

Got Health?

Free talks to help you get and stay healthy

Sick of Snoring?

A brief talk on snoring and
Obstructive Sleep Apnea

Join us to learn more about snoring and Obstructive Sleep Apnea (OSA)—what OSA is, how it affects our sleep and overall health, and how we diagnose and treat OSA.



Date: Thursday, June 21, 2018

Time: 12:10-12:50 p.m.

Location: Kate Gleason Auditorium,
Central Library of Rochester and Monroe
County, 115 South Avenue, Rochester,
NY 14604

Presenter: Amy Allen, RPA-C, Emily
McGuire, RPA-C, and Jennifer
Weslowski, RPA-C with UR Medicine
Sleep Center

Learn more at:
urmc.rochester.edu/community-health

Healthy Snacks & Free Raffle

This Got Health? talk is sponsored by the Center for Community Health & Prevention in partnership with the Central Library of Rochester and Monroe County.

The Central Library is accessible to people with disabilities. To request specific accommodations, call 585-428-8304 ten days prior to the program.

Can't attend? Join us on the Central Library's Facebook page for a live broadcast.



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