



## Our August Newsletter is dedicated to Inpatient Obstetrics

Our newsletter format will feature important industry news, periFACTS® programs and books, and a sneak peek to what's new this month for our monthly subscribers!

### In The News

#### [Gestational diabetes on the rise, CDC analysis shows](#)

Gestational diabetes is on the rise, climbing 30% between 2016 and 2020, according to a new study published Tuesday by the Centers for Disease Control and Prevention.  
STAT News (7/2022)

#### [COVID-19 in late pregnancy tied to preterm birth risk](#)

Compared with women who did not have SARS-CoV-2, those who were infected during the third trimester of pregnancy had a higher risk for preterm birth, data in *PLoS One* showed.  
Healio - Free Registration Req'd (7/2022)

#### [Chemicals Found in Cosmetics, Plastics Linked to Preterm Delivery](#)

Phthalates, chemicals that are typically used to strengthen plastics, are in millions of products people use every day, but a new analysis confirms their link to a higher risk for preterm births.  
HealthDay (7/2022)

#### [Dairy consumption may reduce bone loss in pregnancy](#)

A dairy food-based nutrition and exercise intervention during pregnancy that optimized protein and calcium intake improved mothers' bone health compared with usual care, according to a study in the *American Journal of Clinical Nutrition*.  
Healio - Free Registration Req'd (7/2022)

### Store Feature

## [Essentials of Inpatient Obstetric Nursing Care](#)

**Save \$100 Instantly This Month Only!**



**Save \$100 on our Essentials of  
Inpatient Obstetric Nursing  
Care Series with 50 CNE  
Contact Hours!**

Our Essentials of Inpatient Obstetric Nursing Care program is ideal for both new and experienced nursing professionals to introduce and reinforce the

essentials of inpatient obstetric care.

Our program is designed to orient a new nurse to the perinatal unit and provide the most current and comprehensive education for a more experienced staff member. This program will help reduce risk and errors, increase efficiency and patient care, reinforce and document staff competency, and grow the knowledge and skills of the learner in inpatient obstetrics.

This offer includes access for one person for one year with the ability to earn 50 CNE Contact Hours.

**Regular Price: \$350 | SALE PRICE: \$250 per person**

[LEARN MORE](#)

### New This Month - August Curriculum for Subscribers

Obstetrics Topic - **Nutrition** focusing on:

- **Nutrition: What Do We Really Know and What Do We Need?**
- **Understanding the Importance of a Plant-Based Diet in Pregnancy**

Women's Health Topic: **A Short History of Tamoxifen and Aromatase Inhibitor for Breast Cancer**

Video Topic: **Gestational Diabetes and Controlling Carbohydrates**

Clinical Quandary: **The Advice Is Clear: When Rubella Titers Are Equivocal, Vaccinate!**

A PAUSE for menoPAUSE: **I suffer from migraines. I love wine with dinner, but red wine always gives me migraines, while white wine does not. Why is there a difference?**

Grand Rounds Web-lecture: **Caring for Transgender and Gender Diverse Patients in the Inpatient Obstetrical Setting**

Sign up for an [Individual](#) or [Group](#) Subscription to the periFACTS® Online Continuing Education Program to access this month's courses!

**Currently a Subscriber?** Visit our [website](#) & click "Member Sign-In" to log in now!



The University of Rochester Center for Nursing Professional Development is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider Number CEP12376.



Physicians, nurse practitioners, nurse midwives, and physician assistants also may participate in the periFACTS® program.

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This activity has been approved for *AMA PRA Category 1 Credits™*.

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*\*Offer valid on Individual Access (Item #: EIONC-INDV) only. No coupon needed. Not valid on previous purchases or group access. No refunds. Offer ends 7/31/2022 11:59 PM ET.*

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