



Current. Comprehensive. Continuing Education Online.

Our December Newsletter is dedicated to Pregnancy, Drug and Substance Use

Our newsletter format will feature important industry news, periFACTS ® programs and books, and a sneak peek into what's new this month for our monthly subscribers!

In The News

[Alcohol Consumption in Pregnancy Delays Fetal Brain Development](#)

Drinking any amount of alcohol during pregnancy was associated with changes and delays in fetal brain development, according to data presented at the Radiological Society of North America annual meeting.

Healio - Free Registration Required (11/2022)

[About 1 in 35 U.S. Pregnancies Exposed to Opioids](#)

Researchers have found that nearly 3% of pregnancies in the United States were exposed to addictive opioid drugs. The finding stems from an analysis of data from 21,905 pregnant women in what's dubbed the ECHO program (Environmental Influences on Child Health Outcomes), a federally funded effort to investigate the effects of early life exposures on several key areas of child health.

HealthDay (11/2022)

[Kids Exposed to Smoke In Utero Had Better Lung Function If Moms Took Vitamin C](#)

Mothers who smoked cigarettes during pregnancy, but also took vitamin C supplements, had children with improved airway function and lower risk of wheeze later on, according to a follow-up study of a randomized trial.

MedPage Today (11/2022)

[No Sign That Anesthesia in Pregnancy Affects Child's Later Development](#)

Moms who have had emergency surgery during pregnancy can rest assured that exposure to anesthesia is not linked to developmental issues in their children, a new study reveals. While surgery and anesthesia are typically avoided during pregnancy, up to 1% of pregnant women may require it for unexpected health emergencies, such as appendicitis.

HealthDay (10/2022)

Store Feature

2023 PERIFACTS SUBSCRIPTION NEWS

We are excited to announce an important



upgrade to 2023 Subscriptions to the PeriFACTS Online Continuing Education Program!

Starting January 1, 2023, all subscribers will have access to their curriculums for the full calendar year! No more monthly access only! Each subscriber will have access to the month's curriculum from the 1st of the month it is open until 12/31/2023! January 2023's curriculum will be available until December 2023! February will be open February 1 through December 31, and so on!

2023 Pricing: Calendar Year Access - Starting January 2023

CNE Contact Hours: Only \$109 per person

CME Credits: Only \$159 per person

Choose to include/exclude Fetal Monitoring interpretation at no extra cost!

Earn *at least* 75 CNE Contact Hours or 75 CME Credits in 2023!

How It Works:

New 2023 Subscriptions: You will receive access to each month's curriculum from the month you begin! Want all 12 months? Sign up and pay by January 31, 2023! Signing up in February 2023 or later, you will have the month you start your subscription through the end of 2023!

Renewals in 2023: You will be contacted before your 2023 renewal date to purchase access to future months for full calendar year access. You will be charged a pro-rated cost if your renewal date is after January 2023 and expires in 2023, before Dec 1, 2023. No other action is needed, just renew and pay through the end of 2023! January 2023 renewals will automatically receive full 2023 calendar year access with a paid subscription!

All NEW subscriptions received during the month of December will automatically start on January 1, 2023 in order to receive the full calendar year access!

SIGN UP TODAY

Obstetrics Topic - Substance Use focusing on:

- Alcohol and Fetal Risks
- Risks of Cigarettes and Vaping in Pregnancy

Women's Health Topic: Treatment of Cognitive Impairments Following Breast Cancer through the Use of an Integrative Cognitive Rehabilitation Program

Video Topic: Environmental Chemicals and Reproductive Health

Clinical Quandary: Marijuana during Pregnancy: Legal Doesn't Imply Safe

A PAUSE for menoPAUSE Topic: What do we really know about what causes obesity in women as they approach and then enter menopause?

Grand Rounds Web-lecture: CPS Referrals for Pregnant People

Sign up for an [Individual](#) or [Group](#) Subscription to the periFACTS® Online Continuing Education Program to access this month's courses!

Currently a Subscriber? Visit our [website](#) & click "Member Sign-In" to log in now!



The University of Rochester Center for Nursing Professional Development is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider Number CEP12376.



Physicians, nurse practitioners, nurse midwives, and physician assistants also may participate in the periFACTS® program.

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This activity has been approved for AMA PRA Category 1 Credits™.

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**Subscription access to the entire calendar year starts 1/1/2023 and is valid for active, paid subscribers with a subscription valid through Dec 31, 2023. 2023 renewals will be billed to extend 2023 subscriptions to access the entire year, at a pro-rated cost. All billing will be for a calendar year, not a full year, starting 1/1/2023. Calendar year access requires a full year payment to receive the Jan-Dec 2023 curriculums. Subscriptions that start February 1, 2023 or later will receive access to the month of purchase curriculum and all future 2023 month's curriculums only. Subscribers must pay for a full calendar year in order to access every 2023 curriculum, 12 total. No refunds. Subscribers who fail to pay will lose access to all curriculums and modules, including completed courses and certificates.*

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