Co-sponsored by the Monroe County Medical Society, the Rochester Academy of Medicine, and the University of Rochester Medical Center

Symposium on Well-Being and Burnout Prevention
Wednesday, February 16, 2022
8:30 AM – 1:00 PM

Plenary Speaker

Lotte N. Dyrbye, MD, MHPE, FACP
Director, Academy of Educational Excellence
Assistant Dean, Faculty Development,
Mayo School of Graduate Medical Education
Co-Director, Program on Physician Well-Being
Professor of Medicine and Medical Education
Consultant, Division of Primary Care Internal Medicine, Mayo Clinic

This virtual symposium will bring together academics, educators, and practitioners from a variety of fields for a collaborative, multidisciplinary exploration of the ways to support the well-being of clinicians, faculty, and learners, and to share best practices.

Continuing Medical Education
ACCREDITATION  The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CERTIFICATION  The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 4 AMA PRA Category 1 Credits(s)™. Physicians should claim only the credit commensurate with extent of their participation in the activity.

New York State Social Work Continuing Education
University of Rochester Medical Center, Center for Experiential Learning is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0005. This activity has been approved for 4.0 contact hours.
Attendance at the entire program is required.

New York State Psychology Continuing Education
University of Rochester Medical Center Department of Psychiatry is recognized by the New York State Education Department’s State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0117. This activity has been approved for 4.0 contact hours.
Attendance at the entire program is required.
### AGENDA

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<th>Time</th>
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| 8:30am - 8:45am | **Welcoming Remarks and Overview** | Janine Shapiro, MD  
Michael Rotondo, MD, FACS  
Susan Danahy, MD, FACR  
Marc Ambrosi, MBA |
| 8:45am - 9:45am | **Opening Plenary**  
*Improving Well-Being and Reducing Burnout Among Health Care Workers: National, State, Local and URMC Updates* | Michael Privitera, MD, MS  
Arthur Hengerer, MD, FACS |
| 9:45am - 10:45am | **Short Communications I**  
*Where to Start? Building a Departmental Well-Being Program* | Travis Dick, PharmD, MBA  
Kelly Pillinger, PharmD, BCPS-AQ ID, BCIDP  
Linda Clark, MD, MS, FACP, FACOEM  
Ann Griepp, MD |
| 10:45am - 11:00am | **Break** | |
| 11:00am - 11:45am | **Short Communications II**  
*Peer to Peer Program & Physician Wellness: A Call to Action*  
*Confessions for Self-Reflection and to Improve Well-Being*  
*Interprofessional Collaboration: Reducing Burnout Related to Mandatory Training* | Frank Dowling, MD, DFAPA, FASAM  
Suzanne Karan, MD, FASA  
Jeanne O’Brien, MD  
Lisa Parker, MS, RN, NPD-BC, NEA-BC  
Stephanie Von Bacho, MS, RN, NEA-BC |
| 11:45am - 12:00pm | **Award Presentations** | Michael Privitera, MD, MS  
Susan Danahy, MD, FACR |
| 12:00pm - 1:00pm | **Closing Plenary**  
*Well-Being 2.0: Moving Forward with Impactful Strategies* | Lotte N. Dyrbye, MD, MHPE, FACP |
WELLNESS SYMPOSIUM on WELL-BEING and BURNOUT PREVENTION

PLANNING COMMITTEE

Marc Ambrosi, MBA
Executive Director
Rochester Academy of Medicine

Lucia Castillejo, MS
Chief Executive Officer (CEO), Monroe County Medical Society
Executive Director, American Academy of Pediatrics NY 1

Susan Danahy, MD, FACP
Board President
Monroe County Medical Society

Laurie Militello
CME, Programs and Events Director
Rochester Academy of Medicine

Michael R Privitera MD, MS
Professor of Psychiatry
Medical Director, Medical Faculty and Clinician Wellness Program
University of Rochester Medical Center

Janine R. Shapiro, MD
Associate Dean for Faculty Development
Medical Director for Continuing Medical Education
Professor of Anesthesiology and Perioperative Medicine
University of Rochester School of Medicine and Dentistry
WELLNESS SYMPOSIUM on WELL-BEING and BURNOUT PREVENTION

SPEAKERS

Marc Ambrosi, MBA
Executive Director
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Chief Medical Officer
Common Ground Health

Susan Danahy, MD, FACP
Board President
Monroe County Medical Society

Travis B. Dick, PharmD, MBA
Director of Clinical Pharmacy, Practice, Research, and Education
Director of PG1 Pharmacy Residency
University of Rochester Medical Center

Frank Dowling, MD, DFAPA, FASAM
Clinical Associate Professor of Psychiatry
Stony Brook (Renaissance) School of Medicine
Medical Advisor, Police Organization Providing Peer Assistance
Medical Director, Long Island Behavioral Medicine
MSSNY Secretary

Lotte N. Dyrbye, MD, MHPE, FACP
Director, Academy of Educational Excellence
Assistant Dean, Faculty Development, Mayo School of Graduate Medical Education
Co-Director, Program on Physician Well-Being
Professor of Medicine and Medical Education
Consultant, Division of Primary Care Internal Medicine
Mayo Clinic

Ann Griepp, MD
Program Director, Rochester Regional Psychiatry Residency

Arthur S. Hengerer, MD, FACS
Professor and Past Chair Department of Otolaryngology
University of Rochester School of Medicine and Dentistry
Past Chair, NYS Office of Professional Medical Conduct
Past Chair of Board, Federation of State Medical Boards

Todd Holmquist, MD
Associate Chief Medical Information Officer
Associate Professor of Clinical Neurology
University of Rochester Medical Center
Suzanne Karan, M.D., FASA
Professor of Anesthesiology and Perioperative Medicine
Residency Program Director
Assistant DIO, Hospital Based Programs
Director, Anesthesiology Respiratory Physiology Laboratory

Jeanne O’Brien, MD
Professor Urology/Male Infertility
URMC Provider Collaborator for Mandatories
Associate Chair for Faculty Development and Resident Education
Director of Urology Resident Clinic
Department of Urology Wellbeing Representative
Department of Urology
University of Rochester Medical Center

Lisa A. Parker, MS, RN, NPD-BC, NEA-BC
Assistant Director, Learning and Development
Assistant Magnet Program Director
DAISY Award Coordinator
University of Rochester Medical Center/UR Medicine

Kelly E. Pillinger, PharmD, BCPS-AQ ID, BCIDP
Infectious Diseases Clinical Pharmacy Specialist
PGY2 Infectious Diseases Residency Program Director
University of Rochester Medical Center
Strong Memorial Hospital

Michael R Privitera MD, MS
Professor of Psychiatry
Medical Director, Medical Faculty and Clinician Wellness Program
University of Rochester Medical Center

Michael F. Rotondo MD, FACS
CEO – University of Rochester Medical Faculty Group
Vice Dean for Clinical Affairs – University of Rochester School of Medicine
Professor of Surgery – Department of Surgery
Senior Vice President – University of Rochester Medical Center

Janine R. Shapiro, MD
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Medical Director for Continuing Medical Education
Professor of Anesthesiology and Perioperative Medicine
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Stephanie Von Bacho, MS, RN, NEA-BC
Sr. Director Learning & Development, Clinical Enterprise
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