. The message is belief. South African artists Mak1one, Ricky Lee Gordon (also known as Freddy Sam), and Faith47 will come to Rochester to lend their talents to this initiative. They will be joined by Dal, a Cape Town artist who originally hails from Wuhan, China. The visiting artists are all proponents of community arts projects in Cape Town, Johannesburg and throughout South Africa. They will collaborate with the FUA Krew, whose work can be seen

throughout the North Clinton corridor, and Shawn Dunwoody of the Four Walls Gallery.

**When:** A screening of short films and a question-and-answer session featuring the visiting artists will be held at 6 p.m. July 10 at the Baobab Cultural Center, 728 University Ave.

Production of the murals will take place July 8-12.

**More information:** E-mail [synthesis.collaborative@gmail.com](mailto:synthesis.collaborative@gmail.com)

### **African American Network 2nd Annual Picnic**

**What:** Please join us as we socialize and network with fellow co-workers and local Affinity Groups and their members. Food, beverages, and door prizes will be provided. Please feel free to bring a dish of choice as well as your favorite board game or your best card game!

**When:** July 14, 4PM-8PM

**Where:** Genesee Valley Park, Riverbend Shelter

**RSVP** to [africanamericannetwork@urmc.rochester.edu](mailto:africanamericannetwork@urmc.rochester.edu). or call (585) 275-4347

### **Rochester Gay Pride Parade**

**What:** Join members of the University community to celebrate LGBTQI diversity. Show your support for our diverse community and wear University of Rochester-related clothing

**When:** July 16, 2-3pm Line Up. Parade is 3pm-5pm

**Where:** Brunswick/Argyle Streets

**More information:** <http://www.rochester.edu/diversity/affinity/pride/index.html> or contact John at (585) 273-5666 with any questions

**RSVP** to [pridealliance@rochester.edu](mailto:pridealliance@rochester.edu)

### **Safe Space Training**

**What:** This training session will be facilitated by Jill Bowman, Human Resources, and Kathy Sweetland, University Intercessor. Information about becoming an ally and learning about resources available to the LGBTQI community will be shared and discussed

**When:** July 21 1PM -3 PM

**Where:** School of Medicine and Dentistry Northeastern Conference Room

**RSVP** to [stanley.byrd@rochester.edu](mailto:stanley.byrd@rochester.edu) (limited space)

### **CWC Hoarding - From Our Closets to Yours**

**What:** CWC Hoarding support group is inviting you to come and enjoy a night for them to

give away something. Come out and enjoy a night of socializing as well as free thrifting

**When:** July 21, 2011 5:00pm-7:00pm

**Where:** Creative Wellness Coalition, 320 North Goodman St., Rochester

**More information:** Call Laurie at (585) 325-3145 x119 or Trish x144 or visit

<http://www.mhcrochester.org/calendar.asp?d=21&m=7&y=2011>

### **TRADITIONAL BEATS, NEW RHYTHMS**

**What:** This exhibition reunites three long time friends, all originally from Western New York and artists from the contemporary "Black Arts Movement" of the 60's and 70's. Their last major showing together in Rochester was in 1975 at the MAG (Memorial Art Gallery). The Baobab is honored and proud to present these living legends.

**When:** July 1 - August 27

**More information:** E-mail [moka@thebaobab.ccsend.com](mailto:moka@thebaobab.ccsend.com)

### **Latino Night at the Public Market**

**When:** Friday July 29th, 6:00pm-10:00pm

**Where:** Rochester Public Market

**Cost:** FREE!!!

**Details:** In conjunction with the City of Rochester the Puerto Rican Festival brings you the annual installment of Latino Night at the Public Market. Live performances by Pedro Nuñez y su Conjunto, Next Level, and La Crema. Javier Rivera as our MC and DJ Bonitillo. Come support and enjoy good music.

**More information:** Visit <http://www.prfestival.com/>

### **Windhorse Farm Open House**

**What:** Learn about Equine Assisted Psychotherapy and Equine Assisted Learning Programs offered at Windhorse Farm. Mental health services utilizing horses to address depression, anxiety, family and marriage issues, grief, addictions, and spiritual issues to name a few. Also services offered to military, their spouses and children dealing with PTSD, TBI, grief, substance abuse, anger management and other mental health issues.

**When:** July 30, 2011 10:00am-4:00pm (Rain or shine)

**Where:** 75 Walker Road Hilton, New York 14468

**More information:** Dr. Joseph Lancia (585)-392-3492; E mail:

[windhorsefarmllc@gmail.com](mailto:windhorsefarmllc@gmail.com) Alan Bertch (585)-964-5822; e mail: [chicory12@frontier.com](mailto:chicory12@frontier.com)

[www.windhorsefarmllc.com](http://www.windhorsefarmllc.com)

### **Faith & Family Workshop**

**What:** The role of faith in overcoming domestic violence. Ms. Laretta Pierce, CEO Covenant Cookies will be the keynote speaker. Ms. Pierce is a survivor of domestic violence who credits her remarkable climb from violence and poverty to safety and prosperity to her faith in God and His profound grace. Her incredible journey and the power of her faith -- which guided her then and is the foundation of her life today -- will inspire and motivate. Ms. Pierce speaks around the world and has been featured on ABC News, TBN and more.

**When:** Saturday, September 17th, 2:00pm-9pm

**Where:** Roberts Wesleyan College Cultural Life Center, 2301 Westside Drive

**More Information:** Free event! Advanced registration is required. Call 425-1580 for information or [register here](#).

- **Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.**
- **To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)**

For more information on events in the community check out the [DBSA Website](#)

**Our mailing address is:**

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