

Eastman Dental

# Teledentistry

for nursing homes and  
senior living facilities.





## Help your residents get the dental care they need.

Because of the strict safety measures currently in place at nursing homes due to the COVID-19 pandemic, your residents may not be getting adequate oral health care. And without timely intervention, the progression of oral disease can cause pain and infection, negatively impacting your residents' quality of life. Additionally, nursing homes in New York State are required to provide a complete oral examination by a dentist or dental hygienist within seven days of a resident's admission.

That's why Eastman Dental is now offering teledentistry services to nursing homes and senior living facilities. With teledentistry, your residents can receive convenient, comfortable dental care right where they live.



## HOW DOES TELEDENTISTRY WORK?

Teledentistry is dental hygiene care provided safely, either on-site or remotely, using special equipment. Eastman Dental is providing two different methods of teledentistry for nursing homes.

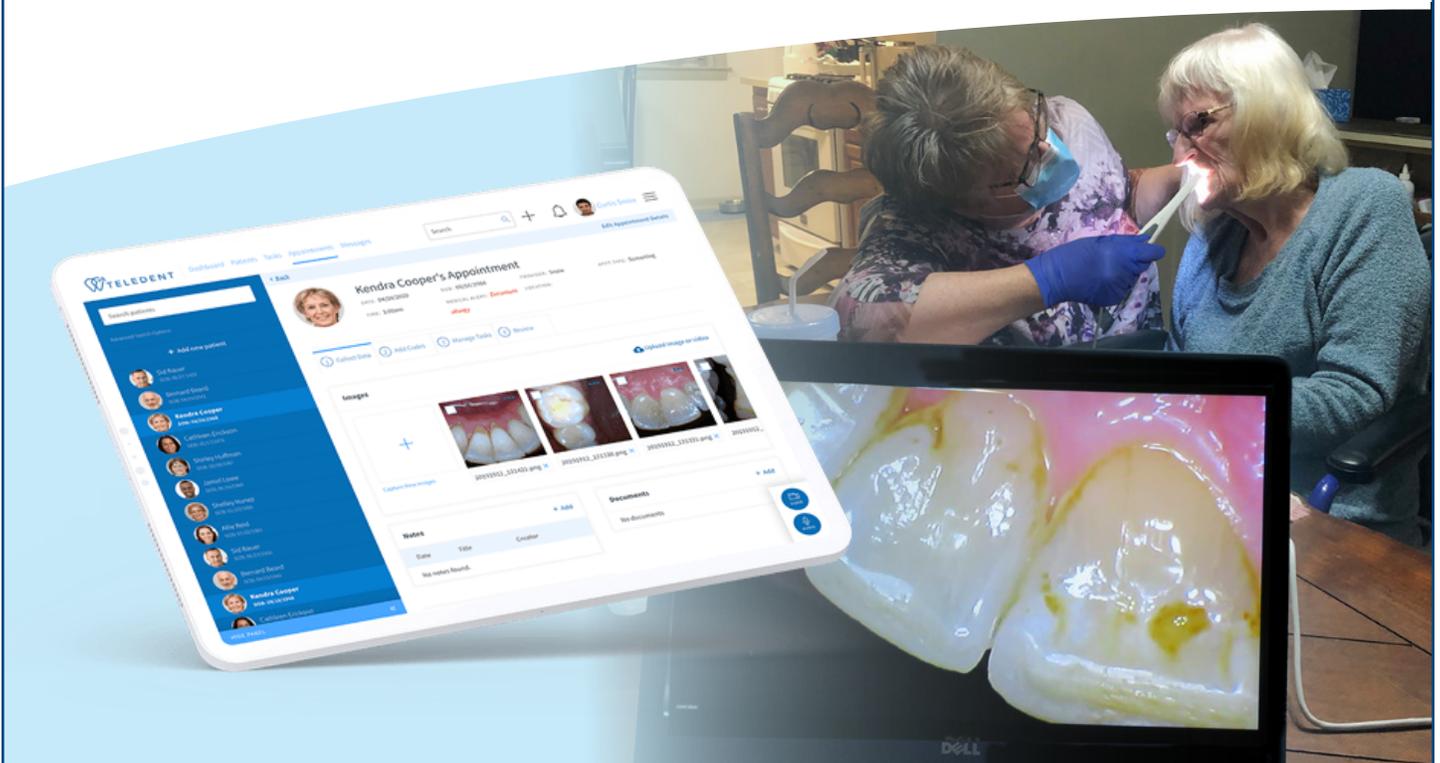
### 1 On-site dental hygienist

An Eastman Dental hygienist will travel to your facility to provide dental services. The hygienist will:

- Set up a portable dental chair and equipment or provide care at the bedside.
- Use an intraoral camera to look in the patient's mouth and take pictures and videos.
- Provide a cleaning and other vital preventive services, including x-rays (when needed) and oral health education.
- Send the photos to a dentist who specializes in geriatric care, who will review the pictures to see if additional follow-up care is needed.
- If the hygienist identifies a serious issue, our dentist will be contacted immediately. Working with the hygienist, the dentist will view the patient's mouth in real-time and determine an appropriate treatment plan.

### 2 Virtual comprehensive exam and treatment planning

A staff member or nurse from your facility will be trained to operate the intraoral camera so that they can coordinate a live teledentistry exam with an Eastman Dental geriatric dentist or hygienist remotely. This approach allows nursing homes to complete the oral examination required by New York State, as well as to minimize possible patient exposure to COVID-19. It also enables your team to more easily triage emergency care, if necessary.



### How can teledentistry help your residents?

Unfortunately, current safety restrictions are leading to increased oral health problems among nursing home residents. But teledentistry makes it possible to maintain safety while providing dental hygiene care and dental examinations to patients right where they live. When caught early, oral disease can be reversed or managed with appropriate oral hygiene, fluoride exposure, dental sealants, changes in diet, and other measures provided by the dental hygienist.

### What are the benefits of teledentistry?

- Convenience! Care is provided on-site at your facility, so staff and residents don't need to travel for dental appointments.
- Dental examinations and hygiene services are provided right where patients live, in a comfortable and familiar setting.
- Improved access to dental care for patients with limited mobility.
- Reduced risk of exposure to germs, COVID-19, flu, and/or airborne illnesses.
- Improved quality of life by reducing pain and preventing disease.

### Experts in geriatric dental care.

Our highly trained dentists and dental hygienists take a tailored approach to help elderly patients manage their unique needs and functionality. They are experts in the dental conditions and concerns common in older adults, including:

- Cavities/tooth decay
- Gum disease
- Dentures
- Dental implants
- Dry mouth
- Oral cancer



### About Eastman Dental.

Eastman Dental is a local leader in geriatric dentistry. We partner with the UR Medicine Geriatrics Group and Telepsychiatry Program to provide comprehensive care to older adults in the region.

The UR Medicine Geriatrics Group and Telepsychiatry Program collaborate with nursing homes and long-term care and senior living facilities to provide internal medicine and telemental health services, respectively. All teams are proficient in providing specialty care through the use of interactive telehealth technology.

Eastman Dental also offers innovative services for the geriatric community, such as our SMILEmobiles, which travel to nursing homes to provide care for those with limited mobility.

**Give your residents access to better  
oral health and quality of life.**

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