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Our December newsletter is dedicated to **Pregnancy Updates**

Our newsletter format will feature important industry news, periFACTS® programs and books, and a sneak peek to what's new this month for our monthly subscribers!

In The News

[Early Flu Shot May Better Protect Pregnant Patients](#)

Expectant mothers who had not been vaccinated against influenza and were infected had higher rates of complications, the researchers said, putting their babies at risk during birth and later in life.

Healio (Free Registration) (11/2021)

[ANA President: Get Vaccinated for Protection from "Twindemic"](#)

The holiday season, when family and friends gather, is also an opportunity for germs to spread as people come together indoors. There are concerns and cautions from health experts who predict this flu season may be unlike any other.

Fox 6 News (11/2021)

[COVID-19 Delta variant nearly triples risk for stillbirth](#)

Becoming ill with the COVID-19 Delta variant during pregnancy nearly triples the risk for stillbirth at delivery, according to data released Friday by the Centers for Disease Control and Prevention.

UPI (11/2021)

Store Feature



Happy Holidays!

*peri*FACTS®
OB/GYN Academy

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2021 is coming to an end, but 2022 can be the year to rack up the Contact Hours or CMEs you need!

PeriFACTS Annual Subscription

Fetal Monitoring from \$75

Books with FREE S&H

Inpatient Obstetrics with 50 CNE

Newborn Care with 20 CNEs

Group Resources from \$250

New This Month - December Curriculum for Subscribers

Obstetrics Topic - **Pregnancy Management** focusing on:

- The Challenges of Obesity in Labor
- Nausea and Vomiting in Pregnancy

Women's Health Topic: **What is the Metabolic Syndrome?**

Video Topic: **Challenges of the First Pregnancy in the Older Patient**

Clinical Quandary: **What is the significance of a variable fetal heart rate (FHR) deceleration that begins with a uterine contraction but doesn't return to baseline until after the contraction ends?**

A PAUSE for menoPAUSE: **I am 64 years old and taking care of my 84-year-old mother who suffers from advanced dementia. I love my mother and want to do everything I can to help her. But the strain is taking its toll on my health. Is my response typical? And is this stress related?**

Grand Rounds Web-lecture: **Tongue Tie: What is it and Why Might It Matter?**

Sign up for an [Individual](#) or [Group](#) Subscription to the periFACTS® Online Continuing Education Program to access this month's courses!

Currently a Subscriber? Visit our [website](#) & click "Member Sign-In" to log in now!



Development is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider Number CEP12376.



Physicians, nurse practitioners, nurse midwives, and physician assistants also may participate in the periFACTS[®] program.

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

This activity has been approved for *AMA PRA Category 1 Credits™*.

Offer valid now through 11/30/2021 11:59 PM ET on items FHRM-T3 and FHRM-BUNDLE only, or while supplies last. Not valid on previous orders or purchases. No refunds.

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