LETTER FROM OUR CHAIRMAN

To all our alumni, faculty, students and staff,

I hope you all had a great summer.

Some of the latest debates at meetings and in publications make one reflect on changes that have had an impact on orthodontics. History has shown us that there is always something new on the horizon. First, it was the change to edgewise, then bonding of brackets and with it came o-rings adding another means of securing the wire in the bracket slot and/or of course one could just use steel ligatures. Self-ligation was another change and the latter became so important to some that it appeared one could surpass the genetic pattern by choosing one of these. Now, some also want patients to treat themselves as if this will facilitate and enhance outcomes. The development of DIY and DTC orthodontics have everyone up in arms and I am delighted to see our professional bodies, ADA and AAO, take appropriate action against processes that have not followed the code of ethics and standard of care as set by these associations. I am sure we will still hear more as Tele-dentistry/Tele-orthodontics develops.

As said multiple times before, nothing replaces a sound education, excellent clinical skills and then an individual choice of appliance to execute a well-planned treatment. I am glad to say that the faculty at Eastman Orthodontics are doing a wonderful job to provide our residents such an education to empower them to provide the best orthodontic care possible. Our education rests on the three pillars of superb education, excellent clinical skills and great contributions to the literature. A good yardstick to go by is the fact that our residents do well in an unbiased examination such as the ABO written exam; moreover, our residents and alumni seek ABO certification and our publication record over the last year has been superb. Our alums also set impressive examples with a history of contributions to the profession in various capacities, thank you for setting the bar high for our aspiring graduates.

We had a few recent faculty changes; Dr. Dimitris Michelogiannakis is now a full-time member of our team. Unfortunately, one of our outstanding faculty members, Dr. Shaima Malik, relocated to Dubai where her husband accepted a position. Dr. Malik will be missed, but we know that she will be a wonderful ambassador for Eastman Orthodontics in the UAE. As always, our part-time faculty was quick to offer help during the period that we are searching for a replacement.

Our new semester has started and I look forward to a successful academic year. Part of our educational process will be to continue exposing our residents to new technology. Your generous support through donations either by class group, Subtelny Fund, George Eastman Inner Circle as well as individual donations enables us to enjoy the technological experiences with additions such as CBCT-unit, 3-D intraoral scanners and 3-D printer. Our newest acquisition that just arrived is a soft tissue laser donated to the program by Dr. Stuart Frost, Dr. John Graham, and Spectrum Lasers.
My wish to you as always, is to enjoy the rest of summer sunshine, and cherish what Eastman Orthodontics has given us. We had a wonderful alumni function at the AAO conference in LA and I look forward to seeing you soon at another meeting or better, come and visit your alma mater so that we can catch-up on your achievements.

Best Regards.

Emile.

Dr. P. Emile Rossouw.

A MESSAGE FROM OUR CLINIC DIRECTOR DR. SHAIMA MALIK

Dear Eastman Family,

Welcome to a new academic year!

We at Eastman are doing well, in fact, “Meliora,” thanks to our wonderful and respected faculty members-who dedicate their precious time in contributing to our departments instructional design efforts, that include, and are most certainly not limited to, didactics, clinical instruction, and practice management. You help shape the educational experiences of our students by sharing personal experiences and challenges. Your hard work and enthusiasm benefit our residents, and they are lucky to have each and every one of you, not just to teach them Orthodontics but also as wonderful role models.

Our philosophy at Eastman has always included helping and counting on each other. We learn from one another every single day, and our morals and friendships have only grown stronger through the years.

This has been a year of many transitions for me and my family, and it doesn’t seem to end. We will be relocating to Dubai, U.A.E. to be closer to our families and the feeling is extremely bittersweet! I am honored to be a part of Eastman family and it has been a pleasure to work within the supportive, stimulating environment of our department. I will miss each and every one of you!

Best, Shaima

A MESSAGE FROM OUR FULL-TIME FACULTY

DR. DIMITRIOS MICHsingleton

It is my honor and great pleasure to serve as a full-time faculty at the Department of Orthodontics at the Eastman Institute for Oral Health. I was originally born in Rochester, received my orthodontic education and MS degree at Eastman, and both my mother and significant other are Eastman alumni. It is therefore natural that Eastman feels like home to me. I am excited and committed to contribute my energy and expertise in the Department's clinical, educational and research activities; and to continue Eastman’s legacy of providing medicine of the highest order. Furthermore, I am eager to further explore Rochester, and enjoy the company of friends and Eastman family.
DR. CYNTHIA MICARONI

My two years at Eastman were amazing and flew by, I still can’t believe it’s all over! I LOVE my class and I miss them all so much now that we no longer sit together in the seminar room 24/7 anymore. My favorite memories will always be trying not to laugh at the boys in biomechanics class (sorry Dr. Malik!) and hearing all of the crazy stuff Colby would say all the time! I’m so thankful for everything our wonderful faculty has taught me over the last two years. I will be in private practice with fellow Eastman alum Dr. Paul Caruso ('06) near my hometown in Utica, NY.

DR. CYRUS AGHDAM

The past two years at Eastman have been the best of my life. There was never a dull moment and no shortage of laughs. I have to thank all the faculty and staff for all they do, and I especially want to thank all the residents from both the classes of 2018 and 2020 and most importantly my own co-residents for all the great memories and times we shared together. I could not have asked for a better group of life-long friends. Lastly, the most important event of my life occurred at Eastman where I met the love of my life and got engaged. A special thank you to Neelab for all your support and for always being there for me! After graduation, I will be working at a private practice in Buffalo, NY.

DR. SAM OBAMIYI

I’ve had the privilege of spending four years at Eastman after completing residencies in Orofacial Pain and Orthodontics. I feel really blessed to have been part of the Eastman family. I made some lifelong friendships and connections here that the memories of my time in Eastman will be forever etched in my mind.

I am now looking forward to the next phase of my life. I joined my family (my girls like I like to call them- my wife and daughter) in Calgary, Canada where I’ll be starting an orthodontic practice. I also plan to teach part-time at the University of Alberta.

DR. VINCENT SANTUCCI

My time at Eastman will always hold a special place in my heart. From my time in the AEGD to completion of the Orthodontic residency, it’s the people I met and got to build relationships that I will always remember and cherish. Eastman has given me the opportunity to practice the profession I love and prepared me with the skills I needed. I am forever grateful for those who have paved the wave for myself and look forward to repaying others with an opportunity going forward! I will be working in private practice full-time in Wichita, KS.

DR. COLBY CAJERO

My 2 years at Eastman were AMAZING! I am so grateful for the faculty who made my dream of becoming an orthodontist come true. The best day of my life was when Linda called me to offer me my residency position. I absolutely love my co-residents and cherish all of our memories. I have had the most fun watching my co-resident’s faces react to the crazy things I say…all the time. Especially “Monday morning Colby” as Vince liked to call it. I am so thankful for all of the faculty who have taught us over the past 2 years and I’m also so thankful to the staff for putting up with my class’s shenanigans. After graduation, I’ll be practicing in Texas.

DR. MOHAMMED AL-AZZAWI

My life at Eastman Dental and our Orthodontic department was like a wonderful dream that passed so quickly. I am lucky to be a part of this wonderful culture. Our faculty prepared us to the best standards of orthodontics. They were so generous with us in knowledge, time, resources, and support. At Eastman I made lifetime friendships including my awesome classmates, big sibs, and little sibs. I will never forget out moments together.

The next chapter is with my wonderful wife Sarah and my two boys building a better future in Texas.
In April, Class of 2020 residents attended the Tweed Study Course offered by the Charles H. Tweed International Foundation in Tucson, Arizona. They had a great time meeting residents and instructors from other programs and countries. They returned with sore fingers, and lots of great stories!
DEPARTMENT EVENTS AND NEWS CONTINUED

Dr. Malloy’s Annual Pool Party!

Fabricating Appliances at Great Lakes

Syracuse Football Game!

Dr. Malik’s “We Will Miss You” Party

Senior Farewell Luncheon

Happy Birthday to Dr. Sweet!

A Visit to Dr. New’s Office
GORP 2019 – ST. LOUIS, MISSOURI

GORP in St. Louis was a blast! The first- and second-year Eastman residents spent an action-packed weekend having a great time with one another.
STAFF NEWS

Welcome New Staff!

Chasity is our new dental assistant! Chasity has a passion for orthodontics and loves learning and being involved. In Chasity’s free time, she usually enjoys spending time with her family especially on Darien Lake trips and beach trips.

Joseli is our new registration and insurance management lead! Before joining us, she worked at Canalside Family Medicine!

Time Flies: Featuring Staff With Over 20 Years of Service

Linda Stauber
Total at Eastman=22 years
Eastman Ortho=14 years

Shar Connellan
Total at Eastman=25 years
Eastman Ortho=25 years

Barbara Birecree
Total at Eastman=43 years
Eastman Ortho=28 years

Laurie Peres
Total at Eastman=40 years
Eastman Ortho=27 years

Elizabeth Chernyak
Total at Eastman=25 years
Eastman Ortho=23 years

We Love Our Staff!
GRADUATION 2019

This year’s commencement ceremony was held at the Double Tree with remarks from Dr. Eli Eliav, Director of the Eastman Institute for Oral Health. The night before the graduation ceremony, residents, families, faculty and staff celebrated at the Strathallan Rochester Hotel. The orthodontic department and the orofacial pain department enjoyed a wonderful evening with speeches from the faculty such as Dr. Emile Rossouw and Dr. Junad Khan. Congrats Class of 2019 Graduates, we will miss you!

EASTMAN RESIDENTS GET PUBLISHED

Dr. Sam Obamiyi ('19) authored an article published in The Angle Orthodontist titled “Overbite Depth Indicator and Anteroposterior Dysplasia Indicator Cephalometric Norms for African Americans.”

Dr. Aliaa Al-khateeb ('20) authored an article published in The Angle Orthodontist titled “Cephalometric comparison of adult anterior open bite treatment using clear aligners and fixed appliances.”

Dr. Sam Obamiyi ('19) and Dr. Zhihui Wang ('20) co-authored an article published in Nigerian Journal of Clinical Practice titled “Radiographic Features Associated with Temporomandibular Joint Disorders among African, White, Chinese, Hispanic, and Indian Racial Groups.”
WELCOME ORTHO CLASS OF 2021!

Abdulati was born and raised in Misurata/Libya with his family, his parents, his brother and his 4 sisters, he is the middle child. After graduating with a Bachelor in Dental Surgery (B.D.S.) from Benghazi University in 2010, he had an opportunity to work for two years as a Clinical tutor in the Orthodontic Department at Misurata University, Faculty of Dentistry. In addition to participating in clinical teaching and scientific investigations within the department, Abdulati had the opportunity to work in Libyan Central Clinic of Dentistry & Oral Surgery in Misurata. After his time at the Misurata University, Abdulati was fortunate to receive a scholarship to study in United States. This has been a life-changing experience. Abdulati finished a year of the Preceptorship program in Orthodontics and Dentofacial Orthopedics at Eastman Institute for Oral Health, University of Rochester. He also pursued a Master’s of Science in Dental Sciences Program at Eastman Institute for Oral Health, University of Rochester. Abdulati likes horseback riding, swimming and going to the gym. Today, Abdulati looks forward to a career in Orthodontics that will allow him to give patients smiles that will increase their self-confidence.

Adriana was born and raised in San Jose, Costa Rica. She obtained her DDS at the University of Costa Rica in 2014 and then moved to New York for postdoctoral education at the University of Rochester. Adriana has completed a community dentistry fellowship, a 2 Year-AEGD residency program and a 2 year-General Practice Residency program at Eastman Institute for Oral Health. She will also receive her Master’s degree in Health Professions Education this October from Warner School of Education. Adriana loves doing outdoor activities like kayaking in the summer and skiing in the winter, she also enjoys traveling and spending time with her family. Adriana is thrilled to start her specialty program at Eastman this summer, and with this fulfill her dream of becoming an orthodontist.

Francesca Pietri was born and raised in Caracas, Venezuela. She moved to the US with her family due to the political situation at age 15 and began high school in New Jersey. She then attended the University of Florida where she met the love of her life Eduardo (happy to announce they are getting married in November 2019!). After obtaining a degree in Biology from Nova Southeastern University, she moved to Paris, France. While there, she studied French language, French cuisine and French Architecture at Sorbonne University. Upon her arrival back to the US, she attended Florida Atlantic University where she began a degree in Neuroscience. She then attended Nova Southeastern University once again to complete the Masters in Biomedical Sciences Program. Francesca recently graduated Summa Cum Laude from Nova Southeastern University College of Dental Medicine where she earned her DMD degree. She enjoys traveling, painting, boating, cooking and caring for animals. She looks forward to exploring everything Rochester has to offer and is grateful for the opportunity to start her lifelong dream of becoming an orthodontist at Eastman.

Jessica Glauser St. Martin was born at UCSF Medical Center in San Francisco and returned to the University 21 years later to pursue her DDS after receiving her BS in exercise science from Brigham Young University in Provo, Utah. Jessica was raised in Mesa, Arizona and had the opportunity to spend the past year in her hometown attending an AEGD at the Arizona School of Dentistry and Oral Health. In her free time, Jessica enjoys traveling with her husband, spending time outdoors with her family, and snuggling her newborn daughter. Jessica is beyond excited to join the Eastman orthodontic family to continue her father and grandfather’s legacy and become a third generation Eastman trained orthodontist.

Taylor Squires was born and raised here in Rochester, NY and graduated from Fairport High School in 2011. He attended Binghamton University where he received a bachelor’s degree in Chemistry with a minor in Linguistics. Following his undergraduate studies, he attended the University of Buffalo School of Dental Medicine where he graduated this past May. Over this past summer he spent his time off teaching part time at UBSDM with the international dentist program. Taylor enjoys cooking all kinds of different foods and loves to try new restaurants. He also loves to perform and has been singing and playing guitar ever since he was a child. During the summer, he loves to golf, hike and travel. Taylor is excited to be moving back to his hometown to begin his orthodontic residency and pursue his lifelong goal of becoming an orthodontist!
Dr. Gisli E Árnason (‘07) became an Active Member of the Angle Society of Europe after 7 years of presenting 10 cases and 2 scientific oral presentations at yearly meetings in Austria. He is pictured here with his sponsor, Dr. Thordarson, from Iceland.

Dr. Joana Godinho (‘07) from Portugal teaches post-graduate students and works in private practice. Dr. Spoon came to lecture in Portugal about RAP and CBCT to the Portuguese Society of Orthodontics.

Dr. Elizabeth Barbi (‘15) is now a partner with Dr. Littlejohn and the practice has been named Littlejohn & Barbi Orthodontics.

Dr. Bruce Haskell (‘75) has been appointed Research Assistant Professor of Physiology, University of Louisville School of Medicine in 2018. He is also a part-time professor at the University of Kentucky Orthodontic Division. He recently published an article in the Angle Orthodontist titled, “Surviving orthodontic graduate debt: Making correct career choices to manage debt repayment, reduction or forgiveness.”
Dr. Maureen Wood (’12) and her husband Blake Petty welcomed baby Stena Rose Petty on May 29, 2019.

Dr. Elizabeth Barbi (’15) and her husband Dr. Joseph Russo welcomed baby Vera Elizabeth Russo on May 6, 2019.

Dr. Angelo Miraldi (’95) is obtaining “Master Level II in Orthognathic Surgery” at the University of Torino, Molinette Medical School in Italy.

Dr. Dimitris Michelogiannakis (’17) is full-time faculty at Eastman Orthodontics. He recently published with Dr. Rossouw and collaborators an article that received special recognition. This highlights high quality research done in our orthodontic department.

Dr. Bart Levenson (’63) is in his 36th year as an instructor in High Performance Driving at the famous auto racetrack in Sebring, Florida. He enjoys driving his Alfa Romeo with his lovely wife, Joan.
Dr. Michael Spoon (‘91) is the current President of the North Atlantic Component of the Edward H. Angle Society, while Dr. Ron Bellohusen (‘94) is serving as the upcoming president in 2021.

Dr. Chris Roberts (‘87) will be AAO President in 2020.

Dr. Deborah New (‘94) is President-Elect of the New York State Society of Orthodontics (NYSSO) and will be President in 2020. One of her goals includes to make NYSSO more accessible to New York State orthodontic members.

GUEST LECTURES

Dr. Ioanna Gidarakou (‘01) from Greece and her family spent a day enlightening residents at Eastman about functional appliances and technology.

Dr. Joel Brodsky (‘76) from Lakewood, California shared orthodontic pearls from the last forty years of practice.
GUEST LECTURES CONTINUED

Dr. Robert Keim (’90), faculty at East Carolina University, enlightens Eastman residents about orthodontic malpractice.

Dr. Angelo Miraldi (’95) shared his Invisalign techniques to treat a majority of orthodontic cases.

Dr. James “Jeb” Paschal (’04), introduces the “sagittal first” philosophy of the Carriere Motion appliance.

EASTMAN RESIDENT NEWS

Dr. Gabriela Flores (’20) and Mauricio Bueno’s engagement.

Jessica St. Martin (’21) and husband Nathan welcomed baby Eleanor on June 19, 2019.

Dr. Karthik Kommuri (’21) and Komala welcomed Nina on November 5th, 2018.

Dr. Cyrus Aghdam (’19) & Dr. Neelab Anwar (’20) engagement in May.
Alumni Donate Spectralase Diode Laser

Thank you to Spectrum Lasers and to our alumni, Dr. Stuart Frost and Dr. John Graham, for going above and beyond with this generous donation!

WE WANT TO HEAR FROM YOU!

If you have announcements to be published in the next HOTSEAT publication or if you are interested in contributing by writing, please contact Linda Stauber at linda_stauber@urmc.rochester.edu

Many thanks to everyone who made this edition of HOTSEAT happen.

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