Livingston County
Community Health Improvement Plan (CHIP) 2022-2024

Priority: Promote Well-Being and Prevent Mental and Substance Use Disorders

Focus Area #1
Prevent Mental and Substance User Disorders

Focus Area Goal
Prevent suicides

Objectives Through 2024
Reduce the age-adjusted suicide mortality rate
Create protective environments
Identify and support people at risk
Promote connectedness teaching coping and problem-solving skills

By December 2023, we will have completed...

Implementation of Lock & Talk initiative, adapted from Virginia's statewide Lock & Talk program, to reduce access to lethal means

Number of gun locks, medication locks, and disposal pouches distributed per year
Weight of collected items from boxes
Number of retailers engaged
Increase in awareness of "access to lethal means," as measured by survey results or polls

Proportion of healthcare providers who felt comfortable applying suicide prevention skills: active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care
Proportion of healthcare providers who were knowledgeable about the signs and symptoms of suicide, as well as the mental health problems associated with suicide, such as depression and substance abuse (e.g., depression is an illness that a doctor can treat)
Suicide Mortality Rate (NYDOH Prevention Agenda and Medical Examiner Data)
Extent to which individuals have engaged in help-seeking behaviors in the past three months
Proportion who had positive expectancies about living, engaged in civic life

Assessment of local assets and resources
Conduct attendee surveys at community events to identify the proportion who had positive expectancies about living, engaged in civic life
Conduct program utilization and effectiveness assessments
Expand Be Well In Livingston (Chronic Disease Prevention initiative focused on eating better, moving more and stressing less) to Lima, NY
Promote assets and resource to community

Implementation Partner
Community Based Organizations

MH/SU CSB, GVHP/Suicide Prevention Task Force to gather data and conduct surveys
All partners to evaluate data and survey responses: discuss next steps for 2024

Hospital(s)

Peer norm programs: CASA Trinity Peer Specialist, LCVMH explore MH Peer Programming, LC Veterans -Dwyer Peer Support Program
Community engagement activities- LC Veterans Outdoor RX, CASA AIR Program, GVHP Be Well In Livingston Stress Less
Community events such as 5Ks and Euchre tournaments, MHA social support group, DFA Tai Chi and Aging Mastery Program, URMC/Noyes Health Caregiver Support Program, and GLOW Out! (LGBTQ+ drop in centers)

Community Based Organizations

Partner Role(s) and Resources