

Our January Newsletter is dedicated to Health & Wellness

Our NEW newsletter format will feature important industry news, periFACTS courses available for continuing education credit, and a sneak peek to what's new this month for our monthly subscribers!

In The News

[Regular Exercise Boosts Executive Function in Adults at Risk for Dementia](#) MedPage Today (12/2018)

[Exercise Guideline Update Gets Mostly Positive Reviews](#) MedPage Today (11/2018)

[Regular Exercise Benefits Breast Cancer Survivors Post-Surgery](#) MedPage Today (12/2018)

Store Promo

Happy New Year!

Start 2019 with 20% off our Menopause Books!

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New This Month – January Curriculum

Obstetrics Topic - **Communication** focusing on:

- Health Literacy in Clinical Practice
- How Communication Can Help Balance Chaos with Successful Outcomes

Women's Health Topic: Opioid Crisis in Women's Health

Video Topic: **Preventing Medication Errors**

Clinical Quandary Question Topic: **Improving Blood Loss Estimates**

A PAUSE for menopause: **Our newly renamed Q&A column will answer several of our participants' menopause questions this month!**

Grand Rounds Web-lecture: **Opioid Use Disorder in Pregnancy**

[Sign up](#) for the periFACTS® Online Continuing Education Subscription to access this month's curriculum!

Currently a Subscriber? Visit our [website](#) & click "Member Sign-In" to access these courses now!

The news reported in the periFACTS newsletter does not necessarily reflect the official opinion of periFACTS. Some links are time-sensitive, and may expire or more over time. Some source links may require free registration or fee-based subscriptions to read.