

My Quick Reference Trach Guide

	Name	Phone number
Primary care doctor		
Doctor managing the trach		
Home nursing agency		
Home care supply company (vendor)		
Other contacts		

Trach brand	<input type="checkbox"/> Shiley	<input type="checkbox"/> Bivona
Trach category	<input type="checkbox"/> Neonatal	<input type="checkbox"/> Pediatric <input type="checkbox"/> Adult
Trach size:		
Trach Ties Size (Velcro™):		
Trach type	<input type="checkbox"/> Uncuffed	<input type="checkbox"/> Cuffed <input type="checkbox"/> Fenestrated
Speaking valve	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cannula	<input type="checkbox"/> Single	Inner Cannula <input type="checkbox"/> Disposable <input type="checkbox"/> Reusable
	<input type="checkbox"/> Double	
Weekly trach change day:		
My child	<input type="checkbox"/> Can	<input type="checkbox"/> Cannot be intubated through the mouth
Ambu bag size:		
Suction catheter size:		
Suction depth:		
Suction frequency:		
Oxygen requirements:	Day	
	Night	
Oxygen delivered by:		
How often Chest PT:		

My child's baseline normals

Normal breathing rate: Awake _____ Sleeping _____

Normal heart rate: Awake _____ Sleeping _____

Normal oxygen level (O₂ sats): _____

Work of breathing baseline: _____

Homecare guidelines for my child



- Change the trach tube one time each week. If needed, change tube more than once a week, to keep it clear.
- Use a “little sucker” (bulb suction) to suction secretions at the trach tube opening.
- Every day, clean the neck and stoma. Use mild soap and water. Do this more frequently if needed.
- Change trach ties one time each day. It's OK to change them more frequently, if needed.
- Monitor your child's oxygen levels with an oximeter at all times when you are unable to see them.

Keep the Go-bag with you at all times.

My notes: _____


