



*Co-sponsored by the Monroe County Medical Society,
the Rochester Academy of Medicine, and
the University of Rochester Medical Center*

Symposium on Well-Being and Burnout Prevention
Wednesday, February 16, 2022
8:30 AM – 1:00 PM

Plenary Speaker



Lotte N. Dyrbye, MD, MHPE, FACP

Director, Academy of Educational Excellence
Assistant Dean, Faculty Development,
Mayo School of Graduate Medical Education
Co-Director, Program on Physician Well-Being
Professor of Medicine and Medical Education
Consultant, Division of Primary Care Internal Medicine, Mayo Clinic

This virtual symposium will bring together academics, educators, and practitioners from a variety of fields for a collaborative, multidisciplinary exploration of the ways to support the well-being of clinicians, faculty, and learners, and to share best practices.

Continuing Medical Education

ACCREDITATION The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits(s)*[™]. Physicians should claim only the credit commensurate with extent of their participation in the activity.

New York State Social Work Continuing Education

University of Rochester Medical Center, Center for Experiential Learning is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0005. This activity has been approved for 4.0 contact hours. Attendance at the entire program is required.

New York State Psychology Continuing Education

University of Rochester Medical Center Department of Psychiatry is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0117. This activity has been approved for 4.0 contact hours. Attendance at the entire program is required.

WELLNESS SYMPOSIUM on WELL-BEING and BURNOUT PREVENTION

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AGENDA

8:30am - 8:45am	Welcoming Remarks and Overview	Janine Shapiro, MD Michael Rotondo, MD, FACS Susan Danahy, MD, FACR Marc Ambrosi, MBA
8:45am - 9:45am	Opening Plenary <i>Improving Well-Being and Reducing Burnout Among Health Care Workers: National, State, Local and UPMC Updates</i>	Michael Privitera, MD, MS Arthur Hengerer, MD, FACS
9:45am - 10:45am	Short Communications I	Moderator: Janine Shapiro, MD
	<i>Where to Start? Building a Departmental Well-Being Program</i>	Travis Dick, PharmD, MBA Kelly Pillinger, PharmD, BCPS-AQ ID, BCIDP
	<i>Bring Your Full Self to Work</i>	Linda Clark, MD, MS, FACPM, FCOEM
	<i>Rochester Regional Health – Addressing the Wellness of Physicians in Training</i>	Ann Griep, MD
	<i>UPMC Provider Informatics: Measuring and Mitigating EHR-related Burnout</i>	Todd Holmquist, MD
10:45am - 11:00am	Break	
11:00am -11:45am	Short Communications II	Moderator: Janine Shapiro, MD
	<i>Peer to Peer Program & Physician Wellness: A Call to Action</i>	Frank Dowling, MD, DFAPA, FASAM
	<i>Confessions for Self-Reflection and to Improve Well-Being</i>	Suzanne Karan, MD, FASA
	<i>Interprofessional Collaboration: Reducing Burnout Related to Mandatory Training</i>	Jeanne O'Brien, MD Lisa Parker, MS, RN, NPD-BC, NEA-BC Stephanie Von Bacho, MS, RN, NEA-BC
11:45am - 12:00pm	Award Presentations	Michael Privitera, MD, MS Susan Danahy, MD, FACR
12:00pm - 1:00pm	Closing Plenary <i>Well-Being 2.0: Moving Forward with Impactful Strategies</i>	Lotte N. Dyrbye, MD, MHPE, FACP

WELLNESS SYMPOSIUM on WELL-BEING and BURNOUT PREVENTION

PLANNING COMMITTEE

Marc Ambrosi, MBA

Executive Director
Rochester Academy of Medicine

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Executive Director, American Academy of Pediatrics NY 1

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Professor of Anesthesiology and Perioperative Medicine
University of Rochester School of Medicine and Dentistry

WELLNESS SYMPOSIUM on WELL-BEING and BURNOUT PREVENTION

SPEAKERS

Marc Ambrosi, MBA

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Linda L. Clark, MD, MS, FACPM, FACOEM

Chief Medical Officer
Common Ground Health

Susan Danahy, MD, FACR

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University of Rochester Medical Center

Frank Dowling, MD, DFAPA, FASAM

Clinical Associate Professor of Psychiatry
Stony Brook (Renaissance) School of Medicine
Medical Advisor, Police Organization Providing Peer Assistance
Medical Director, Long Island Behavioral Medicine
MSSNY Secretary

Lotte N. Dyrbye, MD, MHPE, FACP

Director, Academy of Educational Excellence
Assistant Dean, Faculty Development, Mayo School of Graduate Medical Education
Co-Director, Program on Physician Well-Being
Professor of Medicine and Medical Education
Consultant, Division of Primary Care Internal Medicine
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Ann Griep, MD

Program Director, Rochester Regional Psychiatry Residency

Arthur S. Hengerer, MD, FACS

Professor and Past Chair Department of Otolaryngology
University of Rochester School of Medicine and Dentistry
Past Chair, NYS Office of Professional Medical Conduct
Past Chair of Board, Federation of State Medical Boards

Todd Holmquist, MD

Associate Chief Medical Information Officer
Associate Professor of Clinical Neurology
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Suzanne Karan, M.D., FASA

Professor of Anesthesiology and Perioperative Medicine
Residency Program Director
Assistant DIO, Hospital Based Programs
Director, Anesthesiology Respiratory Physiology Laboratory

Jeanne O'Brien, MD

Professor Urology/Male Infertility
URMC Provider Collaborator for Mandatories
Associate Chair for Faculty Development and Resident Education
Director of Urology Resident Clinic
Department of Urology Wellbeing Representative
Department of Urology
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Infectious Diseases Clinical Pharmacy Specialist
PGY2 Infectious Diseases Residency Program Director
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CEO – University of Rochester Medical Faculty Group
Vice Dean for Clinical Affairs – University of Rochester School of Medicine
Professor of Surgery – Department of Surgery
Senior Vice President – University of Rochester Medical Center

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Stephanie Von Bacho, MS, RN, NEA-BC

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