



Our December newsletter is dedicated to GOOD NEWS

Our newsletter format will feature important industry news, periFACTS programs and books, and a sneak peek to what's new this month for our monthly subscribers!

In The News

Healthy Sleep Habits Reduce Risk of Heart Failure: Study

A new study has found that adults with the healthiest sleep patterns had a 42% lower risk of heart failure regardless of other risk factors. Health sleep patterns are defined as waking in the morning, sleeping 7 to 8 hours a day, and having no frequent insomnia, snoring, or excessive daytime sleepiness.
Pharmacy Times (11/2020)

Two coronavirus vaccines available in U.S. in coming weeks: Health Secretary

The first two vaccines against the novel coronavirus could be available to Americans before Christmas, Health Secretary Alex Azar said on Monday, after Moderna Inc became the second vaccine maker likely to receive U.S. emergency authorization.
Reuters (11/2020)

Low Risk of Pregnancy Complications from COVID-19: Study

A new study from the University of Texas (UT) Southwestern has found that pregnant women who test positive for the coronavirus disease 2019 (COVID-19) and their newborn babies have a low risk of developing severe symptoms. The study showed that 95% of women who tested positive for COVID-19 during pregnancy had no adverse outcomes, with the virus being transmitted to the fetus in just 3% of the cases.
Pharmacy Times (11/2020)

Store Feature



Happy Holidays from periFACTS!

**We're here to spread some Holiday Cheer with 10% off
for all to hear!**

Stock up on the CNE's & CME's you need and save 10% off*
automatically of any individual purchase!

Essentials of Fetal
Monitoring with 20
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Essentials of
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CNE

Fetal Monitoring
Textbook Post Test &
Bundle with 28 CNE

Breastfeeding or
Patient Safety Course
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New This Month - December Curriculum

Obstetrics Topic - **Neurology** focusing on:

- Hypertensive Emergencies and Stroke in Pregnancy
- Spinal Cord Injury in Pregnancy

Women's Health Topic: **Perinatal Depression in the OB/GYN Office Setting**

Video Topic: **Antepartum and Intrapartum Fetal Monitoring: Tracings and Fetal Oxygenation**
Clinical Quandary Topic: **What are the best practices to facilitate intrapartum monitoring of the obese patient?**

A PAUSE for menoPAUSE: **My doctor tells me I have irritable bowel syndrome (IBS). All I know is that I have abdominal pain, and my bowels do not function properly. My husband does not have anything like that. Can you help me?**

Grand Rounds Web-lecture: **Antidepressant Use During Pregnancy**

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