

SCORE

Study Coordinators Organization for Research & Education

Tuesday, December 18, 2018

Meeting 3:00 – 4:00 pm - Networking 4:00 – 4:30 pm

Saunders Research Building Room #1416

Self-Determination Theory: Optimal Motivation at Work

Presented by:

Christopher P. Niemiec Ph.D.

Associate Professor

Clinical & Social Psychology

University of Rochester

Objectives:

1. Describe different types of motivation and the relevance to people's wellness.
2. Explain the relevance of autonomous motivation in the workplace.
3. Examine ways to support basic psychological needs in the workplace.

To request accommodations for this event (such as ASL Interpreters), email [SCORE](#) by noon on **Friday, December 14th**.

Did You Know? Depending on a specific topic, SCORE meetings may qualify toward maintenance of certification. Attendees must report and retain documentation of event (Certificate of Attendance distributed by SCORE). For details see websites [ACRP](#) and [SoCRA](#).