Emergency G Tube Instructions When Using a Foley Catheter

**Step 1:** Breathe! Don’t panic

**Step 2:** Lay child down. Cover the site with dry gauze to absorb any leaking formula

**Step 3:** Gather all supplies:
- Small Regular Tegaderm
- 10 Fr. Foley Catheter (blue tube)
- Corpak Y extension tubing (Orange ends)
- Syringe 5ml (or cc)
- Cup of clean tap water or bottle
- Lubricant
- Tape
- Taped gauze roll

**Step 4:** Tear off 4 pieces of tape, each about 4 inches long (place on edge of table)

**Step 5:** Draw up 3 mL of water in your empty syringe and attach to white port of the catheter (do not inflate)

**Step 6:** Place the tip of the catheter into lubricant.

**Step 7:** With one hand, grip the catheter about 3-4 inches from the tip and insert it gently into the abdominal opening. Hold tube in place. With your other hand, inflate the balloon by pushing the plunger of the syringe until all the water is out of the syringe. **While holding the plunger of the syringe down**, twist and remove the empty syringe from the white port.
Step 8: Pull back gently on the tube until you feel a little resistance so you know the balloon is up against the inside of the stomach wall. Place a taped gauze roll next to catheter to create a 90° angle with the catheter to the stomach.

Step 10: Secure catheter and gauze roll to stomach using a tegaderm. Be sure not to cover the insertion site (stoma) with the tegaderm.

Step 11: Place two pieces of tape to secure gauze roll to skin. Make sure tape has contact with skin and not just gauze roll and tegaderm. Then place two more pieces of tape to reinforce.

DO NOT USE THE GTUBE FOR MEDICATIONS OR FORMULA OR FEED YOUR CHILD BY MOUTH UNTIL YOU ARE INSTRUCTED BY PROVIDER. A CONTRAST STUDY WILL NEED TO DONE THROUGH THE TUBE.

CALL PEDIATRIC SURGERY (585-275-4435)
(If after hours, listen to entire message and contact answering service)