

# SCORE

## Study Coordinators Organization for Research & Education

**Tuesday, December 18, 2018**

Meeting 3:00 – 4:00 pm - Networking 4:00 – 4:30 pm

**Saunders Research Building Room #1416**

### *Self-Determination Theory: Optimal Motivation at Work*

Presented by:  
Christopher P. Niemiec Ph.D.  
Associate Professor  
Clinical & Social Psychology  
University of Rochester

#### Objectives:

1. Describe different types of motivation and the relevance to people's wellness.
2. Explain the relevance of autonomous motivation in the workplace.
3. Examine ways to support basic psychological needs in the workplace.

To request accommodations for this event (such as ASL Interpreters), email [SCORE](#) by noon on **Friday, December 14<sup>th</sup>.**

**Did You Know?** Depending on a specific topic, SCORE meetings may qualify toward maintenance of certification. Attendees must report and retain documentation of event (Certificate of Attendance distributed by SCORE). For details see websites [ACRP](#) and [SoCRA](#).