Smart T-Shirts Can Monitor Cardiac Function among Rural Volunteer Firefighters in New York

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Sudden Cardiac Death Disproportionately Affects Volunteer Firefighters

- 94.2% of Firefighters in New York are Volunteer
- New York has the most cases of Sudden Cardiac Death among Volunteer Firefighters in the US



MEDICINE of THE HIGHEST ORDER



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Sudden Cardiac Death Disproportionately Affects <u>Rural</u> Volunteer Firefighters

- Of the 160 Sudden Cardiac Deaths in NY, 78% were among volunteer firefighters
 - 80% of rural volunteer firefighters deaths were from rural areas



Location of Volunteer Firefighter Sudden Cardiac Deaths



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Recording Cardiovascular Physiology During Fire Suppression Activities

 During Fire Suppression Activities, the body's sympathetic nervous system naturally rises heart rate and blood pressure



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Artificial Intelligence to Remotely Monitoring Volunteer Firefighters

	Accuracy	Precision	Recall	Testing Time	Parameters
H2M Neural Network Performance at Classifying Heart Beats	96.3%	94.5%	94.4%	6.2 seconds	31,298



noisy ECGs with the confidence level of approximately 0.99, 1.00, 0.99, respectively

Support: R21NR011077



Smart T-Shirts Can Monitor Cardiac Function Among **Firefighters** Heart Rate (ECG) **Oxygen Saturation** (PPG) Systolic Blood Pressure (PTT) **Respiratory Rate** Core Body Temperature Multi-parameter physiological monitoring 6



Current Project: Integrating AI into Smart T-Shirts to Monitor Cardiac Function among Volunteer Firefighters

Research Aims

- Validate H2M Neural Network using ECG from Smart T-shirts
 - Explore the effect of additional parameters on model neural network
 - Improve Recall (benchmark 94%)
 - Reduce Testing Time (benchmark 6.2 seconds)
- Integrate H2M Neural Network into Smart T-shirt existing infrastructure

Research Methods

- Step 1:
 - Deploy Smart T-Shirts among Rural Volunteer Firefighters during live fire trainings
 - Validate H2M Neural Network using ECG from Smart T-shirts
 - Explore potential benefits of other parameters
- Step 2:
 - Integrate H2M Neural Network into Smart T-shirt existing infrastructure
 - Re-deploy Smart T-Shirts and test it during live fire trainings



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Transdisciplinary Collaboration through the UNYTE Network







Transdisciplinary Collaboration through the UNYTE Network

- According to Choi & Pak (2006):
 - Multidisciplinary: <u>Draws</u> on knowledge from different disciplines but stays within their individual disciplinary boundaries
 - Interdisciplinarity: <u>Analyzes</u>, synthesizes and harmonizes links between disciplines into a coordinated and coherent whole
 - Transdisciplinary: <u>Integrates</u> the natural, social and health sciences in a humanities context, and transcends their traditional boundaries



Building a Transdisciplinary Collaboration through the UNYTE Network

A few comments based on my experience:

- Identify team members with common interests
 - Start conversations early!
- In addition to *common interests*, identify strategic strengths
 - Multiple disciplines
 - Access to unique populations
 - Access to existing data
 - Grantsmanship
- Align research roles to fit with the strengths of team members
- Practice collaboration through abstracts, manuscripts, and grant submissions
- Establish expectations early and stick to them

