

MOMENTUM

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News & Viewpoints
for Eastman Dental Center
Alumni & Friends



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Commencement

At graduation on June 15, when 31 postdoctoral students received their certificates, EDC's director William D. McHugh introduced this year's speaker Helmut A. Zander by saying, "It is our custom to invite a person of distinction to give our commencement address. This is the first time a former chairman of a department has given the address."

Helmut Zander founded the Center's Department of Periodontology in 1957 and chaired it for two decades. He is an inspiring and skillful teacher. His legacy to dentistry is, perhaps, his accomplished students, many of whom hold positions of distinction in research and academia, and as outstanding clinicians.

Dr. Zander was born in Bautzen, Germany, in 1912. He was a political activist and outspoken anti-Nazi during his student days. After he earned a D.M.D. from the University of Wurzburg in 1934, he came to this country to avoid imprisonment in Hitler's Germany. He received a D.D.S. from Northwestern University in 1938 and an M.S. from that institution in 1940. He stayed at Northwestern as a researcher and clinician until 1942, when he moved to Boston to take a position at Tufts University. When he left that institution in 1951, he was professor and chairman of the Department of Oral Pediatrics. From 1951 to 1957, he served as professor and chairman of the division of periodontology at the University of Minnesota.

Dr. Zander satisfied a penchant for travel as a Fulbright professor at Madras Medical College in India and was a visiting scholar at the University of Dundee in Scotland. He has received honorary doctorates from both the University of Zurich in Switzerland and the University of Gothenburg in Sweden. Last month Georgetown University in Washington, D.C., awarded him his third. He was the recipient of the International Association for Dental Research Award for Basic Research in Periodontal Disease in 1967 and in 1980 he received the Gold Medal Award of the American Academy of Periodontology "for outstanding contributions to the understanding and treatment of periodontal disease."

His address follows.

The Art of Gracious Living

It is a great pleasure to speak to you on this important occasion. It is also an opportunity—an opportunity to congratulate you on your academic achievements, to inspire you go to forth and contribute to the dental profession, to discuss your responsibility to your future patients, to exhort



Helmut A. Zander

you to work hard because it's not easy out there in the "real world." It is even an opportunity—tempting, I admit—to impress you with my achievements and contributions.

All of these are worthy messages. But, at the moment, I am less concerned with the larger questions of the dental profession, your patients' welfare or your material success, than with the quality of life you will lead when you leave Eastman. So, what I would like to talk about today is what I like to call "the art of gracious living."

So that there is no mistake, let me say that my concept of gracious living does not depend on acquiring sufficient wealth to buy the most expensive car, dine in the most costly restaurants or generally, to acquire the best in material possessions that money will buy. After long years of study, it is natural for you as young professionals to look forward to

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Charlie Oster, Prosthodontics '84



Mary Zelli, Orthodontics '84

Commencement . . .

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earning a good living. Personally, I'm all for it and am confident that most, if not all of you will succeed in that respect. But there is no need to postpone gracious living until you reach a predetermined net income nor does moving into a higher tax bracket automatically confer upon you a talent for gracious living.

In my mind, gracious living entails incorporating into your day to day life a diversity of experiences and relationships, maintaining a lively curiosity about the world and people you encounter and pursuing varied interests. Certainly, enjoying your work and exerting your best efforts professionally should be a central feature of your life. But I would urge you not to let a single minded focus on achieving professional success prevent you from enjoying and participating fully in the other pleasures that life has to offer—travel, sport, music, parties, sex, marriage, family.

What I wish for you more than anything else is that you will lead satisfying and happy lives. A simple wish, but not an easy one to achieve. Many words and hours of thought have been given over the centuries to defining happiness and devising methods to achieve it. I am not sure that I have the answer, but it has been my observation that the happiest people are rarely the richest, or the most beautiful, or even the most talented. Happiness does not seem to depend solely on excitement and fun supplied by externals. Happy people savor the moment, glad to be alive, enjoying their work, their families and the good things around them. They are interested in change and can adjust to it. They enjoy the contests of life, seize the opportunities, and are essentially in harmony with the world. Their eyes are turned outward; they are aware, compassionate and have the capacity to love.

Is this beginning to sound like a sermon? I hope not. You know, Harold MacMillan once said that the difficulty with speeches is that you are perpetually poised between the cliché and the indiscretion. In choosing to talk to you today about gracious living, I am painfully aware that I have positioned myself on a precipice overlooking a vast sea of clichés: Take time to smell the flowers; live for the present (or, alternatively, today is the first day of the rest of your life); the best things in life are free (or alternatively, money can't buy happiness); and so on.

How many times have you heard those clichés? And,

how does my concept of gracious living relate to you?

As you know, I am no stranger to Eastman. I know a good deal about "the Eastman experience." I know enough about your time here to know that you have had a rare and unique opportunity to learn about the art of gracious living. You are a diverse group; you have come here from many different states and several countries outside the United States. Your very diversity has given all of you an opportunity to learn about other perspectives, other points of view, other lifestyles. Because some of your colleagues have received their predoctoral education in countries other than your own, you have gleaned a cross-cultural perspective on your profession and on life in general that many people never gain. You have also, I hope, developed an interest in other parts of this country and in other countries that will lead you to enjoy travel and appreciate other cultures. While it is fine to have pride in your own country, your state, your hometown, it is self-defeating, narrow-minded and arrogant to assume those outside your experience have little to offer or that the activities in other countries are inferior or irrelevant to your life and work. Your experience at Eastman will have taught you differently.

You've also had unique social opportunities during your time at Eastman. Unless you are a very unusual group of graduates, you have had parties and enjoyed warm friendships with other students. Some of you have probably fallen in love or, at least, in lust during your time here. The ready accessibility of peers with common interests, the opportunity to discuss problems, dreams, and fears with understanding friends easily and conveniently, may not seem unique to you now. The ease with which friendships can be formed and sympathetic colleagues found is characteristic of student life, often unappreciated until years later. It will never be quite as effortless to develop and maintain friendships as it has been during your student years. Many factors—geographic mobility, competition, tight schedules—will present difficult barriers.

When people look back at their student years as "the best times of their lives," I believe they are most often remembering the luxury—and it is a luxury—of the friendships so readily developed. I hope that you have experienced enough of the rewards of genuine mutual concern and friendship to work toward relationships of the same quality in the future. They are an essential ingredient of gracious living.

Eastman has provided you with a superior experience in graduate dental education. I sincerely hope that it has reversed some of the damaging effects of your predoctoral education. Too often, dental school is a narrowing, tedious, repetitious business that students quite rightly find dehumanizing. I hope that your experience at Eastman has awakened an intellectual curiosity, introduced you to research and convinced you that the practice of dentistry is continually changing. I hope it has also persuaded you that the changes that are occurring are interesting and challenging, not alarming and frightening.

This business of change is another subject that is difficult to address without falling into a sea of clichés. But cliché or not, it is true that there is nothing so constant as change and that change in all aspects of life is accelerating. How best to manage change? My advice to you is to define your horizons broadly, to read widely, to listen attentively to new ideas and theories. Try not to restrict your attention to only those areas that relate directly to your work or hobbies. Developments in other fields that may seem unrelated can often impact significantly on the way you work and live. An-

ticipate those changes. Consider how new developments could affect you. Think about how findings in other disciplines could be applied to your own.

Defining your world in broad terms—socially, culturally, scientifically—is central to my concept of gracious living. It entails an appreciation for sport, art, music, dancing, good food, and drink, all of the activities that open you up to new people, new experiences, new perspectives. Don't let preoccupation with establishing a successful practice limit your world.

At this point, you may be wondering how you would have any time to practice dentistry if you pursue gracious living to the extent that I am suggesting. I would suggest to you that gracious living and establishing a successful practice are not mutually exclusive, but mutually reinforcing. The more diverse your experiences, the more people you will meet

and the more you will have to share with them. Many of the people you meet while pursuing your own interests will come to you as patients or refer others to you. Furthermore, you will have mutual interests and something to discuss when you see them as patients. More satisfying for you, more satisfying for them. There's no hidden agenda here. I am not suggesting that you join a golf club if you despise golf because it seems a good way to "get patients." That approach would be the antithesis of gracious living and probably ineffective, in any case.

It has been said that many a speaker exhausts his audience before he exhausts his subject. My subject, my message, is a very simple one: live well, experience much, and be happy. It is not the best way to live. It is the only way.

Alumni News

Abraham Kobren, Intern '43, was awarded an honorary Doctor of Science degree by Georgetown University School of Dentistry on May 20. Dr. Kobren, who received his D.D.S. from Georgetown in 1942, is assistant dean for admissions and financial aid at New York University College of Dentistry and maintains a private practice of general dentistry in White Plains, New York. Dr. Kobren and Helmut A. Zander (see page 1) received their honorary degrees at the same ceremony.

Van E. Christou, Ortho '50, "received an honorary degree from the University of Lethbridge (Canada) on May 26, 1984 for services rendered to the cultural life of the city and to the university." He continues in the full-time orthodontic practice he opened in 1950.

Reg Andlaw, Intern '58, of Bristol, England, says, "I was very pleased to have been visited in summer 1983 by Fritz, Ortho '61, and Linda Haring and look forward to meeting Paul, Ortho '62, and Carolyn Klein here this year. They are visiting England as part of their 25th anniversary celebrations."

Michael C. McCann, Intern '58, writes from the UCLA Med Center where he is a professor of dentistry that he and "... Kathleen have recently returned from Munich, Germany, where they presented a seminar-symposium titled, *Limitations to pediatric and orthodontic treatment*." He adds, "Dr. Mairead O'Reilly's presentation (*The in vitro inhibition of demineralization around orthodontic brackets*, winner of the 1983 Michael G. Buonocore Award for research by a junior investigator, published in the last issue of MOMENTUM) was very well done. Congratulations to her! and to MOMENTUM..."

Samuel H. Adams II, Perio '63, M.S. '64, was inducted as president of the Houston District Dental Society on May 18, 1984. Dr. Adams has a private periodontology practice in Houston, Texas, and teaches part-time at the University of Texas Dental School in Houston. He has been very active in dental association affairs in Texas.

Dennis Agin, Ortho '71, has been appointed director of the Ortho department at Ohio State University School of Dentistry.

Rick Gottlieb, GenDen '77, writes, "things in Pittsburgh are still terrific, but that does not mean that I'll ever stop missing all the special people at the center. Best regards to Stan, Joe Preston, Art Feldsott, Carol & Brad Emery, Øvind, Dick Herbison, and all those that had the impact on me to become the best dentist in Pgh. Love ya all."

Fred Kastenbaum, GenDen '78, writes from New York City, "I just completed my new office, which is located at 580 Park Avenue."

James M. Rozanski, GenDen '78, and Joanne Palazzo Rozanski, write, "March 17, 1983, was the birth of our son Bryan Michael. He weighed 7 lbs., 8½ oz."

Mahmoud H. Ashrafi, Pedo '78, M.S. '79, opened a pediatric dentistry practice in Brockport, New York, last November. He was formerly director of the graduate pedo program at Marquette University in Milwaukee, Wisconsin.

Adan Casasa, Ortho '79, was an enthusiastic visitor at EDC when he attended the Ortho Alumni reunion June 1 and 2. During his visit he reported that he is now chief of the Cleft Lip and Palate Department in the Hospital de Nina Iman in Mexico City and also chairman of the Department of Orthodontics in the Dental School at Tampico. He flies back and forth the 400 miles to Tampico each week to teach there. In addition, he has a thriving orthodontic practice in Mexico City and is secretary of the Association of Orthodontics of Mexico City. He also brought news that Jorge Menendez, Pedo '83, will become chairman of the Department of Pedodontics at the Tampico Dental School this fall, and that Eduardo Izaguirre, GenDen '80, M.S. '84, and Federico Perez Diez, GenDen '83, are both teaching and doing research in Mexico City, and building good reputations there.

Marco Alberts, GenDen '80, opened a new private practice in general dentistry in West Palm Beach "after passing the Florida Dental Boards with success recently."

Els Glatz, GenDen '80, Ortho '83, has recently been appointed assistant professor at the University of Homburg (Saar), West Germany.

Yoshimasa Yamazaki, GenDen '81, writes from Japan, "After leaving EDC, I started practice in Tokyo at the end of '82. Time flies, but I can't help remembering each of the EDC people everyday. All that EDC influenced on me has been very rewarding and useful to me in both treating patients and teaching the dental students. I'm still working at my dental school once a week. I'm sure I'll visit Rochester again with my wife and two sons."

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Development

Annual Giving Over The Top

The 1983-84 Annual Giving Campaign exceeded its \$50,000 goal. Robert L. Hutchinson chaired the committee which included fellow trustees Paul W. Briggs, Louis A. Langie, Jr., Mark B. Logan, and Cornelius J. Murphy; and EDC senior staffers Stanley L. Handelman, Gerald N. Graser, William D. McHugh, and J. Daniel Subtelny. Trustees James C. Henderson, Bryant W. Rossiter, and Edward T. Wentworth also gave special assistance to the campaign. The committee was assisted by Malinda Fischer, EDC's director of development.

EDC's second Annual Giving Campaign began in November 1983 and by the campaign's close on April 30, 1984, 30% of those solicited had given \$50,882.32 to support student research fellowships. These gifts came from 30 states and 17 countries, with personal gifts ranging from \$10 to \$2,500 and corporate gifts from \$200 to \$3,000.

The five students to receive research fellowships, and their research projects, are Lesley G. Ellies, GenDen '83, *Plasma-spray Coating of Hydroxyapatite Onto Metal Dental Implants*; Rosamund Harrison, Pedro '84, *Influence of Diabetes on Oral Health*; Christopher A. Roberts, GenDen '84, *The Relationship Between Clinical Findings and Arthrographic Diagnosis of the Temporomandibular Joint*; Hilton Wasilewsky, Ortho '84, *Three-dimensional Evaluation of Overbite Relapse*; and John Zdanowicz, GenDen '82, *The Relationship Between Barium and Dental Caries*.

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Bonds Donated To EDC Strengthen Planned Giving

The Center is grateful for recent anonymous gifts of bonds with maturity value in excess of \$50,000. Our donor has assisted the Center in planning for a strong financial future; and the donor has furthered his personal commitment to dentistry through the Eastman Dental Center.

Our donor hopes that his gifts will interest others in strengthening our Planned Giving Program. There are many different arrangements which can be tailored to a donor's personal financial needs while at the same time greatly helping the Center with present and future needs. All of these arrangements offer donors one or more of the following: (1) a charitable deduction, and (2) avoidance of capital gains tax. Some arrangements can provide the donor with lifetime income from assets invested and reinvested at full value without being reduced by capital gains taxes.

For example, when our donor made the bond gifts he

received a tax deduction at bond values on date of gift. Furthermore, since the bonds had appreciated in value between purchase and gift date, the donor did not have to pay any income tax on the gain.

Planned gifts that have been received by the Center include bequests, trusts, and revenue from property sales. All Planned Giving arrangements help the Center prepare for the future. We appreciate the vision of our early Planned Giving donors and hope to build on what they have established for us.

The Center will be pleased to arrange for its attorneys to assist you in developing a planned giving program to suit your individual needs and wishes. For further information, please telephone or write Malinda Fischer, director of development, (716/275-4534), or Bill McHugh, director, (716/275-5001).

Deadline for Alumni News Notes: September 1

Name _____ Dept. _____ Year _____

New Home Address _____

New Business Address _____ New Title or Position _____

Other News _____

What features would you be interested in seeing in MOMENTUM? _____

Please mail to: MOMENTUM
 625 Elmwood Avenue
 Rochester, New York 14620



Wilfred A. Springer

Board of Trustees

Bruce B. Bates, vice president of E.F. Hutton & Company, Inc., and Wilfred A. Springer, D.D.S., a dentist in private practice, have been elected to the board of trustees of the Eastman Dental Center.

Mr. Bates, who received his B.S. from Yale in 1953 and his M.S. from the Massachusetts Institute of Technology in 1954, is active in the Rochester civic community. He is vice chairman of the board of the International Museum of Photography at George Eastman House; chairman of the endowment committee of Rochester General Hospital; a member of the finance committee of the American Red Cross; chairman of the endowment policy committee of Rochester Friendly Home; vice chairman of the board of

trustees of RIT; and on the board of Rochester Community Savings Bank. He also sits on the advisory boards of the Convalescent Hospital for Children, where he is past president of the board, and the American Red Cross, of which he is a past chapter chairman. He also serves on several committees of the United Way of Greater Rochester.

Dr. Springer earned his dental degree from the University of Buffalo, after he received his undergraduate training at the University of Toronto. Long active in professional organizations, he is immediate past first vice president of the American Dental Association; a past president of the Seventh District Dental Society; and past president of the Dental Society of the State of New York. He is a member of the Rochester Academy of Medicine and serves the American Medical Association on its member council on legislation. He is on the dental staff of The Genesee Hospital, and sits on the boards of the Empire Political Action Committee and the Automobile Club of Rochester. He is a fellow of both the American College of Dentists and the International College of Dentists, and received the Greenwood Award of the Seventh District Dental Society.



Bruce B. Bates

Alumni News . . .

continued from page 3

Arne W. Eckerdal, GenDen '81, says, "Have as of 1st of March moved to Denmark and am presently employed with a private dentist north of city of Aalborg. 25th of March we got our second daughter, who is healthy and pretty."

Ho Wahn Kim, GenDen '81, is at King Saud University in Riyadh, Saudi Arabia on a two-year leave from the University of Missouri at Kansas City. He writes that B.J. Zulqarnain, Perio '66, M.S. '68, and Bamiduro Oguntebi, GenDen '78, are also there. Ho will be in the States for his annual leave this summer and promised to be in touch with EDC then.



Fran Morse and Joyce Stadtmiller, dental assistants in Ortho, clowned around October 7 selling Rochester's morning daily, the *Democrat & Chronicle*, to raise money to support the Lend-A-Hand Fund. The fund, a non-profit community charity sponsored by Gannett Rochester Newspapers, provides one-time financial assistance to individuals and families in a crisis situation.

Fran says, "We had a ball and can't wait till next year!" This really is a picture of Fran and Joyce.



From left to right, Rick Cantor, Ortho '84, John Featherstone, chairman of the Department of Oral Biology, Ros Harrison, Pedro '84, Steve Demetriou, Pedro '84, Chris Roberts, GenDen '84, and Fred Haslam, business manager, the EDC team that won second place in the Medical Division of the American Heart Association's Heart and Sole five-mile cross-country run in April. Photo by Grace Holloway

EDC on the Town



From the left, Pat Stege, GenDen '82, and now a postdoctoral research student, and Jean Baric, research associate, both members of EDC's geriatric task force, advise a client of a senior citizen nutrition center in Brockport. One of the functions of the task force is to go into the community and instruct older people on how to achieve and maintain proper dental health and the availability of dental care.

EDC often receives calls from community groups. Wegmans Foods had an employee health fair recently, and some of the Center's staff were on hand to help. Clare Shaffer (left), dental health educator and research associate in Community Dentistry, talked on healthy teeth. Pamela Babusci (right), hygienist, had her listeners enthralled.



CALENDAR

Monday and Tuesday, October 15 and 16, 1984
THE BASIL G. BIBBY DINNER, LECTURE, AND SCIENTIFIC SEMINAR

An event to honor Basil Glover Bibby, B.D.S., Ph.D., D.M.D., who will celebrate his eightieth birthday in October 1984.

MONDAY, OCTOBER 15

THE BASIL G. BIBBY DINNER

Genesee Valley Club, 421 East Avenue, Rochester, New York 14604

Cocktails at 6:30 p.m. Dinner at 7:30 p.m.
sponsored by partially sponsored by
The Procter & Gamble Company Block Drug Company

TUESDAY, OCTOBER 16

THE BASIL G. BIBBY LECTURE AND SCIENTIFIC SEMINAR

Eastman Dental Center, 625 Elmwood Avenue, Rochester, New York 14620

Supported by M&M/Mars and Johnson & Johnson

Basil G. Bibby: Researcher, Educator, Innovator

Dr. Irwin D. Mandel, Director
Division of Preventive Dentistry
Columbia University, New York, NY

Measurement of Cariogenic Potential

Dr. William H. Bowen, Chairman
Department of Dental Research
University of Rochester, Rochester NY

Organic Acids and Their Role in Dental Caries

Dr. John D.B. Featherstone, Chairman
Department of Oral Biology
Eastman Dental Center, Rochester, NY

Cariogenicity of Snack Foods

Sheila A. Mundorff, M.S., Research Associate
Department of Oral Biology
Eastman Dental Center, Rochester, NY

Food Preservatives as Cariostatic Agents

Dr. Edward A. Thibodeau, Assistant Professor
Department of Dental Research
University of Rochester, Rochester, NY

Lectins

Dr. Dale B. Mirth
National Institute for Dental Research
Bethesda, MD

THE BASIL G. BIBBY LECTURE

Sponsored by M & M/Mars Company
Nutritional and Dietary Factors in the Etiology and Prevention of Caries

Dr. Juan M. Navia
Professor
Department of Nutrition Sciences
University of Alabama

Artificial Sweeteners in a Caries Model

Dr. Johannes Van Houte
Professor
Department of Microbiology
Forsyth Dental Center
Boston, MA

Attendance for both the dinner and seminar is limited. Your response will be appreciated by **Friday, September 28, 1984.**

Registration Fee \$10 (includes lunch) _____

Dinner Fee \$30 _____ (per person)

Please make your check payable to Eastman Dental Center and mail with this form to:

Dr. Stanley L. Handelsman, Chairman
Department of General Dentistry
Eastman Dental Center
625 Elmwood Avenue
Rochester, NY 14620

Name _____

Street Address _____

City _____ State _____

Zip _____ Country _____

Telephone () _____

MOMENTUM

EASTMAN DENTAL CENTER
625 ELMWOOD AVENUE
ROCHESTER, NEW YORK 14620