

2020

SKIRBOLL FAMILY AUTISM CONFERENCE

*Hosted by the Strong Center for Developmental Disabilities and
Developmental Behavioral Pediatrics at the University of Rochester*



OCTOBER 8TH - OCTOBER 10TH

REGISTER HERE!

**All presentations will be delivered via Zoom*

KEYNOTE PRESENTATION

Neither Created Nor Destroyed

Morénike Giwa Onaiwu, MA

Thursday, October 8th 4:00 - 6:00PM

Like energy, autism is an internal, natural force. Though often unseen, it is a vital component for sustaining life and its presence is manifested in a variety of ways. In the right circumstances, it has a seemingly unlimited capacity for growth and transformation, but if isolated, overextended, or misused, chaos ensues. Through an intersectional lens, this interactive keynote focuses on how to cultivate an environment to maximize its powerful energy.

When the World Turns Upside Down: Compassionate Self-Care

Sabrina Vogler, LMSW, CPC, CEC, CGSS

Friday, October 9th 9:00 - 10:30AM

A foundation for understanding grief is introduced that allows for self-inquiry and self-repair. Concepts of resilience are redefined in the context of role overload. Compassionate ways to radically care for ourselves are proposed as we support our families during times of transition.

How Telehealth has Changed Caregiver Roles and Responsibilities in Healthcare in the Time of COVID-19

Ally Jordan, Ph.D.

Friday, October 9th 11:00AM - 12:00PM

This presentation will highlight the ways that behavioral and medical services have been adapted to telehealth in the context of COVID-19. Time will be spent discussing the strengths and challenges of telehealth services for caregivers and providers. It will include tips to ensure telehealth sessions go smoothly, along with ways to reduce caregiver stress given the additional stressors that may arise with caregiver-mediated therapy approaches.

Masks & Tasks: Strategies for Adjusting to the 'New Normal'

Linda L. Matons, MA

Friday, October 9th 1:00 - 2:00PM

This presentation will share considerations and strategies for children and young adults with coping and adjusting to the restrictions and procedures related to the "Era of COVID-19." This talk will include a brief overview of some general issues and specific items such as establishing an adherence to new routines, teaching and learning new rules and skills, increasing engagement during various forms of instruction as well as parent/caregiver, home provider and school personnel support.



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The Healthcare Guide to Cultural Competence and the Autism Spectrum

Catina Burkett, LCSW-S, ACSW

Saturday, October 10th 9:00 - 10:00AM

The CATINA method address the cultural norms and behaviors of non-white consumers in the health field that are commonly overlooked and misdiagnosed. Cultural disparities in healthcare can create a pattern of inequality that crosses all socioeconomic factors. This presentation will review inclusive strategies and ways our communities can work to destigmatize mental health services.

Honoring Our Goodbyes as We Say Hello

Sabrina Vogler, LMSW, CPC, CEC, CGSS

Saturday, October 10th 11:00AM - 12:00PM

Join us for this unique opportunity as a community to validate how life has changed this year. A framework is offered for giving ourselves permission to craft a life of intention as we look ahead to the future.

Connect with Us on Social Media!



Many thanks to the Skirboll Family and the Rochester Regional Center for Autism Spectrum Disorder for supporting this year's event. Thank you to the conference planning committee, volunteers, and community partners for organizing this collaborative conference. Sincere thanks to the presenters for sharing their resources.

REGISTER HERE

For more information on the event, please visit the website listed below.

EVENT.URMC.EDU/SKIRBOLL



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