

# Does multitasking enhance productivity?

## Exercise 1

### MULTITASKING VS PRODUCTIVITY

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## Exercise 2

### MULTITASKING VS PRODUCTIVITY

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A. Exercise 1 \_\_\_\_\_ time

B. Exercise 2 \_\_\_\_\_ time

C. Difference (A-B) \_\_\_\_\_ time

Productivity Gain (C/A) \_\_\_\_\_ %

2080 hours in average work year

X 20 percent

X productivity gain

= \_\_\_\_\_ hours

Time made available annually by reducing multitasking  
by 20 percent

\_\_\_\_\_ Weeks