

Med-Peds Ambulatory Curriculum

The ambulatory curriculum is taught at our two continuity clinic sites, Culver Medical Group and the Ridgewood Med-Peds office.

- Standardized readings to be done prior to each talk are included
- Talks are updated each time they are given by a resident-faculty pair

Afternoon Curriculum (when interns are present)

Clinic talk is from 1-1:30 pm, Mon-Fri

Odd Years:

| Adult Health Care Maintenance | Pediatrics Common Diagnoses |
|--|--|
| Immunizations – adult | Toilet training |
| Cancer screening (colon, prostate, breast, cervical) | Toddler behavior strategies |
| Hypercholesterolemia | School problems |
| Young, Middle, Older adult health maintenance | Rebellious and out of control behavior |
| Osteoporosis | Otitis Media |
| Depression (diagnosis and treatment) | Headaches |
| Anxiety | Rashes |
| Asthma | Scoliosis |
| Obesity | Head injuries |
| Smoking Cessation | Language Delay |
| Osteoarthritis | Pediatric legs |
| | Fever |
| | Hematuria, Proteinuria |
| | Limping child |
| | Negotiation and behavior change |

Even Years:

| Pediatrics Health Care Maintenance | Adults Common Diagnoses |
|--|--|
| Prenatal visit | Diabetes mellitus (screening, prevention, standards of care, oral and insulin therapy) |
| Infant visits (development, nutrition, behavior) | Hypertension (screening, diagnosis, therapy) |
| Older infant visits | Upper respiratory tract infection |
| Anemia and lead screening | Sinusitis, bronchitis, pharyngitis |
| Toddler visits | Low back pain |
| Preschool WCC | Advanced directives |
| Vision and hearing screening | Chronic Stable Angina (diagnosis, management) |
| School Age WCC | Emphysema |
| Adolescent WCC | Malingering and drug seeking |
| Immunizations | Ophthalmology |
| Pre-sports participation exam | CHF – outpatient management |
| | Nephrolithiasis |
| | Diverticulosis |

Morning Curriculum (PGY 2 – 4)

Talk is from 8 – 8:30, Mon-Fri

Based on a 3-year series

Week 1: Topic Focused Conference

Weeks 2, 3, 4: Board Review

| Year 1: Nutrition Series | Year 2: Women's Health Series | Year 3: Office Orthopedics |
|--|--|---|
| Nutritional Assessment Infant nutrition (breast, formula, solids) Basics of healthy adult nutrition Nutrition in the elderly Diabetic diet Diet for HTN and high cholesterol Dietary advice for obesity Evaluation of weight loss Sports & nutrition | Puberty, normal sexual development Congenital anomalies Contraception Menopause, hormone replacement Screening for uterine & ovarian cancer Evaluation of breast masses Abnormal bleeding Management of abnormal PAP results Vaginitis, vulvar disease Hirsutism / PCO Cervicitis and PID Female urinary incontinence | Common fractures Shoulder / rotator cuff Chronic knee pain Acute knee injury Ankle sprains Foot pain Wrist pain The elbow Neck pain The acute joint – to tap or not to tap The adult hip Common injections in the office |