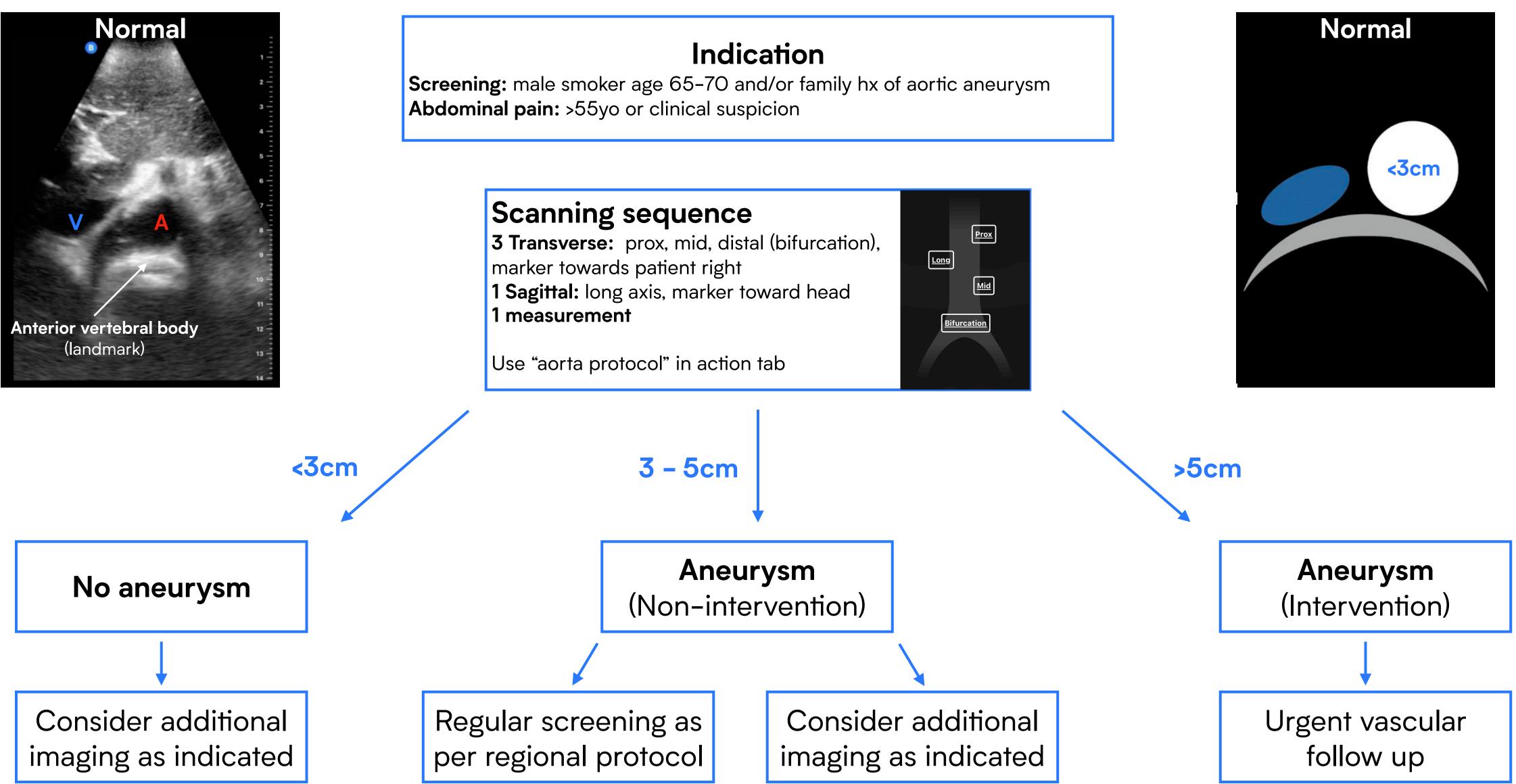
Aorta Assessment Pathway





Aorta Scanning Protocol

Why?

RISK of AAA male smoker between 65-75 1:100

Patients with **FH of AAA** high risk

Sensitivity of history, exam, and stethoscope for AAA is poor < 50%

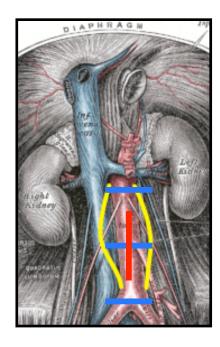
Sensitivity of US for AAA similar to abd CT

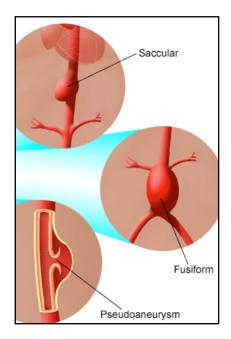
POCUS is performed at the time of patient assessment. Gives immediate imaging info for an **informed decision**

> **Negative** is easy to learn **high value** for patients at risk or with abd pain

Where?

Between xyphoid and umbilicus





3 transverse views Prox (below xyphoid) Mid Distal (just above umbilicus)

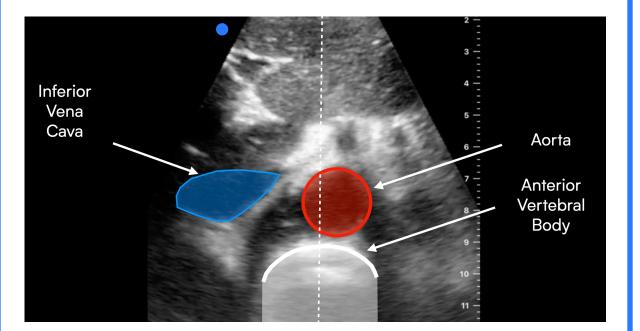
1 sagittal (long) view for saccular aneurysm

1 measurement in transverse view

Fan probe to maximize image Trans: head to toe Long: side to side

What?

Aorta sag fluid filled tube (black content) anatomically to pts' left of midline transverse view = circle long axis view = rectangle



Look for anterior vertebral body (Anatomical landmark)

Probe marker to patient right Aorta on screen left

IVC on screen right May compress & disappear with pressure

> **Diameter** < 3cm NO ANEUYSM

Win!

Aorta < 3cm No aneurysm

CT imaging **not needed**

Aorta 3 – 5cm Aneurysm

Regular follow up imaging as per local (multidisciplinary) protocol

> Aorta >5cm Aneurysm

Urgent follow up as per local (multidisciplinary) protocol

Additional imaging for ANY findings if not confident in interpretation

