Overarching Principles: After completing the program modules, Obstetric and Fetal Monitoring participants should be able to:

- Identify factors that place the maternal-fetal unit at risk (CNE & CME) and how they may present on the fetal heart rate tracing. (CNE only)
- Discuss the clinical assessment, including fetal heart rate interpretation (CNE only), and nursing management of common obstetric problems.
- Recognize and discuss the physiologic factors affecting the maternal-fetal unit and how they may present on the fetal heart rate tracing. (CNE only)
- Present the National Institute of Child Health and Human Development’s vocabulary and classification system for fetal heart rate interpretation. (CNE only)
- Describe components of fetal heart rate patterns: baseline fetal heart rate, variability, periodic and nonperiodic changes, and contraction patterns.
- Describe the role, responsibilities, and accountability of professional obstetric nurses and healthcare providers relating to electronic fetal heart rate monitoring care. (CNE only)
- Describe appropriate nursing and collaborative interventions based upon the assessment of case presentations and fetal heart rate monitor tracings. (CNE only)
- Discuss required assessment, drug options, dose, and evaluation of pharmacotherapeutic agents and their impact on the maternal-fetal unit and/or neonate. (CNE only)
- Identify factors affecting fetal heart rate interpretation and appropriate interventions. (CME only)