

# Our Convenient Locations:

## Churchville-Chili Central School District

Open to all students at Churchville-Chili Central School District (K-12)

139 Fairbanks Road  
Churchville, New York 14428

## East River Road

Open to all  
200 East River Road, 3rd Floor  
Rochester, NY 14623

## Fairport Central Schools

Open to all students at Fairport Central School District (K-12)

Minerva DeLand Building  
140 Hulburt Road  
Fairport, NY 14450

## Golisano Children's Hospital Pediatric Practice

Open to patients of the Pediatric Practice  
601 Elmwood Avenue, AC-6  
Rochester, NY 14642

## Mt. Hope Family Center

Open to all  
187 Edinburgh Street  
Rochester, NY 14608

## Panorama Pediatric Group

Open to patients of Panorama Pediatric Group  
220 Linden Avenue  
Rochester, NY 14625

## Pittsford Central School District

Open to all students at Pittsford Central School District (K-12)  
15 School Lane  
Pittsford, NY 14534

## Science Parkway

Open to all  
315 Science Parkway, Entrance A  
Rochester, NY 14620

## UR Medicine Primary Care - Perinton Pediatrics

Open to all patients of Perinton Pediatrics  
1669 Pittsford-Victor Rd – Suite 100  
Victor, NY 14564

## Wheatland-Chili Central School District

Open to all students at Wheatland-Chili Central School District (K-12)  
13 Beckwith Ave  
Scottsville, NY 14546



## Welcome to Pediatric Behavioral Health & Wellness Outpatient Services

Our services are designed to meet the needs of families from diverse backgrounds that may benefit from outpatient assessment and treatment. We diagnose and treat children and adolescents with a variety of mental health challenges. Each family we serve can be confident knowing our specialists are committed to providing the highest quality care.



## Contact Us

For more information or to schedule a phone screen appointment, please call us at **(585) 279-7800**. In an emergency after hours or on weekends, current patients and/or their parents may contact the emergency answering service through our main number.

Open Monday through Thursday,  
8:00 a.m. to 7:00 p.m.

Friday, 8:00 a.m. to 5:00 p.m.

Saturday,  
(September – April at select locations)  
8:30 a.m. to 2:00 p.m.

Insurance and Payment Information:  
Most insurance plans provide coverage for our services. If you have questions about insurance coverage, co-payments, financial assistance or billing, please contact our financial advisor at (585) 279-7823.

Part of Strong Memorial Hospital.

[GCH.urmc.edu](https://gch.urmc.edu)



MEDICINE of THE HIGHEST ORDER

## Pediatric Behavioral Health & Wellness Outpatient Services



MEDICINE of THE HIGHEST ORDER

## Conditions we treat:

We provide outpatient behavioral health and wellness services for children and adolescents ranging in age from birth to 18 years with issues related to:

- Anxiety
- Attention deficits
- Autism Spectrum Disorder
- Depression
- Difficulties related to disruptive behavior
- Emotional regulation challenges
- Post Traumatic Stress Disorder
- Stress due to medical illness, change in family situation or other life events
- Issues related to sexual orientation and gender identity
- Other mental health concerns



## What you can expect:

- Once your child or adolescent is accepted into services, one of our clinicians conducts a diagnostic assessment to help us best understand your child's strengths and areas of concern.
- Recommendations for treatment are then carefully reviewed with parents and/or guardians and youth.
- Services are designed to meet the specific treatment goals identified by the family and clinician.
- We work closely with the child or adolescent, family, primary care provider, school personnel and others to ensure that assessment and treatment are clinically appropriate and comprehensive.

In addition to diagnostic evaluations, we offer:

### Individual Therapy with Family Involvement

Our clinicians provide a wide array of evidence-based treatments for children and adolescents. Families are always involved in treatment – and may participate in sessions with their child and/or through separate parent consultation sessions.

### Family Therapy

Family members are seen together to work on helping the child or adolescent overcome difficulties and build on his or her strengths, while also fostering family relationships and communication.

### Group Therapy

Group therapy provides an excellent opportunity for youth to learn and practice skills with support and coaching from group leaders. During group sessions, children and adolescents connect with peers to work on shared problems together. We offer group therapy for youth with a wide range of needs and challenges.

### Psychiatric and Medication Consultation Service

We provide initial psychiatric and medication evaluations and consultations, as well medication management and follow-up care.



### Substance Use Disorder Assessment and Treatment

We understand that youth may turn to alcohol and/or substances when distressed. We offer comprehensive substance use disorder assessments for our patients being seen for mental health concerns. In addition to evaluations, we offer outpatient substance use treatment including individual, family and group treatment.

### Psychological Testing Service

We provide intellectual, educational and personality assessments. The majority of intellectual or educational testing is offered by your child's school district. Generally, insurance coverage is limited to situations where medical illness is affecting a child's functioning.