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## Our January newsletter is dedicated to Pregnancy News

Our newsletter format will feature important industry news, periFACTS® programs and books, and a sneak peek to what's new this month for our monthly subscribers!

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### In The News

#### [Pregnancy diet affects child's long-term health, study shows](#)

Women who don't watch what they eat during pregnancy can affect their child's health well into their teenage years. Nutrition during pregnancy plays a pivotal role in determining the child's body mass index (BMI) even during adolescence, according to a new study.

Study Finds (1/2022)

#### [Merck's COVID-19 pill not approved for use in pregnancy](#)

Newly infected COVID-19 patients have two new treatment options that can be taken at home. But that convenience comes with a catch: The pills have to be taken as soon as possible once symptoms appear. The challenge is getting tested, getting a prescription and starting the pills in a short window.

AP News (12/2021)

#### [Anytime Is the Right Time for COVID Vaccine in Pregnancy](#)

The best time during pregnancy to get a COVID-19 vaccine appears to be right now. A new study found that antibodies to the SARS-CoV-2 virus in nearly 1,400 women and their babies at the time of delivery didn't vary dramatically based on when a woman got her vaccine during pregnancy.

HealthDay (1/2022)

#### [3 in 5 pregnant Americans remain unvaccinated, CDC says](#)

For many people, the thin red line on a pregnancy test ushers in countless changes. You change what you eat and drink, how you exercise and socialize and sleep, and keep careful track of what medications you should and shouldn't take. But for many Americans, there's one choice they largely haven't made: getting vaccinated.

The Guardian (12/2021)

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### Store Feature

H A P P Y   N E W   Y E A R

2022

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#### New This Month - January Curriculum for Subscribers

Obstetrics Topic - **Infections** focusing on:

- COVID-19 and Pregnancy
- Vaginal Infections in Pregnancy

Women's Health Topic: **Urogenital Gonorrhea and Chlamydia**

Video Topic: **The Body's Defenses from Infection**

Clinical Quandary: **Some fetal heart rate (FHR) decelerations that are late in timing are less than 30 seconds. Should these be managed the same as decelerations that meet the National Institute of Child Health and Human Development (NICHD) definition of "late" decelerations?**

A PAUSE for menoPAUSE: **I am on a twice-weekly estradiol patch along with oral progesterone nightly. My friend says that estrogen is dangerous in menopause. What can I say to my friend?**

Grand Rounds Web-lecture: **Postpartum Sexual Wellness- Keeping the Pleasure In Pregnancy and Parenthood**

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