# Table of Contents

Social Media ........................................................................................................................................... 3

Articles .................................................................................................................................................. 3

Podcasts .................................................................................................................................................. 6

Film ......................................................................................................................................................... 7

Books ....................................................................................................................................................... 8

Trainings .................................................................................................................................................. 9

Resources for Parents .......................................................................................................................... 10

Social Media ........................................................................................................................................... 10

Articles .................................................................................................................................................. 10

Podcasts .................................................................................................................................................. 11

Film ......................................................................................................................................................... 11

Books ....................................................................................................................................................... 11

Actions to Take As an Ally ..................................................................................................................... 11
Social Media
Antiracism Center: Twitter
Audre Lorde Project: Twitter | Instagram | Facebook
Black History Untold: Instagram
Black Lives Matter: Instagram
Black Women’s Blueprint: Twitter | Instagram | Facebook
Check Your Privilege: Instagram
Color Of Change: Twitter | Instagram | Facebook
Colorlines: Twitter | Instagram | Facebook
The Conscious Kid: Twitter | Instagram | Facebook
Equal Justice Initiative (EJI): Twitter | Instagram | Facebook
Families Belong Together: Twitter | Instagram | Facebook
The Great Unlearn: Instagram
The Leadership Conference on Civil & Human Rights: Twitter | Instagram | Facebook
MPowerChange: Twitter | Instagram | Facebook
Muslim Girl: Twitter | Instagram | Facebook
NAACP: Twitter | Instagram | Facebook
National Domestic Workers Alliance: Twitter | Instagram | Facebook
RAICES: Twitter | Instagram | Facebook
Showing Up for Racial Justice (SURJ): Twitter | Instagram | Facebook
SisterSong: Twitter | Instagram | Facebook
United We Dream: Twitter | Instagram | Facebook

Articles
10 Documentaries to Watch About Race Instead of Asking a Person of Colour to Explain Things for You by Ben Clay | DocPlay.com (June 3, 2020)
29 Movies, Shows, and Documentaries to Watch to Educate yourself on Racial Injustice by Ashley Selleke | Theeverygirl.com (June 4, 2020)
5 Facts Behind America’s High Incarceration Rates (CNN)
5 Things to Know About Communities of Color and Environmental Justice (Center for American Progress)
5 Ways White People Can Take Action in Response to White and State-Sanctioned Violence by SURJ
75 Things White People Can Do for Racial Justice
A Brief History of Slavery, NY Times
A Timeline of Events That Led to the 2020 ‘Fed Up’-rising (Michael Harriot)
America’s Racial Contract Is Killing Us by Adam Serwer | Atlantic (May 8, 2020)
American History, Race and Prison (VERA)
An anti-racist’s dictionary: 16 words you should know (Marguerite Ward, Business Insider)
Being Anti-Racist (National Museum of African American History & Culture)

Calling In and Calling Out, by Roxy Manning

Can Police Departments Reduce Implicit Bias?
Can the Science of Purpose Help Explain White Supremacy?
Can Threats to Humanity Make Us More Prejudiced?
Can We Reduce Bias in Criminal Justice?
Code of Ethics for White Anti-Racists by Tim Wise | Medium.com (June 16, 2020)

Dear White People: Here Are 5 Uncomfortable Truths Black Colleagues Need You To Know (Dana Brownlee – Forbes)

Eight Ways to Stand Up to Hate

Ella Baker and the Black Freedom Movement

Examining the Black-White Wealth Gap (Brookings Institution)

Explaining White Privilege to a Broke White Person (Gina Crosley-Corcoran)

Five Ways to Have Better Conversations Across Difference

For Our White Friends Desiring to Be Allies by Courtney Ariel | Sojo.net (August 16, 2017)

From Othering to Belonging

Health & Health Care Disparities (KFF – Kaiser Family Foundation)

How Can We Stop Prejudice in a Pandemic?

How Challenging Stereotypes Can Save Black Lives

How Did We Get Here? by Gillian B. White | The Atlantic (June 16, 2020)

How Mindfulness Can Defeat Racial Bias

How the Pandemic Divides Us: Physical distance protects us from COVID-19, but it also gives rise to some of the ugliest human tendencies

How to Avoid Picking Up Prejudice from the Media

How to Beat Stereotypes by Seeing People as Individuals

How to Fight Racism Through Inner Work

How to Reduce Racial Profiling

How to Stop the Racist in You

How to Talk to Relatives Who Care More About Looting Than Black Lives by Rachel Miller | Vice.com (June 3, 2020)

How to Turn White Privilege Into Antiracist Allyship | WGPH.org (June 5, 2020)

How White People Can Hold Each Other Accountable to Stop Institutional Racism by Elly Belle | teenvogue.com (August 2, 2019)

How White Women Can Use their Privilege to End Racism by Tikia K. Hamilton, PhD | Zora.medium.com (May 28, 2020)

I’m not White, I’m Jewish: Standing as Jews in the Fight for Racial Justice by Paul Kivel

Look Twice Susan T. Fiske has some bad news: Prejudice might be hardwired in our brains. But the good news is that we can still learn to override our prejudices and embrace difference

Message to White Allies from a Black Racial Dialogue Expert: You’re Doing it Wrong by Dr. David Kempt | Medium.com (April 27, 2020)
My Life as an Undocumented Immigrant by Jose Antonio Vargas | NYT Mag (June 22, 2011)
Performative Allyship is Deadly: Here’s What to Do Instead
Race – The Power of An Illusion (PBS, California Newsreel, ITVS)
Racial Equity at Work Isn’t Rocket Science by Dorianne St. Fleur | Medium.com (June 14, 2020)
Racial Microaggressions: Examples and Phrases for Productive Dialogue by Kristen Rogers | CNN (June 6, 2020)
Racism Is Not a Mental Illness
Racism. Where do You Fall?
Relinquishing the Patriarchy
Seven things you probably didn’t know were connected to slavery (CNN)
Systemic Inequality and Economic Opportunity (Center for American Progress)
Talking About Race (Smithsonian African American National History & Culture Museum)
The 1619 Project (all the articles) | The New York Times Magazine
The assumptions of white privilege and what we can do about it (National Catholic Reporter)
The Case for Reparations by Ta-Nehisi Coates
The Characteristics of White Supremacy Culture by Kenneth Jones and Tema Okun
The Combahee River Collective Statement
The Egalitarian Brain: Research on the neuroscience of prejudice is revealing how the brain can overcome our fears and racial biases, reports David Amodio
The Intersectionality Wars by Jane Coaston | Vox (May 28, 2019)
The Psychology of Taking a Knee
Think racial segregation is over? Here’s how the police still enforce it (Monica Bell, Washington Post)
Thoughts on Awkward Relationships and Bridging Divides
Three Ways to Reduce Implicit Bias in Policing
Tips for Creating Effective White Caucus Groups developed by Craig Elliott PhD
Trump’s EPA Concludes Environmental Racism Is Real (The Atlantic)
Understanding Our New Racial Reality Starts with the Unconscious
Understanding racism and inequality in America (Washington Post)
US black-white inequality in 6 stark charts (CNN)
Wear Your Voice Magazine
What Black Scientists Want From Colleagues and their Institutions by Virginia Gewin | Nature (June 22, 2020)
What Happens When You Tell Your Story and I Tell Mine?
What Makes a Good Interaction Between Divided Groups?
What Will It Take to Bridge Our Differences?
What's Driving Political Violence in America?
White Anti-Racism, Living the Legacy (Teaching Tolerance)
White Fragility – Why It’s So Hard for White People to Talk About Racism (Robin DiAngelo)
White Privilege, Unpacking the Invisible Knapsack (Peggy McIntosh)
Who Gets to be Afraid in America? (Ibram X. Kendi)
Why American Prisons Owe Their Cruelty to Slavery (NY Times Magazine)
Why Is COVID-19 Killing So Many Black Americans?
Why Telling Our Own Story Is So Powerful for Black Americans (Andrea Collier)
Why You Should Stop Saying, “I Don’t See Color” by Dawn Porter | msn.com (June 7, 2020)

Podcasts
1619 (New York Times)
About Race
CEO Action Time to Act
Code Switch (NPR)
Fare of the Free Child
Floodlines from The Atlantic
Intersectionality Matters! hosted by Kimberlé Crenshaw
Momentum: A Race Forward Podcast
Pod For The Cause (from The Leadership Conference on Civil & Human Rights)
Pod Save the People (Crooked Media)
Seeing White
Show About Race (Panoply)
Small Doses (Amanda Seales)
Talking about Whiteness (Eula Bliss, On Being)
Therapy for Black Girls (Dr. Bradford)
Throughline from NPR
Unlocking Us – Brené Brown with Ibram Kendi on How to Be an Anti-racist
Unlocking Us - Brené with Austin Channing Brown on I’m Still Here: Black Dignity in a World Made for Whiteness
**Film**

13th (Netflix Documentary)
American Son (Netflix)
**Black America Since MLK: And Still I Rise**
Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers
The Black Panthers: Vanguard of the Revolution
Black Power Mixtape: 1967-1975
**Bryan Stevenson: Bear Witness, Take Action**
Clemency (Chinonye Chukwu)
Clint Smith’s How to Raise A Black Son in America TedTalk
The Color of Fear (Documentary by Lee Mun Wah)
**Crime + Punishment** (YouTube)
Dear White People (Netflix)
**Descendants** (Washington Post African American Video History Series)
**Diversity Training Isn’t Enough: Racism, Trauma and Justice w/Dr. Joy Degruy**
Fruitvale Station (Ryan Coogler)
The Hate You Give (Netflix)
**How Studying Privilege Systems Can Strengthen Compassion** | Peggy McIntosh at TEDxTimberlaneSchools
**How to Deconstruct Racism, One Headline at a Time** (Baratunde Thurston – TED Talks)
I am Not Your Negro
If Beale St Could Talk (Hulu)
Just Mercy
King In The Wilderness (HBO)
LA 92
**The Origins of Lynching Culture in the United States** (YouTube)
Race: The Power of an Illusion
Robert Bullard: How Environmental Racism Shapes the US (PBS)
**Roots of Justice** Front Porch Conversation
See You Yesterday (Netflix)
Selma (Ava DuVernay) — Available to rent
**Teach Us All**
Understanding Systemic Racism (YouTube)
**What Matters**: #BLM Documentary series
When They See Us (Netflix)
White Like Me
Whose Streets?
Why “I’m not racist” is Only Half the Story (Robin DiAngelo, YouTube)
Books

A Terrible Thing To Waste: Environmental Racism And Its Assault On The American Mind by Harriet A. Washington

Automating Inequality: How High-Tech Tools Profile, Police and Punish the Poor by Virginia Eubanks

Between the World and Me, by Ta-Nahesi Coates

Biased by Jennifer Eberhardt

Black Feminist Thought by Patricia Hill Collins

Blackballed: The Black Vote and U.S. Democracy by Darryl Pinckney

Blind Spot: Hidden Biases of Good People by Anthony Greenwald and Mahzarin Banaji

Blink: The Power of Thinking Without Thinking by Malcolm Gladwell

Body and Soul: The Black Panther Party and the Fight against Medical Discrimination by Alondra Nelson

Dog Whistle Politics: How Coded Racial Appeals Have Reinvented Racism and Wrecked the Middle Class by Ian Haney López

Eloquent Rage: A Black Feminist Discovers Her Superpower by Dr. Brittney Cooper

From the War on Poverty to the War on Crime: The Making of Mass Incarceration in America by Elizabeth Hinton

Heavy: An American Memoir by Kiese Laymon

Homegoing, by Yaa Gyasi

How To Be An Antiracist by Ibram X. Kendi

I Know Why the Caged Bird Sings by Maya Angelou

Invisible No More: Police Violence Against Black Women and Women of Color, by Andrea Ritchie

Just Mercy by Bryan Stevenson

Killing Rage: Ending Racism, by Bell Hooks

Learning to Be White: Money, Race and God in America, by Rev. Thandeka

Me and White Supremacy by Layla F. Saad

Medical Bondage: Race, Gender, and the Origins of American Gynecology by Deirdre Cooper Owens

Race for Profit: How Banks and the Real Estate Industry Undermined Black Homeownership by Keeanga-Yamahtta Taylor

Raising Our Hands by Jenna Arnold

Redefining Realness by Janet Mock

Roadmap for Revolutionaries: Resistance, Activism & Advocacy For All (Elisa Camahort Page, Carolyn Gerin, and Jamia Wilson)

Sister Outsider by Audre Lorde

So You Want to Talk About Race by Ijeoma Oluo

Stamped from the Beginning, by Ibram X. Kendi

Talking to Strangers by Malcolm Gladwell
The Bluest Eye by Toni Morrison
The End of Policing by Alex S. Vitale
The Fire Next Time by James Baldwin
The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs
The Racial Healing Handbook (Anneliese A. Singh)
The Warmth of Other Suns by Isabel Wilkerson
Their Eyes Were Watching God by Zora Neale Hurston
They Can’t Kill Us All, by Wesley Lower
This Bridge Called My Back: Writings by Radical Women of Color by Cherrie Moraga
Unapologetic: A Black, Queer, and Feminist Mandate for Radical Movements, by Charlene A. Carruthers
Uprooting Racism: How White People Can Work for Racial Justice, by Paul Kivel
Waking Up White and Finding Myself in the Story of Race, by Debby Irving
When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America by Ira Katznelson
When They Call You A Terrorist (Patrisse Khan-Cullors & asha bandele)
Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do by Claude Steele
White Fragility: Why It’s So Hard for White People to Talk About Racism by Robin DiAngelo, PhD
White Like Me: Reflections on Race from a Privileged Son, by Tim Wise
Why Are All The Black Kids Sitting Together In The Cafeteria? And Other Conversations About Race by Beverly Daniel Tatum
Why I’m No Longer Talking to White People about Race, by Reni Eddo-Lodge
Witnessing Whiteness, by Shelly Tochluk

Trainings
Justice in June
Institutionalized Racism: A syllabus
The Great Unlearn
Scaffolding for anti-racist resources
Talking About Race, National Museum of African American History and Culture
Resources for Parents

Social Media
Here we Read: Instagram

Articles

Age-related Reactions to a Traumatic Event
Are Your Kids Too Young To Talk About Race
Beyond the Golden Rule: A Parent’s Guide to Preventing and Responding to Prejudice
(Southern Poverty Law Center)
Do Black Children’s Lives Matter if Nobody Writes About Them? by Daniel Jose Older |
   The Guardian (November 6, 2015)
Five Ways to Reduce Racial Bias in Your Children
Helping Kids Process Violence, Trauma, and Race in a World of Nonstop News, from
   Common Sense: A conversation with Drs. Allison Briscoe-Smith, Jacqueline Dougé, and Nathan Chomilo.
How Adults Can Support the Mental Health of Black Children
How Adults Communicate Bias to Children
How to Raise Kids Who Are More Tolerant Than You
How to Read Racist Books to Your Kids
How to Talk to your Children About Protests and Racism by Sandee LaMotte | CNN.com
   (June 2, 2020)
How to Talk to Kids about Race and Racism, According to Experts
How to Talk to Kids About Racism: An Age-by-Age Guide by Alex Miynek |
   Todaysparent.com (February 9, 2017)
How to Talk with Your Kids about Donald Trump
PBS’s Teaching Your Child About Black History Month
Preparing Young Children for the Inclusion of Children with Disabilities into the
   Classroom (National Association for the Education of Young Children)
Rubbing Off (Allison Briscoe-Smith explains how kids learn about race—and how their
   parents can help them make sense of difference)
Talking Race With Young Children
Talking to Kids about Race
Talking to Young Children About Race and Racism (PBS Kids Resource Roundup)
Understanding Child Trauma
Your Kids Aren’t Too Young to Talk About Race: Resource Roundup from Pretty Good
What Kids are Really Learning About Slavery by Melinda D. Anderson | The Atlantic
   (February 1, 2018)
Where’s the Color in Kids’ Lit? Ask the Girl with 1,000 Books (and Counting) by Meg
   Anderson | NPR.org (February 26, 2016)
Podcasts
Five Pandemic Parenting Lessons with Cindy Wang Brandt

Film
CNN/Sesame Street Town Hall: How to Explain Racism to Kids
CNN/Sesame Street Town Hall: Elmo and his dad Louie Talk About Racism and Protesting

Books
31 Children’s books to support conversations on race, racism and resistance
A Kids Book About by Jelani Memory
Coretta Scott King Book Award Winners (Books for Children and Youth)
Books To Help You Explain Racism and Protest to Your Kids (Recommendations from the NY Times)
Starting to Talk About Race with Kids | Books for Littles

Actions to Take As an Ally
5 Ways to Show Up For Racial Justice Today (KQED – Nastia Voynovskaya)
8 Can’t Wait (Policies that can reduce police violence & see how your city ranks in implementation)
75 Things White People Can Do For Racial Justice (Medium – Corinne Shutack)
Black Lives Matter
Dear White People: Here Are 10 Actions You Can Take To Promote Racial Justice In The Workplace (Dana Brownlee – Forbes)
If You’re a White Person Wondering What To Do...I Have Some Advice (Independent UK – Michael Crawford)
Opportunities for White People in the Fight For Racial Justice (WhiteAccomplice.Org)
Resources for Racial Trauma (UC Davis)
Scaffolding Anti-Racist Resources (Anna Stamborski, Nikki Zimmermann & Bailie Gregory)
What Can White People Do (June Holley with the Network Weaver Consultants Network)