



Explore Rochester

Compiled by
University of Rochester EM Students



Top 40 Things to do in Rochester, NY

- 1.) Park Avenue Festival
- 2.) Trip to Finger Lakes wineries
- 3.) Kayak downstream from Ellison Park to Irondequoit Bay (Oak Orchard Canoe Kayak Experts).
- 4.) Lighthouse scenic walking trail on Lake Ontario
- 5.) Visit Letchworth and Stony Brook parks (lots of waterfalls and trails to hike).
- 6.) Eat at Good Luck Restaurant
- 7.) Camping in the Adirondacks (Lake Placid, Saratoga Springs, & Lake George). Mirror Lake Inn Resort & Spa in Lake Placid is a must.
- 8.) Attend a concert at the Eastman School of Music
- 9.) During the holiday season, (if you celebrate Christmas, cut down a tree at one of the local tree farms).
- 10.) Purchase a delicious cake at Goodness Cakes
- 11.) Attend the world famous Rochester Jazz Festival
- 12.) Clothesline Art Festival
- 13.) Take a trip to the nearby Corning Museum of Glass
- 14.) Take a canal boat ride from Schoen Place to explore the Pittsford Canal Locks. Sit on the deck of Aladdin's post your cruise to take in the sunset.
- 15.) Eastman House backyard garden concerts
- 16.) Visit Hamlin Beach (30 minute drive).
- 17.) Take a trip to Charlotte Beach (15 minute drive) and eat dinner at the Pelican's Nest or Ollie's.
- 18.) Take a stroll through the beautiful lilacs at Highland Park

- 19.) Take a visit to the many local public markets
- 20.) Attend a sporting event: Rochester Americans (hockey), Red Wings (baseball), Knighthawks (Lacrosse), Rhinos (soccer). Venture a bit farther and see a Buffalo Bills (football) or Buffalo Sabres (hockey) game.
- 21.) Attend a local theatre show at Broadway Theatre, Geva Theatre, Downstairs Cabaret, and/or see a concert at the Rochester Philharmonic Orchestra (Eastman).
- 22.) Cornhill Art Festival
- 23.) Take a hike through Mendon Parks Park
- 24.) Watch the sun set/rise at the reservoir on Cobbs Hill. Amazing views of the city.
- 25.) Walk your dog(s) at Ellison Park and Corbitt Glen Park.
- 26.) Visit the Memorial Art Gallery. Bring your URMCC badge for free entry.
- 27.) See a movie at the Little Theatre. Small, mostly foreign films.
- 28.) Get a relaxing massage at the Spa at the Del Monte
- 29.) Book a getaway at Bristol Harbor Golf Resort
- 30.) Visit Seneca Park Zoo
- 31.) Visit Marge's bar on Irondequoit Bay and enjoy the scenic view on the water.
- 32.) Visit the butterfly garden at Strong National Museum of Play
- 33.) Make a trip to Wegmans (our local grocery store)
- 34.) Go to a laser show at the planetarium
- 35.) Visit Niagara on the Lake
- 36.) In the winter go sledding at Powder Mill Park
- 37.) Visit Sonnenberg Gardens
- 38.) Go ice skating at Highland Park
- 39.) Get delicious BBQ at Sticky Lips or Dinosaur Bar-B-Que
- 40.) Go skiing or snowboarding at Bristol Mountain

Explore Outside the City:

- 1.) Ontario Beach Park (25 minute drive north).
Explore the lighthouse and eat at Pelican's Nest or Olie's.
- 2.) Hamlin Beach (40 minute drive northwest).
Beautiful scenery.
- 3.) Mendon Ponds (20 minute drive south).
Walking trails, visit Henrietta Hots for a "garbage plate".
- 4.) Durand-Eastman Park (25 minute drive north).
Enjoy live music & a scenic beachfront patio at Marge's Lakeside Inn.
Visit Bill Gray's or Don's for a bite to eat.
- 5.) Seneca Park Zoo (20 minute drive north).

Exercise

- Yoga at Breathe Yoga, Atman, or Bodhi Tree (Penfield)
- Rock Climbing at RocVentures
- Run, walk, bike the Erie Canal Trail or Highland Park
- Cross Country Skiing at Mendon Ponds (Bring your own skis)



Full Day Adventures:

- Brunch at Frog Pond, tour the George Eastman Museum, Cobbs Hill Park, dinner at Dinosaur Bar-B-Que, and a show at Geva Theatre.

Breakfast at Jines then spend the day at the Strong Museum of

- Play followed by dinner and drinks at The Old Toad (British pub), and end the night with a movie at the Little Theatre or a Rochester Amerks hockey game.

Explore the Rochester Public Market in the AM, lunch at Fare Game,

- followed by an afternoon tour of Mt. Hope Cemetery, and dinner at Henrietta Hots.

Take a stroll along the Genesee Riverway Trail in the morning,

- followed by lunch at Kainos, and spend the afternoon at the Strong Museum of Play and dinner at Tony D's.

Half Day Adventures:

- Strong Museum of Play
- Lamberton Conservatory
- Coffee at Equal Grounds or Boulder Coffee
- Movie at the Little Theatre
- Explore outdoors at Highland Park, High Falls, or Genesee Valley Park

- Rochester Public Market:

Open 6 AM - 1PM Tuesdays & Thursdays

5 AM - 3 PM Saturdays

- Brighton Farmers Market:

Open 9 AM - 1PM Sundays



Explore Rochester Dining



Breakfast:

Charlie Brown's
Enrights
Frog Pond
Fuego Coffee Roasters
Village Bakery

Deli and Sandwiches:

DiBella's Subs
Orange Glory
Magnolia's Deli & Café
Rubino's Italian Foods

Barbecue:

Dinosaur Bar-B-Que
Sticky Lips BBQ

Italian:

Fiamma Centro
Rocco (known for their Butterscotch Budino)
Pasta Villa
Grappa

Rochester Icons:

Nick Tahou's - Birthplace of the famous garbage plate
Jeremiah's Tavern
The Distillery
Dogtown

Trendy Restaurants:

Good Luck
Nosh
Cure
Locals Only

Diners:

Jim's on Main
Jine's Restaurant

Asian:

Han Noodle Bar
White Swans Asia Cafe
Chen Garden
Cantonese House
SEA (Vietnamese)
Sodam (Korean)
The King & I (Thai)
Tokyo Japanese Restaurant
Dumpling House

Mexican:

Bitter Honey
John's Tex Mex
Old Pueblo Grill
Salena's

Indian:

India House
Tandoor of India
Amaya
Hyderabad Biryani House

Vegan:

The Red Fern

Fine Dining:

Next Door Bar & Grill
Ox and Stone
Redd
The Revelry

Dessert:

Simply Crepes
Cheesy Eddie's (known for their carrot cake)
Abbott's Frozen Custard
Pittsford Dairy Farms

Breweries, Wineries & Distilleries:

Black Button Distilling
Fairport Brewing
Fifth Frame Brewing
Genesee Brew House
Iron Smoke Distillery
Iron Tug Brewing
Mullers Cider House
Swiftwater Brewing
Roc Brewing
Rohrbach's Brewing
Three Heads Brewing
Triphammer Bierwerks

Finger Lakes Wineries

Niagara Wine Trail

