

Rural Primary Care Internal Medicine Track

For those residents who would like to have their future practice in a more rural setting, we offer a Rural Primary Care Internal Medicine Track. Our goal is to provide the educational opportunities and experiences to prepare our residents to practice Internal Medicine in a rural setting.

The University of Rochester is uniquely suited to train residents in rural primary care Internal Medicine. The University of Rochester Medical Center, where the Categorical and Primary Care Internal Medicine Residencies are based, is an 886-bed quaternary care center in an urban setting, but is only a 30-minute drive from rural training opportunities to the West, South, and East (Lake Ontario is to our North). Residents in our Rural Primary Care Track have the best of all worlds—they have equal access to all of the wonderful aspects of our Medical Center-based residencies, including a supportive, education-focused community of faculty and peers and access to the most cutting edge technology and specialty training; at the same time our Rural Track residents can spend significant time in a variety of rural training sites including primary care offices, small hospitals, and rural specialty clinics. If desired, a Rural Track resident can even have a continuity clinic with their own panel of patients in a rural practice.

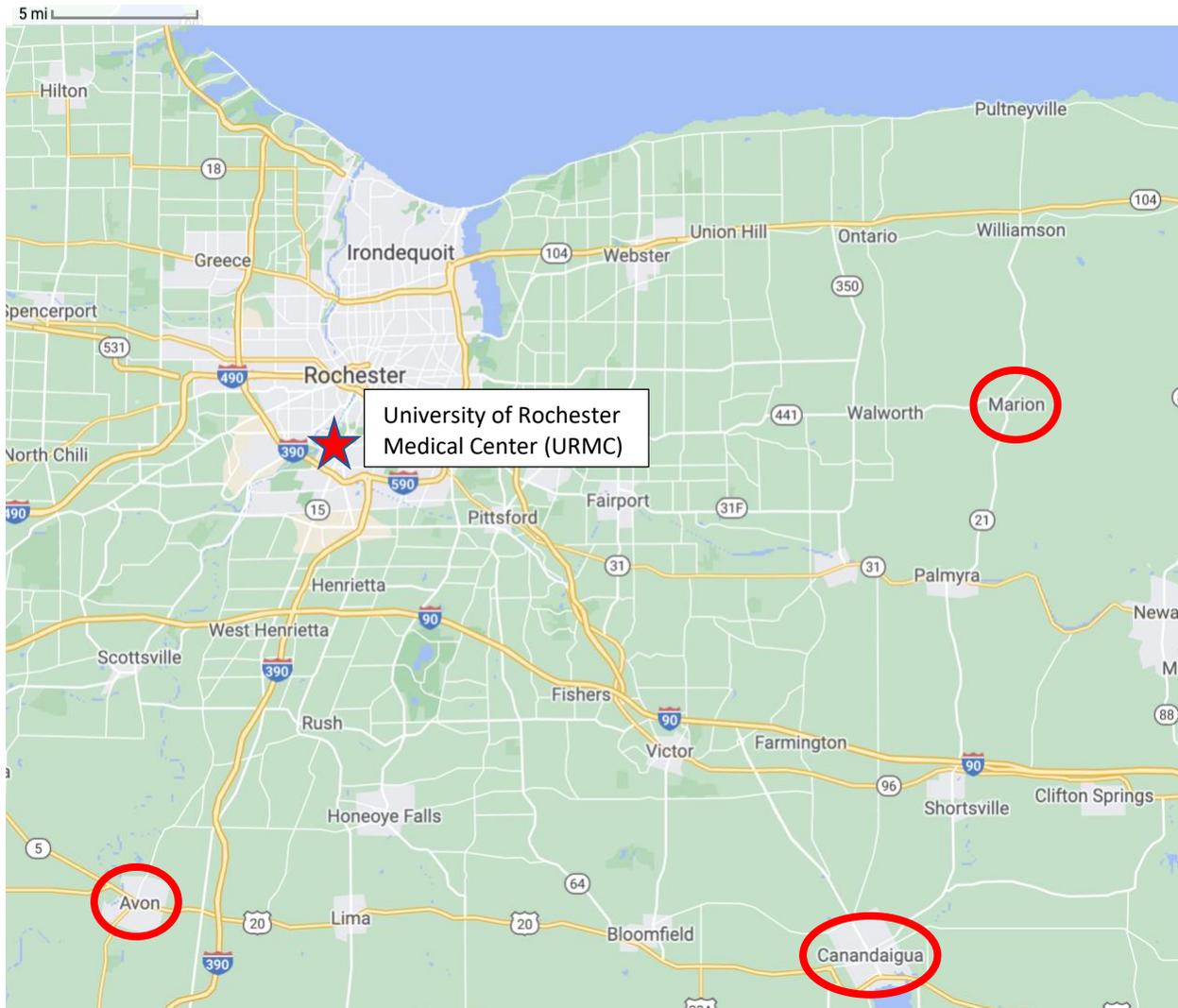
Curriculum: Our Rural residency curriculum is highly flexible and can be tailored to each resident's interests. Our Rural IM residents participate in our Primary Care Program (see separate description), which includes dedicated educational half days with "deeper dives" into primary care medicine topics. Rural IM residents can also participate in our 4+4 schedule during their second and/or third year(s) of residency.

Our Primary Care and Rural IM residents have internships that are similar to the categorical residents, though they can choose a continuity clinic in a community and even rural setting, and they are encouraged to choose electives that will help prepare them for primary care and rural practice. We have learned from our highly respected rural primary care preceptors that the ideal training model is not entirely rural, but balances the tertiary/quaternary care and cutting-edge training available at the Medical Center with significant longitudinal rural primary care experiences.

Additional curricular topics we plan for our Rural residents to engage in while at the Medical Center include dedicated electives and experiences in the following:

- Point of Care Ultrasound (and the Rural Program has pocket POCUS machines for Rural residents to borrow/use for ongoing practice of skills through residency)
- Office musculoskeletal skills
- Dermatology
- Office gynecology
- Bedside procedural skills
- Telehealth
- Internal Medicine consultation to General Primary Care Practitioners

In addition to multiple rural training opportunities within a 40-minute commute, our residents can work with outstanding rural primary care preceptors in more remote settings 2-3+ hours away. Our Rural Internal Medicine program is well-resourced, with free housing provided for rotations in the more remote locations, pocket POCUS machines, and reimbursement for driving mileage.

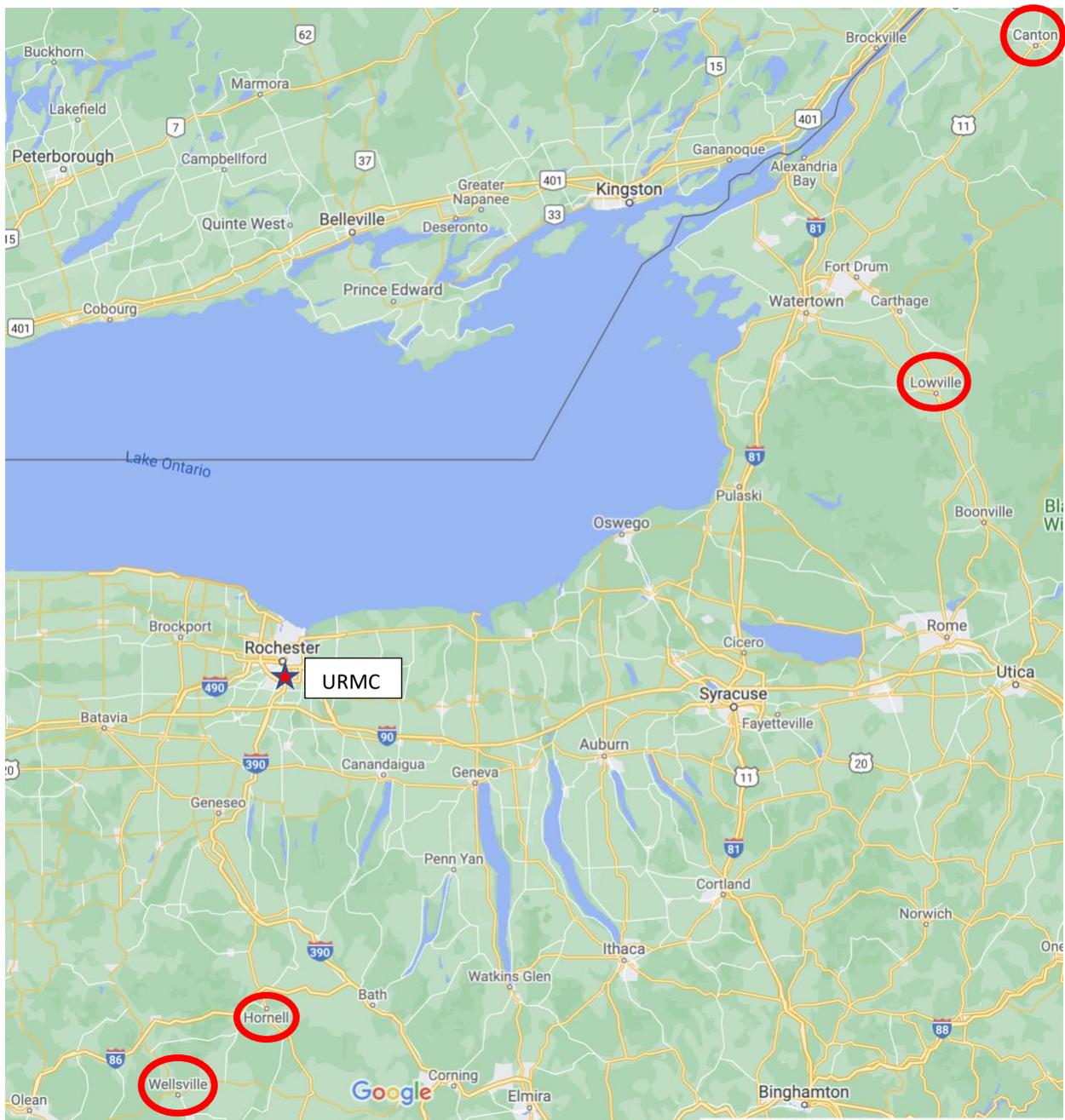


Rural Training Sites within a 40-minute commute of URM. Marion and Avon are sites of rural primary care practices with outstanding teachers.



Canandaigua, NY is the home of 110-bed FF Thompson Hospital, which is part of UR Medicine and shares the same Epic-based EMR as URM. FF Thompson is a commutable rotation site for smaller hospital experiences in Hospital Medicine and Critical Care. Residents can also rotate through longitudinal ambulatory specialty clinics in Canandaigua, precepted by outstanding URM faculty, in Cardiology, Pulmonary, Nephrology, and Rheumatology.

FF Thompson Hospital in Canandaigua, NY



Additional Rural Training Sites and hospitals within 3.5-hour drive of URM. Canton and Lowville are sites where we have outstanding primary care physician faculty who host residents for away from Rochester rotations in small town, rural outpatient practices. Jones Memorial Hospital in Wellsville, NY and St. James Hospital in Hornell, NY are both small, rural hospitals in the UR Medicine network where residents can rotate.