

# What to Expect for a Pediatric COVID Test Collection

**Our aim is to help you and your child stay calm through this. One way to stay calm is to encourage relaxation through distraction and deep breathing.**

1. When you get to the testing center you will be told to park in a numbered spot. That spot will have a sign with a QR code. After scanning that QR code on a phone and entering some information, you will secure your spot in a virtual line.
2. When it's your turn to go into the building, you will get a call or text. If hearing impaired, someone will come to your car to get you. Wear a mask inside if possible.



kids:

1. When you enter the building someone will say hello to you at a desk. You may wait for a short time in the waiting room.
2. Your name will be called by a nurse wearing a face mask, gloves, a gown, and goggles. You will follow them to a room.
3. When you enter the room, the nurse will explain to you what will happen.
4. One nurse will put a Q-tip into your nose (mid-nose) and swirl it for 5 seconds on each side. Your job will be to hold your head still.
5. Your mom, dad or caregiver can comfort you by giving you a hug or holding your hand or head.
6. All done. Great job! You will exit the building and will wait for test results.

