



## Do you have concerns about these or other environmental health hazards?

- Asbestos
- Asthma Triggers
- Chemicals and Poisons
- Indoor Air Quality Issues
- Metals
  - Lead
  - Cadmium
  - Mercury
  - Arsenic
- Mold
- Occupational Exposures
- Pesticides
- Physical Safety

**We can help!**



Call or e-mail for resources and information on environmental exposures in children and in women who are pregnant, breast feeding, or considering pregnancy. Experienced health care providers will provide you with the knowledge and counsel you seek.

**585-275-3638 or toll free:  
844-352-3420 (844-FLCEHC-0)**

**[FLCEHC@urmc.rochester.edu](mailto:FLCEHC@urmc.rochester.edu)**

**[www.golisano.urmc.edu/FLCEHC](http://www.golisano.urmc.edu/FLCEHC)**

We serve fifteen counties in the Finger Lakes region: Broome, Cayuga, Chemung, Chenango, Cortland, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Thompsons, Tioga, Wayne, and Yates.

**Funded by NY State Dept. of Health**

last update 1/14/2015

## Finger Lakes Children's Environmental Health Center



**Protecting the Health of Children and Families**



MEDICINE of THE HIGHEST ORDER



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## What are Environmental Health Hazards?

Environmental health hazards include physical hazards and toxic substances that may enter our bodies through air, food, or water. They can have many negative effects on physical, mental, and emotional health. These effects can include physical illness, long lasting injury, mental damage, fertility problems, miscarriages, birth defects, cancer, and even death.

Some environmental health hazards can cause effects soon after exposure, while others may not cause effects for many years. Being aware of these hazards and taking action to avoid them contributes to a lifetime of well-being.



**We serve** all who are considering pregnancy or who are already pregnant or breastfeeding. Environmental exposures affect the mother and also can pass from her body to the baby through the placenta or breast milk. These exposures can affect the baby's growth and development. Breastfeeding is beneficial for both mother and baby so reducing exposure to environmental contaminants is important for long term health.



**We serve** children because they are at high risk for the effects of environmental exposure. Their brains and bodies are still developing, their hand-to-mouth behavior increases likelihood of ingesting toxic substances, and they spend more time close to the ground where hazards are often found. Children can be exposed in the home, playing outside, or in other buildings like daycare or school.



**Our Center is open Monday - Friday 9am - 4pm**

### Clinical Service

When a provider, patient, or parent calls or e-mails, Finger Lakes Children's Environmental Health Center staff will assess the exposure(s) of concern. Experts in child health, pregnancy, breast feeding and medical toxicology will provide guidance.

### Education and Outreach

We are available to give professional presentations to healthcare providers, local health department staff, schools, educational institutions, and community groups.