<table>
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<th>MONTH</th>
<th>TOPICS</th>
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| JANUARY | • Communication  
• Health Literacy in Clinical Practice  
• How Communication Can Help Balance Chaos with Successful Outcomes  
• Opioid Crisis in Women’s Health |
| FEBRUARY | • Drug Abuse in Pregnancy  
• Treatment of Substance Use Disorder in Pregnancy  
• Pain Management of the OB Substance Abuser  
• Disparities in Gynecologic Cancer |
| MARCH | • Hematologic Issues in Pregnancy  
• ABO Incompatibility  
• Rh Alloimmunization  
• Sickle Cell Disease and Pregnancy |
| APRIL | • Gastrointestinal Issues in Pregnancy  
• Intrahepatic Cholestasis of Pregnancy  
• Microbiota of the Bladder  
• The Unique Gut Microbiome of Females |
| MAY | • Psychiatric/Neurologic Issues in Pregnancy  
• Anxiety: How to Assess and Respond during Pregnancy, Part I  
• Anxiety: How to Assess and Respond during Pregnancy, Part II  
• NICU Parental Distress, Stress and PTSD |
| JUNE | • Endocrine Disorders in Pregnancy  
• Asymptomatic Thyroid Disease in Pregnancy  
• Effects of Maternal Hyperthyroidism in the Newborn  
• Estrogen’s Relationship to Breast Cancer |
| JULY | • Ethics  
• Human Trafficking |
| AUGUST | • Newborn Issues  
• Psychological Impact of Breast Cancer |
| SEPTEMBER | • Fetal Monitoring Review  
• Pre-exposure Prophylaxis (PrEP) |
| OCTOBER | • Cancer in Obstetrics  
• Genetic Counseling for Breast Cancer |
| NOVEMBER | • Bleeding in Pregnancy  
• Postpartum Hemorrhage  
• Placenta Accreta/Percreta  
• Evaluating Bleeding Risk in the Newborn |
| DECEMBER | • Legal Issues in Obstetrics  
• Impaired Nurses and Physicians  
• The Non-Compliant Patient  
• Sexual Assault |

2019 topics may vary by month and are subject to change with or without notice. Final topics are announced one month prior to release.