

# Welcome to the New Golisano Pediatric Behavioral Health & Wellness Building

## We're here to help.

As the first regional outpatient child and adolescent behavioral health center, the new Golisano Pediatric Behavioral Health & Wellness Building offers services to patients and families in our community and the entire Finger Lakes region. The facility also includes the only partial hospitalization program of its kind in the state west of the Hudson River.

The two-story, 36,000-square-foot building – made possible by a \$5 million gift from Tom Golisano as well as generous contributions from additional donors – more than doubles our available space for outpatient and partial hospitalization services for the Golisano Children's Hospital's Pediatric Behavioral Health & Wellness Program. It allows us to care for patients with depression, anxiety, psychosis, substance abuse, post-traumatic stress disorder and other behavioral and emotional conditions. Providing early intervention and timely care helps to reduce the need for more intensive inpatient hospital care.



## Services we provide.

- Comprehensive evaluations
- Individual therapy with family involvement
- Family therapy
- Group therapy
- Group therapy for youth with autism spectrum disorders
- Psychiatric and medication consultation service
- Substance use disorder assessment and treatment
- Psychological testing service
- Outpatient services for LGBTQ+ youth and families
- Crisis intervention services

## Our Crisis Intervention Service.

The Division of Child & Adolescent Psychiatry Crisis Intervention Service is one critical area that has also been expanded with our new facility. This service provides scheduled appointments for youth of all ages and their families, with referrals from the Pediatric Emergency Department, the Mobile Crisis Team and community pediatricians and family medicine physicians.

## Highlights of our new facility.

- It's the largest children's mental health outpatient service in the region and expands the number of patients in the partial hospitalization program by 50 percent.
- Offers a convenient location near the intersection of South Avenue and Science Parkway on the Al Sigl Campus, providing easy access by car or bus for patients and families who visit daily or frequently during treatment.
- Provides an on-site multidisciplinary team of psychologists, child psychiatrists, nurse practitioners, nurses, mental health counselors, social workers and creative arts therapists to meet the individual needs of each child.
- Offers a comfortable and aesthetically pleasing setting with larger waiting rooms to accommodate the growing number of children and families.
- Provides child watch services and a parent library.
- Offers additional comforts in the Connections Building, which is shared with the Golisano Autism Center, including a café, additional waiting area space and an exercise room.



## Contact Us.

Families and referring providers are encouraged to visit [golisano.urmc.edu/behavioralhealth](https://golisano.urmc.edu/behavioralhealth) to learn more about our new building and the services we offer. To schedule an appointment or to refer a patient, please call (585) 279-7800.



MEDICINE of THE HIGHEST ORDER