Essentials Inpatient Obstetric Nursing Care

Program Overview

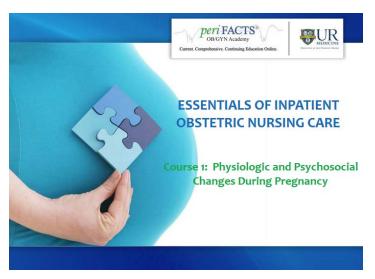
- Our Essentials of Inpatient Obstetric Nursing Care program is ideal for both new and experienced nursing professionals to introduce and reinforce the essentials of inpatient obstetric nursing.
- This program is designed to orient nurses to the perinatal unit and provide the most current and comprehensive education for more experienced staff, allowing educators to reinforce knowledge and establish consistent care across the unit.
- This series will help reduce risk and errors, increase efficiency and patient care, reinforce and document staff competency, and grow the knowledge and skills of the nurses in your unit.
- The series is eligible for 50.0 CNE Contact Hours, including 17.5 Pharmacology Contact Hours.

Course Overview:

- Course 1: Physiologic and Psychosocial Changes in Pregnancy
- Course 2: Care of the Intrapartum Patient
- Course 3: Physiologic and Psychosocial Changes in the Postpartum Period
- Course 4: Care of the Postpartum Woman
- Course 5: Complications of Pregnancy
- Course 6: Perinatal Loss

Course 1: *Physiologic and Psychosocial Changes in Pregnancy*

- Learning Outcomes:
 - Discuss the physiologic changes associated with pregnancy and how these changes affect physical assessments.
 - Describe how physiologic changes associated with pregnancy ensure fetal development.
 - Describe how physiologic changes that occur during pregnancy impact laboratory values.
 - Discuss three tasks of psychosocial adaptation to pregnancy.
- Eligible for 4.0 CNE Contact Hours.



Course 1

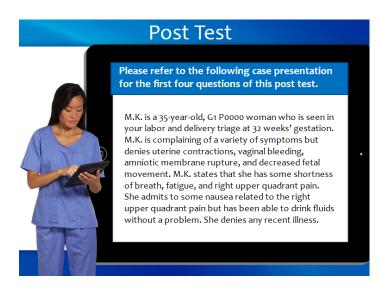
Psychosocial Adaptation to Pregnancy Psychosocial Adaptation to Pregnancy There are three tasks that the pregnant woman must complete to successfully prepare for parenthood. These include (Tudiver and Tudiver, 1982): First Task (conception to quickening): Accept the fetus as a part of herself. Through increased concentration on herself, the pregnant woman is able to come to terms with her role changes and changes in familiar patterns. This task is marked by feelings of ambivalence even in a desired pregnancy.

Content Example

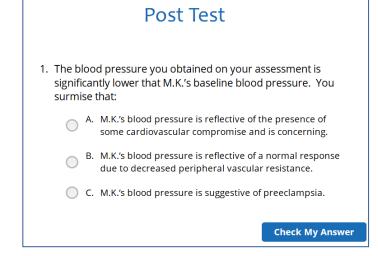


Review Question Example

Post Test Clinical Case Example



Post Test Question Example

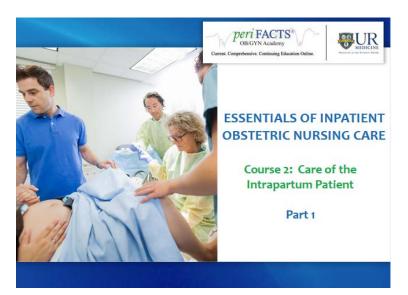


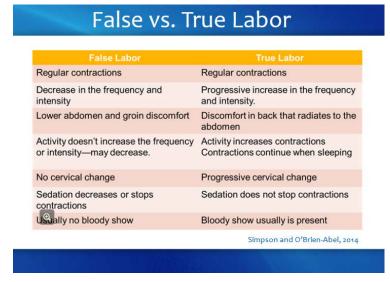
Course 2: Care of the Intrapartum Patient

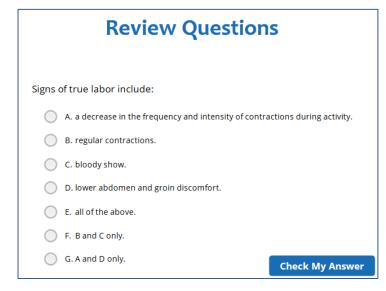
- Learning Outcomes:
 - Describe maternal and fetal physiologic changes that occur in the reproductive system in preparation for labor.
 - Identify the four stages of labor.
 - Discuss normal progress in labor and factors that influence its progress.
 - List various methods of labor pain relief.
 - Describe options available for cervical ripening and induction/augmentation of labor.
 - List indications for labor induction.
 - Discuss advantages and disadvantages of various methods of cervical ripening.
 - Discuss indications for assisted vaginal delivery.

Course 2: Care of the Intrapartum Patient

- Learning Outcomes: Continued
 - List risk factors for shoulder dystocia.
 - Discuss maneuvers used for delivery during a shoulder dystocia.
 - Discuss indications for a cesarean section delivery.
 - Describe the care of the preoperative and intraoperative patient for a cesarean delivery.
 - Discuss risk factors for postpartum hemorrhage.
 - Describe interventions for the patient experiencing a postpartum hemorrhage.
- Eligible for 15.0 CNE Contact Hours (7.5 Pharmacology Contact Hours)





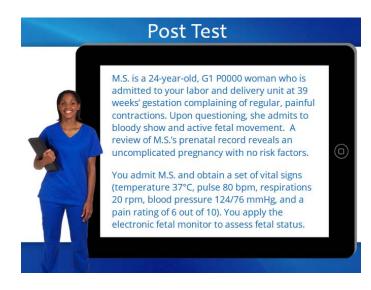


Course 2

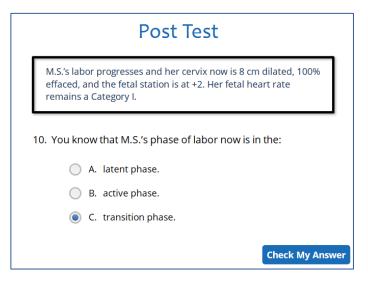
Content Example

Review Question Example

Post Test Clinical Case Example

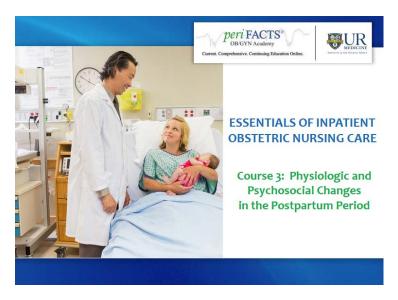


Post Test Question Example



Course 3: *Physiologic and Psychosocial Changes in the Postpartum Period*

- Learning Outcomes:
 - Discuss the physiologic changes associated with each organ system in the postpartum period.
 - List the three components of Rubin's Psychosocial Adaptation to Parenthood.
 - Describe the changes to the breast during pregnancy and the postpartum period.
- Eligible for 6.0 CNE Contact Hours

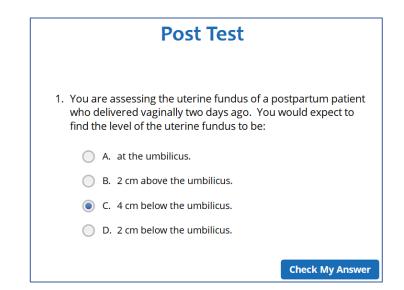


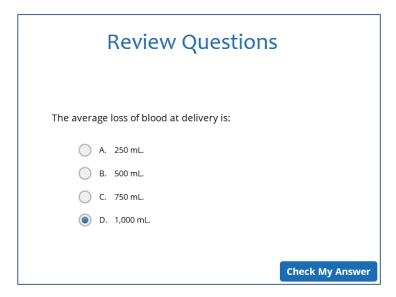
Course 3

Post Test Question Example



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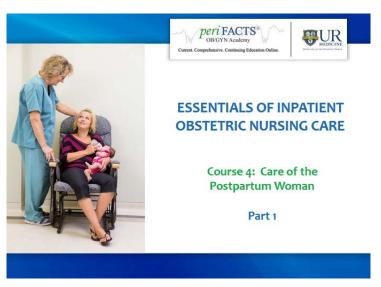




Review Question Example

Course 4: Care of the Postpartum Woman

- Learning Outcomes:
 - Define the time frame for the postpartum period.
 - Describe the postpartum assessment components for the mnemonic BUBBLE.
 - Describe additional postpartum assessments and their impact on the woman's recovery.
 - Discuss each stage of the Psychosocial Adaptation to Parenthood model that the postpartum woman experiences.
 - Discuss the importance of maternal-newborn bonding.
 - Describe the importance of discharge instructions for the postpartum woman.
 - Discuss four potential postpartum complications and the appropriate nursing interventions for each.
 - Discuss postpartum "blues," postpartum depression, and postpartum psychosis.
- Eligible for 7.0 CNE Contact Hours (2.0 Pharmacology Contact Hours)



Course 4

Post Test Question Example

Assessment of the postpartum woman. When assessing the postpartum woman, the use of the mnemonic BUBBLE is used. This represents: B - Breasts. U - Uterus (includes fundal height, placement, and tone). B - Bowels and gastrointestinal tract. B - Bladder. L - Lochia (includes lochia color, odor, amount, and consistency). E - Episiotomy/laceration/incision.

Content Example

| Post Test | | | |
|---|--|--|--|
| 27. Your patient has been diagnosed with endometritis. When performing an assessment you note the following: | | | |
| heart rate 120 bpm, blood pressure 88/50 mmHg, baseline blood pressure 124/76 mmHg, respirations 24 rpm, confusion as to time and place, and urinary output is less than 30 mL/hr | | | |
| You suspect your patient is demonstrating signs of: | | | |
| A. worsening endometritis. | | | |
| B. septic pelvic thrombosis. | | | |
| C. sepsis. | | | |
| D. urinary tract infection. | | | |

| Review Questions | | | |
|--|--|--|--|
| | | | |
| When providing breastfeeding instruction to the new mother, key points to be stressed include: | | | |
| A. importance of using different nursing positions. | | | |
| B. what constitutes a good latch-on. | | | |
| C. importance of good hygiene. | | | |
| D. what to do for sore nipples and breast engorgement. | | | |
| E. all of the above. | | | |
| F. A, B, and C only. | | | |
| Check My Answer | | | |

Review Question Example

Course 5: Complications of Pregnancy

- Learning Outcomes:
 - List complications seen in pregnancy.
 - 1. Hypertensive Disorders of Pregnancy
 - 2. Fetal Growth Restriction
 - 3. Preterm Birth
 - 4. Bleeding in Pregnancy
 - 5. Obesity
 - 6. Diabetes Mellitus
 - 7. Multiple Gestation
 - 8. Hyperemesis Gravidarum
 - 9. Deep Vein Thrombosis
 - 10. Pyelonephritis
 - 11. Amniotic Fluid Embolism
 - 12. Cardiopulmonary Resuscitation

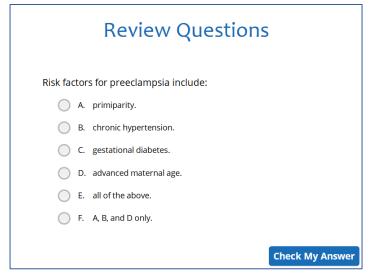
Course 5: Complications of Pregnancy

- Learning Outcomes: Continued
 - Describe physiologic changes of pregnancy that contribute to the development of pregnancy complications.
 - Determine the impact that pregnancy complications have on the development of the fetus.
 - Describe management strategies for each of the identified pregnancy complications.
 - Develop nursing plans of care for each of the identified complications of pregnancy.
- Eligible for 16.0 CNE Contact Hours (8.0 Pharmacology Contact Hours)



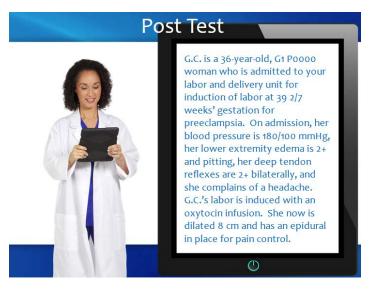


Content Example



Review Question Example

Post Test Clinical Case Example



Post Test Question Example Post Test

77. G.C. complains of numbness in her fingers and a shortness of breath and chest pressure. You check her blood pressure and note that it is 140/86 mmHg. These symptoms may be premonitory signs of:

A. transition stage of labor.

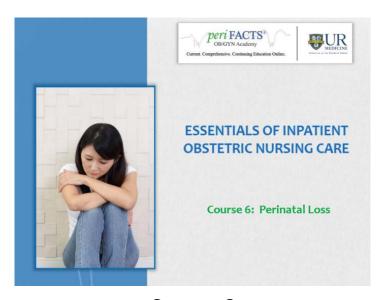
B. an eclamptic seizure.

C. amniotic fluid embolism.

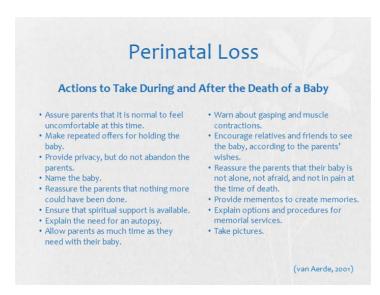
D. hypotensive episode resulting from the epidural anesthesia.

Course 6: *Perinatal Loss*

- Learning Outcomes:
 - List the three stages of grief.
 - Identify strategies to assist the grieving parents through this difficult time in their lives.
 - Describe five nursing interventions that will promote lasting memories for the parents.
- Eligible for 2.0 CNE Contact Hours



Course 6



Content Example

| Post Test | | | |
|--|---------------------------------|---------------------------|--|
| When caring for the important to assess | , , | g a perinatal loss, it is | |
| A. the circumstances surrounding the loss. | | | |
| B. the pare | B. the parents' social network. | | |
| C. the response of the parents to the loss. | | | |
| D. the meaning of the pregnancy and the infant to the parents as well as other losses. | | | |
| E. all of the | e above. | | |
| F. A, B, and | d C only. | Check My Answer | |

Post Test Question Example

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