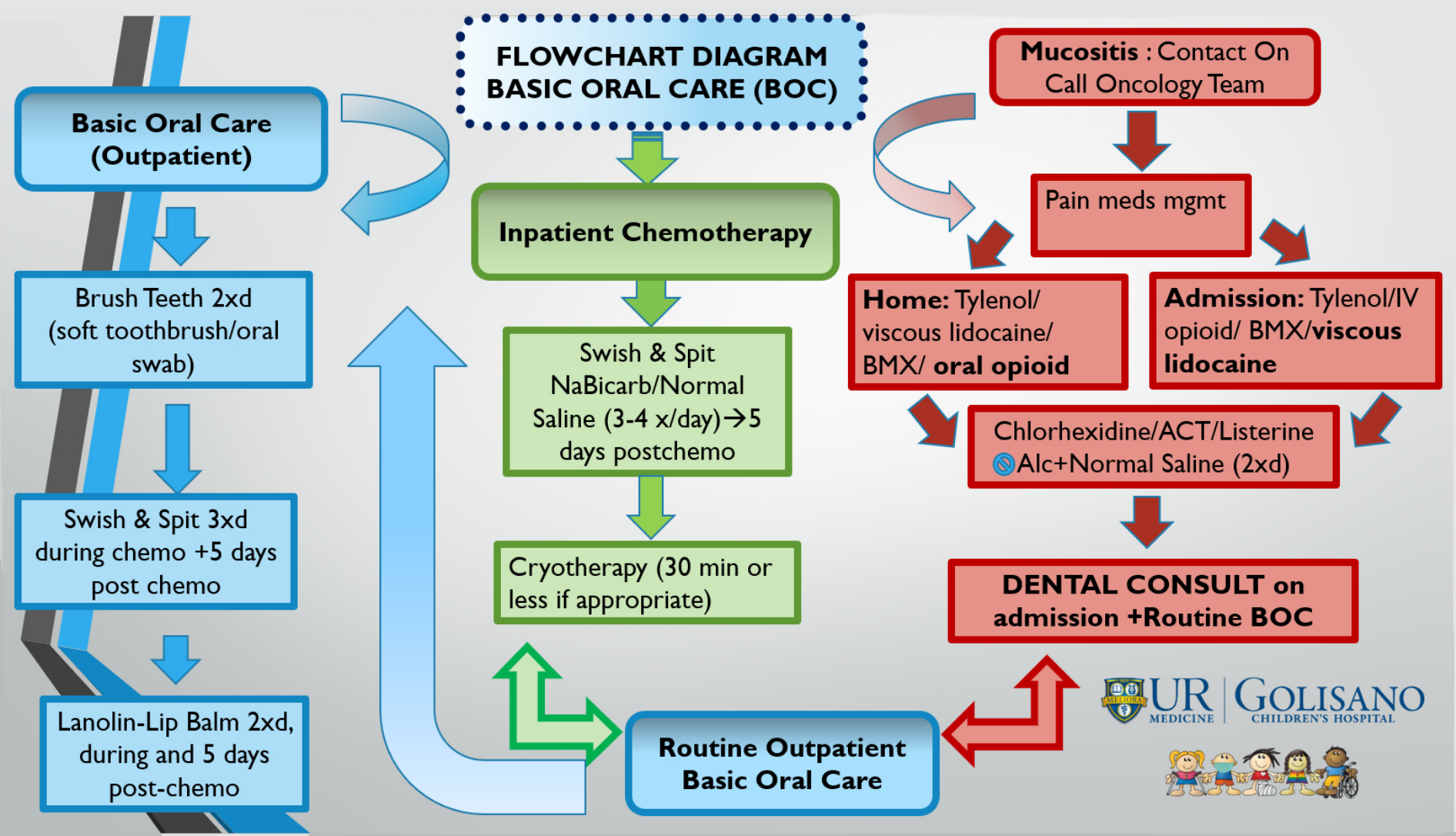


Flowchart Diagram - Basic Oral Care (BOC)



Q	Brushing Technique	Bland Mouth Rinse Technique (NaCL or NaBicarb)	Medicated Mouth Wash (Chlorhexidine preferred)	Viscous Lidocaine and/or BMX	GENTLE REMINDERS
WHY?	Decrease bacterial and plaque build-up	Decrease bacterial load in mouth	Anti-septic and prevents cavities	Pain Mgmt.	Perform medicated CHX mouth rinse 2x/d duration of neutropenia from start of your chemotherapy
HOW?	45 degree angle to gumline, small circles x 2 MIN	Swish & Spit x 30 SEC Balloon & sucking motion	6-12 yrs=10ml >12 yrs= 15ml + Neutropenic	Swish and spit (prior to meals – effect~5-10 min)	Write down the date and time of your mouth rinse in your chemo journal
NEXT STEP?	Perform 30 min after eating and/or mouth rinse	Perform 3x/d with chemo and 5 days after	<ul style="list-style-type: none"> • Chlorhexidine (CHX) • ACT • Listerine (non-Alc) 	Not to exceed: <3 yrs 4 doses in 12 hrs >3 yrs 8 doses in 24hrs	**Call us right away if you develop any mouth sores!!!