## Center for Community Health & Prevention

# Got Health?
## Free talks to help you get and stay healthy

### Bipolar Disorder 101:
### Understanding this serious mental health condition

*Join us to learn more about bipolar disorder—what it is, how it is diagnosed, is there a link between bipolar disorder and creativity, and treatment approaches.*



**Date:** Thursday, November 15, 2018

**Time:** 12:10-12:50 p.m.

**Location:** Kate Gleason Auditorium, Central Library of Rochester and Monroe County, 115 South Avenue, Rochester, NY 14604

**Presenter:** Dr. Laurence Guttmacher, Professor of Clinical Psychiatry and Medical Humanities and Director of Residency Education, Department of Psychiatry, University of Rochester

Learn more at:
**urmc.rochester.edu/community-health**

**Healthy Snacks & Free Raffle**
This Got Health? talk is sponsored by the Center for Community Health & Prevention in partnership with the Central Library of Rochester and Monroe County.

The Central Library is accessible to people with disabilities. To request specific accommodations, call 585-428-8304 ten days prior to the program.

Can't attend? Join us on the Central Library's Facebook page for a live broadcast.

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Monroe County Library System

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