

# ROCHESTER RESEARCH ROUNDUP

## PARENT ENGAGEMENT STRATEGIES REVIEW

Conducted at University of Rochester, Drexel University, University of California at Davis, University of California Los Angeles, and University of Pennsylvania

### WHAT did you study?

Families of young children with different disabilities are often asked to participate in interventions for their children. We studied the **strategies that were most effective at keeping parents involved** in these kinds of programs.

### WHAT did you find?

Parents are more likely to continue their participation in research programs when:



- Programs occur **at home or in the community**
- Parents are **paired with a peer** for shared learning, guidance, and support
- There is **less oversight and more praise** from a provider



### HOW did you study it?

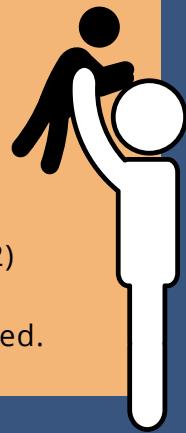
**35**

Researchers reviewed articles (published between 1/1/2000 and 7/1/2016) that included a focus on parent engagement strategies.

Thirty-five articles met criteria for answering their main research question: **What engagement strategies kept parents actively involved in the treatment program?**

### WHY does it matter?

**When parents are involved in their child's treatment, it results in improvements in the child's and family's overall well-being.** Using effective strategies for parent engagement 1) can **help guide clinicians** in family interactions and 2) can **help us understand** how to work with parents who are underrepresented.



## WHAT'S NEXT?

- Identifying engagement strategies that meet the diverse needs of families and studying their effectiveness
- Future studies should use parent engagement strategies as part of the intervention, because previous work shows how important it is to keep families involved
- Future studies should clearly describe whether they use engagement strategies, what they are, and how families – especially those with diverse income and education levels – benefit from the use of those strategies.



## THE FULL ARTICLE CAN BE FOUND THROUGH THIS CITATION:

1. Pellecchia, M, Nuske, HJ, Straiton, D, Hassrick, EM, Gulsrud, A, Iadarola, S, Vejnoska, SF, Bullen, B, Haine-Schlagel, R, Kasari, C, Mandell, DS, Smith, T, & Stahmer, AC. (2018). Strategies to engage underrepresented parents in child intervention services: A review of effectiveness and co-occurring use. *Journal of Child and Family Studies*, 27(10), 3141-3154.

*This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under AIR-B UA3 MC11055 HRSA (PI: Kasari). The information, content and/or conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.*