

University of Rochester School of Medicine & Dentistry
Hospice & Palliative Care Fellowship Program

OVERVIEW OF SCHEDULE AND ACTIVITIES

Clinical Rotations

Rotation	Site(s)	Adult Track (Weeks)	Peds Track (Weeks)
Adult Inpatient	Strong Memorial Hospital (SMH) Highland Hospital (HH)	16-18 4-8	10-14 0-4
Peds Inpatient	Golisano Children's Hospital (SMH)	1	10
Home Hospice	UR HomeCare Lifetime Care	2 2	2 0
Peds Home Care	CompassionNet (Lifetime Care)	1	4
Long Term Care	Monroe Community Hospital The Jewish Home	2 2	2 2
Required Electives	Clinical Ethics Pain Management Addiction Medicine	2 1 1	2 1 1
Electives	See below	6	4-6
Scholarly Project	-	6	6
Vacation	-	4	4
Total		52	52

Note: Ranges denote some flexibility based on fellow preference and needs of the group.

Electives

- Psychiatry (Consult Liaison Service or Med-Psych inpatient unit)
- Perinatal Palliative Care
- Teaching Elective
- Build-your-own (half-days with nurse, SW, chaplain, child life, CAM therapist, etc)
- Repeat any other activity above

Outpatient Continuity Clinic (4 hrs weekly, 2 hours while on SMH service)

- SMH (Wilmot Cancer Center)- 1 fellow
- SMH Pediatric track fellow:
 - ~4-6 times/year Pediatric Palliative Care Clinic
 - 6/year Perinatal Supportive Care Clinic
 - 3-4/month Adult Palliative Care clinic (Wilmot Cancer Center)
- HH (Geriatrics and Medicine Associates) – 1 fellow

Educational Sessions

- Core Palliative Care Seminar Series (weekly)
- Pediatric Palliative Care Seminar Series (monthly)
- QI/Scholarly Project meetings (monthly)
- Schwartz Center Rounds (monthly)
- Palliative Care Grand Rounds (monthly)
- Regional Palliative Care Conference (Oct)
- AAHPM Annual Assembly (Mar)
- Journal Club (monthly)
- Complex Patient Rounds (twice monthly)

Mentored Scholarly Project

- Examples: article, very focused research project, book chapter

Patient Safety & Quality

- Quality Council meetings monthly
- QI project

Wellness

- Immediate debriefing after difficult encounters
- Balint group monthly
- Late-Winter Retreat
- Social events (summer picnic, holiday party, happy-hours)
- Duty-hours strictly enforced, ample time off
- Many institutional resources

Career Development

- Job Search & Networking
- Professionalism
- Leadership Skills
- CV development
- Mentorship
- Journal Club (monthly)

Note: All schedules for clinical rotations, seminars, and on-call are in MedHub.