FOREWORD

This Neurology Resident Handbook is intended as a handy reference for all Neurology clinical faculty, residents and administrative staff. The handbook is divided into seven sections as follows:

- **ACGME New Accreditation System:** This section contains specific program goals and objectives for the neurology residency, the neurology core competencies that are part of the ACGME New Accreditation System, the Neurology Milestones, and descriptions of specific evaluation instruments used to evaluate neurology residents at the University of Rochester.

- **Research Initiatives and Conferences:** This section includes information about the resident research experience and descriptions of several of the neurology conference series.

- **Inpatient Rotation Guidelines:** This section contains guidelines for the neurology residents for all of the core inpatient rotations.

- **Elective Guidelines:** This section contains guidelines for the neurology residents for departmental and inter-departmental electives.

- **Outpatient Rotation Guidelines:** This section contains guidelines for the resident firms and the Chief Resident Faculty Practice clinics.

- **Policies:** This section contains all of the specific policies that involve neurology residents, as mandated by the ACGME.

- **Bibliography:** This section contains a bibliography for adult neurology and should be used as a guide to reading for neurology residents.

- **Schedules:** The final section of this handbook contains all of the rotation and clinic schedules for neurology residents and faculty for the current academic year.

The Residency Review Committee for Neurology mandates that we collate all of this information and distribute it annually to all clinical faculty and residents in our department. All neurology faculty and residents should be familiar with the goals and objectives, rotation guidelines and policies included in this handbook. A thorough understanding of these goals, guidelines and policies will help insure that our residency program runs smoothly and meets its mission of excellence in patient care, education and research.

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GOALS OF THE NEUROLOGY RESIDENCY TRAINING PROGRAM

Overall Competency-Based Program Goals

Patient Care

Residents must be able to provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health.

Residents must demonstrate competency in the management of outpatients and inpatients with neurological disorders across the lifespan, including those who require emergency and intensive care.

Medical Knowledge

Residents must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to patient care.

Residents must demonstrate understanding about major developments in the clinical sciences relating to neurology, and must demonstrate understanding of the basic sciences through application of this knowledge in the care of their patients and by passing clinical skills examinations.

Practice-based Learning and Improvement

Residents must demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning. Residents are expected to develop skills and habits to be able to meet the following goals:

1. Identify strengths, deficiencies, and limits in one’s knowledge and expertise
2. Set learning and improvement goals
3. Identify and perform appropriate learning activities
4. Systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvement
5. Incorporate formative evaluation feedback into daily practice
6. Locate, appraise, and assimilate evidence from scientific studies related to their patients’ health problems
7. Use information technology to optimize learning
8. Participate in the education of patients, families, students, residents and other health professionals
9. Supervise other residents, medical students, nurses, and other health care personnel
Interpersonal and Communication Skills

Residents must demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and health professionals. Residents are expected to:

1. Communicate effectively with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds
2. Communicate effectively with physicians, other health professionals, and health related agencies
3. Work effectively as a member or leader of a health care team or other professional group
4. Act in a consultative role to other physicians and health professionals
5. Maintain comprehensive, timely, and legible medical records

Professionalism

Residents must demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles. Residents are expected to demonstrate:

1. Compassion, integrity, and respect for others
2. Responsiveness to patient needs that supersedes self-interest
3. Respect for patient privacy and autonomy
4. Accountability to patients, society and the profession
5. Sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation

Systems-based Practice

Residents must demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care. Residents are expected to:

1. Work effectively in various health care delivery settings and systems relevant to their clinical specialty
2. Coordinate patient care within the health care system relevant to their clinical specialty
3. Incorporate considerations of cost awareness and risk-benefit analysis in patient and/or population-based care as appropriate
4. Advocate for quality patient care and optimal patient care systems
5. Work in inter-professional teams to enhance patient safety and improve patient care quality
6. Participate in identifying system errors and implementing potential systems solutions
Overall Program Goals

1. To prepare the physician for the independent practice of clinical neurology by providing training based on supervised clinical work with increasing responsibility for outpatients and inpatients. PC

2. To provide a foundation of organized instruction in the basic neurosciences. MK

3. To provide an opportunity to develop and maintain an investigative career in the basic neurosciences and in clinical neurology. MK

4. To acquire an appreciation for the history of neurology and the rich traditions of our specialty. SBP

5. To acquire the many personal attributes necessary for becoming an effective physician, including honesty, compassion, reliability, and effective communication skills. P, ICS

Goals for the First Year

1. To elicit an accurate neurologic history and to perform and interpret a neurological examination on patients presenting with neurological symptoms. PC

2. To appropriately order laboratory studies in neurology: EEG, EMG, nerve conduction studies, evoked potentials, lumbar puncture, CT and MR imaging of the brain and spinal cord. PC

3. To appropriately evaluate and treat common neurological problems:
   - Neurological Emergencies: Coma and mental status changes, stroke, seizures. MK, PC
   - Common outpatient neurological problems: Headache, dizziness, back and neck pain, peripheral neuropathies. MK, PC

4. To demonstrate effective written and oral communication skills. ICS

Goals for the Second Year

1. To perfect the resident’s history-taking skills and neurologic exam in infants and children. PC

2. To diagnose, evaluate and treat multiple sclerosis, Parkinson's disease and other movement disorders, neuromuscular diseases, dementia, central nervous system infections, and tumors of the nervous system. PC, MK

3. To interrelate abnormalities of the nervous system with normal growth and development of the nervous system. PC

4. To provide the resident with an exposure to and a forum for discussion of a wide variety of neurologic problems in adults and pediatric patients. PBLI
Goals for the Third Year

1. To independently evaluate and manage patients presenting with a wide variety of inpatient and outpatient neurological disorders. *PC*
2. To perform and interpret EMG’s, Nerve Conduction Studies, EEG’s and evoked potential testing. *PC, MK*
3. To supervise junior residents on the inpatient neurology services at Strong Memorial Hospital. *PBLI, SBP*
4. To participate as a laboratory instructor in the Medical Student Nervous System Course. *PBLI*

Goals for the SMH General Neurology Rotation

1. To develop skills in obtaining complete neurological histories, in performing accurate neurological examinations, and in selecting appropriate therapies on a general neurology consultation service in a tertiary referral center. *PC*
2. To acquire in-depth knowledge of major categories of neurological disease, with special emphasis on epilepsy, coma and mental status changes, movement disorders, neuromuscular disorders, demyelinating disorders, infections of the nervous system, tumors of the nervous system, head trauma and dementia. *MK*
3. To gain experience in the appropriate ordering and interpretation of neurodiagnostic tests, including head and spine CT and MR scans, EEG, Evoked Potential Testing, Neurovascular testing, and EMG and nerve conduction studies. *PC, SBP*
4. To develop and improve written and oral communication skills. *ICS*

Goals for the SMH Stroke Rotation

1. To recognize the signs and symptoms of acute ischemic stroke. *PC*
2. To utilize current treatment guidelines for ischemic stroke, especially concerning blood pressure management, anticoagulation, and use of thrombolytic therapy. *MK*
3. To identify common risk factors for stroke. *MK*
4. To utilize current recommendations for the use of anti-platelet agents and oral anticoagulants in stroke prevention. *MK*
5. To utilize strategies for preventing and treating increased intracranial pressure. *MK*
6. To perform and record the National Institutes of Health Stroke Scale. *PC, SBP*
Goals for the SMH Chief Resident Rotation

1. To become independent in the evaluation and management of patients presenting with a wide variety of inpatient and outpatient neurological disorders. *PC*

2. To gain experience supervising junior residents on the inpatient neurology services at Strong Memorial Hospital. *PBLI, SBP*

3. To develop administrative skills with respect to organizing and scheduling teaching conferences for the department of neurology. *SBP*

**Key to Core Competencies:**

- **PK** Patient care
- **MK** Medical knowledge
- **PBLI** Practice-based learning and improvement
- **ICS** Interpersonal and communication skills
- **P** Professionalism
- **SBP** Systems-based practice

*Goals for other rotations and electives are included with the specific rotation guidelines below.*
ACGME NEW ACCREDITATION SYSTEM

At its February 1999 meeting, the ACGME endorsed general competencies for residents in the areas of

- Patient care
- Medical knowledge
- Practice-based learning and improvement
- Interpersonal and communication skills
- Professionalism
- Systems-based practice

Identification of general competencies is the first step in a long-term effort designed to emphasize educational outcome assessment in residency programs and in the accreditation process. As of July 2002, the ACGME’s Residency Review and Institutional Review Committees have incorporated the general competencies into their Requirements. The following Neurology Core Competencies were developed by the American Board of Psychiatry and Neurology, and represent what each graduate of the adult neurology residency training program at the University of Rochester is expected to learn by the end of his/her residency. All evaluation instruments are keyed to these six core competencies.

In 2013, the ACGME adopted the New Accreditation System (NAS), effectively replacing the previous system of five-year site visits to residency programs that was focused on process and not outcomes. A key feature of the NAS will be the Milestones, which are a set of competency-based developmental outcomes (e.g., knowledge, skills, attitudes, and performance) that can be demonstrated progressively by residents and fellows from the beginning of their education through graduation to the unsupervised practice of their specialties. Milestones were developed for each specialty by committees consisting of representatives from the Specialty Boards, Residency Review Committees, Program Director Associations, and Resident and Fellow representatives. Residency programs will now undergo 10-year self-study visits that replace the traditional five-year site visits. In addition, each hospital that sponsors residency programs will undergo a Clinical Learning Environment Review (CLER) visit every 18 months, which will focus on patient safety, quality improvement, and resident work hours.
AMERICAN BOARD OF PSYCHIATRY & NEUROLOGY
NEUROLOGY CORE COMPETENCIES

I. Patient Care and Procedural Skills
   A. Neurologists shall demonstrate the following abilities:
      1. To perform and document a relevant history and examination on culturally
         diverse patients to include as appropriate:
         a. Chief complaint
         b. History of present illness
         c. Past medical history
         d. A comprehensive review of systems
         e. A family history
         f. A sociocultural history
         g. A developmental history (especially for children)
         h. A situationally germane general and neurologic examination
      2. To delineate appropriate differential diagnoses
      3. To evaluate, assess, and recommend effective management of patients
   B. Based on a comprehensive neurological assessment, neurologists shall
      demonstrate the following abilities:
      1. To determine:
         a. If a patient's symptoms are the result of a disease affecting the central
            and/or peripheral nervous system or are of another origin (e.g., of a
            systemic, psychiatric, or psychosomatic illness)
         b. A formulation, differential diagnosis, laboratory investigation, and
            management plan
      2. To develop and maintain the technical skills to:
         a. Perform comprehensive neurological examination
         b. Perform screening psychiatric examination
         c. Perform lumbar puncture, edrophonium, and caloric testing
         d. Identify and describe abnormalities seen in common neurological
            disorders on radiographic testing, including plain films, myelography,
            angiography, CT, isotope, and MRI
         e. Evaluate the application and relevance of investigative procedures and
            interpretation in the diagnosis of neurological disease, including the
            following:
            i. Electroencephalogram
            ii. Motor and nerve conduction studies
            iii. Electromyography
iv. Evoked potentials
v. Polysomnography
vi. Autonomic function testing
vii. Electronystagmogram
viii. Audiometry
ix. Perimetry
x. Psychometrics
xi. CSF analysis
xii. Imaging with ultrasound (Duplex, transcranial Doppler)

f. Identify and describe gross and microscope specimens taken from the normal nervous system and from patients with major neurologic disorders

II. Medical Knowledge

A. Neurologists shall demonstrate the following:

1. Knowledge of major disorders, including considerations relating to age, gender, race, and ethnicity, based on the literature and standards of practice. This knowledge shall include:
   a. The epidemiology of the disorder
   b. The etiology of the disorder, including medical, genetic, and sociocultural factors
   c. The phenomenology of the disorder
   d. An understanding of the impact of physical illness on the patient’s functioning
   e. The experience, meaning, and explanation of the illness for the patient and family, including the influence of cultural factors and culture-bound syndromes
   f. Effective treatment strategies
   g. Course and prognosis

2. Knowledge of healthcare delivery systems, including patient and family counseling

3. Systems-based Practice

4. Knowledge of the application of ethical principles in delivering medical care

5. Ability to reference and utilize electronic systems to access medical, scientific, and patient information

B. Neurologists shall demonstrate knowledge of the following:

1. Basic neuroscience that is critical to the practice of neurology
2. Pathophysiology and treatment of major psychiatric and neurological disorders and familiarity with the scientific basis of neurology, including:
   a. Neuroanatomy
   b. Neuropathology
   c. Neurochemistry
   d. Neurophysiology
   e. Neuropharmacology
   f. Neuroimmunology/neurovirology
   g. Neurogenetics/molecular neurology and neuroepidemiology
   h. Neuroendocrinology
   i. Neuroimaging
   j. Neuro-ophthalmology
   k. Neuro-otology
   l. Child neurology
   m. Geriatric neurology
   n. Interventional neurology (basic principles only)

3. Neurologic disorders and diseases across the lifespan, including treatment for the following:
   a. Dementia and behavioral neurology disorders
   b. Epilepsy and related disorders
   c. Neuromuscular disorders
   d. Demyelinating and dysmyelinating disorders of the central nervous system
   e. Cerebrovascular disorders
   f. Infectious diseases of the nervous system
   g. Neoplastic disorders and tumors of the nervous system
   h. Nervous system trauma
   i. Toxic and metabolic disorders of the nervous system
   j. Acute, chronic pain
   k. Sleep disorders
   l. Changes in mental state second to therapy
   m. Critical care and emergency neurology
   n. Coma and brain death
   o. Headache and facial pain
   p. Movement disorders, including abnormalities caused by drugs
   q. End of life care and palliative care
r. Neurologic disorders associated with vitamin deficiency or excess

4. Patient evaluation and treatment selection, including:
   a. The nature of patients’ histories and physical findings and the ability to correlate the findings with a probable localization for neurologic dysfunction
   b. Probable diagnoses and differential diagnoses
      i. In adults
      ii. In children
   c. Planning for evaluation and management
   d. Potential risks and benefits of potential therapies, including surgical procedures

5. Psychiatry, including:
   a. Psychopathology, epidemiology, diagnostic criteria, and clinical course for common psychiatric disorders, including
      i. Disorders usually first diagnosed in infancy, childhood, or adolescence
      ii. Schizophrenic and other psychotic disorders
      iii. Mood disorders
      iv. Anxiety disorders
      v. Somatoform disorders
      vi. Factitious disorders
      vii. Dissociative disorders
      viii. Sexual and gender identity disorders
      ix. Eating disorders
      x. Adjustment disorders
      xi. Delirium, dementia, amnestic, and other cognitive disorders
      xii. Mental disorders due to general medical conditions
      xiii. Neurologic presentations following emotional, sexual, and/or physical abuse
      xiv. Substance-related disorders
      xv. Disorders of higher cortical function
   b. Psychopharmacology
      i. Major drugs used for treatment, e.g., antipsychotics, antidepressants, antianxiety agents, mood stabilizers
      ii. Side effects of drugs used for treatment, e.g., acute, motor, neuroleptic malignant syndrome
iii. Iatrogenic disorders in psychiatry and neurology, changes in mental status, and movement disorders

iv. Nonpharmacologic treatments and management

6. Employment of principles of quality improvement in practice

III. Interpersonal and Communications Skills

A. Neurologists shall demonstrate the following competencies:
   1. To listen to and understand patients and to attend to nonverbal communication
   2. To communicate effectively with patients using verbal, nonverbal, and written skills as appropriate
   3. To develop and maintain a therapeutic alliance with patients by instilling feelings of trust, honesty, openness, rapport, and comfort in the relationship with physicians
   4. To partner with patients to develop an agreed upon healthcare management plan
   5. To transmit information to patients in a clear and meaningful fashion
   6. To understand the impact of physicians’ own feelings and behavior so that it does not interfere with appropriate treatment
   7. To communicate effectively and work collaboratively with allied healthcare professionals and with other professionals involved in the lives of patients and families
   8. To educate patients, their families, and professionals about medical, psychosocial, and behavioral issues
   9. To preserve patient confidentiality

B. Neurologists shall demonstrate the ability to obtain, interpret, and evaluate consultations from other medical specialties. This shall include:
   1. Knowing when to solicit consultation and having sensitivity to assess the need for consultation
   2. Formulating and clearly communicating the consultation question
   3. Discussing the consultation findings with the consultant
   4. Discussing the consultation findings with the patient and family

C. Neurologists shall serve as an effective consultant to other medical specialists, and community agencies by demonstrating the abilities to:
   1. Communicate effectively with the requesting party to refine the consultation question
   2. Maintain the role of consultant
   3. Communicate clear and specific recommendations
   4. Respect the knowledge and expertise of the requesting professionals
D. Neurologists shall demonstrate the ability to communicate effectively with patients and their families by:

1. Matching all communication to the educational and intellectual levels of patients and their families
2. Demonstrating sociocultural sensitivity to patients and their families
3. Providing explanations of psychiatric and neurological disorders and treatment that are jargon-free and geared to the educational/intellectual levels of patients and their families
4. Providing preventive education that is understandable and practical
5. Respecting patients’ cultural, ethnic, religious, and economic backgrounds
6. Developing and enhancing rapport and a working alliance with patients and their families
7. Ensuring that the patient and/or family have understood the communication
8. Responding promptly to electronic communications when used as a communication method agreed upon by neurologists and their patients and patients’ families

E. Neurologists shall maintain up-to-date medical records and write legible prescriptions. These records must capture essential information while simultaneously respecting patient privacy, and they must be useful to health professionals outside neurology.

F. Neurologists shall demonstrate the ability to effectively lead a multidisciplinary treatment team, including being able to:

1. Listen effectively
2. Elicit needed information from team members
3. Integrate information from different disciplines
4. Manage conflict
5. Clearly communicate an integrated treatment plan

G. Neurologists shall demonstrate the ability to communicate effectively with patients and their families while respecting confidentiality. Such communication may include:

1. The results of the assessment
2. Use of informed consent when considering investigative procedures
3. Genetic counseling, palliative care, and end-of-life issues when appropriate
4. Consideration and compassion for the patient in providing accurate medical information and prognosis
5. The risks and benefits of the proposed treatment plan, including possible side-effects of medications and/or complications of non-pharmacologic treatments
6. Alternatives (if any) to the proposed treatment plan
7. Appropriate education concerning the disorder, its prognosis, and prevention strategies

IV. Practice-Based Learning and Improvement

A. Neurologists shall recognize limitations in their own knowledge base and clinical skills, and understand and address the need for lifelong learning.

B. Neurologists shall demonstrate appropriate skills for obtaining and evaluating up-to-date information from scientific and practice literature and other sources to assist in the quality care of patients. This shall include, but not be limited to:
   1. Use of medical libraries
   2. Use of information technology, including Internet-based searches and literature databases
   3. Use of drug information databases
   4. Active participation, as appropriate, in educational courses, conferences, and other organized educational activities both at the local and national levels

C. Neurologists shall evaluate caseload and practice experience in a systematic manner. This may include:
   1. Case-based learning
   2. Use of best practices through practice guidelines or clinical pathways
   3. Review of patient records
   4. Obtaining evaluations from patients, e.g., outcomes and patient satisfaction
   5. Employment of principles of quality improvement in practice
   6. Obtaining appropriate supervision and consultation
   7. Maintaining a system for examining errors in practice and initiating improvements to eliminate or reduce errors

D. Neurologists shall demonstrate the ability to critically evaluate relevant medical literature. This may include:
   1. Using knowledge of common methodologies employed in neurologic research
   2. Researching and summarizing a particular problem that derives from their own caseloads

E. Neurologists shall demonstrate the abilities to:
   1. Review and critically assess scientific literature to determine how quality of care can be improved in relation to one's practice, e.g., reliable and valid assessment techniques, treatment approaches with established effectiveness, practice parameter adherence. Within this aim, neurologists shall be able to assess the generalizability or applicability of research findings to one’s patients in relation to their sociodemographic and clinical characteristics
   2. Develop and pursue effective remediation strategies that are based on critical review of the scientific literature
V. Professionalism

A. Neurologists shall demonstrate responsibility for their patients’ care, including:
   1. Responding to communication from patients and health professionals in a timely manner
   2. Establishing and communicating back-up arrangements, including how to seek emergent and urgent care when necessary
   3. Using medical records for appropriate documentation of the course of illness and its treatment
   4. Providing coverage if unavailable, e.g. when out of town or on vacation
   5. Coordinating care with other members of the medical and/or multidisciplinary team
   6. Providing for continuity of care, including appropriate consultation, transfer, or referral if necessary

B. Neurologists shall demonstrate ethical behavior, integrity, honesty, compassion, and confidentiality in the delivery of care, including matters of informed consent/assent, professional conduct, and conflict of interest.

C. Neurologists shall demonstrate respect for patients and their families, and their colleagues as persons, including their ages, cultures, disabilities, ethnicities, genders, socioeconomic backgrounds, religious beliefs, political leanings, and sexual orientations.

D. Neurologists shall demonstrate understanding of and sensitivity to end of life care and issues regarding provision of care and clinical competence.

E. Neurologists shall review their professional conduct and remediate when appropriate.

F. Neurologists shall participate in the review of the professional conduct of their colleagues.

VI. Systems-Based Practice

A. Neurologists shall have a working knowledge of the diverse systems involved in treating patients of all ages, and understand how to use the systems as part of a comprehensive system of care in general and as part of a comprehensive, individualized treatment plan. This shall include the:
   1. Evaluation and implementation, where indicated, of the use of practice guidelines
   2. Ability to access community, national, and allied health professional resources that may enhance the quality of life of patients with chronic neurologic and psychiatric illnesses
   3. Demonstration of the ability to lead and work within health care teams needed to provide comprehensive care for patients with neurologic and psychiatric disease and respect professional boundaries
4. Demonstration of skills for the practice of ambulatory medicine, including time management, clinical scheduling, and efficient communication with referring physicians

5. Use of appropriate consultation and referral mechanisms for the optimal clinical management of patients with complicated medical illness

6. Demonstration of awareness of the importance of adequate cross-coverage

7. Use of accurate medical data in the communication with and effective management of patients

B. In the community system, neurologists shall:

1. Recognize the limitation of healthcare resources and demonstrate the ability to act as an advocate for patients within their sociocultural and financial constraints

2. Demonstrate knowledge of the legal aspects of neurologic diseases as they impact patients and their families

3. Demonstrate an understanding of risk management.

C. Neurologists shall demonstrate knowledge of different health care systems, including:

1. Working within the system of care to maximize cost effective utilization of resources

2. Participating in utilization review communications and, when appropriate, advocating for quality patient care

3. Educating patients concerning such systems of care

D. Neurologists shall demonstrate knowledge of community systems of care and assist patients to access appropriate care and other support services. This requires knowledge of treatment settings in the community, which include ambulatory, consulting, acute care, partial hospital, skilled care, rehabilitation, nursing homes and home care facilities, substance abuse facilities, and hospice organizations. Neurologists shall demonstrate knowledge of the organization of care in each relevant delivery setting and the ability to integrate the care of patients across such settings.

E. Neurologists shall be aware of safety issues, including acknowledging and remediating medical errors, should they occur.

1Cultural diversity includes issues of race, gender, language, age, country of origin, sexual orientation, religious/spiritual beliefs, sociocultural class, educational/intellectual levels, and physical disability. Working with a culturally diverse population requires knowledge about cultural factors in the delivery of health care. For the purposes of this document, all patient and peer populations are to be considered culturally diverse.

2For the purposes of this document, “family” is defined as those having a biological or otherwise meaningful relationship with the patient. Significant others are to be defined from the patient’s point of view.
The ACGME Milestones Project

As the ACGME began to move toward continuous accreditation, specialty groups developed outcomes-based milestones as a framework for determining resident and fellow performance within the six ACGME Core Competencies.

What are Milestones?
Simply defined, a milestone is a significant point in development. For accreditation purposes, the Milestones are competency-based developmental outcomes (e.g., knowledge, skills, attitudes, and performance) that can be demonstrated progressively by residents and fellows from the beginning of their education through graduation to the unsupervised practice of their specialties.

Who developed the Milestones?
Each specialty’s Milestone Working Group was co-convened by the ACGME and relevant American Board of Medical Specialties (ABMS) specialty board(s), and was composed of ABMS specialty board representatives, program director association members, specialty college members, ACGME Review Committee members, residents, fellows, and others.

Why Milestones?
First and foremost, the Milestones are designed to help all residencies and fellowships produce highly competent physicians to meet the health and health care needs of the public. To this end, the

Milestones serve important purposes in program accreditation:
- Allow for continuous monitoring of programs and lengthening of site visit cycles
- Public Accountability – report at a national level on aggregate competency outcomes by specialty
- Community of practice for evaluation and research, with focus on continuous improvement of graduate medical education

For educational (residency/fellowship) programs, the Milestones will:
- Provide a rich descriptive, developmental framework for clinical competency committees
- Guide curriculum development of the residency or fellowship
- Support better assessment practices
- Enhance opportunities for early identification of struggling residents and fellows

And for residents and fellows, the Milestones will:
- Provide more explicit and transparent expectations of performance
- Support better self-directed assessment and learning
- Facilitate better feedback for professional development
How will the Milestones be used by the ACGME?
Residents’/fellows’ performance on the Milestones will become a source of specialty-specific data for the specialty Review Committees to use in assessing the quality of residency and fellowship programs and for facilitating improvements to program curricula and resident performance if and when needed. The Milestones will also be used by the ACGME to demonstrate accountability of the effectiveness of graduate medical education within ACGME-accredited programs in meeting the needs of the public.

Milestone Reporting

Milestones are knowledge, skills, attitudes, and other attributes for each of the ACGME competencies organized in a developmental framework from less to more advanced. They are descriptors and targets for resident performance as a resident moves from entry into residency through graduation.

Milestones are arranged into numbered levels. Tracking from Level 1 to Level 5 is synonymous with moving from novice to expert. These levels do not correspond with post-graduate year of education. Selection of a level implies that the resident substantially demonstrates the milestones in that level, as well as those in lower levels.

**Level 1:** The resident demonstrates milestones expected of a resident who has completed his or her first post-graduate year of education.

**Level 2:** The resident is advancing and demonstrates additional milestones, but is not yet performing at a mid-residency level.

**Level 3:** The resident continues to advance and demonstrate additional milestones, consistently including the majority of milestones targeted for residency.

**Level 4:** The resident has advanced so that he or she now substantially demonstrates the milestones targeted for residency. This level is designed as the graduation target.

**Level 5:** The resident has advanced beyond performance targets set for residency and is demonstrating “aspirational” goals which might describe the performance of someone who has been in practice for several years. It is expected that only a few exceptional residents will reach this level.
## History — Patient Care

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
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<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Obtains a neurologic history</td>
<td>• Obtains a complete and relevant neurologic history</td>
<td>• Obtains a complete, relevant, and organized neurologic history</td>
<td>• Efficiently obtains a complete, relevant, and organized neurologic history</td>
<td>• Efficiently obtains a complete, relevant, and organized neurologic history incorporating subtle verbal and non-verbal cues</td>
</tr>
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## Neurological Exam — Patient Care

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<th>Level 5</th>
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</thead>
<tbody>
<tr>
<td>• Performs complete neurological exam</td>
<td>• Performs complete neurological exam accurately</td>
<td>• Performs a relevant neurological exam incorporating some additional appropriate maneuvers</td>
<td>• Efficiently performs a relevant neurological exam accurately incorporating all additional appropriate maneuvers</td>
<td>• Consistently demonstrates mastery in performing a complete, relevant, and organized neurological exam</td>
</tr>
<tr>
<td>Visualizes papilledema</td>
<td>Accurately performs a neurological exam on the comatose patient</td>
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The milestones are a product of the Neurology Milestone Project, a Joint Initiative of the Accreditation Council for Graduate Medical Education and the American Board of Psychiatry and Neurology.
### Management/Treatment — Patient Care

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<thead>
<tr>
<th>Level 1</th>
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</thead>
<tbody>
<tr>
<td>• Demonstrates basic knowledge of management of patients with neurologic disease</td>
<td>• Discusses general approach to initial treatment of common neurologic disorders, including risks and benefits of treatment</td>
<td>• Individualizes treatment for specific patients</td>
<td>• Adapts treatment based on patient response</td>
<td>• Demonstrates sophisticated knowledge of treatment subtleties and controversies</td>
</tr>
<tr>
<td>• Discusses general approach to initial treatment of common neurologic disorders, including risks and benefits of treatment</td>
<td>• Identifies neurologic emergencies</td>
<td>• Initiates management for neurologic emergencies and triages patient to appropriate level of care</td>
<td>• Identifies and manages complications of therapy</td>
<td></td>
</tr>
<tr>
<td>• Identifies neurologic emergencies</td>
<td>• Appropriately requests consultations from non-neurologic care providers for additional evaluation and management</td>
<td>• Appropriately requests consultations from non-neurologic care providers for additional evaluation and management</td>
<td>• Independently directs management of patients with neurologic emergencies</td>
<td></td>
</tr>
<tr>
<td>• Initiates management for neurologic emergencies and triages patient to appropriate level of care</td>
<td>• Appropriately requests consultations from non-neurologic care providers for additional evaluation and management</td>
<td>• Appropriately requests consultations from a neurologic subspecialist for additional evaluation or management</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Appropriately requests consultations from non-neurologic care providers for additional evaluation and management</td>
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### Movement Disorders — Patient Care

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<th>Level 1</th>
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<th>Level 5</th>
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</thead>
<tbody>
<tr>
<td>• Recognizes when a patient may have a movement disorder</td>
<td>• Identifies movement disorder phenomenology and categories (hypokinetic and hyperkinetic)</td>
<td>• Diagnoses and manages common movement disorders</td>
<td>• Diagnoses uncommon movement disorders</td>
<td>• Manages uncommon movement disorders</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Identifies movement disorder emergencies</td>
<td>• Appropriately refers a movement disorder patient for a surgical evaluation or other interventional therapies</td>
<td>• Engages in scholarly activity in movement disorders (e.g., teaching, research)</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>• Manages movement disorders emergencies</td>
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<table>
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<tr>
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</thead>
<tbody>
<tr>
<td>• Recognizes when a patient may have a neuromuscular disorder</td>
<td>• Identifies patterns of neuromuscular disease (e.g., anterior horn cell disease, nerve root, plexus, peripheral nerve, neuromuscular junction, muscle)</td>
<td>• Diagnoses and manages common neuromuscular disorders</td>
<td>• Diagnoses uncommon neuromuscular disorders</td>
<td>• Manages uncommon neuromuscular disorders</td>
</tr>
<tr>
<td>• Identifies neuromuscular disorder emergencies</td>
<td>• Orders NCS (nerve conductive study)/EMG (electromyography) testing appropriately</td>
<td>• Manages neuromuscular disorder emergencies</td>
<td>• Recognizes when tissue biopsy is warranted</td>
<td>• Engages in scholarly activity in neuromuscular disorders (e.g., teaching, research)</td>
</tr>
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## Cerebrovascular Disorders — Patient Care

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</thead>
<tbody>
<tr>
<td>• Recognizes when a patient may have a cerebrovascular disorder</td>
<td>• Describes stroke syndromes and etiologic subtypes</td>
<td>• Identifies specific mechanism of patient's cerebrovascular disorder</td>
<td>• Diagnoses uncommon cerebrovascular disorders</td>
<td>• Manages uncommon cerebrovascular disorders</td>
</tr>
<tr>
<td></td>
<td>• Identifies cerebrovascular emergencies</td>
<td>• Appropriately refers for interventional or surgical evaluation</td>
<td></td>
<td>• Engages in scholarly activity in cerebrovascular disorders (e.g., teaching, research)</td>
</tr>
<tr>
<td></td>
<td>• Lists indications and contraindications for intravenous thrombolytic therapy</td>
<td>• Manages common cerebrovascular disorders including appropriate use of thrombolytics</td>
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</table>

**Comments:** Not yet rotated
### Cognitive/Behavioral Disorders — Patient Care

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<th>Level 5</th>
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</thead>
<tbody>
<tr>
<td>• Recognizes when a patient may have a cognitive/behavioral disorder</td>
<td>• Identifies common cognitive/behavioral disorders</td>
<td>• Diagnoses and manages common cognitive/behavioral disorders, including cognitive effects of traumatic brain injury</td>
<td>• Diagnoses and manages uncommon cognitive/behavioral disorders</td>
<td>• Engages in scholarly activity in cognitive/behavioral disorders (e.g., teaching, research)</td>
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<tr>
<td></td>
<td></td>
<td>• Manages behavioral complications of cognitive/behavioral disorders</td>
<td></td>
<td>• Demonstrates sophisticated knowledge of advanced diagnostic testing and controversies</td>
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<td></td>
<td>• Appropriately refers for neuropsychological testing in evaluating patients with cognitive/behavioral disorders</td>
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## Demyelinating Disorders — Patient Care

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</thead>
<tbody>
<tr>
<td>• Recognizes when a patient may have a demyelinating disorder</td>
<td>• Diagnoses and manages common demyelinating disorders</td>
<td>• Recognizes uncommon demyelinating disorders</td>
<td>• Diagnoses uncommon demyelinating disorders</td>
<td>• Manages uncommon demyelinating disorders</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Manages acute presentations of demyelinating disorders</td>
<td></td>
<td>• Engages in scholarly activity in demyelinating disorders(e.g., teaching, research)</td>
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<th>Level 1</th>
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<tbody>
<tr>
<td>• Recognizes when a patient may have had a seizure</td>
<td>• Identifies epilepsy phenomenology, and classification of seizures and epilepsies</td>
<td>• Diagnoses and manages common seizure disorders and provides antiepileptic drug treatment</td>
<td>• Diagnoses uncommon seizure disorders</td>
<td>• Manages uncommon seizure disorders</td>
</tr>
<tr>
<td></td>
<td>• Diagnoses convulsive status epilepticus</td>
<td>• Diagnoses non-convulsive status epilepticus</td>
<td>• Appropriately refers an epilepsy patient for surgical evaluation or other interventional therapies</td>
<td>• Engages in scholarly activity in epilepsy (e.g., teaching, research)</td>
</tr>
</tbody>
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### Headache Syndromes — Patient Care

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<tr>
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</thead>
<tbody>
<tr>
<td>• Recognizes common headache syndromes</td>
<td>• Diagnoses and manages common headache syndromes</td>
<td>• Recognizes uncommon headache syndromes</td>
<td>• Diagnoses and manages uncommon headache syndromes</td>
<td>• Engages in scholarly activity in headache syndromes (e.g., teaching, research)</td>
</tr>
<tr>
<td></td>
<td>• Identifies headache emergencies</td>
<td>• Diagnoses and manages headache emergencies</td>
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<table>
<thead>
<tr>
<th>Neurologic Manifestations of Systemic Disease — Patient Care</th>
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</thead>
<tbody>
<tr>
<td><strong>Level 1</strong></td>
</tr>
<tr>
<td>• Recognizes when a patient’s neurologic symptoms may be due to systemic illness</td>
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### Child Neurology for the Adult Neurologist — Patient Care

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</thead>
<tbody>
<tr>
<td>• Obtains basic neurologic history of infants and children</td>
<td>• Lists the elements of a neurological examination of infants and children</td>
<td>• Obtains a complete and age-appropriate neurologic history of infants and children</td>
<td>• Initiates management of common childhood neurologic disorders</td>
<td>• Diagnoses uncommon childhood neurologic disorders</td>
</tr>
<tr>
<td></td>
<td>• Recognizes broad patterns of neurologic disease in infants and children</td>
<td>• Performs a complete and age-appropriate neurological examination of infants and children</td>
<td>• Initiates management of common neurologic emergencies in infants and children</td>
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<tr>
<td></td>
<td>• Lists normal developmental milestones</td>
<td>• Diagnoses common child neurologic disorders</td>
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### Neuro-Oncology — Patient Care

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<tbody>
<tr>
<td>• Recognizes common clinical presentations of a brain or spine mass</td>
<td>• Identifies neuro-oncological emergencies and initiates management</td>
<td>• Provides differential diagnosis of brain or spine mass</td>
<td>• Appropriately refers for advanced testing, including biopsy</td>
<td>• Engages in scholarly activity in neuro-oncology (e.g., teaching, research)</td>
</tr>
</tbody>
</table>

#### Comments:

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### Psychiatry for the Adult Neurologist — Patient Care

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<th>Level 1</th>
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</thead>
<tbody>
<tr>
<td>• Recognizes when a patient may have a psychiatric disorder</td>
<td>• Identifies common psychiatric disorders</td>
<td>• Recognizes when a patient’s neurological symptoms are of psychiatric origin</td>
<td>• Diagnoses common psychiatric disorders</td>
<td>• Engages in scholarly activity in psychiatric disorders (e.g., teaching, research)</td>
</tr>
<tr>
<td>• Obtains an appropriate psychiatric history</td>
<td>• Identifies psychiatric co-morbidities in patients with a neurologic disease</td>
<td>• Recognizes when a patient’s psychiatric symptoms are of neurologic origin</td>
<td>• Initiates management of psychiatric co-morbidities in patients with a neurologic disease</td>
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<tr>
<td>• Identifies major side effects of psychiatric medications</td>
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### Neuroimaging — Patient Care

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<tbody>
<tr>
<td>• Identifies basic neuroanatomy on brain magnetic resonance (MR) and computerized tomography (CT)</td>
<td>• Recognizes emergent imaging findings on brain MR and CT</td>
<td>• Describes abnormalities of the brain and spine on MR and CT</td>
<td>• Interprets MR and CT neuroimaging of brain and spine</td>
<td>• Identifies subtle abnormalities on angiography</td>
</tr>
<tr>
<td></td>
<td>• Identifies basic neuroanatomy on spine MR and CT</td>
<td>• Identifies major vascular anatomy on angiography</td>
<td></td>
<td>• Interprets carotid and transcranial ultrasound</td>
</tr>
<tr>
<td></td>
<td>• Identifies major vascular anatomy on angiography</td>
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## Electroencephalogram (EEG) — Patient Care

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<tbody>
<tr>
<td>Explains an EEG procedure in non-technical terms</td>
<td>Uses appropriate terminology related to EEG (e.g., montage, amplitude, frequency)</td>
<td>Describes normal EEG features of wake and sleep states</td>
<td>Interprets common EEG abnormalities and creates a report</td>
<td>Interprets uncommon EEG abnormalities</td>
</tr>
<tr>
<td>Uses appropriate terminology related to EEG (e.g., montage, amplitude, frequency)</td>
<td>Recognizes EEG patterns of status epilepticus</td>
<td>Recognizes common EEG artifacts</td>
<td>Recognizes normal EEG variants</td>
<td>Describes normal and some abnormal EEG features of wake and sleep states in children</td>
</tr>
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### Nerve Conduction Studies (NCS)/Electromyography (EMG) — Patient Care

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</thead>
<tbody>
<tr>
<td>• Explains an NCS/EMG procedure in nontechnical terms</td>
<td>• Uses appropriate terminology related to NCS/EMG</td>
<td>• Describes NCS/EMG data</td>
<td>• Interprets NCS/EMG data in common disorders</td>
<td>• Performs, interprets, and creates a report for NCS/EMG</td>
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### Lumbar Puncture — Patient Care

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<tbody>
<tr>
<td>• Lists the indications and contraindications for lumbar puncture</td>
<td>• Lists the complications of lumbar puncture and their management</td>
<td>• Performs lumbar puncture under direct supervision</td>
<td>• Performs lumbar puncture without direct supervision</td>
<td>• Performs lumbar puncture on patients with challenging anatomy</td>
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### Localization — Medical Knowledge

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</thead>
<tbody>
<tr>
<td><strong>Attemps to localize lesions within the nervous system</strong></td>
<td>• Localizes lesions to general regions of the nervous system</td>
<td>• Accurately localizes lesions to specific regions of the nervous system</td>
<td>• Efficiently and accurately localizes lesions to specific regions of the nervous system</td>
<td>• Describes advanced neuroanatomy</td>
<td>• Consistently demonstrates sophisticated and detailed knowledge of neuroanatomy in localizing lesions</td>
</tr>
<tr>
<td><strong>Describes basic neuroanatomy</strong></td>
<td>• Localizes lesions to general regions of the nervous system</td>
<td>• Accurately localizes lesions to specific regions of the nervous system</td>
<td>• Efficiently and accurately localizes lesions to specific regions of the nervous system</td>
<td>• Describes advanced neuroanatomy</td>
<td>• Consistently demonstrates sophisticated and detailed knowledge of neuroanatomy in localizing lesions</td>
</tr>
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<table>
<thead>
<tr>
<th>Formulation — Medical Knowledge</th>
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<tbody>
<tr>
<td><strong>Level 1</strong></td>
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<tr>
<td>• Summarizes history and exam findings</td>
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## Diagnostic Investigation — Medical Knowledge

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<tbody>
<tr>
<td>• Demonstrates general knowledge of diagnostic tests in neurology</td>
<td>• Discusses general diagnostic approach appropriate to clinical presentation</td>
<td>• Individualizes diagnostic approach to the specific patient</td>
<td>• Explains diagnostic yield and cost-effectiveness of testing</td>
<td>• Demonstrates sophisticated knowledge of diagnostic testing and controversies</td>
</tr>
<tr>
<td></td>
<td>• Lists risks and benefits of tests to patient</td>
<td>• Accurately interprets results of common diagnostic tests</td>
<td>• Accurately interprets results of less common diagnostic testing</td>
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<td></td>
<td>• Recognizes indications and implications of genetic testing</td>
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<td>• Recognizes indications of advanced imaging and other diagnostic studies</td>
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### Systems thinking, including cost and risk effective practice — Systems-based Practice

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<tbody>
<tr>
<td>● Describes basic cost and risk implications of care</td>
<td>● Describes cost and risk benefit ratios in patient care</td>
<td>● Makes clinical decisions that balance cost and risk benefit ratios</td>
<td>● Incorporates available quality measures in patient care</td>
<td>● Engages in scholarly activity regarding cost- and risk-effective practice</td>
</tr>
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</table>

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### Work in inter-professional teams to enhance patient safety — Systems-based Practice

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</thead>
<tbody>
<tr>
<td>● Describes team members’ roles in maintaining patient safety</td>
<td>● Identifies and reports errors and near-misses</td>
<td>● Describes potential sources of system failure in clinical care such as minor, major, and sentinel events</td>
<td>● Participates in a team-based approach to medical error analysis</td>
<td>● Engages in scholarly activity regarding error analysis and patient safety</td>
</tr>
</tbody>
</table>

**Comments:** Not yet achieved Level 1 ☐
**Self-directed learning — Practice-based Learning and Improvement**

- Identify strengths, deficiencies, and limits in one’s knowledge and expertise
- Set learning and improvement goals
- Identify and perform appropriate learning activities
- Use information technology to optimize learning

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</thead>
<tbody>
<tr>
<td>• Acknowledges gaps in knowledge and expertise</td>
<td>• Incorporates feedback</td>
<td>• Develops an appropriate learning plan based upon clinical experience</td>
<td>• Completes an appropriate learning plan based upon clinical experience</td>
<td>• Engages in scholarly activity regarding practice-based learning and improvement</td>
</tr>
</tbody>
</table>

Comments: 

Not yet achieved Level 1

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**Locate, appraise, and assimilate evidence from scientific studies related to the patient’s health problems — Practice-based Learning and Improvement**

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Uses information technology to search and access relevant medical information</td>
<td>• Uses scholarly articles and guidelines to answer patient care issues</td>
<td>• Critically evaluates scientific literature</td>
<td>• Incorporates appropriate evidence-based information into patient care</td>
<td>• Engages in scholarly activity regarding evidence-based medicine</td>
</tr>
</tbody>
</table>

Comments: 

Not yet achieved Level 1
### Compassion, integrity, accountability, and respect for self and others — Professionalism

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Demonstrates compassion, sensitivity, and responsiveness to patients and families</td>
<td>• Demonstrates appropriate steps to address impairment in self</td>
<td>• Demonstrates compassionate practice of medicine, even in context of disagreement with patient beliefs</td>
<td>• Mentors others in the compassionate practice of medicine, even in context of disagreement with patient beliefs</td>
<td>• Engages in scholarly activity regarding professionalism</td>
</tr>
<tr>
<td>• Demonstrates non-discriminatory behavior in all interactions, including diverse and vulnerable populations</td>
<td>• Consistently demonstrates professional behavior, including dress and timeliness</td>
<td>• Incorporates patients’ socio-cultural needs and beliefs into patient care</td>
<td>• Mentors others in sensitivity and responsiveness to diverse and vulnerable populations</td>
<td></td>
</tr>
<tr>
<td>• Describes effects of sleep deprivation and substance abuse on performance</td>
<td></td>
<td>• Demonstrates appropriate steps to address impairment in colleagues</td>
<td>• Advocates for quality patient care</td>
<td></td>
</tr>
</tbody>
</table>

**Comments:**

Not yet achieved Level 1 □
**Knowledge about, respect for, and adherence to the ethical principles relevant to the practice of medicine, remembering in particular that responsiveness to patients that supersedes self-interest is an essential aspect of medical practice — Professionalism**

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Describes basic ethical principles</td>
<td>• Determines presence of ethical issues in practice</td>
<td>• Analyzes and manages ethical issues in straightforward clinical situations</td>
<td>• Analyzes and manages ethical issues in complex clinical situations</td>
<td>• Demonstrates leadership and mentorship on applying ethical principles</td>
</tr>
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</table>

**Comments:**

Not yet achieved Level 1
### Relationship development, teamwork, and managing conflict — Interpersonal and Communication Skills

<table>
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<tr>
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<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Develops a positive relationship with patients in uncomplicated situations</td>
<td>• Manages simple patient/family-related conflicts</td>
<td>• Manages conflict in complex situations</td>
<td>• Manages conflict across specialties and systems of care</td>
<td>• Engages in scholarly activity regarding teamwork and conflict management</td>
</tr>
<tr>
<td>• Actively participates in team-based care</td>
<td>• Engages patients in shared decision-making</td>
<td>• Uses easy-to-understand language in all phases of communication</td>
<td>• Leads team-based patient care activities</td>
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</tr>
</tbody>
</table>

**Comments:**

Not yet achieved Level 1 ☐
### Information sharing, gathering, and technology — Interpersonal and Communication Skills

<table>
<thead>
<tr>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Effectively communicates during patient hand-overs using a structured communication tool</td>
<td>• Effectively communicates during team meetings, discharge planning, and other transitions of care</td>
<td>• Effectively communicates the results of a neurologic consultation in a timely manner</td>
<td>• Effectively leads family meetings</td>
<td>• Develops patient education materials</td>
</tr>
<tr>
<td>• Completes documentation in a timely fashion</td>
<td>• Educates patients about their disease and management, including risks and benefits of treatment options</td>
<td>• Effectively gathers information from collateral sources when necessary</td>
<td>• Effectively and ethically uses all forms of communication</td>
<td>• Engages in scholarly activity regarding interpersonal communication</td>
</tr>
<tr>
<td>• Accurately documents transitions of care</td>
<td>• Completes all documentation accurately, including use of EHR, to promote patient safety</td>
<td>• Demonstrates synthesis, formulation, and thought process in documentation</td>
<td>• Mentors colleagues in timely, accurate, and efficient documentation</td>
<td></td>
</tr>
</tbody>
</table>

**Comments:**

Not yet achieved Level 1
Valid evaluation systems must employ several different instruments, since no single evaluation instrument can assess each of the six ACGME Core Competencies. The following seven evaluation instruments will be used to evaluate University of Rochester Neurology Residents’ mastery of the Core Competencies:

- RITE (Residency In-service Training Examination)
- Clinical Skills Evaluation
- Attending Global Assessment
- Medical Student Assessment
- Chart Review
- Resident Case Log
- 360° Assessment
- Resident Portfolio

Each of these evaluation instruments is described below. In addition, three tables delineate where the six core competencies are taught during the residency program, and how they will be evaluated.
THE RESIDENCY IN-SERVICE TRAINING EXAM (RITE)

Objective

The American Academy Neurology (AAN) Residency In-service Training Examination (RITE) is a self-assessment tool designed to gauge knowledge of neurology and neuroscience, identify areas for potential growth, and provide references and discussions for each.

Examination Features

- A carefully weighted, in-depth examination featuring questions in each of the following areas of neurology and neuroscience:
  - Anatomy
  - Behavioral/Psychiatry
  - Clinical adult
  - Clinical pediatrics
  - Contemporary issues
  - Neuroimaging
  - Pathology
  - Pharmacology/Chemistry
  - Physiology
- Graphics that include:
  - CT scans
  - MR images
  - EEG's
  - Full color pathologic representations
- A review by a committee of recognized experts to ensure:
  - Content clarity
  - Question relevance
  - Topical balance
- A scanning and scoring process conducted by a professional data systems company to ensure the highest quality data collection with an accuracy rate in excess of 99.9 percent
- A downloadable discussion and reference manual accessible to all examinees identifying:
  - Discussions of answer options and rationale for correct responses of all questions
  - References for further information

RITE Scores

- Each examinee receives an individual report of his/her scores, including percent correct, percentile rankings compared to entire examinee population, and percentile rankings compared to others in the same level of training. Score reports are delivered electronically and examinees will receive an email with a password to access a secure portal to view their score reports.
- Each program director receives a composite of the individuals’ scores in his/her program as well as a summary report with averages for the entire population of examinees.
• Scores are released approximately six weeks after the examination

RITE Content

Questions on the RITE are distributed according to the following blueprint:

<table>
<thead>
<tr>
<th>Content Area</th>
<th>Number of Items</th>
<th>Percentage of Exam</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Adult</td>
<td>70</td>
<td>17%</td>
</tr>
<tr>
<td>Physiology</td>
<td>50</td>
<td>13%</td>
</tr>
<tr>
<td>Neuroimaging</td>
<td>55</td>
<td>14%</td>
</tr>
<tr>
<td>Behavioral/Psychiatry</td>
<td>45</td>
<td>11%</td>
</tr>
<tr>
<td>Pathology</td>
<td>40</td>
<td>10%</td>
</tr>
<tr>
<td>Clinical Pediatrics</td>
<td>45</td>
<td>11%</td>
</tr>
<tr>
<td>Anatomy</td>
<td>40</td>
<td>10%</td>
</tr>
<tr>
<td>Pharmacology/Chemistry</td>
<td>40</td>
<td>10%</td>
</tr>
<tr>
<td>Contemporary Issues</td>
<td>15</td>
<td>4%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>425</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

Test Dates

The examination is scheduled for the third Friday and Saturday in February, and is given in two sessions during the same day. Each session lasts three and a half hours.
CLINICAL SKILLS EVALUATION

The Clinical Skills Evaluation is an Objective Structured Clinical Examination (OSCE) that has two components: a patient hour and a vignette hour. The examination takes place on two Saturday mornings in March.

- **Patient Hour:** During the patient hour, each resident is observed taking a history and performing a neurologic examination on a patient, under the direct supervision of two faculty members. The faculty members then quiz the resident as to the differential diagnosis, evaluation and treatment plan. The patient hour incorporates the ABPN Clinical Skills Evaluation of residents (see below) and counts for three of the five required patient evaluations.

- **Vignette Hour:** During the vignette hour, each resident is asked to discuss six short vignettes with two faculty members. One of these vignettes is a child neurology vignette. Some of the vignettes will evaluate the core competencies of professionalism, interpersonal and communication skills, and systems based practice.

- **Evaluation and Feedback:** A numeric grade is assigned by each faculty member for each component of the patient evaluation and for each vignette. Feedback is then provided to each resident by the faculty.

- **Failure:** Residents who fail any hour of the examination must successfully re-take and pass that hour of the examination before the end of the academic year.
ABPN CLINICAL SKILLS EVALUATION OF RESIDENTS

The American Board of Psychiatry and Neurology (ABPN) mandates that demonstration of clinical skills competency is a basic requirement in order to apply for certification in the specialties of neurology and neurology with special qualification in child neurology. Competency in these skills should be achieved during residency. The ABPN requires that residents demonstrate competency in the following areas:

- Medical interviewing
- Neurological examination
- Humanistic qualities, professionalism, and counseling skills

Demonstration of competency in evaluating a minimum of five different patients during residency training is required, as follows:

1. Critical care: One critically ill adult patient with neurological disease (may be in either an intensive care unit or emergency department setting or an emergency consultation from another inpatient service)
2. Neuromuscular: One adult patient with a neuromuscular disease (may be in either an inpatient or outpatient setting)
3. Ambulatory: One adult patient with an episodic disorder, such as seizures or migraine (most likely in an outpatient setting)
4. Neurodegenerative: One adult patient with a neurodegenerative disorder, such as dementia, a movement disorder, or multiple sclerosis (most likely in an outpatient setting)
5. Child patient: One child patient with a neurological disorder (most likely in an outpatient setting)

Three of these patient evaluations (neuromuscular, ambulatory and neurodegenerative) will be completed during the Clinical Skills Evaluation (one per year). The critical care patient evaluation will occur in the PGY-3 year during the general neurology or stroke rotations. The child patient evaluation will occur in the PGY-3 year during the pediatric neurology rotation.

NB:
- The clinical skills evaluation session must be scheduled with the attending in advance and the evaluation form must be completed by and discussed with the attending immediately following the encounter. Retrospective completion of the evaluation form by the attending is not allowed by the ABPN.
- All five clinical skills evaluations must be successfully completed prior to the end of residency training. Residency training requirements will not be considered satisfied until all five clinical skills evaluations are successfully completed.
MEDICAL STUDENT ASSESSMENT

UR medical students complete evaluation forms on neurology residents using the MedHub system. All neurology residents are evaluated by 3rd year medical students for their teaching efforts during the 3rd year neurology clerkship. In addition, the neurology chief residents are evaluated by the 2nd year medical students for their teaching efforts in the Mind, Brain and Behavior course, where the residents function as laboratory instructors and PBL tutors. The program director reviews this medical student feedback with each resident during the semi-annual evaluation meetings. This feedback is also filed in each resident’s evaluation folder.
ATTENDING GLOBAL ASSESSMENT

Global rating forms are distinguished from other rating forms in that (a) a rater judges general categories of ability (e.g. patient care skills, medical knowledge, interpersonal and communication skills) instead of specific skills, tasks or behaviors; and (b) the ratings are completed retrospectively based on general impressions collected over a period of time (e.g., end of a clinical rotation) derived from multiple sources of information (e.g., direct observations or interactions; input from other faculty, residents, or patients; review of work products or written materials).

All rating forms contain scales that the evaluator uses to judge knowledge, skills, and behaviors listed on the form. Typical rating scales consist of qualitative indicators and often include numeric values for each indicator, for example, (a) very good = 1, good =2, fair = 3, poor =4; or (b) superior =1, satisfactory =2, unsatisfactory =3. Written comments are important to allow evaluators to explain the ratings.

Global rating forms are most often used for making end of rotation and summary assessments about performance observed over days or weeks. Scoring rating forms entails combining numeric ratings with comments to obtain a useful judgment about performance based upon more than one rater.

Rotation-specific Global Rating Forms have been constructed for neurology residents that incorporate a subset of relevant Milestones as well as a box for narrative comments. These must be completed by each attending at the end of his/her two-week rotation with a specific resident. These Global Rating Forms address all six Core Competencies, and are found on-line at http://urmc.medhub.com/index.mh. The Program Director reviews the Global Rating Forms with each resident during his/her semi-annual evaluation meeting.
CHART REVIEW

Chart review can provide evidence about clinical decision-making, follow-through in patient management and preventive health services, and appropriate use of clinical facilities and resources (e.g., appropriate laboratory tests and consultations).

Each resident will select one new patient consultation or admission note, and one new outpatient clinic note semi-annually and submit these to the supervising attendings for their review. The neurology attendings will complete the form below and will also provide verbal feedback to the resident concerning the written notes.

The following items from each note will be specifically reviewed by the attending:

- Chief complaint or reason for consultation
- History of the Present Illness
- Past medical history
- Neurological examination
- Assessment and differential diagnosis
- Diagnostic and treatment plan
Department of Neurology  
University of Rochester  
Resident Chart Review

<table>
<thead>
<tr>
<th>Resident</th>
<th>Year in training</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Attending physician</th>
<th>Rotation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
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</table>

<table>
<thead>
<tr>
<th>Patient ID number</th>
<th>Date of review</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Each resident will select one new patient consultation or admission note, and one new outpatient clinic note quarterly and submit these to the supervising attendings for their review. The neurology attendings will complete the form below and will also provide verbal feedback to the resident concerning the written notes.

<table>
<thead>
<tr>
<th>Satisfactory</th>
<th>Unsatisfactory</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Chief complaint or reason for consultation**
- **History of the Present Illness**
- **Past medical history**
- **Neurological examination**
- **Assessment and differential diagnosis**
- **Diagnostic and treatment plan**

**Comments:**

**Attending signature**

**Resident signature**

*Please return to Clara Vigelette by*
RESIDENT CASE LOG

Case logs document each patient encounter by medical conditions seen. Patient case logs involve recording of some number of consecutive cases in a designated time frame.

Logs of types of cases seen are useful for determining the scope of patient care experience. Regular review of logs can be used to help the resident track what cases must be sought out in order to meet residency requirements or specific learning objectives. Patient logs documenting clinical experience for the entire residency can serve as a summative report of that experience; the numbers reported do not necessarily indicate competence.

Residents are encouraged to create a case log of inpatients seen while they are on service in the eRecord system, including:

- ED consultations
- Hospital adult consultations
- Hospital pediatric consultations
- 5-1600 inpatients
- Highland Hospital consultations

Each resident should include a semi-annual case log summary in his/her portfolio. The Program Director will review the case logs with each resident during his/her semi-annual evaluation meeting.
360-DEGREE EVALUATION

360-degree evaluations consist of measurement tools completed by multiple people in a person’s sphere of influence. Evaluators completing rating forms in a 360-degree evaluation usually are superiors, peers, subordinates, and patients and families. Most 360-degree evaluation processes use a survey or questionnaire to gather information about an individual’s performance on several topics (e.g., teamwork, communication, management skills, decision-making). Most 360-degree evaluations use rating scales to assess how frequently a behavior is performed (e.g., a scale of 1 to 5, with 5 meaning “all the time” and 1 meaning “never”). The ratings are summarized for all evaluators by topic and overall to provide feedback.

A 360-degree evaluation can be used to assess interpersonal and communication skills, professional behaviors, and some aspects of patient care and systems-based practice.

Multisource feedback (also known as 360 degree feedback) is a process in which individuals are evaluated by supervisors, subordinates, peers and others. For the UR neurology 360-degree evaluation, the evaluators (observers) include nurses, other healthcare providers, and administrative staff.

The 360-degree evaluation emphasizes observable behaviors rather than attitudes or motivations. The focus is on those behaviors that support positive outcomes such as improved experience of care, increased adherence to treatment recommendations, and improved patient safety. The resulting feedback reports are expected to help our residents gain insight into their strengths and developmental needs, and lead behavioral change. In the aggregate, these feedback reports may provide a basis for evaluating system-wide strengths and weaknesses.

The SMH Customer Satisfaction Survey is used to obtain patient feedback concerning resident performance in the outpatient clinic. This 360-degree evaluation survey instrument includes 14 behavioral items rated on a five-point frequency scale, one global evaluation item, and two free-text comment areas to record behaviors that merit commendation and behaviors that may be a focus for improvement. The program director reviews the survey results with each resident individually during their semi-annual evaluation meetings in January and June.
RESIDENT PORTFOLIO

A portfolio is a collection of products prepared by the resident that provides evidence of learning and achievement related to a learning plan. A portfolio typically contains written documents but can include video- or audio-recordings, photographs, and other forms of information. The ACGME Core Competency Project includes a resident portfolio as a valid assessment method.

Reflecting upon what has been learned is an important part of constructing a portfolio. In addition to products of learning, the portfolio can include statements about what has been learned, its application, remaining learning needs, and how they can be met.

In graduate medical education, a portfolio might include a log of clinical procedures performed; a summary of the research literature reviewed when selecting a treatment option; a quality improvement project plan and report of results; ethical dilemmas faced and how they were handled; a computer program that tracks patient care outcomes; or a recording or transcript of counseling provided to patients.

Each neurology resident receives a three-ring binder with dividers at the beginning of his/her residency. The resident is responsible for maintaining the portfolio. Items to be included in the Neurology Resident Portfolio are:

- Curriculum vitae
- Neurology Grand Rounds PowerPoint presentations
- Resident research project results
- Abstracts presented at national meetings
- Papers published during the residency
- Listing of meetings attended each year
- Case Log, reported semi-annually
- RITE results
- Written one-page semi-annual self-reflection with an individualized learning plan, including answers to the following three questions:

  1. What are your strengths?
  2. What are areas for your development?
  3. What are your plans to achieve these goals?

The Neurology Residency Program Director reviews the Portfolio with the resident every six months, during his semi-annual evaluation meeting with the resident.
# ACGME Core Competency Project

## University of Rochester Neurology Residency Training Program

### Methods of Evaluation

<table>
<thead>
<tr>
<th>Competency</th>
<th>RITE</th>
<th>Clinical Skills Evaluation</th>
<th>Chart Review</th>
<th>Resident Case Log</th>
<th>Attending Global Assessment</th>
<th>360° Evaluation</th>
<th>Resident Portfolio</th>
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<tbody>
<tr>
<td>Patient Care</td>
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<tr>
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### ACGME Core Competency Project
#### University of Rochester Neurology Residency Training Program
##### Methods of Instruction - Sites

<table>
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<tr>
<th>Competency</th>
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<th>Inpatient Consultation Rotation</th>
<th>HH Rotation</th>
<th>ED Consultations</th>
<th>Neurology Firm</th>
<th>Chief Resident Clinics</th>
<th>Resident Conferences and Rounds</th>
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<tr>
<td>Competency</td>
<td>Morning Report</td>
<td>Attending and Professor Rounds</td>
<td>Journal Club</td>
<td>Resident Noon Conferences</td>
<td>Health Team Rounds</td>
<td>Grand Rounds</td>
<td>MBB Course</td>
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</tbody>
</table>
DEPARTMENT OF NEUROLOGY
RESIDENT MENTORING PROGRAM

I. Introduction and Objectives

The objective of the neurology resident mentoring program is to establish a formal career mentoring system throughout the Department of Neurology, as well as to increase resident exposure to research and academic projects within the department. Formal career mentoring will help to provide residents with early exposure to academic neurologists as potential role models, and will help to streamline the identification of interests and research mentors.

The neurology resident mentoring program is a two-fold resident mentoring system that will provide our residents with career mentoring as well as research mentoring.

II. Career mentoring

The first major component of the mentoring program will be a formal one-on-one mentoring program between selected faculty and individual residents, beginning in the first (preliminary) year. Incoming residents will be assigned to a career faculty mentor based on their specified career interests and goals. If these resident-mentor pairings are inappropriate based on interests or personalities, they can be changed, with the responsibility of identifying a new mentor placed equally on the faculty mentor and the resident. Faculty mentors will meet with residents 3 to 4 times yearly. Together, they will compose a structured mentoring plan that will be completed by the middle of their PGY2 year.

Faculty will help residents make decisions about elective choices, review CVs, and assist residents in making career decisions. The mentors will also help identify research project mentors and subspecialty mentors for the resident. Ultimately, each resident will have a team of mentors that contribute to the resident’s career development in their areas of expertise.

III. Research mentoring

Residents and mentors should identify potential scholarly projects as early as possible during residency. Optimally, projects should be of sufficient caliber to merit acceptance to a national level neurology or subspecialty meeting. These projects will also be presented at the end-of-year resident research poster session. To meet this requirement, residents will select a research mentor by the end of their PGY-1 year, based on their research interests and with the guidance of their faculty career mentor. Career mentors and project mentors will work together to guide residents through the performance of their scholarly project, assembling an abstract, composing a manuscript and delivering a presentation. Residents will be invited to give 10-15 minute presentations regarding their current or ongoing projects during Grand Rounds or during the end of the year resident research session.

Residents will evaluate the quality of their mentoring experience and the quality of the structured mentoring program through all 4 years of residency.
RESIDENT RESEARCH EXPERIENCE

The Department of Neurology has a strong tradition of basic, translational, and clinical research. Many internationally recognized clinician-researchers are members of the faculty. The department consistently ranks as one of the top neurology departments in the United States for extramural research funding from the National Institutes of Health.

The philosophy of the Department of Neurology is that research should be part of each resident’s educational experience. The ACGME Neurology Residency Review Committee also mandates resident participation in scholarly pursuits. Accordingly, residents are required to participate in a clinical or basic research project during their residency, culminating in a formal departmental presentation at the Annual Schwid Research Symposium. Abstract submission to the American Academy of Neurology, the American Neurological Association, the Child Neurology Society, or a subspecialty meeting is also highly encouraged.

Each resident will choose a faculty mentor to support this project. In addition to overseeing the specific project, the mentor will instruct the resident in more general issues of study design, funding, implementation, and reporting relevant to the research project.

Examples of research projects include the following:

- Basic and translational science
- Clinical research
- Outcomes and health care utilization research
- Education research
- Clinical case presentation with review of the literature

Elective time may be used for research projects. Research may be conducted during a block rotation or longitudinally.

A suggested timeframe for this research experience is as follows:

- **First year:** Identify a faculty mentor and meet to discuss possible projects
  - Inform the Program Director of your project and mentor
  - Poster presentation at the Annual Schwid Research Symposium
- **Second year:** Begin research project during an elective block or longitudinally
  - Poster presentation at the Annual Schwid Research Symposium
- **Third year:** Complete research project
  - Submit an abstract to a national meeting
  - Oral presentation at the Annual Schwid Research Symposium

Drs. Jonathan Mink and Nimish Mohile will serve as faculty coordinators for the Neurology resident research experience.
DEPARTMENT OF NEUROLOGY
RESIDENT AND FELLOW RESEARCH SYMPOSIUM

This annual Steven R. Schwid, MD Neurology/Neurosurgery Resident and Fellow Research Symposium occurs each June. The symposium highlights a very broad range of basic, translational, and clinical research performed in the departments of neurology and neurosurgery. The 2019 Schwid Symposium will take place on Friday June 21, 2019.

All Neurology residents are expected to prepare a poster presentation for this symposium, each year of the residency. All 3rd year Neurology residents are expected to prepare a platform presentation (10 minute talk).

The abstracts should follow the AAN Annual Meeting Abstract format. The abstract body should include the following headings: OBJECTIVE (should be one sentence), BACKGROUND, DESIGN/METHODS, RESULTS and CONCLUSIONS. There is a maximum of 300 words allowed per abstract. The word count includes the body only. Case reports are allowed and should use the headings that are applicable to the work. Tables and figures are not allowed. Each abstract should have the presenting resident or fellow as the first author and must include at least one faculty mentor/advisor who has reviewed the abstract prior to submission. Each abstract will be reviewed by a member of the Schwid Symposium committee and the author will be provided with specific suggestions for revision. Details on the presentation format will be provided at a later date.

Please note the following deadlines:
- Initial Submission Due: Friday April 19, 2019 5:00 pm EDT
- Feedback provided by Monday April 29, 2019
- Revised Submission Due: Friday May 24, 2019 5:00 pm EDT
- These deadlines are firm. Please note that participation is required for all Neurology and Child Neurology Residents.

Below are some resources for writing abstracts (Accessed from https://smhs.gwu.edu/medicine-residents/scholarly-activities/abstract-writing-resources)

**Resources for research abstracts**
- ACP's "Writing a Research Abstract"
- Scientific Abstract Checklist
- Example of a Research Abstract
- How to Write an Abstract, by Philip Koopman, from The Carnegie Mellon University, Pittsburgh, PA

**Resources for clinical vignettes**
- ACP's "Writing a Clinical Vignette (Case Report) Abstract"
- Clinical Vignette Abstract Checklist
- Example of a Clinical Vignette Abstract

Funds are available to support printing charges for the residents. Prizes will be awarded for the best presentations. Please contact Dr. Jonathan Mink with questions.
DEPARTMENT OF NEUROLOGY
RESIDENT JOURNAL CLUB

Journal Club occurs monthly, usually on a Thursday at 6:30 pm. Neurology faculty members host Journal Club at their homes on a rotating basis. This enhances the practical understanding of evidence-based neurology, and also provides an informal setting for the discussion of journal articles with the active involvement of attendings.

The purpose of Journal Club is to review a clinically relevant journal article and to consider:
  • Study design (clinical question and selection of germane evidence)
  • Potential areas of bias and error in design and execution
  • Evidence validity, impact and applicability

The first Journal Club of the year will be devoted to a review of evidence based principles. For each subsequent Journal Club, the hosting faculty member selects a journal article for discussion, in consultation with the chief resident organizing Journal Club for the year. This will be a chance for the faculty member to bring his/her own clinical interests into a forum of discussion with the neurology house staff. One resident will be asked to review the article using evidence based principles, and will be asked to prepare a one-page summary analyzing the quality of the evidence. This resident will also lead the discussion. The faculty member provides a light supper and refreshments.

The reference book for Journal Club is Biller and Bogousslavsky’s Clinical Trials in Neurologic Practice: The Blue Books of Practical Neurology #25.

DEPARTMENT OF NEUROLOGY
HISTORY OF NEUROLOGY CONFERENCE SERIES

The specialty of neurology arose in the mid-19th century. It has a rich and varied history with contributions by many notable physicians and scientists. Our department is fortunate in that many members have made major contributions to chronicling the history of our specialty. A series of lectures is offered to the residents every year in the history of neuroscience.
GENERAL GUIDELINES FOR THE ACTIVITY OF THE NEUROLOGY RESIDENT AT SMH

Organization of the Neurology Inpatient Service (5-1600)

Organization:

- The Adult Neurology Inpatient Unit consists of twenty-four beds, which are divided among three teams: the Red and Blue Teams (Neurology Inpatient Service), and the Epilepsy Service. The Neurology Unit is responsible for the care of all patients with neurologic disorders admitted from the emergency department, from the neurology outpatient clinics, or electively.

- The Red and Blue Teams follow all patients admitted to the neurology inpatient service, with the exception of those admitted to the Epilepsy Service for long-term video EEG monitoring. Each team consists of a neurology PGY-2, a neurology, psychiatry or anesthesiology PGY-1, one or two 3rd year medical students and, on occasion, a 4th year neurology extern. The neurology PGY-4 (chief resident) supervises both of these teams. Each team alternates admitting patients to their respective team. The organization of the Red and Blue Teams (Neurology Inpatient Service) is described below.

- The Epilepsy Service follows all patients admitted to the Strong Epilepsy Center for long-term EEG monitoring and treatment of seizures. The epilepsy team consists of the Epilepsy Attending, and an epilepsy fellow and a neurology PGY-2 or psychiatry PGY-1.

Personnel:

- **Attending**: There are two primary attending neurologists who supervise the residents on the Red and Blue Teams: the Stroke Inpatient Attending and the General Neurology Inpatient Attending. These Attendings are ultimately responsible for all decisions regarding the care of their patients. Neuromuscular, Neuro-oncology, Neuroimmunology and Movement Disorders Attendings are available on a consultative basis only.

  The Stroke and General Neurology Inpatient Attendings are responsible for making daily teaching rounds with the Red and Blue Teams, and for providing daily teaching, feedback and a final evaluation for each house officer whom they supervise. In order to do this, they must be readily available between 7:30 am and 5:00 p.m. daily for patient care and teaching activities. Pre-scheduled meetings are to be kept to a minimum and should be easily canceled if necessary. Outpatient clinics are not to be scheduled for the attendings when they are on service.

- **Neurology Chief Resident**: The Neurology Chief Resident (PGY-4) is responsible for the smooth running of the neurology inpatient and consultation services. He or she makes work rounds with the Red and Blue Teams on an alternating basis and participates in attending rounds. The Neurology Chief Resident also provides support to the “on-call” neurology resident, particularly in helping with acute general or stroke consults when needed.
• **Neurology PGY-2**: The Neurology PGY-2s are responsible for all admissions to the neurology inpatient service. They admit or accept patients every day, on an alternating basis, between 8:00 a.m. and 4:00 p.m., Mon - Fri. They attend the nursing huddle at 8:30 a.m. Mon - Fri to discuss patients on 5-1600. They are also responsible for writing daily progress notes for all patients above the 10 patient intern cap.

• **Neurology, Psychiatry and Anesthesiology PGY-1**: The PGY-1s work together with the Neurology PGY-2s on the Red or Blue Teams, and are responsible for assisting the neurology PGY-2s in managing their floor teams. The PGY-1s write progress notes daily on all inpatients on their teams, up to the 10 patient cap mandated by RRC guidelines.

• **Fourth Year Medical Extern**: The fourth year medical externs work together with the Neurology PGY-2s on the Red or Blue Teams. They function as a substitute intern (PGY-1), splitting the patients and admissions on their team. They also write progress notes daily on their patients.

• **Third Year Medical Students**: The third year medical students work directly under the neurology PGY-2s. Each student is responsible for obtaining a complete history, performing a complete general and neurological examination, generating a differential diagnosis and formulating a plan of treatment for approximately three new patients per week. He/she will be responsible for completing the work-up on the same day that the patient is evaluated, and for presenting each assigned patient as needed on rounds. Progress notes are to be written daily on all inpatients that are followed by the student.

**Teaching Rounds:**

- Teaching Rounds are held daily, as follows:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:00 am – 12:00 pm</td>
<td>Attending Rounds</td>
</tr>
<tr>
<td>Tuesday</td>
<td>9:00 am – 12:00 pm</td>
<td>Attending Rounds</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9:00 am – 12:00 pm</td>
<td>Attending Rounds</td>
</tr>
<tr>
<td>Thursday</td>
<td>9:00 am – 11:00 am</td>
<td>Attending Rounds</td>
</tr>
<tr>
<td></td>
<td>11:00 am – 12:00 pm</td>
<td>Professor’s Rounds</td>
</tr>
<tr>
<td>Friday</td>
<td>9:00 am – 10:30 am</td>
<td>Neurology Grand Rounds</td>
</tr>
<tr>
<td></td>
<td>10:30 am – 12:00 pm</td>
<td>Attending Rounds</td>
</tr>
</tbody>
</table>

The goals and objectives for Attending Rounds, as well as guidelines for conducting them, are included elsewhere in this handbook.

**Admission Guidelines - Weekdays:**

- The Red and Blue Teams admit (or accept from consult services) non-acute stroke or general neurology patients every day, on an alternating basis. Decisions as to which team admits a patient are made by the PGY-2s and the neurology chief resident, taking into consideration team size and clinic schedules.

- **Elective admissions**: Elective admissions that arrive on the floor by 4:00 p.m. are admitted by the team that is up for the next admission. Admissions called to the floor after 4:00 p.m.
are evaluated by the on-call neurology resident and are picked up the following day by the team that is up for the next admission.

- **Callout admissions**: Hospitalized patients who are in the ICU, the step down units, or on a non-neurological service may be transferred to the neurology service. The consulting resident who knows the patient should inform the neurology inpatient team that the patient may be called out. Once the patient has arrived in a bed covered by the neurology inpatient team, he/she will begin to be covered by the neurology service. If this occurs before 4:00 p.m., the Red or Blue team will assume care of the patient. If this occurs after 4:00 p.m., he/she will be covered by the on-call neurology resident until the following morning when the patient will be assigned to a neurology inpatient team. If the patient is transferred from the ICU the accepting Red/Blue team resident will receive a phone call from an ICU provider for a verbal handoff.

- **ED admissions**: Patients seen in the ED prior to 4:00 p.m. and subsequently admitted to Neurology are picked up that day by the admitting team that is up for the next admission. Patients seen in the ED after 4:00 p.m. by the on-call neurology resident and subsequently admitted to Neurology and are covered by the on call resident until they are picked up by the appropriate team the following day.

- The PGY-1s may leave the hospital after 4:30 pm once they have finished all of their work and after signing out to the APP cross-cover. The PGY-1s must let their PGY-2 know that they have signed out.

**Admission Guidelines - Weekends:**

- The neurology PGY-2, the PGY-1 and the medical students on the Red and Blue teams each have one day off every weekend. For each team, the neurology PGY-2 rounds with the medical student on one weekend day, and the PGY-1 rounds with the neurology chief resident on the other weekend day. The neurology PGY-2 picks up all overnight admissions on the weekend day that he/she is rounding.

- The neurology PGY-2 can sign out his/her team to the other floor team’s neurology, anesthesiology, or psychiatry intern starting at 11:00 a.m. This intern is expected to cross-cover both teams until 4:30 p.m., when he or she may sign out both teams to the APP cross cover.

**Evening and Night Call:**

- The APP service covers any medical emergencies on 5-1600 between 4:30 pm and 7:00 am. The neurology, anesthesia, and psychiatry PGY-1’s must sign out to the APP evening float prior to leaving the hospital each evening, and receive sign out each morning prior to 7:00 am. The neurology on-call resident provides back-up supervision to the APP cross-cover for all neurology inpatients on 5-1600.

**Teaching Responsibilities:**

- The neurology PGY-2 is responsible for supervising any medical students assigned to their team, including reviewing their patient work-ups.
Miscellaneous Considerations:

- The neurology PGY-2 is responsible for obtaining consults from other services but may delegate this to the PGY-1.

- The neurology PGY-2s on each team cross-cover for one another when either of them is in clinic.

- The neurology PGY-1s attend their afternoon outpatient clinic once per week. The neurology PGY-2s provide patient care and help write progress notes on those afternoons when their PGY-1 is in clinic.

- The intern teams will be capped at 10 patients per team, due to medicine RRC program requirements. When the number of patients on the red or blue teams exceeds 10 patients, the neurology PGY-2 will follow these patients until discharge. On the weekends, the PGY-4 will see patients who are in excess of this cap.

Organization of the Neurology Consult Services

- **Organization:** There are two adult neurology consultation services at SMH: the general neurology service and the stroke consultation service. An attending neurologist, a neurology PGY-3, and two 3rd year medical students staff each service. A medicine, medicine-pediatrics PGY-1 or neurosurgery PGY-3 resident is usually assigned to the general neurology consultation service. A PM&R resident may be assigned to the stroke consultation service on occasion.

- **General neurology service:** The general neurology service provides general neurology consultations on the adult hospital wards, the R wing, the ED, and in the ICUs. These patients are first seen by the neurology PGY-3 or the medicine PGY-1 on the general service and are then staffed with the general neurology consult attending. The neurology PGY-3 should triage and oversee the medicine PGY-1 consults to ensure timely and appropriate medical decision making.

- **Stroke consultation service:** The stroke consultation service provides consultations for patients suspected of having a stroke, TIA, or intracranial hemorrhage. Patients may be seen on the adult hospital wards, R wing, ED, or in the ICUs. The stroke service also follows all acute stroke patients in the Neuromedicine ICU who receive thrombolytic therapy, as well as any other ICU patients with cerebrovascular disease and should be touching base twice daily regarding these patients with the NeuroMedicine ICU team.

- **Consultation hours:** 8:00 am - 4:00 p.m. Monday through Friday. Any consultation called to the general or stroke neurology PGY-3 during those hours is seen by the resident that day. Deferring or “handing-off” consults called late in the day to the evening call resident is not appropriate.

- **Consult rounds:** Each consultation team will round with the Attending usually twice daily at a mutually convenient time. All new patient consultations should be formally presented to the Attending on rounds that day. Follow-up patients may be seen by the Attending at the discretion of the PGY-3 neurology resident and the Attending on service.
• **Transfer notes and orders:** The neurology PGY-3s on each consultation service are responsible for writing a transfer note for any of their patients who are being transferred to 5-1600 from the ICU or another service. Transfer orders also need to be written, and may be entered by either the consult resident or the accepting team.

• **Admission notes and orders:** When a patient seen in consultation will be admitted to the Red or Blue team, the neurology PGY-3 is responsible for writing the admission note and orders for that patient and adding the patient to the “admitted list” both in e-record and on the white board in the resident room. The neurology PGY-3 should then communicate the pertinent information regarding the patient’s presentation and plan to the appropriate inpatient team.

• **Cross-Coverage:** The neurology urgent care resident cross-covers for the stroke and general neurology consult residents in the afternoons when either of them is in clinic.

• **Weekend coverage:** The neurology PGY-3s cross-cover for one another each weekend. This allows each neurology resident to have one day off every weekend. The residents mutually agree upon the exact schedule.

**Evening, Night, and Weekend Coverage**

• Since July 2004, the UR Neurology Residency program has had an evening and night float system to improve continuity of care and to comply with the New York State and ACGME guidelines on resident work hours.

• The neurology evening and night float residents are responsible for all adult ED patients triaged to neurology, as well as adult and pediatric neurology consultations in the hospital, the ED, and the ICUs. They are the primary providers for all admitted SEC patients. In addition, they may be called concerning problems with patients already being followed on the consult services and provide back-up coverage to the APP service cross-covering neurology inpatients on 5-1600.

• On Saturdays and Sundays, the neurology weekend and night float residents are responsible for all neurology consultations and admissions, including direct admissions to 5-1600.

• The night float is expected to attend morning report on Mondays, Tuesdays and Wednesdays, and the Neuroradiology Conference on Thursdays.

• The night float rotation is 2 weeks in length. On average, neurology PGY-2s do three blocks as night float, and neurology PGY-3s do one block as night float.

• Evening float, weekend call, and Saturday overnight coverage is provided by PGY-2 and PGY-3 neurology residents, as predetermined on the call schedule.

• If the ED has a question regarding whether a patient would be appropriate to be seen in the Urgent Care Clinic or should be seen while in the ED, the Neurology Acting Chief Resident should be called. Otherwise, the ED providers are able to refer patients to the Urgent Care Clinic independently through the ED.
The Neurology Chief Residents are responsible for constructing the Evening Float and Weekend call schedules.

The Evening Float, Night Float resident as well as the on-call Weekend resident are responsible for triaging and returning calls for all Neurology clinics (including subspecialty and Pediatric Neurology clinic calls)

Urgent Care – Evening Float Rotation

The Urgent Care – Evening Float (UCEF) Rotation was instituted in 2011 to address the increased volume and acuity of general neurology consultations in the afternoon and evening hours as well as the lack of outpatient appointments for new patients with urgent neurologic complaints. Given the advances in stroke care and the increased complexity of neurologic consultations due to advances in transplantation medicine and oncology treatments, neurology consultations are becoming more complex and time-consuming. This rotation is planned to provide a rich educational experience for the resident, while simultaneously decreasing the workload of the residents covering the stroke and general consultation services during the day and during evening and night shifts. The UCEF rotation is organized as follows:

- The resident on the UCEF rotation works five days per week, Monday through Friday, from 12:00 noon until 10:00 PM. The rotation is two weeks in length.
- PGY-2 residents will spend, on average, three 2-week blocks on the UCEF rotation, and PGY-3 residents will spend one 2-week block on this rotation.
- The UCEF resident will attend the noon conference each day (11:00 AM conference on Friday).
- During the afternoon hours (1-5 PM), the UCEF resident will have the following responsibilities:
  - Provide cross coverage for the stroke and general neurology consult residents when they are in clinic two afternoons per week
  - Attend their own resident firm one afternoon per week
  - See up to three urgent new outpatients in the neurology clinic one afternoon per week
  - Perform up to four lumbar punctures in the lumbar puncture clinic one afternoon per week
- The firm attending of the day will be responsible for staffing urgent care patients with the UCEF resident when there are three or fewer residents in the Firm that afternoon. If there are four residents scheduled for the Firm that afternoon, the general inpatient attending will staff these patients. Follow-up appointments for new patients seen by the UCEF resident will be made in that resident’s Firm, or in the relevant subspecialty clinic if more appropriate. The attending physician who staffed the patient will make this determination.
- During the evening hours (4-10 PM), the UCEF resident will assist the evening float resident in performing inpatient consults. The evening float or night float will receive all consult calls and will divide these consults with the UCEF resident. Acute stroke consultations should be handled by the UCEF resident after 7 PM in order to allow the evening float resident to leave at the appropriate time.
• The UCEF resident will staff new patient consultations with the stroke and general neurology attendings by telephone or in person, as per current policy.

• The evening float should receive sign-out from each floor team and consult team regarding any active patients or patients in the neurology step-down unit.

**UCEF Rotation Hours:**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 – 1:00 PM</td>
<td>Noon conference (11:00 AM conference on Friday)</td>
</tr>
<tr>
<td>1:00 – 5:00 PM</td>
<td>Cross cover general neurology and stroke consult residents when they are in clinic (2 afternoons per week)</td>
</tr>
<tr>
<td></td>
<td>See urgent new outpatients in the neurology OPD, up to 3 new patients per afternoon (1 afternoon per week)</td>
</tr>
<tr>
<td></td>
<td>Perform LPs in the lumbar puncture clinic, up to 4 patients per afternoon (1 afternoon per week)</td>
</tr>
<tr>
<td></td>
<td>Attend his/her resident firm (1 afternoon per week)</td>
</tr>
<tr>
<td>5:00 – 10:00 PM</td>
<td>Inpatient consultations – shared with the evening float</td>
</tr>
<tr>
<td></td>
<td>Clinical calls- shared with the evening float</td>
</tr>
</tbody>
</table>

**Evening and Night float hours:**

<table>
<thead>
<tr>
<th>Float</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Night float</td>
<td>Sunday through Friday:</td>
<td>8 PM – 8 AM (home by 9 AM)</td>
</tr>
<tr>
<td></td>
<td>Saturday evening:</td>
<td>Off</td>
</tr>
<tr>
<td>Evening float</td>
<td>Monday through Friday:</td>
<td>4 PM – 8 PM (off by 9:30 PM)</td>
</tr>
<tr>
<td>UCEF</td>
<td>Monday through Friday:</td>
<td>5 PM – 10 PM</td>
</tr>
<tr>
<td>Weekends</td>
<td>Saturday call:</td>
<td>8 AM – 8 PM</td>
</tr>
<tr>
<td></td>
<td>Saturday night call:</td>
<td>8 PM – 8 AM</td>
</tr>
<tr>
<td></td>
<td>Sunday call:</td>
<td>8 AM – 8 PM</td>
</tr>
</tbody>
</table>

**Attending and Chief Resident Back-up:**

• The general neurology inpatient attending should be notified of all patients admitted to the 5-1600 inpatient service at the time of admission.

• The general neurology consult attending or stroke attending should be notified of any new ICU consults shortly after the patient is seen.

• All consults seen during a particular shift must be discussed with the attending by the resident prior to leaving the hospital following the evening or night float shift.

• The general neurology consult attendings and stroke attendings are available for help with any adult patients seen in consultation by the on-call resident.
• The on-call pediatric neurology attending or fellow should be notified of all pediatric consultations seen.

• The chief resident should be informed of all overnight admissions before morning report.

• The chief resident is available 24 hours a day for telephone back-up for the on-call resident.

Miscellaneous considerations:

• The on-call resident can order an after-hour emergency EEG in cases of suspected herpes encephalitis, and in cases of suspected status epilepticus. In these cases, the on-call resident pages the EEG attending for approval and then the EEG technician through the page office. EEG technicians are available 24 hours a day to perform the study, and the EEG attending will then read the tracings.

• All consultations during the night and on weekends are to be seen at that time. Deferring non-emergent consults for the following day is not appropriate.

• The on-call resident is responsible for answering patient calls from neurology firm patients, Westfall Road general neurology patients, Bushnell’s Basin general neurology patients, subspecialty neurology patients, and child neurology patients. The attending neurologist on call for each of these services is always available for consultation if necessary. An email or e-record note should be sent to each practitioner regarding patient calls after-hours.

• All patients located in the neurology step-down unit will be covered by the Evening Float or Night float resident. These patients should not be covered by the APP service.

• The on-call resident is responsible for handing-off any new patients that need follow-up to the appropriate consult resident via a written sign-out on the white board in the resident office, a face-to-face sign-out, or a detailed email. For patients seen over the weekend, hand-offs should be communicated to all residents on-call that weekend and to the covering chief resident during 8 AM sign-in rounds on Saturday and Sunday.

Responsibilities of the Neurology Chief Resident

• **General Responsibilities:** The neurology Chief Resident is responsible for the smooth operation of the Neurology Inpatient Service on 5-1600. He/she should briefly see and evaluate all patients admitted to the unit, monitor their work-ups and management, provide guidance to the house staff on 5-1600, and provided feedback and evaluations concerning the performance of the house staff.

• **Sign-in Rounds:** The neurology Chief Resident is responsible for meeting each morning at 8:00 am (following morning report) with the resident on-call the previous night, the neurology PGY-2s and the neurology, psychiatry or anesthesiology PGY-1s on the Red and Blue teams, the PGY-3s on the stroke and general neurology services, and the pediatric
neurology resident. All patients seen the previous night by the on-call resident should be discussed briefly at this time.

- **Work rounds on 5-1600:** The Chief Resident makes work rounds at 9:00 AM each morning with the Red and Blue teams, on an alternating basis. This allows the Chief Resident to monitor the progress of all patients admitted to 5-1600.

- **Support for the on-call Resident:** The Chief Resident provides primary support for the neurology on-call resident. This is particularly crucial for the neurology PGY-2s, and especially during the first six months of their residency. Although most of these consultations will occur via telephone, the Chief Resident may be required to see patients in the emergency room, on 5-1600, or in the Intensive Care Units if necessary. The Chief Resident should specifically be notified if the on-call resident is more than four consults behind and/or has more than two acute consults within 30 minutes.

- **Weekend clinic calls:** The moonlighting resident or fellow provides coverage for patient calls on the weekend from 8am-2 pm. The Chief Resident provides support to the weekend on-call resident.

- **Availability:** The Chief Resident is expected to be available at all times, including weekends.

- **Weekend Cross-coverage:** The Chief Residents "cross-cover" for one another each weekend. The acting chief resident will be on-call every other weekend for the entire weekend, with the alternate weekends being covered by one of the other chief residents. Weekend chief resident cross-coverage begins at 4 PM on Friday and ends at 8 AM on Monday. Chief resident weekend coverage is pre-determined on the call schedule.

- **Urgent Outpatient Consultations:** The Chief Resident is responsible for arranging to see any outpatients who need to be evaluated urgently and who cannot be scheduled with the Urgent Care resident or in the Firms within a week. He/she will have a room reserved in the neurology clinic one afternoon each week for these patients. The General Neurology Attendings are responsible for staffing these patients with the Chief Resident.

- **Grand Rounds:** The Chief Residents are responsible for scheduling Grand Rounds, with consultation from the Chair of Neurology. The acting Chief Resident is also responsible for the smooth running of Grand Rounds, including introducing the speaker, moderating the discussion, and adhering to the time schedule.

- **Monday, Thursday, and Friday Resident Conferences, Grand Rounds Resident Cases, and Journal Club:** The Chief Residents are responsible for organizing and scheduling these conferences, in consultation with the Program Director.

- **On-call Schedule:** The Chief Residents are responsible for creating the neurology resident on-call schedule for the year.
# Neurology Conference Schedule

**Monday**
- 7:30 - 8:00 a.m.: Morning Report
- 9:00 - 12:00 p.m.: Attending Rounds
- 12:00 - 1:00 p.m.: Neurology Clinical Conference

**Tuesday**
- 7:30 - 8:00 a.m.: Morning Report
- 9:00 - 12:00 p.m.: Attending Rounds
- 12:00 - 1:00 p.m.: Neurology Clinical Conference

**Wednesday**
- 7:30 - 8:00 a.m.: Morning Report
- 9:00 - 12:00 p.m.: Attending Rounds
- 12:00 - 1:00 p.m.: EEG Conference

**Thursday**
- 7:30 - 8:00 a.m.: Neuroradiology Conference
- 9:00 - 11:00 p.m.: Attending Rounds
- 11:00 - 12:00 p.m.: Professor's Rounds
- 12:00 - 1:00 p.m.: Neurology Clinical Conference

**Friday**
- 9:00 - 10:00 a.m.: Neurology Grand Rounds
- 10:00 - 10:30 a.m.: Resident Case Presentation
- 10:30 - 12:00 p.m.: Attending Rounds
- 12:00 - 1:00 p.m.: Resident Lunch

Work rounds are held on Monday, Tuesday, Wednesday, and Thursday from 8:00 until 9:00 a.m., on Friday from 7:30 until 9:00 a.m., and on Saturday and Sunday from 8:00 until 10:00 a.m.
INPATIENT ATTENDING PHYSICIAN'S RESPONSIBILITIES

Teaching Responsibilities

1. The primary responsibility of the Stroke and General Neurology Attending Physicians is to teach the House Staff on the inpatient and consultation services. A focal point of this teaching are the Attending Rounds and Professor's Rounds, which occur daily according to the following schedule:

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:00 am – 12:00 pm</td>
<td>Attending Rounds</td>
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<tr>
<td>Tuesday</td>
<td>9:00 am – 12:00 pm</td>
<td>Attending Rounds</td>
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<tr>
<td>Wednesday</td>
<td>9:00 am – 12:00 pm</td>
<td>Attending Rounds</td>
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<td>Thursday</td>
<td>8:00 am – 11:00 am</td>
<td>Attending Rounds</td>
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<td></td>
<td>11:00 am – 12:00 pm</td>
<td>Professor's Rounds</td>
</tr>
<tr>
<td>Friday</td>
<td>9:00 am – 10:30 am</td>
<td>Neurology Grand Rounds</td>
</tr>
</tbody>
</table>

2. Residents are asked to be well prepared for Attending and Professor's Rounds and to meet promptly at the appointed hour. Each resident is expected to be at Rounds unless an acutely ill patient needs immediate attention.

3. Rounds should be built around the patient's central problem with teaching directed primarily at the first year neurology residents. Patient presentations should take place at the bedside, when possible.

4. During Attending Rounds, each resident team will spend 1 ½ hours each with the stroke and general neurology attendings. Attending Rounds will include formal case presentations by the intern or medical student, bedside teaching by the attendings, and management discussions with the team.

5. Interruption of Rounds should be kept to a minimum. Where there is an acute problem needing attention, the chief resident should excuse him or herself and see the patient allowing the PGY-1 and PGY-2 to remain at Rounds.

6. Attending Rounds should be directed actively by the Attending with appropriate challenge to the residents, including give-and-take Socratic teaching. Primary data should be challenged as to their accuracy and completeness; residents should defend logically their diagnostic and therapeutic plans; and they should be stimulated to acquire new knowledge. Cost-effectiveness and evidence-based medicine should be stressed.

7. A variable approach to Rounds is encouraged which will depend on the problems the patient presents. Areas to be covered include: basic science correlation and pathophysiology of disease, clinical skills used to acquire and record clinical data, diagnostic reasoning, differential diagnosis, up-to-date description of disease entities, personal and social problems of the patient, medical ethics, discriminative laboratory utilization, appropriate use of consultants, individualized therapy and knowledge of drug action, preventive medicine, and follow-up plans for the patient.
Evaluation Responsibilities

1. The Residency Program Director is required to certify that each resident, at the end of his or her residency training, is clinically competent in each of the six ACGME Core Competencies in order to be qualified to sit for the ABPN Certifying Examinations. Ongoing evaluation is required of faculty members who teach and supervise residents.

2. Global Assessment Forms evaluating all six ACGME Core Competencies and a subset of the Milestones are available through the MedHub system and must be filled out by the Attending for each resident with whom he/she has worked for at least one week. It is important to write at least 2 or 3 sentences in the text box summarizing the resident's performance. In order to provide more accurate evaluations, the attending should keep notes on the performance of each resident throughout the attending period.

3. The attending should direct teaching not only to enhance medical knowledge and clinical judgment, but also to improve individual clinical skills. During the attending period, the PGY-1 or PGY-2 should be asked to demonstrate for 5-10 minutes at the bedside, selected interview and physical diagnosis skills.

4. At least one medical record must be reviewed by the Attending to determine the quality of record keeping, including clinical decision-making, follow-through in patient management and preventive health services, and appropriate use of clinical facilities and resources (e.g., appropriate laboratory tests and consultations). Each neurology resident will select a new patient consultation note or admission note, print this note and submit it to the attending for his/her review. The neurology attending will complete the resident chart review form and provide verbal feedback to the resident concerning the written note.

5. Feedback should be provided to the PGY-1’s, PGY-2’s, PGY-3’s, Chief Residents, and medical students on an ongoing basis. Ideally, the attending should meet briefly immediately after Attending Rounds with the resident who presented the case. In addition, the attending is expected to meet individually with each resident and medical student at the end of his/her rotation to provide verbal feedback.

6. The Residency Program Director should be contacted personally if any particular Neurology resident is performing unsatisfactorily.
## Evaluation of Attendings

Each resident is asked to evaluate the attending on the following 10 areas:

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<tr>
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<th>Low</th>
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<th>4</th>
<th>High</th>
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<tbody>
<tr>
<td>1</td>
<td>Interest in Teaching</td>
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<tr>
<td>2</td>
<td>Ability to Teach Outside Own Specialty</td>
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<td>3</td>
<td>Demonstrating Appropriate Physician Attitudes</td>
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<td>4</td>
<td>Bedside Teaching of Interview and Physical Dx</td>
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<td>5</td>
<td>Basic Science Correlation</td>
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<td>6</td>
<td>Teaching Diagnostic Reasoning</td>
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<td>7</td>
<td>Teaching Medical Facts</td>
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<td>8</td>
<td>Appropriate Involvement of all on Rounds</td>
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<td>9</td>
<td>Stimulating Acquisition of New Knowledge</td>
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<tr>
<td>10</td>
<td>Review of Medical Records with Comments</td>
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OVERALL RATING

Attendings are encouraged to review their own evaluation file kept in the Chairman's office.
Highland Hospital is a 261-bed, full service hospital established in 1889. It became part of the University of Rochester Medical Center in 1997, and has developed centers of excellence in geriatric medicine, women’s health, obstetrics, bariatric surgery, and joint replacement surgery. While it is part of a major medical center, Highland Hospital has been able to maintain its identity and important role as a smaller, patient-centered, community-based hospital. In many departments, the medical staff is comprised of physicians in private practice as well as physicians who are employed by URMC.

The URMC Department of Neurology began providing full consultative neurological services at Highland Hospital in 2004. There is no neurology attending service at Highland Hospital at this time. Several years ago, a 22-bed Neuromedicine Unit opened on East 7. In addition to East 7, many patients with neurological disorders are admitted to West 7; together, these two areas comprise Highland’s stroke unit. With the exception of neonatal and child neurology, first-year residents on service at Highland should expect to encounter the full spectrum of neurological disease.

Highland Hospital is a New York State designated Stroke Center. All patients who present to the Emergency Department with symptoms of acute stroke are first evaluated by a well-trained and coordinated stroke team comprised of emergency medicine physicians, PAs, and nurses. During weekday business hours, the in-house neurology team is responsible for working up acute strokes and making acute treatment decisions with the ED providers. On nights and weekends, all acute stroke cases are staffed with the city-wide stroke attending neurologist or stroke fellow prior to initiating acute therapies. The “Stroke Team” page refers to a patient with symptoms of acute stroke either in the ED or inpatient on a medical/surgical floor. First responders to an inpatient Stroke Team page are Internal Medicine or Critical Care Physician’s Assistants who are trained to perform the NIH stroke scale and evaluate patients with acute symptoms.

One goal of this rotation is to use Highland’s “community hospital” atmosphere to simulate the consultative feel of the private general neurology practice environment in which most neurologists work. The resident also gains experience supervising and teaching medical students, as well as interacting with residents from other services, in particular Internal Medicine and Family Practice.

The Department of Neurology office, which includes work space and full computer access for both residents and medical students, is located in the Professional Office Building, Room 040 (on level BA, also referred to as the Garden level). Keys for access can be obtained from Christy Clary (276-5550).
Core Neurology Faculty

- Bogachan Sahin, MD, PhD, Chief of Neurology and Director, Stroke Center
- Anthony Maroldo, MD, Director, Education Site Coordinator
- Raissa Villanueva, MD, MPH, Chief, General Neurology Unit
- Michelle Burack, MD, PhD

Goals for the 1st Year Highland Hospital Rotation

1. Develop skills in the following areas: obtaining complete neurological histories, performing accurate neurological examinations, developing appropriate and complete differential diagnoses, and selecting appropriate therapies.

2. Become comfortable performing neurological consults in an emergency department setting in a timely and efficient manner.

3. Gain aptitude at communicating recommendations for evaluation and treatment of patients with neurological disease to the healthcare providers on attending medical and surgical teams, as well as working with those providers in an ongoing consultative role during a patient’s hospital stay.

4. Gain in-depth knowledge of major categories of neurological disease, especially with respect to the populations represented at Highland Hospital (i.e. geriatrics, obstetrics).

5. Become familiar with changes in the neurologic exam associated with normal and abnormal aging.

6. Become familiar with special considerations in the evaluation and treatment of common neurological disorders (i.e. migraine, seizure, peripheral neurology) during pregnancy.

Expectations of Residents

1. The resident will be available to see new consults between 8 AM and 5 PM Monday through Thursday, and between 1 PM and 5 PM on Friday, except on the afternoon that he or she sees patients in the resident firm. The resident will attend Neurology Grand Rounds on Friday morning at 9 AM at SMH, Room K-307, followed by the resident business meeting at 12 PM. There is no overnight neurology resident coverage. The actual times that the workday begins and ends will vary depending on the case load.

2. The neurology resident is expected to field and triage new consultations from the requesting services; when the resident is in clinic or on Friday mornings, the attending neurologist will be responsible for taking new consults and triaging calls.

3. The resident will round with the attending and see new consults from the previous night on one morning each weekend (usually Saturday), and can usually be expected to be out by noon.

4. The resident will educate himself or herself about the neurological disorders encountered on the
consult service by reading appropriate texts, journals, and on-line materials.

5. The resident will supervise and teach the 3rd year medical student who is rotating on the inpatient consult service.
Objectives

The overall goal for the three-month rotation in Child Neurology is for the neurology resident to be proficient in obtaining histories and performing neurologic examinations on infants and children. Additional goals include learning about normal growth and development and understanding the interrelationship between development and abnormalities of the nervous system.

In order to achieve these goals, the resident should be involved in the work-up and management of infants and children of various ages in both the inpatient and outpatient settings. Furthermore, the resident should have an opportunity to discuss and read about the problems he/she is seeing.

The common neurologic problems of childhood are to be emphasized. These include:

1. Perinatal Problems in Premature and Full Term Infants
   - Perinatal asphyxia
   - Intracranial hemorrhage and hydrocephalus
   - Hypotonia
   - Seizures
   - Birth injuries to the nervous system (including to the brachial plexus)

2. Developmental Delay and Intellectual Disability
   - Global Developmental Delay
   - Delayed motor development (including cerebral palsy)
   - Delayed speech/language development
   - Delayed cognitive development
   - Abnormal social development (including autism)

3. Childhood Seizures
   - Neonatal Seizures
   - Febrile Seizures
   - Idiopathic Generalized Epilepsies (including childhood absence and juvenile myoclonic)
   - Idiopathic and Symptomatic Focal Epilepsies (including Benign Rolandic)
   - Infantile Spasms (West Syndrome)
   - Lennox-Gastaut syndrome

4. Headaches
   - Migraine and variants in childhood including:
     - Benign paroxysmal torticollis
     - Benign paroxysmal vertigo of childhood
     - Hemiplegic migraine
     - Abdominal migraine / cyclic vomiting
     - Ophthalmoplegic migraine
   - Idiopathic Intracranial Hypertension
5. Learning, Attention, and Behavioral Disorders
   • Attention Deficit Hyperactivity Disorder
   • Learning disabilities (including dyslexia)

6. Movement Disorders
   • Tics
   • Dystonia/Chorea
   • Ataxia

7. Head injuries
   • Acute and subacute care
   • Sequelae and rehabilitation

8. Neurogenetics
   • Genetic considerations in developmental disability, CNS malformation, and epilepsy
   • Chromosomal disorders
   • Inborn errors of metabolism

Ideally, there will also be opportunities for the resident to evaluate children with less common problems, including strokes in infancy and childhood, central nervous system malformations, CNS tumors, and pediatric demyelinating disorders, and the neurologic complications of both childhood systemic diseases and immunizations.

**Child Neurology Rotation Overview**

The Child Neurology rotation is divided into two services: inpatient/urgent, and outpatient. Each resident will spend approximately 8 weeks on inpatient/urgent and 4 weeks on outpatient.

**General Expectations**

- The resident is expected to actively participate in patient care, as this leads to the best learning experience.

- If, at any time during the rotation, the resident cannot be present, he/she should speak with the child neurology chief resident or attending as soon as possible to assist in establishing coverage. This includes the outpatient portion of the rotation as frequently attendings are double-booked and require a second provider.

- The resident is expected to teach medical students and residents who are rotating from other services, including pediatrics, physical medicine and rehabilitation, and psychiatry.

- The resident is expected to attend conferences including:
  - Patient of the Week (POW) Conference - held each Thursday – these are typically on Thursday at 8 AM, but times may vary so please consult the Child Neurology resident on-service. The Neurology resident will be expected to participate in discussion of complicated patient cases in a manner similar to Professor Rounds.
Child Neurology Conference - held each Tuesday (September – June) from 8-9 PM in the Garvey Room. The Neurology resident will be expected to present at least once over the 3 months of the rotation, and should plan on attending this conference on Fridays instead of the regular adult Neurology conferences.

Child Neurology Lecture series – held approximately every other Thursday from September through June from Noon – 1 PM.

The resident should also attending morning report, noon conference lectures, and Grand Rounds. He/she should attend other conferences (e.g. brain cutting, Professor Rounds) when possible; however, these conferences should not interfere with the resident’s clinical responsibilities.

While on the Child Neurology service, the resident will be assigned to round on inpatient 3-4 weekends over the course of his/her pediatric rotations. Adult neurology residents rotating in Child Neurology on weekend call with have the following responsibilities:

- Come in both Saturday and Sunday morning to round on the inpatient team (scheduled in coordination with the Child Neurology attending physician)
- Take child neurology clinic calls from 8 AM – 8 PM on Saturday and Sunday – any questions regarding these calls can be discussed with the on-service attending

The neurology resident will be expected to read about the problems he/she is seeing, both in the standard pediatric neurology texts and in the literature. A suggested reading list with links to articles is available on the Neurology intranet page under Pediatric Neurology at [http://intranet.urmc-sh.rochester.edu/depts/neurology/peds/](http://intranet.urmc-sh.rochester.edu/depts/neurology/peds/).

Responsibilities of the Neurology Resident

Inpatient/Urgent Service

Workflow

- There will be 1-2 residents working on this service. When 2 residents are present, the adult neurology resident will be first call for inpatient and ED consultations, and the child neurology resident will triage calls from primary care physicians who wish to refer patients for urgent consultation. As patients are admitted to or consulted on by the service, each resident will alternate accepting onto their team. When 1 resident is present, that resident will be responsible for all of the above duties. The team will round together on all patients.

Inpatient Service:

- Patients admitted to the Child Neurology service should have a daily note written by the neurology resident (it is acceptable to write an addendum to the Pediatric team intern note, but the addendum must include a neurologic exam and separate assessment and plan).
• Patients seen in consultation by the Child Neurology service should have notes written at intervals appropriate to the nature of the patient’s problem.

• Work Rounds - The residents should conduct daily work rounds with the medical students. The resident is responsible for coordinating rounding time with the Pediatrics resident team – this typically takes place from 10:30 – 11 AM in the 8N conference room.

• Attending Rounds – The attending on-service will designate a time for rounding with the entire team. Rounds are usually held in the late morning and/or late afternoon, when lab values are back, tests have been done, and the team has gathered information.

**Urgent Service:**

• There will be two urgent clinics held each week on AC-6 – on Tuesday and Thursday afternoons. There will be up to 3 urgent patients scheduled in each clinic (1, 2, and 3 PM) when there are 2 residents on the rotation. The exact schedule for urgent patients should be confirmed with the attending at the beginning of the rotation. Each resident will be responsible for one of the two urgent clinics booked throughout the week (mainly this will be dictated by resident’s firm schedules). If there is only one resident covering the service, there should be 1-2 patients scheduled on Tuesday and Thursday, and other days of the week could be utilized if needed on a case-by-case basis.

• When 2 residents are rotating, and one resident is covering the urgent clinic, the other resident will cover inpatient and ED consults as well as floor issues on all patients. When 1 resident is rotating, that resident will be responsible for both urgent patients and inpatient/ED consults in conjunction with the attending.

• The Child Neurology attending on-service will provide back-up if the resident needs assistance triaging a patient and will supervise the urgent visits.

The residents will also field phone calls from outside hospitals, including Rochester General Hospital, as well as Child Neurology clinic calls during the lunch hour.

**Consults**

• The resident is expected to work-up all patients who are admitted to the Child Neurology service, as well as all consults from the floors, pediatric ICU, neonatal ICU, and Child & Adolescent Psychiatry inpatient unit (4-9200).

• The residents may also be required to work-up and follow pediatric SEC (epilepsy) inpatients at the discretion of the epilepsy service.

• Consults should be completed on the day that the consult request is received. If a consult call is received overnight, the patient should be evaluated by the 1st call adult neurology resident who is in-house and then should be seen by the inpatient resident the following day.

**Sign-out/Call**

• In the morning, the resident should communicate with the evening/night float and/or with the pediatric neurology resident on pager call to find out about any problems, consults, or admissions from the previous night or weekend.
• At the end of the day, the resident should sign-out any patients who are ill or who need to be checked on overnight to the 1st call adult neurology resident and to the pediatric neurology resident who is on pager call (if applicable).

• Direct cross-coverage of patients admitted to the child neurology service is covered by the pediatric teams. If there is a neurological concern that arises after hours, the pediatric residents should contact a child neurology resident on-call if available, and otherwise should contact the attending. However, occasionally the 1st call adult neurology resident may be contacted, and should staff the question with a child neurology resident or attending if needed, or may direct the pediatric resident to page the attending.

Outpatient Service

Clinic – 200 East River Rd, 3rd Floor

• The neurology resident will receive a clinic schedule for the month that he/she is on the outpatient rotation. The resident will see patients with all of the child neurology attendings over the course of the rotation.

• The resident will not have his/her own patient schedule. Rather, he/she will see the attending neurologist’s patients. The resident is responsible for looking at the schedule ahead of time and showing up on time for clinic (e.g. some clinics start at 8:30 AM and other at 9 AM).

• The resident is expected to see both new and follow-up patients, but may not be asked to see all patients on the faculty schedule.

• The resident should obtain a history, perform a physical examination, formulate a plan, and then present his/her findings and plan to the attending. The attending will review the plan and then see the patient in conjunction with the resident.

• The resident is responsible for writing a complete and timely note (within 48 hours) for each patient seen and staffed.
PSYCHIATRY ROTATION
For Neurology Residents

Director

Michael Scharf, MD  275-5249

Location

SMH Comprehensive Psychiatric Emergency Program (CPEP)
SMH Psychiatry Consultation Liaison Service (PCLS)

Description

The four-week psychiatry rotation for neurology residents has been designed to teach fundamentals of psychiatry most beneficial for the practice of neurology. This rotation was established as a result of the neurology RRC guidelines, which mandate a one-month rotation in Psychiatry, under the direction of a board-certified psychiatrist. This rotation will consist of two 2-week experiences: the SMH Comprehensive Psychiatric Emergency Program [CPEP], and the SMH Inpatient Consult Liaison Service. Descriptions of each component of the rotation, as well as specific learning objectives, are listed below.

EMERGENCY PSYCHIATRY (CPEP) ROTATION

Director:

Aurelian Niculescu, MD  275-4501

Faculty:

CPEP Attendings

Rotation Hours:

Monday-Friday  8:00 AM – 5:00 PM

Program Description

The Emergency Department of Strong Memorial Hospital maintains a dedicated Psychiatric Emergency Department with its own rooms, secretarial staff, psychiatric nurses, social workers, and physicians. Attending psychiatrists staff the department around the clock and directly supervise psychiatry and neurology residents during their rotation. Psychiatric emergency physicians provide emergency consultation to the general hospital and inpatient services. In providing emergency psychiatric evaluations for adults and children of Monroe County and its outlying areas, CPEP usually sees approximately 9000 patients each year.
The resident plays a primary role in the evaluation of a wide range of individuals with varying degrees of pathology. The challenge is to evaluate and intervene effectively in as comprehensive a biopsychosocial way as possible. With direct supervision by attending psychiatrists, along with an experienced staff of psychiatric nurses and social workers, the resident will develop emergency room skills, such as rapid acquisition of data through directive interview techniques.

Learning Objectives

1. Discuss aspects of general medicine and neurology as they relate to Psychiatric Emergency presentation.
2. Develop proficiency in pharmacotherapy of psychiatric emergencies.
3. Develop an understanding of substance abuse emergencies.
4. Develop an understanding of the legal issues of emergency psychiatry, particularly civil commitment, right to refuse treatment, confidentiality, and competency.
5. Perform risk assessments including suicide, violence, homicide and self-injury.
6. Evaluate and manage violent/agitated behavior in the ER.
7. Manage restraints.

Responsibilities

The neurology resident will work closely with the attending in the Emergency Department learning how to function as a vital member of a multidisciplinary team. The resident will perform primary emergent psychiatric assessments and consultations to the medical emergency department. Each resident will be assigned an ED preceptor who will meet regularly with the resident to discuss his or her performance on the rotation.
PSYCHIATRY CONSULTATION/LIAISON SERVICE (PCLS)

Phone:  275-3592 (Constance Smith, Division Secretary)

Faculty:  Jennifer Richman, MD – Medical Director Inpatient Psychiatric Consultation Liaison Service

Clinical Coordinator:  Barbara Olesko, MS, RN, CS, NP (Pager number 3858)

On the first day of service, resident will report to the PCLS office, Room 1-8129 at 8:45 am.

Program Description

The Psychiatric Consultation–Liaison Service provides evaluation and assistance with the management of psychiatric disorders occurring in medically ill inpatients throughout SMH. The new ABPN subspecialty term for C/L Psychiatry is Psychosomatic Medicine. During their C/L rotation, PGY-4 residents will develop skills in the assessment of psychiatric problems in a medical setting, master the understanding of the interaction and medical and neurological conditions with psychiatric disorders, and begin to develop the skills of a specialty consultant.

A wide variety of neuropsychiatric, forensic and psychosomatic problems are frequently encountered on the C/L Service, including:

- Acute confusional states and delirium
- Dementing disorders
- Depression in the elderly or medically ill
- Capacity to make informed decisions
- Suicide attempts and suicidality on the medical floors
- Somatoform and factitious disorders
- Psychogenic nonepileptic attacks (PNEA)
- Anxiety/agitation in the medically ill
- Secondary anxiety, mood and psychotic disorders
- AIDS-related secondary mental disorders
- Substance abuse

Training Objectives

Medical Knowledge

1. Develop knowledge base of psychiatric and neurologic aspects of psychiatry, psychosomatic disorders, delirium, depression and anxiety in the elderly and the medically ill patient.
2. Management of primary mental disorders and mental disorders secondary to medical conditions in the medical setting.
3. Understand potential risks/benefits of using psychotropic medications in the medically ill and geriatric patient.
4. Assessment of suicide risk and management on medical floor.
**Patient Care**

1. Conduct comprehensive and accurate psychiatric interviews and review of data.
2. Formulate a comprehensive differential diagnosis, case formulation, and treatment recommendation.
3. Develop and sustain effective therapeutic and ethnically sound relationships with patients.

**Professionalism**

1. Seek necessary consultation to interpret complex medical data.
2. Enhance communication and harmony on team and between services.
3. Advocate for best disposition plan for patients.
4. Teaching medical students at bedside and with formal didactics.

**Roles and Responsibilities**

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<tr>
<th>Resident will:</th>
<th>Attending supervisor will:</th>
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<tr>
<td><strong>Scheduling and Attendance</strong></td>
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<tr>
<td>Participate in the 8:30 a.m. morning “bed” meeting when clinically indicated.</td>
<td>Participate in the 8:30 a.m. morning “bed” meeting when clinically indicated.</td>
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<tr>
<td>Attend daily triage meeting at 9:00 a.m. (Thaler Room, 1-8136); Ader room on Wednesday.</td>
<td>Attend daily triage meeting at 9:00 a.m. (Thaler Room, 1-8136); 8:45 a.m. on Wednesday.</td>
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<td>Attend afternoon rounds with attending physician and team Monday through Friday 1:00 p.m., rooms announced daily.</td>
<td>Attend afternoon rounds with attending physician and team Monday through Friday 1:00 p.m., rooms announced daily.</td>
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<tr>
<td>Be available Monday through Friday 8:30 a.m. – 5:00 p.m. (minimum hours) with the exception of core didactic time, and preceptor/supervisor time.</td>
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<td>Contact Barbara Olesko, RN, MS, NP, Coordinator and the PCLS secretary at 275-3592 with any conflicts, absences, etc.</td>
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<tr>
<td><strong>Mentorship</strong></td>
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<tr>
<td>Be familiar with the training objectives and expectations of this clinical rotation.</td>
<td>Review the training objectives and the site expectations herein with the resident at the beginning of the rotation.</td>
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<tr>
<td>Complete readings as clinically indicated and assigned.</td>
<td>Provide readings to resident as clinically indicated.</td>
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<td>Meet with the attending supervisor or responsible person one half hour weekly for supervision in addition to bedside teaching.</td>
<td>Meet one half hour per week with resident for individual supervision in addition to bedside teaching.</td>
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<td>Clinical Responsibilities</td>
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<td>Complete new consults as assigned daily, approximately 2-3 consults per day (dependent on consults requests received). Obtain daily sheet from PCLS secretary. Discuss assessment and recommendation with attending prior to putting note into chart.</td>
<td>Round on all new patient consultations within 24 hours. Offer feedback on interview skills, oral and written presentations.</td>
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<td>Complete follow-up on cases at a minimum of 2 – 3 times/week.</td>
<td>Review and critique management recommendations.</td>
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<td>Round with attending a minimum of once a week for follow-ups.</td>
<td>Round at least once a week with resident for follow-ups.</td>
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<td>Make changes in recommendation only with attending approval.</td>
<td>Be available to resident for consultation as needed.</td>
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<td>Complete transfers when indicated.</td>
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<tr>
<th>Academic Responsibilities</th>
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<tr>
<td>Provide supervision and bedside teaching to medical students as indicated.</td>
<td>Offer mentorship regarding teaching activities.</td>
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<tr>
<td>Teach at least 1-hour session of didactics to medical students during each medical student rotation (Weds. 10 – 11 a.m. following grand rounds).</td>
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<tr>
<td>Present at least one formal EBM presentation based on resident’s CL clinical patient experience to PCLS team. Plan on when to present should be covered with preceptor early in rotation to optimize experience.</td>
<td>Offer mentorship on EBM presentation</td>
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<td>Participate in weekly Friday case discussion and presentations.</td>
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<th>Evaluation and Feedback</th>
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<tr>
<td>Ask for regular, ongoing oral feedback. Be receptive to feedback.</td>
<td>Provide regular, ongoing feedback to the resident.</td>
</tr>
<tr>
<td>At the end of the rotation, provide a written feedback to the program regarding the attending’s teaching and the service as a teaching site.</td>
<td>Provide a written evaluation to the program at the end of the clinical rotation.</td>
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NEUROMEDICINE INTENSIVE CARE ROTATION
For PGY-2 and PGY-3 Neurology Residents

Medical Director: Debra Roberts, MD, PhD
Surgical Co-Director: Thomas Mattingly, MD
Nurse Manager: Sarah Gantz, RN, MSN
Lead Advance Practice Practitioner/Scheduler: Lindsay Marchetti MS, PA-C

NMICU Intensivists:
- Neuro Critical Care: Christopher Zammit MD, Imad Khan MD
- Anesthesia Critical Care: Peter Papadakos MD

Advance Practice Providers:
- Jenna Gonillo MS, ACNPC-AG, CCRN
- Jordan Hart PA-C
- George Heeks ACNP
- Kathryn Zelazny PA-C
- Catie McCann, ACNP
- Jeanette McCorry PA-C

For schedule questions please contact: Pam Marks, Pamela_marks@urmc.rochester.edu. 585-275-9238.

Mission Statement

The NeuroMedicine Intensive Care Unit’s mission is to provide state-of-the-art intensive care to critically ill neurosurgical and neurological patients.

Patient Population

The patient population includes critically ill patients with complex, potentially life-threatening neurosurgical and neurological illnesses. These illnesses include but are not limited to: ischemic stroke, hemorrhagic stroke, subarachnoid hemorrhage, ruptured AV malformations, brain herniation, status epilepticus, neuromuscular disorders requiring mechanical ventilation, head and spinal cord trauma, brain tumors, CNS infections, as well as any Neurology/Neurosurgery patient deemed critically ill and requiring a higher level of care.

Goals of the Educational Experience

The goal of the NeuroMedicine ICU rotation is to allow fellows, residents, APPs and medical students an opportunity to learn and apply neuro critical care principles in the above patient population. Unique aspects of this rotation are as follows:

- Management and post-operative care of neurosurgery patients including ICP and cerebral edema management, advanced neuromonitoring, and targeted temperature management.
• Diagnosis and management of neurological diseases that require critical care such as acute neuromuscular respiratory failure, infectious and/or autoimmune encephalopathy and status epilepticus.

• Exposure to life supporting interventions and devices including: vasopressors, arterial and central venous lines, mechanical ventilators, hypothermia, hemodynamic monitoring and Continuous Renal Replacement (CRRT).

• Identification and management of common critical care problems including, but not limited to, acute coronary syndrome, shock, sepsis, cardiac arrhythmias, adult respiratory distress syndrome (ARDS), and acute kidney injury (AKI).

• Working as part of a multidisciplinary team including critical care APPs, residents (neurology, neurosurgery, anesthesia, emergency medicine and PM&R) and critical care fellows (Anesthesiology, Surgery and Internal Medicine), nurses, pharmacist, respiratory therapy, social work, physical/occupational/speech therapy.

Description of NeuroMedicine ICU team members and responsibilities

**NeuroMedicine ICU Attending**

The NeuroMedicine ICU Attending is responsible for coordinating and supervising all activities within the unit. These include: patient care, education, triage of inter- & intra-hospital transfers, and communication among the ICU team and consulting services. It is the Attending who has the final responsibility in all aspects of unit function. It is expected that the NMICU Attending will be either present in the NMICU/ physician workroom or easily reachable and able to be bedside within 5 minutes of a call throughout the day. Likewise, the NeuroMedicine Attending’s should be easily reachable at night and be expected to return pages within 10 minutes.

In the event there is an issue that cannot be resolved by the NeuroMedicine ICU Attending the Director of the NeuroMedicine ICU (Dr. Roberts) should be contacted immediately.

**APPs: Nurse Practitioners (NPs) and Physician Assistants (PAs)**

The NeuroMedicine ICU APPs are familiar with all patients admitted to the service. It is the expectation that the APP will pre-round on every patient. They should be seen as a resource and utilized for any questions residents may have as they formulate patient care plans. On rounds the APP will assign roles as to who will write orders and update the hand-off. The APP is also responsible for triaging admissions, transfers and changes in patient status, performing procedures and keeping the attending informed of any emergent situations. They also assist with resident education when time allows.

Depending on the census, the APP may pick up patients. However, this will mainly fall to the residents as the APP chief responsibilities will be to carry the primary phone for the unit (x44569), attend to acute issues that arise with patients throughout the day and cover the fellow responsibilities when the fellow is not on the schedule or has educational requirements.
NeuroMedicine ICU Residents

The resident, under the direct supervision of the NeuroMedicine ICU attending, is the primary practitioner responsible for the care of patients (usually not more than 6) during the daytime. This includes pre-rounding each morning, presenting assigned patients (see format below), following up on the daily plan for their patients and assisting with family discussions, and performing supervised procedures (when appropriate). When not presenting on rounds, residents are expected to write orders or complete the electronic handoff for patients.

Residents are also responsible for admitting the majority of patients covered by the NMICU. This includes writing the H&P, placing orders, discussing case with attending and/or APP and creating an “interim hospital course summary” note. The interim summary should be updated daily by the covering resident.

When a patient is ready for transfer out of the ICU the resident is expected to complete their “interim hospital course summary” note and give verbal sign-out to the accepting provider team.

Residents will carry an assigned phone at all times when on the NMICU service. Each morning the resident should update the white board by the bar with the room numbers of the patients they are covering and the phone they are carrying that day. This assists the ICU nurses knowing who to call regarding questions about a patient.

The resident should be present and prepared for sign-out at 0600, attending rounds at 0830. They will also participate in afternoon rounds at 1600, and give report to the night team at 1800 on the unit. Residents will be encouraged and allowed to attend pre-determined mandatory lectures, conferences and meetings. Residents are expected to notify the team and sign out their patients prior to leaving for CME/other clinical obligations.

NeuroMedicine ICU Critical Care Fellow

The Critical Care Fellow, under the supervision of the NeuroMedicine Critical Care Attending, is responsible for supervising and coordinating the care of all patients in the ICU. They may be asked to be the “covering provider” for patients depending on staffing and census fluctuations. The fellow is also responsible for keeping the attending informed as to admissions, transfers and patient status. The fellow may be asked to assist and supervise procedures and/or family meetings. The fellow may lead daily rounds, as appropriate and to be determined by the attending on service.

Because of the full time presence of the APPs in the NMICU, the off-service fellow should utilize the APPs as a resource for learning Neuro-critical care procedure and treatment algorithms. The APPs will cover the fellow responsibilities when the fellow is not on the schedule or has educational requirements (i.e. conference) that will not allow the fellow presence in the ICU and vice versa.

When the fellow leaves the unit for the conference they must inform the APP and charge nurse of when they plan to return. The fellow will be expected to answer the pager for patient questions when on duty. The fellow will sign his patient out to the appropriate APP when finishing the shift. Sign out occurs on the unit at 1800.
Third and Fourth Year Medical Students/Sub-intern/APP students

The Medical students and APP students on the NeuroMedicine ICU service will be assigned patients to admit, evaluate, and present at morning rounds. Patient evaluation and procedures may be done by the student under appropriate supervision by the resident and/or Fellow or Attending.

Nursing Staff

A strong professional working relationship and communication with the nursing staff is of the utmost importance. The bedside nurse, using the structured format below, will lead rounds and they are encouraged to participate in formulation of the care plans for their patients. In addition to the bedside nurse, rounds are to include the charge nurse and/or care coordinator. Nursing will also attempt to avoid interrupting rounds for routine matters. Emergent issues should be brought to the team’s immediate attention.

Daily Routine of the NeuroMedicine ICU

Sign Out Rounds – 0600 daily

The incoming day practitioners will obtain a report from the night provider at 0600 regarding the overnight events, care plans and possible transfers in/out of the NMICU. This should be done as a “walking sign-out” from room to room. This has several benefits: the bedside nurse can participate, electronic handoff can be updated, and it allows the team to see each patient and obtain a consistent exam. All sign in/out activities will follow a structured format that adheres to the URMC GME Guidelines.

Morning Rounds – approximately 0830 daily

Bedside rounds with the NeuroMedicine ICU Attending will begin at approximately 0830 unless extenuating circumstances prevail – in which case the attending should make every effort to communicate with the charge RN and the team about the start time for rounds. Rounds are conducted using an interdisciplinary rounding style detailed in the attached “Rounding guide” and “Anatomy of a Presentation”. During rounds, if you are not presenting the patient, then you are either placing orders or updating the electronic handoff on that patient. Playing on your cell phone is not acceptable and will not be tolerated.

Evening Sign-out – 1800 Daily

The night provider(s) arrive at 18:00. Evening sign-out is conducted in exactly the same way as morning sign-out.
Notes

An admission or progress note will be written daily on every patient written and is the responsibility of the assigned resident responsible for that patient. *A medical student’s note is not considered the daily patient note and may NOT be copied for use in a provider note.* An Attending physician should cosign all notes written by a resident and fellow in a manner consistent with compliance guidelines.

Note Writing Templates

These are the only templates that should be used for Admission or Progress notes on NMICU patients. All sections must be completed including “Principle Diagnosis”.

<table>
<thead>
<tr>
<th>Progress notes</th>
<th>Admission Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>.NMICUProgress</td>
<td>.NMICUHP</td>
</tr>
</tbody>
</table>

Discharge and Interim Summaries

NMICU “interim hospital course summary” note will be written by the provider assigned responsible for that patient within 24 hours of admission and should be updated daily. This should then be converted into a discharge or transfer summary when the patient expires or moves out of the NMICU. In addition, a verbal sign out is expected between the NMICU and the receiving team at the time of transfer. If applicable discharge orders/plans should be verified with the team that will follow the patient after discharge.

Electronic Handoff

Electronic handoff should be updated each shift while rounds are occurring on the patient. These are then updated to reflect any new information/changes in care plan that may occur throughout the shift. The handoff is organized into several sections, which are outlined below along with their accompanying smart-phrases.

- **Descriptive Sentence** - .descriptivenmicu
  - 1 – 2 lines with significant PMH and diagnosis
  - current neuro exam (focus primarily on level of alertness and any focal findings)

- **Active Issues** - .activenmicu
  - Active issues/diagnosis only in a System by System format – This is NOT THE CARE PLAN. This is basically a fast reference for the overnight team if they need to know if “something is new”

- **To Do:**
  - All orders, plan changes and items that require follow up which were discussed on rounds are to be documented as a checklist
  - **DO NOT** delete items when completed, check them off so night providers know what has occurred and what needs follow-up.
The list should be deleted the next morning on rounds and the new day’s plan updated.

- **Anticipatory Guidance:**
  - Include important high risk events to watch for and/or ongoing follow up items
  - This section is also where the night team puts in any events or changes that happen overnight

**Consulting Services**

The Neuromedicine ICU is a closed unit but communication among the ICU staff and consulting services is absolutely essential to the smooth function of the unit. The quality of patient care depends on the lines of communication being open and used frequently.

While admitted to the unit, the NMICU will act as the primary provider team. Consulting services can make recommendations must orders but placed by the NMICU and approved by the NeuroMedicine Attending. Significant changes in care plans, a patient’s exam and/or their level of status should be communicated as soon as possible. Anticipated discharge of a patient from the ICU must be communicated in a timely fashion. Emergent admissions or discharges will be handled as judiciously as possible.

Any conflicts in the management of patients between the consulting services and the critical care team that cannot be resolved in a timely fashion should be brought to the attention of the Director of the NeuroMedicine ICU (Dr. Roberts) immediately.

**Quality Assurance**

The NeuroMedicine ICU reviews all Morbidity and Mortality cases monthly. A quarterly M&M is held for review of NMICU—Stroke cases. NMICU—Neurosurgery M&M cases are reviewed every 2 weeks at Neurosurgery Friday conference. A list of NMICU morbidity cases maintained on the Charge computer and is reviewed monthly.

**Unit Meetings**

- **NMICU provider meetings:** first and third Thursdays of the month at 5:00 pm – 7:00 pm
  - Teaching Lectures/Case Conference
  - Journal Club
  - Unit Business Meetings
  - Research Meeting
  - Mortality and Morbidity
- **Wednesdays 4-5 pm**
  - Critical Care Weekly Teaching Session
Research

A number of clinical trials are in the works. In addition considerable effort is going into the creating and maintenance of a comprehensive neuro-critical care research database in order to facilitate future research efforts. The residents/fellows and APPs are welcome to discuss research opportunities.

Recommended Reading


NMICU Rounding Expectations:

Pre-rounds:
- Talk to the nurse/RT/social work prior to rounds for any updates/needs/ concerns
- Notify charge nurse and APP each morning before 0830 of any “call outs”.
  - You will need to know the service, attending, and level of care.

During Rounds:
- When presenting, present to the whole team
- If you are not presenting, pull up imaging, fill out the handoff, or enter orders.
  - One person will place orders
  - Another will complete the handoff and pull up any new imaging
  - State what you are doing just prior to the start of the presentation so the rest of the team knows
- Anatomy of the presentation is described on following pages
  - Goal is to be thorough and thoughtful, but not redundant
  - When presenting events and data, provide context and tell a story, why is this data and its change/stability important.
  - Don’t state things in the plan that were discussed in the date (or vice versa).
  - Standing medications & orders are in the plan.
  - Do NOT present with the idea that a plan will be told to you. It is absolutely okay to be off the mark. Just share what you are thinking and why. You are here to learn. We can do that best if we know what you know.

Outside of rounds:
- OWN your patients. You should run changes by or ask for help from the APP/Fellow (x44569) or attending but if nursing comes to you with concerns you are comfortable with feel free to address them.
- Have the Neurology and Neurosurgery residents in close contact. Update them in real time with changes in neuro exams and pertinent plan changes
- Do not blindly implement recommendations of consultants. The vast majority of the time they will be helpful, but they may conflict with the big picture or fail to consider some crucial data/ information.
- Keep families up-to-date. ALWAYS know who their surrogate/ proxy/ point person is. If you see them in the room, say hello, introduce yourself, and offer to answer any questions.
  - One word of caution: sometimes visitors are NOT part of the family. Before relaying information about the patient, be sure you are speaking to the correct person. If they are not the point person, politely inform them who in the family is being kept up to date and that they should speak with that person for information.
Anatomy of the Presentation:

Introduction:

**Provider**
1. Patient introduction
2. Events since rounds the prior day
3. 24hr pertinent data
4. Imaging since evening sign out
5. Additional 24hr information
6. Neuro exam

**Nursing**
7. Neuro exam
8. Rates of current infusion

Assessment and Plan

- We round moving through body systems in the following order:

<table>
<thead>
<tr>
<th>1. NEURO</th>
<th>5. GASTROINTESTINAL</th>
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<tbody>
<tr>
<td>2. PULMONARY</td>
<td>6. ENDOCRINE</td>
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<tr>
<td>3. CARDIOVASCULAR</td>
<td>7. HEME</td>
</tr>
<tr>
<td>4. RENAL</td>
<td>8. INFECTIOUS DISEASE</td>
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- Each system will be addressed individually using the outline below:

**Provider**
1. Introduction of body system (aka “Respiratory”)
2. Physical exam if applicable
3. Observations and subjective data (aka secretions, urine color, IV access)
4. Diagnoses
5. Current device settings and anticipated changes (ICP monitor, Ventilator, CRRT, etc)
6. Input from consultant services
7. Proposed plan

**Nursing**
8. Feasibility of plan

Summary

1. Review of lines, lab frequency
2. Review of orders
3. Review of nursing plan & expectations
Body systems data:

This is a list of the most commonly seen data points we look for in each system. Not all data will exist for each patient and there may be relevant information not mentioned below. Please use your clinical judgment when deciding what needs to be presented.

1. Neuro
   • Examination:
     o Level of Consciousness
     o Cranial Nerves / Visual Fields:
       o Language
     o Motor
     o Sensory
     o Tone / Reflexes
     o Coordination / Gait

   • 24-hour data
     o EVD (level and output)
     o ICP Range
     o CPP Range
     o ICP Waveform
     o Pbt O₂ range
     o Brain temp range
     o CSF results
     o AED levels
     o Sedatives / analgesics / Anti-psychotic PRNs
     o Shivering meds
     o TCDs
     o EEG results
     o Neuroimaging

2. Pulmonary
   • Examination:
     o secretions
     o breath sounds

   • 24-hour data
     o Vent or noninvasive O₂ needs
       o Tidal volume, PEEP RSBI, RR, FiO₂
     o EtCO₂
     o SpO₂
     o ABG (with FiO₂ and Vent settings when drawn)
     o CXR
     o Bedside (ICU) Lung U/S
     o Respiratory / Secretion PRN Meds

3. Cardiovascular
   • 24-hour data
     o Rhythm, HR
     o BP/MAP range
     o Cardiac gtt requirements
     o BP PRNs given
     o Echo Results
     o EKG results
     o Troponins:
     o Lactate ranges

4. Renal/ Fluids/ Electrolytes
   • 24-hour data
     o IVF (type, rate)
     o Tube Feeds (type, rate)
     o U/O (mL/kg/hr)
     o Net I/O over 24hrs
     o Daily weight
     o Abnormalities on BMP
     o Osmols
     o Urine studies
5. GI/ Nutrition/ Endo:

- 24-hour data
  - Residuals
  - Last BM
  - Bowel Regimen PRNs given
  - LFTs, Lipase, Prealbumin
  - Swallow Evaluation Result
  - Glucose range:
    - 24 insulin need
  - Hb A1c
  - Thyroid Studies

6. Heme

- 24-hour data
  - H/H
  - Platelets
  - Coags
  - Vascular Doppler results
  - VTE prophylaxis

7. Infectious Disease

- 24-hour data
  - $T_{\text{max}}$
  - Temp range
  - WBC trend
  - Culture results
  - Antibiotic Level
INTEGRATED NEUROMUSCULAR DISEASE/EMG ROTATION

Overview of the Rotation

PGY-4 Neurology Residents spend two 4-week blocks on the Neuromuscular/EMG rotation. Those residents who are interested in a further neuromuscular disease experience are encouraged to spend an additional 4 weeks on this rotation, resulting in a 3-month integrated Neuromuscular Disease/EMG rotation.

Faculty and Staff

- Emma Ciafaloni, M.D. (Neuromuscular Medicine Fellowship Program Director, Co-Director Muscular Dystrophy Association Clinic)
- Chad Heatwole, M.D.
- David Herrmann, M.D (Neuromuscular Unit Chief, Peripheral Neuropathy Clinic Director)
- Eric Logigian, M.D (Clinical Neurophysiology Program Director, University of Rochester EMG Laboratory Director, Neuromuscular/EMG Rotation Director)
- Michael Stanton, MD
- Rabi Tawil, MD (Neuromuscular Pathology Laboratory Director. Co-Director Muscular Dystrophy Association Clinic)
- Charles Thornton, M.D.
- Michele Ferguson (EMG Lab Manager)
- Shareen Marquez (EMG technician)
- Julie Lanning (EMG technician)

General Overview of the 2 or 3-Month Rotation

The following components will run concurrently for the rotation:

1. EMG laboratory - 5 half days/week
2. Neuromuscular clinics - 3 half days/week
3. Thursday lunchtime neuromuscular conference
4. Weekly EMG conference - Friday mornings - 1 hour didactic teaching in EMG
5. Sign out conference in the EMG lab - daily 4 – 5 PM. (Applicable when resident is scheduled in EMG)
6. To document improvement in knowledge base, two brief written examinations are given at the beginning and end of the rotation.
7. Continuity experience:
a. Residents who rotate through neuromuscular/MDA and Peripheral Neuropathy clinics will participate in and perform electromyography studies on their clinic patients (from the morning), the same afternoon where possible.

b. Residents will interact with all members of the neuromuscular faculty during their rotations.

Overall Goals of the Neuromuscular/EMG Rotation

1. To learn the clinical presentation of the major neuromuscular diseases, and to perform a neuromuscular history and examination.

2. To learn the detailed spatial anatomy of the peripheral nervous system with reference to surface landmarks.

3. To localize peripheral nerve lesions precisely, and to determine their pathophysiology, severity and prognosis.

4. To gain a basic understanding of the electrical signature of the various neuromuscular diseases affecting anterior horn cell, nerve, neuromuscular junction, and muscle.

5. To learn to perform nerve conduction studies for common nerves using surface electrodes and percutaneous nerve stimulation.

6. To learn basic needle electromyography techniques and motor unit analysis.

7. To gain familiarity with neuromuscular ultrasound and its diagnostic utility in disorders of nerve and muscle.

Objectives of the EMG Laboratory Component

1. Learn as much peripheral anatomy as possible.

2. Learn the basic physiology of nerve conduction and EMG.

3. Understand the strategy to rule in or out:
   a. Myopathy
   b. Disorder of muscle membrane
   c. Disease of NMJ
   d. Polyneuropathy
      i. Axonal
      ii. Demyelinating
iii. Sensory, motor, autonomic

e. Mononeuritis multiplex

f. Entrapment neuropathy

g. Plexopathy

h. Radiculopathy

i. Motor neuron disease

j. Sensory neuropathy

4. Be able to perform basic nerve conduction studies independently but understand advanced conduction studies, late responses, reflex studies, and repetitive stimulation.

5. Begin to perform needle electromyography and recognize common abnormal waveform patterns.

**Detailed Description of the EMG laboratory Component**

Patients are seen in EMG laboratories at University of Rochester Medical Center and at Westfall Road daily. Patients are typically seen in 60-90 minute time slots.

The goals of each electrophysiologic study are to localize the lesion precisely, and determine its pathophysiology, severity and prognosis. This is accomplished as follows: A directed history and a neurological examination are performed and recorded. A diagnostic hypothesis is generated, and an individualized electrodiagnostic study is then planned and performed. Nerve conduction studies are performed first, followed by needle electromyography. As the results of the study come in, the hypothesis may be changed and the study may be redesigned as necessary. At the end of the study, the electrophysiologic abnormalities must be internally consistent and correlate closely with the patient's signs and symptoms.

It follows that clinical electrodiagnosis requires knowledge of neuromuscular diseases, detailed knowledge of anatomy of the peripheral nervous system, understanding of normal and abnormal electrophysiology of nerve and muscle, technical expertise in performing the various tests and ability to differentiate abnormal from normal electrical signals. The resident rotation in EMG is designed to teach the fundamentals in these various areas.

During the EMG rotation, residents will begin to learn the detailed spatial anatomy of the peripheral nervous system with reference to surface landmarks. In addition, they will gain a basic understanding of the electrical signature of the various neuromuscular diseases affecting nerve, neuromuscular junction, and muscle. They will begin to learn to perform nerve conduction studies using surface electrodes and percutaneous nerve stimulation.

Residents will have the opportunity to perform common nerve conduction studies on patients referred to the laboratory, under direct supervision, and only after they pass a test documenting
basic knowledge of peripheral anatomy, electrophysiological abnormalities of the most important neuromuscular diseases, and demonstrate that they are technically competent in placement of electrodes, stimulation of nerves, needle electromyography, and use of the EMG machine.

In addition to the supervised evaluation of patients, there are other teaching opportunities. There is a daily EMG sign-out at which time pertinent cases from the day are reviewed and reports are generated. There is also an EMG conference once per week from 11:00 am to noon on Fridays after Grand Rounds. This is a recommended didactic lecture series, given by EMG/Neuromuscular staff and Fellows, in which the basic principles of electrodiagnosis, and the clinical and electrophysiologic findings of the major neuromuscular diseases are reviewed.

### Resident Responsibilities and Expectations in the EMG Laboratory

**First Week**

1. Observe for 1-2 days
2. Read introductory chapters in Preston & Shapiro, Chapters 1-4.
3. Learn surface anatomy for nerves and muscles in the arm (See Aids to the Examination of the PNS).
5. Practice on self/Fellows/Technicians: learn to perform median, ulnar, tibial, and peroneal motor and sensory nerve conduction studies and F responses.
6. Take initial Exam

**Second Week**

1. Practical test.
2. Read chapter 8: Artifacts and Technical factors.
4. Perform median, ulnar, peroneal, and tibial nerve conduction studies with supervision in patients with carpal tunnel syndrome, ulnar neuropathy, cervical radiculopathy, peripheral neuropathy, and lumbosacral radiculopathy.
5. Read relevant chapters in Preston & Shapiro on each patient seen.
Third Week
1. Continue to practice and perform routine nerve conduction studies.
2. Read chapters 12, 13, 14, 15 on needle EMG; view videotapes of EMG activity.
3. Begin needle examination with supervision.

Fourth Week
1. Read Chapter 6: Repetitive Nerve Stimulation
2. Perform 3 Hz repetitive stimulation of the ulnar nerve.
3. Read chapter 15: Clinical and Electrophysiologic Correlations: Overview and Common Patterns

Months 2 and 3
1. Residents will be assigned cases in the electromyography laboratory, and will perform all aspects of the electrodiagnostic evaluation on their cases.
2. Residents will be given cases of increasing complexity during the latter part of the rotation.
3. Residents will learn to perform independent electrodiagnostic examinations for cases of low-moderate complexity.
4. Residents perform electrodiagnostic examinations on cases they refer from the neuromuscular clinics.
5. Take Final Exam

Description of the Neuromuscular Clinic and Muscle/Nerve Pathology Component
Residents will spend approximately three, 1/2 days of the week rotating through the neuromuscular/MDA/ALS and peripheral neuropathy clinics at University Rochester Medical Center during their rotation. Residents will participate fully in these clinics and conduct both new patient and interesting follow-up patients in conjunction with a neuromuscular attending. With possible, residents will also be involved in any electrodiagnostic testing that is conducted on these patients during the rotation. Residents will be responsible for following up on patient seen during the rotation under the supervision of a neuromuscular attending.
Learning Objectives of the Neuromuscular Clinic and Muscle/Nerve Pathology Component

1. To expose the resident to a wide variety of acquired and inherited disorders of muscle, nerve, neuromuscular junction and anterior horn cells.

2. To develop a comfort level in the clinical evaluation, selection and interpretation of diagnostic testing and management of neuromuscular disorders.

3. To develop a comfort level in decision making in neuromuscular disorders – e.g. when to admit a myasthenic patient, when to use plasma exchange or IVIg in myasthenia gravis.

4. To gain experience in the use and indications for various immune therapies in neuromuscular disorders (steroids, azathioprine, methotrexate, mycophenolate, cyclosporine, IVIg, plasma exchange).

5. To gain experience in the supportive management of patients with chronic neuromuscular disorders (e.g. ALS, CMT, muscular dystrophy).

6. To learn basic histopathology of common neuromuscular disorders.

7. To develop a sound theoretical knowledge base in neuromuscular disorders through targeted reading, clinical exposure and faculty teaching.

**Neuromuscular/EMG Rotation Schedule**

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<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM</td>
<td>Neuropathy Clinic</td>
<td>EMG SMH</td>
<td>NMD/MDA/ALS Clinic</td>
<td>Neuropathy Clinic</td>
<td>Grand Rounds EMG Lecture</td>
</tr>
<tr>
<td>PM</td>
<td>EMG SMH</td>
<td>EMG SMH</td>
<td>NMD/MDA/ALS clinic or EMG laboratory</td>
<td>EMG SMH</td>
<td>EMG Westfall</td>
</tr>
</tbody>
</table>

Residents will participate in their own continuity clinic rather than on the NMD/EMG rotation on their assigned firm ½ day.

**Rotation Conclusion**

A multiple choice examination will be administered to test knowledge of neuromuscular disorders, neuroanatomy and principles of electromyography.
CLINICAL NEUROPHYSIOLOGY and EPILEPSY ROTATIONS
FOR 1st, 2nd and 3rd YEAR NEUROLOGY RESIDENTS

Faculty:
James Fessler, M.D.
Michel Berg, M.D.
Gretchen Birbeck, M.D., M.P.H.
Deana Bonno, MD
Michael Chilungu, M.D.
Darla Darby, D.O.
Robert Gross, M.D., Ph.D.
Lynn Liu, M.D.
Olga Selioutski, D.O.

Laurie Seltzer, D.O.
Trenton Tollefson, M.D
Thomas Wychowski, MD

Psychosocial Faculty:
John Langfitt, Ph.D.
William Watson, Ph.D.
Michael Privitera, M.D.

The Clinical (central) Neurophysiology Laboratory is part of the epilepsy unit and is under the leadership of Michel Berg, MD. The laboratory structure is highly integrated with the clinical operation. The neurophysiology laboratory includes out-patient and in-patient EEG and EP laboratories, intraoperative monitoring and long term EEG monitoring services. Lynn Liu, MD supervises the fellow and residency training.

SEC Resident Rotations:
General Guidelines

- Each of the first year neurology residents (PGY-2) spends a 2 two-week blocks on the inpatient SEC service. They will also have the opportunity to spend 2 weeks in the EEG lab and read some EEGs with the clinical neurophysiology fellow and attending.

- Each of the second year neurology residents (PGY-3) may spend a 2-4 week block on the EEG service and is directly supervised by the clinical neurophysiology fellow and attending.

- Each of the third year neurology residents (PGY-4) optionally spends a 6-8 week block on the advanced neurophysiology rotation, which may consist of a mixture of the clinical epilepsy service and/or the EEG service.

- While on the EEG service the residents have no other epilepsy service clinical responsibilities (specifically they have no outpatient or in-patient direct care responsibilities), except for their weekly outpatient resident firm or Westfall Road Clinic.

- Performance is evaluated at the end of each resident rotation by the supervising attending, based on the direct observation of the resident to achieve the goals of the rotation.
First Year Neurology Resident (PGY-2) SEC Rotation

Description:

The neurology resident on the SEC service is responsible for care of all epilepsy service inpatients with the Epilepsy Fellow and the SEC attending. During this rotation the resident will be introduced to the field of epilepsy and basic EEG.

Objectives:

1. Learn the characteristics of seizures and epilepsy syndromes including differentiating types and determining appropriate treatment options.
2. Improve basic understanding of the etiologies and pathophysiology of seizures and their clinical implications.
3. Demonstrate competency in the evaluation and management of patients with epilepsy, including all aspects of neurophysiological, medical, psychosocial, and surgical approaches.
4. Display a thorough understanding of the psychosocial implications and limitations of a diagnosis of epilepsy and develop an empathetic approach towards these patients.
5. Participate in the diagnosis and treatment of psychogenic events (conversion disorders), by learning the etiologies, psychosocial dynamics, and approaches to interactions.
6. By the end of the rotation, be able to competently formulate and implement treatment plans for patients with seizures, epilepsy and the differential diagnoses of paroxysmal events.

Responsibilities:

Daily Management of SEC inpatients:

- Pre-round around 8:30 - 9:00 AM to assess how the patient has done overnight and if there have been any episodes.
- Sign-in rounds (LTM Room 5-2530) with the SEC and LTM attending between 9:30-10:00 AM Monday-Thursday and at as arranged on Fridays) and make a plan for the day – reduce medications, additional provocative actions, other tests, etc. Then you will round with the attending and share the plan with the patients.
- Document in a daily progress note in eRecord and send the note for co-signature by the SEC attending and write any necessary orders. .secprog
- Document the EEG results of the last 24 hours in the progress note under the section: Interim video-EEG long term Monitoring (LTM) report: ***.
- For intracranial monitoring cases, make sure they have antibiotics every day. Check vital signs more frequently. Check the plan for steroids with neurosurgery. Do not touch the dressing. CSF leak and pain management issues should be addressed to neurosurgery.
• Sign out rounds are between 4-6 PM mostly for hand off between the attendings.

Weekend rounding responsibilities

• Come in one weekend day a week. You should have one weekend day off per week. (Work with the attending or fellow whether it be Saturday or Sunday)

• Round with attending and write daily progress notes on all SEC admitted patients

Admission Duties

• Admit any scheduled admissions to 5-1600 or 8North (see peds section), write the admission note .secadmit and place any admission orders with medication reconciliation in E-Record.

• Discuss case, plan, and recommendations with the attending.

• Use the Epilepsy Order Set, it should walk you through: Seizure precautions, vital signs daily for the adults, Rescue benzodiazepine, Pain meds (acetaminophen or ibuprophen), and diphenhydramine for the itching of the electrodes.

• See urgent inpatient or outpatient SEC consultations. Evaluate and discuss the plan for the patient with the SEC attending.

• Handoff at the end of the day for each patient.
  o Write the one liner about the patient and add .gagsec (general anticipatory guidelines)
  o Customize specific rescue plan for each patient
  o Then assign a covering provider who you can find under web paging:
  o Neurology First call: evening 4-8 PM and nights 8 PM-8 AM

Discharge Duties

• Attend discharge discussion to know the conclusion of the monitoring evaluation and the patient’s and their families understanding. Document in the discharge instructions/avs.

• Complete the discharge instructions and discharge summaries in E-Record for the patients. Send a copy to the PCP and the referring neurologist and SEC physician (If there is one – when E-Record able). .secdcavs and .secdischargesummary

• If the patient was diagnosed with PNEA, there is a specific template: .pneadc (AVS) and .pneadcsummerycourse. There is even a Spanish version of the AVS: .pneaspan

• To schedule a follow up appointments in about 6-8 weeks at the Strong Epilepsy Clinic at Westfall call the physician line at 341-8970. Remember to give time for Patient Review Conference (PRC) discussion for surgical patients (coordinate with Sara Ludwig 5-3681)
Miscellaneous Considerations

• As cases allow, attend:
  o Observe at least one LTM patient hook-up, and review LTM data with the technologists and the LTM fellows.
  o Intraoperative electrocorticography during craniotomy for epilepsy surgery
  o Brain mapping sessions in patients with subdural grids admitting for monitoring
  o Intracarotid amobarbital procedures (Wada tests) for memory and language localization

• Attend Wednesday Noon Clinical Neurophysiology conferences (Garvey Room)

• As time permits, attend Wednesday 3:00 PM Patient Review Conference (PRC) discussion of patient being evaluated for surgical resection (Garvey Room).

Recommended Reading List:
Initial Management of Epilepsy. J.French and T. Pedley, NEJM; Volume 359:166-176
Second Year Neurology Resident (PGY-3) EEG Elective

Description:

The purpose of the Second Year EEG rotation is to provide an introduction to EEG and other neurophysiological procedures.

Objectives:

1. Understand the basic neurophysiological generators of the EEG patterns.
2. Be able to recognize normal adult and child recordings and their various patterns in all normal states.
3. Be able to recognize common abnormal EEG patterns including:
   - Gross focal features and asymmetries
   - Encephalopathy and coma
   - Epileptiform discharges and ictal patterns
4. Become familiar with EEG recording techniques and equipment in all age groups and conditions. Understand the variety of sources responsible for artifacts.
5. Become familiar with other applications of EEG and Evoked Potentials (e.g. intraoperative).
6. Demonstrate competence generating normal EEG reports using ACNS guidelines.

Responsibilities:

On your first day, contact Steve Erickson, Ramona Heisig-Cramner or Lynn Liu to arrange access to EEG reading room and login to the EEG computer system.

During the first two weeks:

1. Attend from start to finish at least one:
   - Inpatient EEG adult and child
   - Have an EEG done and demonstrate reactivity of occipital rhythm, mu rhythm, lambda waves, and stimulus evoked K-complexes.
   - Portable EEG (Coma, r/o status epilepticus, ECI)
   - Neonatal EEG
   - Evoked potential study
2. Introduction to the EEG machine
   - Learn to run a study with one of the EEG technologist
   - Learn electrode placement system on mannequins
   - If interested, place electrodes on a human with the assistance of an EEG technologist
3. Writing Reports

- Write reports on EEGs assigned by the EEG fellow
- Receive feedback on each report from a Neurophysiology attending
- Read about the EEG finding and associated epilepsy syndrome or clinical condition

**During the entire session:**

1. Learn basic approach to EEG interpretation; study daily outpatient and inpatient EEGs with EEG fellows and attending.

2. As cases allow, attend at least:
   - One intraoperative monitoring during carotid endarterectomy, tilt table test with EEG or electrocorticography
   - One intraoperative EP recording during complex spine surgery

3. Attend weekly conferences:
   - Monday through Friday daily LTM conference 11:00 AM - LTM room (5-2530)
   - Wednesday 3:00-5:30 PM Patient Review Conference (PRC) – Garvey room
   - Wednesday Noon Clinical Neurophysiology - EEG conference - Garvey room

4. Spend all other time in the EEG reading room.

**Recommended reading list:**

1. Handouts
   - ACNS Guidelines for writing an EEG report

2. Ebersole, Current Practice of Clinical Encephalography:
   - Chapters 2: Electrical Fields & Recording Techniques
   - Chapters 4: Artifacts
   - Chapters 6: An Orderly Approach to Visual Analysis: Characteristics of the Normal EEG of Adults & Children
   - Chapters 8: Benign EEG Variants & Patterns of Uncertain Clinical Significance
   - Chapters 9: An Orderly Approach to the Abnormal EEG

3. Niedermeyer, Electroencephalography, Clinical Application, and Related Fields:
   - Chapters 5: EEG recording and operation of the apparatus
   - Chapters 6: The EEG signal: Polarity and Field Determination
   - Chapters 45: Neonatal EEG
Third Year Neurology Resident (PGY-4) SEC Rotation
Advanced SEC/ Neurophysiology

Description:

- The third year neurology resident may work either as a junior fellow on the SEC service or in the EEG lab.
- On the SEC service, the resident will be responsible for direct supervision of inpatient care in consultation with the Epilepsy Fellow and the SEC attending.
- In the neurophysiology lab, the resident is expected to improve EEG skills by reviewing daily EEGs and focus on increasingly difficult EEGs and act as a junior fellow in the EEG lab reading and writing EEG reports under the supervision of the EEG fellow and attending.

Objectives:

1. Solidify knowledge of seizures and epilepsy (improve on all the objectives expected for PGY-2 year).
2. Improve basic foundation of reading and interpreting EEG or LTM.
3. Demonstrate competence in generating normal and abnormal EEG reports.
4. Expand skills in the evaluation of patients with seizures and epilepsy.
5. Participate in diagnosis and treatment of psychogenic seizures (conversion disorders), learning the etiologies, psychosocial dynamics, and approach to interactions.
6. By the end of the rotation, be able to competently formulate and institute treatment plans for patients with seizures, epilepsy and related conditions.

Responsibilities on the SEC service:

Daily Management of SEC inpatients:

- Pre-round around 8:30 - 9:00 AM to assess how the patient has done overnight and if there have been any episodes.
- Sign-in rounds (LTM Room 5-2530) with the SEC and LTM attending between 9:30-10:00 AM Monday-Thursday and at 11 AM on Fridays) and make a plan for the day – reduce medications, additional provocative actions, other tests, etc. Then you will round with the attending and share the plan with the patients.
- Document in a daily progress note in eRecord and send the note for co-signature by the SEC attending and write any necessary orders. .secprogip
- Document the EEG results of the last 24 hours in the progress note under the section: Interim video-EEG long term Monitoring (LTM) report: ***.
- For intracranial monitoring cases, make sure they have antibiotics every day. Check vital signs more frequently. Check the plan for steroids with neurosurgery. Do not touch the
dressing. CSF leak and pain management issues should be addressed to neurosurgery.

- Sign out rounds are between 4-6 PM mostly for hand off between the ICU and SEC attendings.

**Weekend rounding responsibilities**

- Come in one weekend day a week. You should have one weekend day off per week. (Work with the attending or fellow whether it be Saturday or Sunday)
- Round with attending and write daily progress notes on all SEC admitted patients

**Admission Duties**

- Admit any scheduled admissions to 5-1600 or 8N (see peds section), write the admission note `.secadmit` and place any admission orders with medication reconciliation in E-Record.
- Discuss case, plan, and recommendations with the attending.
- Use the epilepsy order set, it should walk you through: Seizure precautions, vital signs daily for the adults, Rescue benzodiazepine, Pain meds (acetaminophen or ibuprophen), and diphenhydramine for the itching of the electrodes.
- See urgent inpatient or outpatient SEC consultations. Evaluate and discuss the plan for the patient with the SEC attending.
- Handoff at the end of the day for each patient.
  - Write the one liner about the patient and add `.gagsec` (general anticipatory guidelines)
  - Customize specific rescue plan for each patient
  - Then assign a covering provider who you can find under web paging:
  - Neurology First call: evening 4-8 PM and nights 8 PM-8 AM

**Discharge Duties**

- Attend discharge discussion to know the conclusion of the monitoring evaluation and the patient’s and their families understanding. Document in the discharge instructions/avs.
- Complete the discharge instructions and discharge summaries in E-Record for the patients. Send a copy to the PCP and the referring neurologist and SEC physician (If there is one – when E-Record able). `.secdcavs` and `.secdischargesummary`
- If the patient was diagnosed with PNEA, there is a specific template: `.pneadc` (AVS) and `.pneadcssummarycourse`. There is even a Spanish version of the AVS: `.pneaspan`
- To schedule a follow up appointments in about 6-8 weeks at the Strong Epilepsy Clinic at Westfall call the physician line at 341-8970. Remember to give time for Patient Review Conference (PRC) discussion for surgical patients (coordinate with Sara Ludwig 5-3681)
- Complete the Discharge Instructions and Summaries summarizing the events of the hospitalization and the preliminary EEG conclusions as they were discussed with the patient. Follow up appointments are scheduled 6-8 weeks (adjusting for a surgical PRC if necessary) after admission with the outpatient SEC attending. Call 341-7500 to make the appointment.
- See urgent inpatient or outpatient SEC consultations. Evaluate and discuss the plan for the
patient with the SEC attending.

- Daily review LTM with the LTM fellow and the LTM attending.
- Observe at least one LTM patient set-up and several hours of LTM playback with the Technologist and LTM Fellow.

**Responsibilities on the EEG rotation:**

On your first day, contact Steve Erickson, Ramona Heisig-Cramner, or Lynn Liu to arrange access to EEG reading room and login to the EEG computer system.

1. Daily reading of EEGs with EEG fellow and Neurophysiology attending:
   - Daily review of outpatient and inpatient EEGs as directed by EEG fellow.
   - Review the study with the Neurophysiology attending.
   - Generate EEG reports of normal and abnormal EEGs using ACNS guidelines.

2. Attend at least:
   - One intraoperative electrocorticography monitoring during a craniotomy for resection
   - One intracarotid amobarbital procedure (Wada test) for memory and language lateralization
   - One intraoperative monitoring during carotid endarterectomy or tilt table test with EEG or PET scan if available
   - One intraoperative EP recording during complex spine surgery

3. Attend LTM, PRC & EEG Conferences.

**Recommended reading list:**

_Ebersole_, Current Practice of Clinical Encephalography:

- Chapter 5: Physiological Basis of the EEG
- Chapter 7: Electroencephalography of the Newborn
- Chapter 10: Epilepsy and Syncope
- Chapter 11: Focal Brain Lesions
- Chapter 12: Diffuse Encephalopathies
- Chapter 13: Organic Brain Syndromes and Dementias
- Chapter 14: Coma, Other States of Altered Responsiveness and Brain Death
- Chapter 15: Drug Effects
- Chapter 16: Long-Term Monitoring
- Chapter 17: Chronic Intracranial Recording and Electrocorticography
- Chapter 23: Intraoperative Monitoring

_Niedermeyer_, Electroencephalography, Clinical Application, and Related Fields:

- Chapter 9: The Normal EEG of the Waking Adult
- Chapter 10: Sleep and EEG
- Chapter 11: Maturation of the EEG: Development of Waking and Sleep Patterns

_Pedley/Engel_ or _Wyllie_ chapters on seizures and epilepsy, as directed by the SEC attending.
GUIDELINES FOR THE RESIDENT FIRMS

Philosophy of the Firms

The neurology resident firms were established in 1987 to provide the best possible patient care and resident education in a hospital-based neurology continuity clinic. The firms were set up in such a way as to simulate, as much as possible, a private-practice setting. Continuity of patient care and resident education were a high priority in the design of the firms. Hence, residents are assigned to a specific firm, headed by two attending neurologists, for their entire four years of their residency. Also, the patients are maintained as much as possible in the same firm, even though residents change every four years. In this way, the firm attendings will be familiar with the more complex firm patients and smooth the transition of resident turnover.

We view the firms as the most important outpatient activity for the neurology residents, since they provide a continuity experience for learning how to care for a cohort of patients. In addition, a unique mentoring relationship develops between the residents and the firm attendings over four years.

In order to ensure that the firms operate as efficiently as possible, the following guidelines have been developed:

Appointments

Patient appointments for the Neurology Resident Firms at Strong Memorial Hospital are scheduled from 1:00 - 5:00 p.m. during the week. Appointments are made by the Scheduling Center in the Department of Neurology, according to the following rules:

- PGY-1 residents are allotted one hour for both new and follow-up patients from July through September. Starting in October, they will be allotted one hour for new patients and 30 minutes for follow up patients, and will have a 30-minute unavailable slot in their schedule to complete administrative tasks or to use at their discretion to add an urgent follow up appointment.
- PGY-2, PGY-3 and PGY-4 residents will be allotted one hour for new patients and 30 minutes for follow up patients with a 30-minute unavailable slot in their schedule to complete administrative tasks or to use at their discretion to add an urgent follow up appointment.

Appointment length summary:

- New: 60 minutes
- Follow-up: 30 minutes (60 minutes for PGY-1’s for the first 3 months)
- Un-Admin: 30 minutes for all levels

Residents may not change their schedules without prior, written approval from their firm attending. Once a change is approved, please email the staff with the change and the name of the person covering.

Residents are expected to personally follow in their own firm those patients they treated as inpatients or in the ED. However the resident clinic support team member can assist with other options if no slots are available. The neurology resident must personally schedule a follow-up clinic appointment in his/her firm for any 5-1600 inpatient or ED patient who needs follow-up at
the time of discharge. The resident needs to ensure that follow up appointments are made prior
to the patient’s discharge or if after hours, the next business day. Residents should also send an
in-basket message to the AC1 Neurology Staff Pool with the name of the patient, the name of
the resident with whom the patient should be scheduled, and when the patient needs to be
seen.

It is the responsibility of the resident to see patients in a timely manner. Residents should
inform waiting patients if they are running late. Patients should not be turned away because a
resident is running behind schedule.

Every effort is made to obtain the medical record and/or medical information for every patient.
Occasionally no information is available at the time of the visit (but this should be a rare
occurrence). Patients are to be seen whether or not a medical record is available at the time of
the appointment.

No appointments can be scheduled for patients with private insurance unless they have a valid
referral number or they have signed a waiver. This includes patients being scheduled for follow-
up after a 5-1600 admission. No exceptions can be made. The patients’ primary care
physicians provide referral numbers.

Follow-up appointments are scheduled at checkout at the convenience of the patient. If the
hour is late and an appointment cannot be scheduled at checkout, please ask the patient to call
the scheduling office (access center) at 275-1200 the following day for an appointment.

Automated reminder calls or texts are made to each patient 4 days prior to a regularly
scheduled appointment.

Test scheduling: An order must be placed in e-record by the resident before any test can be
scheduled. Checkout staff cannot schedule tests without a properly entered order for a test.
The patient note must be completed within 24 hours so that authorization for the test can be
obtained. Note must be completed stat for all stat orders.

Messages

Routine patient messages and messages concerning prescription renewals are sent to the in-
basket of the resident as soon as they are received. Residents are responsible for checking
and addressing their in-basket messages throughout the day. All non-urgent messages and
medication refills should be addressed within 24 hours.

The resident will be messaged through e-record and paged with any urgent messages. Being
paged to the office should alert the resident that it is necessary to personally respond to a
message. This page should be returned as soon as possible. The resident must also return the
patient’s call personally. The support staff is not medically qualified, and therefore cannot relay
urgent messages to the patient for the resident.
Phone Numbers

The patient appointment number is: 275-1200.

Other useful numbers:

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support staff/schedulers</td>
<td>1-7450</td>
</tr>
<tr>
<td>Direct line to secretaries (not for patient use)</td>
<td>1-7450</td>
</tr>
<tr>
<td>Check-in</td>
<td>5-1247 / 5-7198</td>
</tr>
<tr>
<td>Check-out</td>
<td>5-1247 / 5-7198</td>
</tr>
<tr>
<td>Administrator</td>
<td>1-7429 or 764-9038</td>
</tr>
<tr>
<td>Nurse manager</td>
<td>5-8796</td>
</tr>
<tr>
<td>Staffing room</td>
<td>5-1202 / 5-7199</td>
</tr>
<tr>
<td>Fax</td>
<td>756-5189</td>
</tr>
</tbody>
</table>

Correspondence/Forms

All mail (in-house and out-of-hospital) should be placed in the mail bin located in the front office. All inter-office mail should go in a blue envelope or in a large tan interoffice mail envelope. Please do not use pre-stamped envelopes for inter-office mail.

Please complete all forms (DMV, Disability, etc.) in a timely fashion. Forms awaiting completion are filed in your folder in the staffing room and must be checked regularly. Once completed, please place the forms in the completed paperwork folder in front of your personal folder in the staffing room. A copy of the completed form will be faxed, mailed and scanned into the record by the support staff.

There are various consent/ release of information forms (i.e., hospital to patient, physician’s office to hospital, etc.) Be sure that you are using the correct form for a timely response to the request.

All patient notes must be entered electronically into the medical record using e-record. The HPI and Assessment and Plan should be complete, organized and typed in prose into the electronic patient record. The medications, allergies, and PMH must also be entered into e-record for all new patients and should be updated at each visit.

Medication reconciliation: Medication reconciliation is a hospital and Joint Commission requirement. The purpose of medication reconciliation is to avoid medication errors, which include errors of omission, duplication of therapy, and drug-drug and drug-disease interactions. Medication lists in e-record should be reviewed by the resident to insure that they are correct and that all medications prescribed are appropriate (patients will get a print-out of their meds on arrival to the clinic to make any changes so the provider or medical technician can enter these into the record). Changes should be noted in the clinic note. Updated medication lists will be listed on the After Visit Summary (AVS) that will be printed at check-out desk and handed to the patient at the completion of the visit. These lists will be audited and the resident will be notified if the lists are incomplete. Whenever any new medication is prescribed, the patient needs to receive a handout about the drug and this fact needs to be documented in e-record.
Summary List: It is a hospital and Joint Commission requirement for ambulatory care areas to maintain an updated summary list for each patient that contains significant medical diagnoses, and operative and invasive procedures. Please review and update this list at each visit.

Allergies: All allergies need to be documented in the medical record.

Visit Navigator:
**Patient Instructions**: This area of the visit navigator should be completed prior to the patient leaving so that these can be provided on the AVS.
**LOS and Follow Up**: Resident must assign a visit diagnosis and a level of service in the visit navigator prior to the patient leaving the office.

Imaging

CD’s containing neuroimages that need to be uploaded into the Imagecast system should be placed in the folder in the physicians’ work room with the appropriate form completed. The back office staff will deliver the CD’s to the radiology department for uploading. Please note that the radiology office staff does not return CD’s.

Vacations and Cancellation of Clinic

According to department policy, residents receive four weeks of vacation per year. This includes one week of conference time. All vacations must be scheduled annually in advance, and all vacation requests must be approved by the Program Director. Vacations may not be taken during the first year SMH inpatient rotations, second year general neurology, stroke, pediatric neurology or psychiatry rotations, or during the third year chief resident or MBB rotations.

A resident's clinic should only be canceled in the event of an emergency. If a resident requests that his/her clinic be rescheduled for any reason other than a true emergency, the residency program director must be notified and must approve the schedule change. The resident needs to take an active part in rescheduling the patients, working collaboratively with the scheduling office staff, and should open up a non-clinic day to reschedule patients if necessary.

Coverage

Residents must arrange for coverage of their patients whenever they are away. In general, coverage is best provided by another resident in the same firm, and that resident should be attached to your in-basket. The support staff and firm attending must both be informed by email as to which resident is providing coverage. The covering resident must monitor and respond appropriately to in-basket messages for the resident whom he/she is covering, including any medication renewals.

Scheduling Errors

A scheduling error may occur on occasion, resulting in a patient arriving in clinic without an appointment. If this occurs, the patient will be informed of the error and will be given the option of rescheduling the appointment or being seen later that afternoon by a resident as soon as a time slot is available. The clinic chief and firm attending will decide which resident will see that patient. They will decide the best way to accommodate the patient.
Policy for Providers when Patients Arrive Late for Appointment

Patients who arrive within 20 minutes of their scheduled appointment will be given the opportunity to be seen by their provider. If the patient arrives late, the patient will be given the option to be worked in at a different time if possible or to be rescheduled to a different date.

Patients who have been “lost” in the medical center will be given special consideration. Patients who travel from a distance will also be given special consideration. Patients who are more than 15 minutes late may need to be rescheduled. If at all possible the provider should be the one to talk with the patient if he/she cannot be seen. If concern is expressed over the emergent nature of the visit, the provider will discuss this directly with the patient.

Patient Cancellations

If a patient cancels a clinic appointment, every effort is made by the scheduling staff to fill the open slot. If the schedule that you receive the day before clinic has an open slot, please do not assume that this time slot will be free the next day. Every effort is made to insure that clinics are fully booked. Please note that an open slot on a resident’s schedule may be filled as late as 12:00 noon on the clinic day. If an open clinic slot on a clinic day is to be filled after 12:00 noon, clinic staff must first check with the provider before scheduling the patient.
Chief Resident (PGY-4) Faculty Practice/Subspecialty Clinics

University of Rochester Neurology
919 Westfall Road, Bldg C, Suite 220
Patient Telephone: 341-7500
Front Desk Secretary: 341-7513
Scheduling Secretary: 341-7512
Fax: 341-7510

- **Chief Resident Clinics:** Third year neurology residents will have two afternoon clinics per week: a resident firm and a Faculty Practice/Subspecialty clinic. The Faculty Practice Clinics are located at University of Rochester Neurology at Westfall Road. The Subspecialty Clinics are located at three sites: SMH Neurology OPD, University of Rochester Neurology at Westfall Road, and UR Neuromedicine at Sawgrass Drive.

- **Faculty Practice Clinics:** Third year residents will be assigned to work with a particular WR attending or in a subspecialty clinic for a three-month period. The resident will see new patients only, and these will be scheduled for 1 hour and 10 minutes – 1 hour for the resident to see the patient and 10 minutes for the resident to review the patient with the attending. The attending will have this 10-minute block of time prescheduled to review the patient with the resident. The first new patient is scheduled at 1:20 PM. All residents will have three patients scheduled for each afternoon. The acting chief resident will not have a faculty practice/subspecialty clinic.

- **Attending absence:** If a faculty practice attending is away on vacation or at a meeting, the resident assigned to that attending will have no WR patients that day.

- **Patient notes:** The resident will be responsible for the e-record note on the patient, and this note must be done before the resident leaves for the day.

- **Attending's responsibilities:** The patient is considered the attending's private patient, and not the resident's. All telephone calls, messages, communications with the referring physician, review of laboratory data and paperwork concerning the patient will be the responsibility of the attending physician. The attending should nonetheless provide an update to the resident about patients whom they have seen together.

- **Follow-up appointments:** In general, follow-up appointments are to be scheduled with the attending physician, and not with the resident. If the resident is still working with the same attending when the follow-up visit is scheduled, the resident may see the patient in follow-up with the attending.
HEADACHE ELECTIVE
For 2nd and 3rd year Neurology Residents

Faculty

- Caren Douenias, MD
- Heidi Schwarz, MD
- Raissa Villanueva, MD

Description

Headaches of all types, both primary and secondary, play an important role in the practice of general neurology. A solid understanding of the primary headache disorders and some of the more common secondary headache disorders and their treatments is an invaluable skill for any neurologist planning to practice clinical neurology.

The goal of this rotation is to teach residents how to effectively diagnose and treat various headache disorders and to learn about the underlying pathophysiology of these disorders. Headache is a specialty within neurology that is rapidly expanding in terms of our understanding of the pathophysiology of migraine and other primary headaches. It is also a very rewarding specialty because there is an opportunity to make a significant impact upon the quality of life of your patients. The majority of the patients you will see in a specialized headache practice are chronic and have difficult to treat migraines and other primary headache disorders. You will have an opportunity to learn how to do botulinum toxin injections for the treatment of migraines as well as various nerve blocks for acute treatment of severe headaches.

Learning Objectives

1. Become familiar with the headache classification system
2. Learn how to take an effective headache history
3. Learn when further work-up is needed for certain headache types and what work-up is indicated.
4. Become familiar with the diagnosis of migraine with and without aura and the appropriate preventive and acute treatment strategies
5. Become familiar with the diagnosis of cluster headaches and other trigeminal autonomic cephalalgias and learn the appropriate acute treatment and preventive treatment strategies
6. Become familiar with other primary headache disorders such as: new daily persistent headache, hemicrania continua, exertional headaches, hypnic headache and thunderclap headache.
7. Learn the treatment protocol for botulinum toxin injections for chronic migraine
8. Learn how to perform occipital nerve block, auriculo-temporal nerve blocks and supra-orbital nerve blocks, trigger point injections
Resident Responsibilities

1. The resident will attend clinic at the URMC Headache Center. Half-day sessions will occur on Mondays, Tuesdays and Thursdays with procedure days on Monday afternoons and Fridays. Clinic hours are from 8am to 12 noon and 1pm to 5pm for half-day sessions.
2. Call Schedule: There is no call on this rotation.

Evaluation

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be heavily weighted upon your level of interest and involvement and your ability to demonstrate knowledge in headache specialty care.

Required Reading

1) Wolff’s Headache. Silberstein, Lipton and Dodick.
2) International Headache Society Classification of Headache Disorders version 3- ICHD-3
4) Journal articles to be decided during the rotation depending up on the interests of the resident.
MEMORY CARE PROGRAM ELECTIVE
For 2nd and 3rd year Neurology Residents

Location: Clinton Crossings, 919 Westfall Road, Building C, Suite 210
585-273-5454

Director: Fred Marshall, M.D. (Neurology; pager 3836)

Faculty:
- Marie Bilinski, NP (Psychiatry Nurse Practice)
- Lisa Boyle, MD (Psychiatry)
- Charles Duffy, MD, PhD (Neurology)
- Michael Hasselberg, NP (Psychiatry Nurse Practice)
- Anton Porsteinsson, MD (Psychiatry)
- Carol Podgorski, PhD (Marriage and Family Therapy)
- Susan Ruhlin, LMSW (Social Work)

Description

The Memory Care Program is a multidisciplinary out-patient practice devoted to the diagnosis and management of patients with a variety of dementias. Residents will gain exposure to a wide range of neurobehavioral syndromes and will benefit from the varying clinical perspectives of the MCP faculty. During the elective, residents will focus on the clinical assessment of patients, development of treatment plans, counseling and coordination of patient care. The importance of care-givers in the provision of patient care, familiarity with community support services, and collaboration with the Alzheimer’s Association will be stressed. In addition, residents will become familiar with the array of natural history studies, translational studies, and clinical experimental therapeutic trials currently conducted by program faculty.

Learning Objectives

1. Understand the differential diagnosis, epidemiology and diagnostic criteria for common dementing illnesses.
2. Outline the appropriate use of imaging, electrophysiology, laboratory, and formal neuropsychological testing in the evaluation of individuals presenting with cognitive disorders.
3. Identify the indications and limitations of the cognitive-enhancing medications, and demonstrate familiarity with their prescribing information.
4. Recognize the importance and variability of psychological, social, and familial factors in the care and management of patients with dementing illness.
Responsibilities of the Resident

The resident will initially participate as an observer in the outpatient clinic, evaluating patients and meeting with families along with the primary MCP clinician(s) assigned. In this capacity, the resident will have an opportunity to round with each of the disciplines represented within the MCP (neurology, psychiatry, neuropsychology, nurse-practice, social-work and family-therapy). Once familiar with the assessment approach and care-team model, the resident will perform independent outpatient assessment of MCP patients and formulate diagnostic and treatment plans with close faculty supervision.

General Guidelines

The rotation is intended to be two to four weeks in duration. Reading should include the following, as well as appropriate literature searches triggered by specific patients evaluated.

Evaluation

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be weighted on your level of interest and involvement.

References


Selected Journal Articles for Review

Alzheimer Disease


Dementia with Lewy Bodies


Frontotemporal Dementia:


Vascular Dementia/ Vascular Cognitive Disorder


Parkinson Dementia

Overview of Movement Disorders

Movement Disorders can refer to a physical sign of an abnormal movement (e.g., tremor, chorea, dystonia, tics, or myoclonus) or can be used to describe the syndrome that causes the abnormal movement (e.g. Parkinson’s disease or Huntington’s disease).

In general, movement disorders involve abnormalities of the form, velocity or control of movement. Many diseases are associated with more than one type of abnormal movement (tremor, rigidity and bradykinesia in Parkinson’s disease) or abnormal movements may be the only manifestation of the disease (e.g., essential tremor). Movement disorders are typically conceptualized as either hypokinetic (paucity of voluntary and automatic movement) or hyperkinetic (excess movement).

Diagnosis of a patient with a movement disorder includes:

- Identifying the type and pattern of the movement (noting the specific distribution, relation to posture or action, speed, rhythmicity and suppression)
- Determining whether it is primary movement disorder (e.g., Parkinson’s disease), a secondary movement disorder (e.g., drug-induced parkinsonism), or if the abnormal movement or movements are a symptomatic of another condition movement disorder or is associated with other neurological signs (e.g. myoclonus in CJD), and
- Determining the probable etiology (e.g., hereditary, sporadic, drug-induced)

Essential tremor is the most common movement disorder, followed by Parkinson’s disease, dystonia and drug-induced movement disorders. Other movement disorders include Parkinson’s plus syndromes (such as multisystem atrophy, progressive supranuclear palsy, corticobasal ganglionic degeneration, dementia with Lewy bodies), Tourette’s syndrome, Huntington’s disease, restless legs syndrome, paroxysmal dyskinesias painful legs and moving toes and Wilson’s disease. Some would also consider the ataxic disorders (such as spinocerebellar atrophies) within the realm of a movement disorder specialist.
Learning Objectives

1. Become familiar with the diagnosis, prognosis and treatment options for Parkinson's disease and other parkinsonian syndromes, essential tremor, tic disorder, dystonia and Huntington’s disease

2. Become familiar with the medications typically used to treat common movement disorders as well as non-medical approaches including botulinum toxin injections and deep brain stimulation surgery

3. Become familiar with other areas of impairment experienced by patients with movement disorders (psychiatric, cognitive, gait/balance, speech/swallowing) and when to refer for further evaluation and treatment (e.g. neuropsychological evaluation, physical therapy, speech therapy)

Resident Responsibilities

Most of the clinical activity during the movement disorders elective will take place in the outpatient setting at 919 Westfall Road, Building C, Suite 100. There are generally no inpatient activities and there will be no call responsibilities. There is a noon-time fellow’s conference on Fridays which residents on elective are welcome to attend (except for the first Friday of the month when we have our unit meeting).

Clinic

- Movement disorder clinics currently take place Monday, Tuesday, and Thursdays all day and Wednesdays (generally pm except once/month Ataxia). Residents are expected to attend unless they are scheduled for their own continuity clinic.

- The general clinics will involve a mix of new evaluations and follow-up visits for patients with PD and related disorders, ET, tic disorders and other conditions (e.g., RLS, myoclonus, ataxia)

- HD clinic takes place several ½ days per month (Tuesday or Thursdays, am or pm depending on attending - Drs. Adams, Marshall, Schneider)

- Botulinum toxin injections are performed Tuesday and Thursdays all day, and some Wednesday afternoons (Drs. Adams, Barbano, Morrison and Schneider); include patients treated for dystonia, tremor, tics and occasionally other conditions (e.g., tardive dyskinesia)

- Deep brain stimulation multidisciplinary clinic (1st and 3rd Tuesday of the month) includes evaluation of new patients being considered for surgery and programming of implanted stimulators. Any scheduled off/on medication evaluations (part of the pre-operative evaluation process) generally take place Thursdays at 8 am. The resident should also plan to observe a DBS surgery if one is scheduled during the rotation (Monday mornings at SMH)

Research

Residents are welcome to join attendings for clinical research trial related activities which will vary based on scheduled study visits, etc.
Evaluation

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be heavily weighted upon your level of interest and involvement.

Recommended Reading

Movement Disorders (overview)


Deep Brain Stimulation:


Parkinson Disease:


Dystonia:


Tourette Syndrome:


**Essential Tremor:**


**Huntington Disease:**

NEURO-ONCOLOGY ELECTIVE
For 2nd and 3rd year Neurology Residents

Faculty

- Nimish Mohile, MD
- Joy Burke, MD

Description

The practice of neuro-oncology involves the diagnosis and treatment of primary and metastatic intracranial tumors as well as the neurological complications of cancer. The most common malignant tumor in adults is glioblastoma, and treatment of patients with this disease can be challenging. In addition patients with cancer present with a gamut of neurological diseases and symptoms. Patients with primary brain tumors and neurological complications are seen in both the inpatient and outpatient setting.

The goal of this rotation is to introduce residents to a growing field in neurology. Residents are encouraged to evaluate patients independently, and formulate assessments and plans for treatment on their own. They will do this under the guidance of the attending on-service, and our plan is to be readily available so that patients are discussed and seen together, and feedback is immediate. Residents are encouraged to read relevant literature and when appropriate, pertinent texts or papers will be provided.

Learning Objectives

1. Become familiar with the diagnosis, prognosis and treatment options for gliomas and other primary brain tumors.
2. Become familiar with the diagnosis, prognosis and treatment options for brain metastases.
3. Become familiar with the diagnosis and management of common neurological complications of cancer including neuropathy, seizures, cord compression, radiation necrosis, and steroid myopathy.
4. Become familiar with appropriate palliative interventions and treatments.
5. Gain experience with discussing prognosis, goals of care, and advance directives with patients and families.

Resident Responsibilities

1. **Inpatient**: Residents will see new inpatient and ED consults during the day (8am-4pm), and staff them with the attending on-service. They will also see follow-up consults as needed.
2. **Outpatient**: The resident will attend neuro-oncology clinic on Tuesdays and Wednesdays at the James P. Wilmot Cancer Center. Priority will be given to seeing new patients or follow-up patients with active problems and unique diagnoses.
3. **Call Schedule:** There is no evening, weekend or overnight call on this rotation.

4. **Conferences:** Residents will attend the weekly multi-disciplinary Brain Tumor Conference on Thursday mornings at 8:15 am and the Neuro-Oncology academic conference at 11AM on Friday.

5. **Readings:** There will be assigned readings covering major topics and particular interests of the residents. These will be discussed weekly with the attending physician.

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**Evaluation**

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be heavily weighted upon your level of interest and involvement.

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**Suggested Reading**

**Glioblastoma Multiforme**


**Anaplastic Oligodendroglioma and Low grade Gliomas**


10. Jakola, AS et al. Comparison of a Strategy Favoring Early Surgical Resection vs. a Strategy Favoring Watchful Waiting in Low-Grade Gliomas. JAMA 2012; 308(18); 18881-1888


Brain Metastases


Primary CNS Lymphoma


Metastatic Epidural Spinal Cord Compression


Reference Texts


Description

About 1/3 of brain structure is related to the afferent or efferent visual pathways, or the cortical processing of visual input. Therefore, an understanding of neuro-ophthalmology is crucial for a neurologist. Neuro-ophthalmic disorders can occur with diseases at any level of the nervous system, including CNS, PNS, neuro-muscular junction and muscle. There is also considerable interface with general medicine, pediatrics, neurosurgery, endocrinology and a myriad of other clinical specialties.

The faculty in the neuro-ophthalmology section at U of R is multifaceted. Dr. Feldon, Department Chair, and Dr. Williams are both ophthalmology-trained and Dr. Hartmann is neurology-trained. They have different clinical and research interests.

Dr. Feldon is a world expert in thyroid eye disease and its surgical management. He also performs basic science research on the pathophysiology of thyroid eye disease. Dr. Hartmann has a special interest in the ocular manifestations of movement disorders and pediatric IIH (idiopathic intracranial hypertension). Dr. Williams’ primary research interest is visual recovery in afferent visual system disorders. She is the principal site investigator for the multinational trial for acute treatment of NAION (non-arteritic ischemic optic neuropathy) and for the surgical arm of the IIHTT (Idiopathic Intracranial Hypertension Treatment Trial). She is also the principal site investigator for a multicenter study of the visual outcome of venous sinus thrombosis. She is involved in collaborative research with the Departments of Neurology and Brain and Cognitive Sciences on visual recovery after ischemic stroke, and with the Departments of Neurosurgery and Brain and Cognitive Sciences on visual recovery after pituitary tumor removal.

Dr. Feldon’s practice includes oculoplastic and strabismus surgery. Dr. Williams’ practice includes strabismus surgery. In addition, there are many research faculty members interested in vision disorders related to the nervous system, thus offering exposure to the field from unique perspectives.
Learning Objectives

1. Perform a neuro-ophthalmic history and examination, focusing on examination techniques that are useful in a general neurologic practice (rather than emphasizing the use of ophthalmic equipment that is generally unavailable to neurologists).

2. Learn to differentiate optic nerve disease from other ophthalmic causes of visual loss based on the history and exam.

3. Become proficient in identifying normal optic nerve anatomy, optic disc edema, and optic atrophy.

4. Become familiar with ophthalmic terminology and documentation.

5. Gain exposure to the techniques and interpretation of manual and automated visual field testing.

6. Learn about common neuro-ophthalmic disorders including optic neuritis, idiopathic intracranial hypertension, internuclear ophthalmoplegia, nystagmus, ischemic optic neuropathy, visual field defects, pupillary abnormalities, and diplopia including cranial neuropathies.

7. Observe surgical procedures relevant to neuro-ophthalmology (e.g., optic nerve sheath decompression, trans-antral orbital decompression, strabismus, eyelid procedures and temporal artery biopsies).

Responsibilities of the Resident

1. Serve as the initial examiner for new and follow-up patients.

2. See in-patient hospital neuro-ophthalmology consultations initially, and discuss with the attending physician.

3. Attend neuro-ophthalmology conference (Tuesdays at 7-8 AM)

4. Attend other conferences in the ophthalmology department that are relevant to neuro-ophthalmology, if scheduled during the rotation (e.g., Grand Rounds).

5. Follow neuro-ophthalmology inpatients with neurology service, as appropriate.

6. In the last week of the rotation, the resident should plan to present an interesting patient seen on the rotation with an overview of their diagnosis and management for the resident neuro-ophthalmology conference (Tuesdays 7-8 am).

General Guidelines

The rotation is 4 weeks in duration and primarily involves outpatient neuro-ophthalmology. The residents will see patients with Drs. Feldon, Hartmann and Williams and attend neuro-ophthalmology conferences. Prior to scheduling the rotation, the resident should contact Dr. Williams to make sure that there is not a major conflict with faculty travel during that time block. It is expected that after a day or two of observation, the resident will start seeing patients as the initial examiner and will be able to perform most of the relevant ophthalmic examination.

The resident should plan to read one of the following recommended textbooks while on service:


A Manual for the Beginning Ophthalmology Resident, published by the American Academy of Ophthalmology, is also helpful for understanding various ophthalmic procedures and examination techniques that will be encountered on service.

Other reading material, including journal articles, will be incorporated as relevant to patient exposure.

### Neuro-Ophthalmology Rotation Schedule

**Monday**
- 8 AM – 1 PM: Outpatient clinic
- 8 AM- 5 PM: Outpatient clinic
  (except 3rd week-satellite clinic)

**Tuesday**
- 7AM – 8 AM: Teaching conference
- 8 AM – 12 PM: Outpatient clinic
- 8 AM -12 PM: Neuro-op resident clinic
- 12:45 – 5 PM: Outpatient clinic
- 1PM- 5 PM: Neuro-op resident clinic

**Wednesday**
- 8 AM- 5 PM: Outpatient clinic
- 8 AM – 5 PM: Satellite clinic

**Thursday**
- 8 AM – 12 PM: Outpatient clinic
- 12:45- 5 PM: Outpatient clinic

**Thursday AM or Friday PM**
- Variable schedule: Surgery

**Friday**
- 7:30 AM: Surgery
- 8 AM- 2 PM: Outpatient clinic
- 8 AM- 12 PM: Neuro-op resident clinic
  (2nd and 4th week only)
- 1 PM-5 PM: Outpatient clinic
Evaluation

The evaluation will be completed on the standard form used by the department and will be heavily weighted on level of interest, quality of work-ups and presentations, ability to generate a neuro-ophthalmic diagnosis and treatment plan, motivation and effort, and patient rapport.
NEUROPATHOLOGY ELECTIVE
For 2nd and 3rd Year Neurology Residents

Director:
Mahlon Johnson MD PhD   276-3087

Description
During this elective, the neurology resident will acquire a basic understanding of the reactions of the central nervous system and will formulate a diagnosis for the most common and classical neuropathologic lesions encountered at autopsy and in neurosurgical pathology with attention to the diagnosis of brain tumors, cerebrovascular diseases, neurodegenerative disease and common neuromuscular diseases. The neurology resident will gain insight into the prognostic information pathological analysis provided including new molecular tests.

Learning Objectives

Brain cutting conferences
1. To become familiar with the gross neuroanatomical landmarks and areas to be sampled.
2. To describe the gross abnormalities using pathologic terminology.
3. To understand the basic concept of tissue processing (i.e. what happens from the bench to the slide).
4. To review the slides upon their completion prior to the sign-out.
5. To recognize and articulate the microscopic abnormalities and formulate a clinical pathologic diagnosis on each case.

Neurosurgical Specimens
1. To understand the process of intraoperative evaluation of tissue samples.
2. To formulate a differential diagnosis based on the clinical history and CT/ MR imaging findings, and to correlate this with the gross and histologic specimens during intraoperative evaluation.
3. To participate in the evaluation of the cytologic and histologic preparations at the time of the examination of the specimen with the attending.
4. To formulate a diagnosis prior to the reviewing the slides with the attending.
5. To manage the cases from the medical and cost effective point of views; to learn which specialized techniques such as immunohistochemistry or electron microscopy should be used to help formulate/solidify a diagnosis.
6. To interpret the special studies which have been requested on specific neurosurgical or autopsy brain cases.
Responsibilities of the Resident

- Review neuropathologic autopsy and surgical slides and formulate diagnoses independently prior to meeting with the attending and then review with the attending.
- Review the next day's OR schedule and look up history on potential neurosurgical cases that may require intraoperative evaluation and then review the history/ imaging with the attending on call.
- Attend calls for intraoperative evaluation of neurosurgical cases during weekdays from 8 am-5 pm.
- Attend Brain-cutting Conference.

Evaluation

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be weighted for your level of interest and involvement.

References

The administrator for the neurology elective in neuroradiology is the neuroradiology division secretary, Belinda De Libero (x5-1839).

Learning Objectives

1. Residents will gain familiarity with indications and contraindications for ordering CT and MR of the head, neck and spine.
2. Residents will gain familiarity with indications and contraindications for ordering angiography of the head, neck and spine as well as myelography.
3. Residents will understand the limitations of each neuroimaging study.
4. Residents will gain appreciation for the risks and consequences of invasive studies.
5. Residents will develop an ability to preliminarily interpret an imaging study on an emergency basis.
6. Residents will gain exposure to neuroimaging research and future neuroimaging techniques.

Neurology Resident Responsibilities

- Attend morning and afternoon read-out sessions.
- Attend weekly and monthly neuroradiology conferences
- Observe invasive procedures including myelography, and diagnostic and interventional angiography.
- Review one paper for presentation at neuroradiology journal club.

Daily Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:45 am - 12:00 noon</td>
<td>Morning read-out/observe procedures</td>
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<tr>
<td>1:00 - 5:00 pm</td>
<td>Afternoon read-out session</td>
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### Weekly Conferences

#### Conferences and Meetings in Diagnostic and Interventional Neuroradiology

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td>12:00-12:45</td>
<td>8:00-9:00</td>
<td>7:30-8:30</td>
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<td><strong>Radiology Resident Conference</strong></td>
<td><strong>Child Neurology Conference</strong></td>
<td><strong>Interesting Case Conference</strong></td>
<td><strong>Department QA Meeting</strong></td>
<td><strong>Neurology Grand Rounds</strong></td>
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<td><strong>Neuroradiology</strong></td>
<td>1st, 3rd, 4th, (5th)</td>
<td><strong>Neuroradiology Conference Room 1-4719</strong></td>
<td>(4th Thursday of each month)</td>
<td>Room K-307 (3-6408)</td>
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<td>Monday each month</td>
<td>Garvey Room 5-5220</td>
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<td>Location varies</td>
<td><strong>12:00-1:00</strong></td>
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<tr>
<td>IS Conference Room G-3302</td>
<td>Noon-1:00</td>
<td><strong>Clinical Neuroscience Conference</strong></td>
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<td><strong>Neuro-endovascular Conference</strong></td>
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<td><em>Pediatric Oncology Conference</em></td>
<td><strong>IS Conference Room G-3302</strong></td>
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<td>Neurosurgery Conference Room 2-8130</td>
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<td>Every other week</td>
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<td></td>
<td>Neurosurgery Conference Room 2-8130</td>
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PAIN MANAGEMENT ELECTIVE
For 2nd and 3rd year Neurology Residents

Director: Joel Kent, MD  242-1300
Faculty: Joel Kent, MD
Rajbala Thakur, MD
Annie Philip, MD
Janet Vaughan, NP
Julie Simmons, NP

Description

The Pain Management elective is conducted in the Pain Treatment Center practice. This is a multidisciplinary practice that currently consists of anesthesiologists, physiatrists and psychologist.

The Pain Treatment Center is located at 180 Sawgrass Drive. Residents will gain exposure to a broad range of nociceptive and neuropathic pain conditions. The educational experience will focus on the clinical assessment of these patients and developing treatment plans tailored to address each patient’s individual needs. Treatments provided to these patients include medication management, interventional therapies and behavioral therapy as is indicated based on the patient’s presentation.

Learning Objectives

1. Understand diagnostic and treatment strategies for managing common chronic pain conditions.

2. Identify indications for interventional and surgical therapies for chronic pain conditions.

3. Develop familiarity with common fluoroscopy-based procedures including epidural interventions, radiofrequency ablation, spinal cord stimulation, and intrathecal drug delivery for the treatment of pain.

4. Recognize the varied psychosocial factors that play a role in initiating, maintaining, and exacerbating chronic pain from the perspective of providers with varied backgrounds.
Responsibilities of the Resident

The resident will initially participate as an observer in the outpatient clinic. Once familiar with the assessment approach, the resident will perform independent outpatient assessment of chronic pain patients and formulation of treatment plans with close faculty supervision.

The resident will be exposed to basic pain management procedures. The resident will assist in the performance of basic injection and ablation techniques.

General Guidelines

The rotation is intended to be four weeks in duration, and should include time with each of the faculty in order to ensure a sufficiently broad clinical exposure. Your reading should include a review of the pain center’s manual and summary journal articles provided at the start of the rotation, selected review of a clinical text, and participation in the conferences offered at the center.

Evaluation

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be heavily weighted upon your level of interest and involvement.

References


Selected Journal Articles for Review


PALLIATIVE CARE ELECTIVE
For 2nd and 3rd year Neurology Residents
2017-18

Palliative Care Division, Department of Medicine
Room 1-6305, URMC (near Miner Library)
Phone: (585) 273-1154
Fax: (585) 275-7403
www.urmc.rochester.edu/palliative

Palliative Care Program Faculty

Rob Horowitz, MD, Chief
Adam Cardina, MD
Tom Carroll, MD
Erin Denney-Koelsch, MD
Rachel Diamond, MD
Ron Epstein, MD
Bob Holloway, MD
Joel Kent, MD
David Korones, MD
Timothy Quill, MD
Fahad Saeed, MD
Bernard Sussman, MD
Jefferson Svengsouk, MD
Rajbala Thakur, MD

Cheryl Williams, MD
Marcia Buckley, NP
Judy Brustein, NP
Darlene Harmor, NP
Laura Hogan, NP
Ann Syrett, NP

Palliative Care Fellows

Amy An, MD
Nicole Kozier, MD
John Wax, MD

ACGME Competencies for Palliative Care Rotation
Learning Objectives and Assessment Methodologies

Prior to completion of this rotation, the resident will:

<table>
<thead>
<tr>
<th>Principle Educational Objective</th>
<th>Assessment Methods</th>
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<tbody>
<tr>
<td><strong>Patient Care:</strong></td>
<td></td>
</tr>
<tr>
<td>• Apply opioid conversion principles to the care of specific patients</td>
<td>- Demonstration of competence and case discussion on daily rounds</td>
</tr>
<tr>
<td>• Complete the palliative care eRecord template on all new patients</td>
<td>- Review completion of eRecord template by PC attending</td>
</tr>
<tr>
<td>• Review medical evidence as needed when it applies to patients</td>
<td>- End of rotation evaluation</td>
</tr>
<tr>
<td><strong>Medical Knowledge:</strong></td>
<td></td>
</tr>
<tr>
<td>• Demonstrate knowledge about opioid conversions and the management of other common symptoms</td>
<td>- Completion and review of pain calculations in weekly conference</td>
</tr>
<tr>
<td>• Read the Palliative Care Primer and complete the associated workbook</td>
<td>-Discussion on daily rounds</td>
</tr>
<tr>
<td>• Read about the cases seen on the consult service</td>
<td>-End of rotation evaluation</td>
</tr>
</tbody>
</table>
### Practice-Based Learning:
- Work with the attending to identify gaps in palliative care knowledge as it applies to patients seen, and fill those gaps

- Discussion on rounds and in the weekly palliative care conference
- End of rotation evaluation

### Interpersonal Skills and Communication:
- Demonstrate the ability to talk with and listen to severely ill patients about their physical, psychological, social and spiritual suffering
- Demonstrate the ability to talk with patients about Goals of Care, DNR, prognosis, risks and benefits of aggressive treatment versus hospice
- Demonstrate self-awareness about one’s personal responses to working with severely ill patients and their families

- Observed behavior on rounds interacting with patients, family, staff
- Discussions on daily rounds with the attending physician and nurse practitioners
- Discussions on rounds and in the scheduled educational conferences
- End of rotation evaluation

### Professionalism:
- Demonstrate sensitivity and responsiveness to the unique personal and cultural situation of each patient, and provide care respecting each patient’s personal values and goals
- Demonstrate respect, compassion, integrity and altruism in relationships with patients, families, and colleagues in all health professions

- Assessment of behavior at beside, during rounds and in multidisciplinary conferences by palliative care attendings, nurse practitioners and other professionals
- End of rotation evaluation

### Systems-Based Practice:
- Function as a member of the multidisciplinary palliative care team
- Utilize members of that team to address particular needs of patients
- Participate in case management activities including discharge planning

- Observation on rounds and in multidisciplinary team meetings
- Feedback from members of the multidisciplinary team
- End of rotation evaluation

### Schedule

- The Palliative Care Program will email you with instructions on when/where to arrive on your first day. Unless arrangements are made in advance, your *Palliative Care Primer* and associated Workbook will be given to you on your first day of service.

- On the first day, meet with Palliative Care NP in a location to be shared in a pre-rotation email, in order to review and discuss:
  - Rotation schedule: Rounding, patient assignments and Palliative Care Primer review sessions.
  - Consult documentation requirements in e*Record.
  - Any absences for clinic or other activities.
  - Any additional learning objectives you may have identified for the rotation. It will be important to discuss these with your attending as well, to help facilitate your learning. If you want to complete a Mini-Clinical Evaluation Exercise (CEX) during the rotation (as Medicine residents are encouraged), please discuss this with your attending and arrange a time to do it.
Core Activities

Team Rounds - Daily Monday – Friday. By consensus, we aim to round on the 4-1200 Palliative Care Unit at 11AM daily, but variations in individual schedules may mandate an alternative time, as agreed upon by team. Usually individual rounding on your patients occurs in morning (typically starting by 8AM). It is important to huddle with the NP on your team at the start of the day, and with the NP and/or the attending at the end of the day to ensure all important tasks have been addressed.

Interdisciplinary Team Meeting – Wednesdays, 7:30 – 9 am, on the 4th Floor Playdeck, or elsewhere if indicated. Be prepared to: 1. formally discuss your 4-1200 patients; and 2. informally share an interesting, moving or challenging aspect of one of your other patients with the team. This is a great opportunity to engage in deeper exploration about the unique pleasures and challenges of caring for seriously ill patients and their families.

Review Sessions - Week 1 and Week 2: Times/Places to be emailed by Education Coordinator
Please read the first half of the Primer and complete the relevant workbook chapters prior to the first session, and the second half prior to the second session. In addition to reviewing these questions, this group of medical student(s), resident(s) and non-Palliative Care fellow(s) will also discuss challenges you have confronted during the rotation.

Palliative Care Pharmacy Session – On some Wednesdays following the team meeting, Kate Juba, Pharm D., will teach and discuss pharmacology issues. You will be notified if/when/where these sessions will occur. Attendees should bring one patient case or pharmacotherapy question to discuss with the palliative care pharmacist and pharmacy trainees.

End of Rotation Review - Please meet with your attending supervisor sometime late in your rotation to receive and give feedback about the rotation (15-20 minutes).

Monthly “Noon Conference” Series:
1st Wednesday Clinical Ethics Conference, K-207
2nd Friday Medical Humanities Conference, K-307
3rd Wednesday Schwartz Center Conference, Whipple Auditorium (2-6424)
4th Wednesday Palliative Care Conference, K-207
5th Wednesday Spiritual Care Conference, K-207 (2-3 times per year)

Other Activities

Ethics Committee Meeting – 3rd Monday of each month, 11:45-1 pm. Lunch is provided.

Mini-Clinical Evaluation Exercise (CEX) – This has been a standard expectation in the Medicine residency program. For Neurology residents, this may be done at your discretion, in which case please request this observation from the Palliative Care attending or NP and provide the Mini-CEX form.

Medical Grand Rounds – Tuesdays, noon-1PM (Class of ’62 Auditorium), except summer.
Bibliography


SLEEP MEDICINE ELECTIVE
For 2nd and 3rd year Neurology Residents

Director:
Michael Yurcheshen, MD  341-7575

Faculty:
Michael Yurcheshen, MD  341-7575
Donald W. Greenblatt, MD  341-7575
Joseph E. Modrak, MD  341-7575
Heidi Connolly, MD  341-7444
Jonathan Marcus, MD  341-7575
Laura Tomaselli, MD  341-7444

Location:
Strong Sleep Disorders Center
2337 Clinton Avenue South
Rochester, NY 14618
Pediatric Sleep Medicine Services
2180 Clinton Avenue South
Rochester, NY 14618

Description
The Sleep Medicine rotation is conducted in a multidisciplinary outpatient sleep clinic.

The UR Medicine Sleep Disorders Center is an outpatient clinic and a 14-bed diagnostic laboratory located at 2337 South Clinton Avenue, in the Westfall Park Medical Center Complex. The pediatric patients are evaluated at a separate facility as listed above. At these facilities, faculty members from the Departments of Internal Medicine, Neurology and Pediatrics assess pediatric and adult patients with potential sleep disorders. Dr. Donald Greenblatt is the director of the center.

Learning Objectives
1. Understand the clinical features of sleep disorders and the modalities used for their diagnosis and treatment. Become familiar with the diagnostic nomenclature of the International Classification of Sleep Disorders-3 (ICSD-3).

2. Understand the physiological substrates involved in normal and pathological sleep.

3. Develop sufficient familiarity with the Polysomnogram (PSG), Home Sleep Test (HST), and Multiple Sleep Latency Test (MSLT) to allow basic recognition of sleep stages and fundamental sleep disorders.
Responsibilities of the Resident

1. Initial participation as an observer in the outpatient clinic. This should progress to independent outpatient assessment as deemed appropriate by the clinical faculty.

2. Directed review of polysomnographic studies, progressing to sleep scoring and interpretation as deemed appropriate by the clinic faculty.

General Guidelines

The rotation is intended to be two weeks in duration, and should include time with each of the faculty, in order to ensure a sufficiently broad clinical exposure. Your reading should include a review of summary journal articles provided at the start of the rotation, selected review of a clinical text, and review of the International Classification of Sleep Disorders, version 3.

During the rotation, the resident should take the opportunity to review the journals Sleep and Journal of Clinical Sleep Medicine. Additional references for the rotation are listed below.

Evaluation

Your evaluation will be completed on the standard form provided by the Department of Neurology, and will be heavily weighted upon your level of interest and involvement. Your performance on the self-assessment exam will not be included in the final evaluation.

References


Selected Journal Articles for Review


UR NEUROLOGY AT PITTSFORD ELECTIVE
For 2nd and 3rd year Neurology Residents

Faculty:
Harold Lesser, MD, PhD
Seth Kolkin, MD
Louella Vivino, MD

Location:
Bushnell’s Basin Neurology Office
Meadowgate Office Park
101 Sully’s Trail, Bldg 20
Pittsford, NY 14534
585-544-7979 / 585-544-7901 (Fax)

Description
The residency program in Neurology at Strong Memorial Hospital emphasizes academic and research neurology. Practice at in an off-site outpatient setting is more limited.

The resident will evaluate patients with a variety of neurological disorders in an office-based practice. Ancillary activities include observing EEG, EMG and nerve conduction studies. The resident will participate in the Friday morning teaching conferences of the Department of Neurology at Strong Memorial Hospital as well as his/her weekly afternoon Firm.

Learning Objectives
1. See an alternate, small office outpatient Neurology practice environment
2. Experience the diversity of patient encounters.
3. Learn how a nurse practitioner can be fully integrated into an outpatient Neurology practice.

Responsibilities of the Resident
1. Visit the Bushnell’s Basin site for a period of up to 2 weeks. See and staff both new and follow up visits with Drs. Lesser, Kolkin and Vivino. Observe EMGs.
2. Plan to be at the office at 8:00 AM Monday through Friday

Evaluation
The resident evaluation will be completed on the standard form used by the department.
Department of Neurology
Policy on Selection of Residents

Graduates of LCME-accredited US or Canadian medical schools applying for a Neurology residency at the University of Rochester are selected on the basis of the following:

- Performance in medical school, as evidenced by their official transcript
- Performance in the basic and clinical science years, as evidenced by the Medical Student Performance Evaluation (MSPE)
- Performance on the USMLE Step 1 and Step 2 examinations
- A letter of reference from the Chairman of Neurology at their medical school
- Two additional letters of reference from faculty at their medical school
- Personal and professional traits, based on an interview with the Program Director and several other faculty and residents in the Department of Neurology at the University of Rochester.

International Medical Graduates applying for a Neurology residency at the University of Rochester are selected on the basis of the same criteria as above. In addition, they must have the following:

- ECFMG certification at the time of application to the residency program
- Only J-1 visas are accepted for training

The Neurology Residency Selection Committee, consisting of the Residency Program Director, the Associate Residency Program Director, a neurology Chief Resident and two ad-hoc faculty members, reviews all information on candidates and constructs the match list, subject to approval by the Department Chair.
Department of Neurology
Policy on Resident Supervision

All patients admitted to the neurology inpatient unit and seen on the consultation services are directly supervised by full-time neurology faculty, who round daily with the residents on their patients. These attendings are readily available to the residents via pager on evenings, nights and weekends.

In compliance with accreditation standards of the New York State Health Code, resident patient care activities are supervised by a senior resident or attending physician. These activities are appropriately covered by the "General" designation, which is defined as follows: The supervising physician needs to be physically present when a procedure is performed except when the resident:

- Has documented adequate training (i.e., has been credentialed) to do the procedure, and
- Has permission of the supervising physician to perform the procedure.

In the clinical learning environment, each patient has an identifiable, appropriately-credentialed and privileged attending physician who is ultimately responsible for that patient’s care. Residents and faculty members should inform patients of their respective roles in each patient’s care.

Supervision may be exercised through a variety of methods. Some activities require the physical presence of the supervising faculty member. For many aspects of patient care, the supervising physician may be a more advanced resident or fellow. Other portions of care provided by the resident can be adequately supervised by the immediate availability of the supervising faculty member or resident physician, either in the institution, or by means of telephonic and/or electronic modalities. In some circumstances, supervision may include post-hoc review of resident delivered care with feedback as to the appropriateness of that care.

Levels of Supervision

To ensure oversight of resident supervision and graded authority and responsibility, our residency program uses the following classification of supervision:

- **Direct Supervision** – the supervising physician is physically present with the resident and patient.

- **Indirect Supervision**:
  - *With direct supervision immediately available* – the supervising physician is physically within the hospital or other site of patient care, and is immediately available to provide Direct Supervision.
  - *With direct supervision available* – the supervising physician is not physically present within the hospital or other site of patient care, but is immediately available by means of telephonic and/or electronic modalities, and is available to provide Direct Supervision.
• **Oversight** – The supervising physician is available to provide review of procedures / encounters with feedback provided after care is delivered.

The privilege of progressive authority and responsibility, conditional independence, and a supervisory role in patient care delegated to each resident is assigned by the program director and faculty members, as follows:

• The program director evaluates each resident’s abilities based on specific criteria. Evaluation is guided by specific national standards-based criteria.

• Faculty members functioning as supervising physicians delegate portions of care to residents, based on the needs of the patient and the skills of the residents.

• Senior residents or fellows serve in a supervisory role of junior residents in recognition of their progress toward independence, based on the needs of each patient and the skills of the individual resident or fellow.

Each resident must know the limits of his/her scope of authority, and the circumstances under which he/she is permitted to act with conditional independence.

**Neurology-specific procedures:**

TPA, Critical Care, End-of life decisions: Residents must communicate with appropriate supervising faculty members when TPA is to be administered to a patient presenting with an acute stroke, when a patient is to be transferred to an intensive care unit, and when end-of-life decisions are being contemplated.

Lumbar punctures: Residents can only perform lumbar punctures without direct supervision if they have been credentialled to do so. Credentialing to perform lumbar punctures without direct supervision requires the performance of five successful lumbar punctures supervised by a physician credentialled to perform this procedure.
Neurology residents assume progressive responsibility for patient care as they progress through the residency program due to the structure of the program:

- PGY-2 residents primarily work in a supervised inpatient setting.
- PGY-3 residents primarily work on the consultation services, where they have more autonomy.
- PGY-4 residents serve as chief residents, overseeing the inpatient teams and the more junior residents, and also coordinate medical student teaching.

Decision making is shared by the residents and attending physicians, with residents becoming more autonomous in their decision making as they proceed through the residency program.
Department of Neurology
Policy on Hand-offs

Inpatient Teams:

All sign-outs in the EMR for neurology inpatients should include the following components:

1. **Synopsis**: A brief summary of the patient, including the reason for admission and important details of the PMH.

2. **Baseline assessment**: A brief assessment of the patient, including significant symptoms, level of alertness, and current neurological exam including any neurological deficits.

3. **Active Issues**: Active hospital issues undergoing treatment. Brief bullet points by problem and summary of work-up done. Please do not copy the plan from the progress notes.

4. **Anticipatory guidance**: A bulleted list of anticipated events that the cross-cover APP may be notified about, including guidance about how to manage the problem (e.g. acute neurologic change in a stroke patient suggestive of hemorrhagic transformation, delirium including which medications to use and which to avoid, pain issues, hypertension). Please specifically list blood pressure parameters and management on every stroke patient.

5. **Code status**: MOLST should be updated in the paper chart.

**Sign-out Rounds**: At the end of each day, the upper level resident and the intern on each inpatient team will "run the list" to finalize a plan for all patients on their team and to ensure that any outstanding issues (test results, patient or family questions, attending requests) have been addressed. Any items that need to be followed up by the APP cross-cover should also be noted. The hand-off tab needs to be updated daily in each patient’s EMR for all patients on each team.

Any patients admitted during the day who are to be signed out to APP cross-cover should also have an updated sign-out in the EMR.

Any patients admitted to the neurology step-down unit should be signed out to the Evening Float resident, both verbally and with an updated written hand-off in the EMR. The Evening float resident will be the covering provider for the patient (4:30-8pm). Overnight, the Night Float resident will be the covering provider for any step-down patients (8pm-8am).

Any sign-outs completed by medical students should be reviewed and addended by the intern or resident.

**Evening Float/Night Float Residents:**

1. **Neurology Inpatient and Consult Team Follow-ups**: The inpatient and consult team residents should indicate in writing on the dry erase board in the residents’ office anything that needs to be followed up for their patients (e.g. lab results, disposition). In addition, this information should be personally (i.e. verbally) communicated to the EF and NF residents by the inpatient and consult team residents before they leave the hospital.
2. **New Admissions:** Any patient admitted by the EF or NF should be entered into the "Admitted List" in the EMR and should also be listed on the dry erase board in the resident office. The following morning, the NF should inform the upper level floor residents about any patients admitted to their teams overnight. It is the responsibility of the admitting resident to complete a sign out (as detailed above) in the EMR on any patient admitted in the evening or overnight.

3. **New Consults:** Any patient seen by the EF or NF and placed on the Stroke or General Consult list should be entered into the appropriate shared list for the Stroke or General Consult team in the EMR, and should also be listed on the dry erase board in the resident office. The following morning, the NF should inform the consult residents and attendings about any patients placed on their consult lists overnight. The overnight resident sees patients with the general consult service in the morning during the week, and sees both the general and stroke consults on the weekends, as deemed appropriate by the PGY-3 resident on the consult service. Overnight resident rounding with the consult service should be limited to 30 minutes, and must not exceed 60 minutes. The acting chief resident should facilitate these discussions.

4. **Evening Float and Weekend Day Float Residents:** All patients seen by the EF and Weekend Day Float residents should be briefly discussed with the NF prior to their leaving the hospital. These residents should also send an email with a summary for each new patient seen to the respective consult service residents, attendings, and the acting chief resident, including any pending studies, anticipatory guidance, disposition issues, etc.

5. **Step-down Unit Patients:** Patients on the step-down unit covered by the EF or NF should be listed on the dry erase board in the resident office and the NF should be assigned as the "covering provider" in the EMR. The EF or NF must be personally made aware of these patients.

6. **Admitted SEC patients:** The EF and NF should assign themselves as the "covering provider" for the admitted SEC patients.

7. **Covering Provider:** The "covering provider" in the EMR should be switched to the APP cross cover provider for all new admissions so that the nurses know whom to contact regarding orders and questions.
The Department of Neurology is fully committed to maintaining high standards of patient care and resident education, and realizes that monitoring and regulating work hours are key aspects of this standard of care. The Department also expects to be in full compliance with the New York State 405 Work Hours Regulations. The following policy on Resident Work Hours has therefore been established:

- A resident may not work more than 80 hours in a single week. Activities included in these 80 hours are all time spent in the hospital in the care of both inpatients and outpatients, all educational conferences and rounds, and all time on-call during which the resident is involved in the care of patients.
- Each resident will have a 24-hour period off each week.
- Each resident must have 10 hours off between shifts.
- No resident may work more than 24 consecutive hours involved in direct patient care.
- A 3-hour grace period is allowed post-call for residents to sign-out patients seen overnight. No new patient responsibilities can be assumed during this 3-hour grace period.

Resident work hours are monitored twice yearly with a survey by the Graduate Medical Education Committee.
Department of Neurology
Policy on Evaluation and Promotion of Residents

The following is the Department of Neurology policy on Evaluation and Promotion of Residents:

- The evaluation system for neurology residents is designed to assess educational outcomes in all six of the ACGME core competencies: patient care; medical knowledge; practice-based learning and improvement; interpersonal and communication skills; professionalism; and systems-based practice.

- Specific Neurology Core Competencies have been developed by the ABPN and are included in this syllabus. All neurology residents are expected to achieve mastery of these competencies at the time of completion of the training program.

- The following evaluation instruments will be used to evaluate mastery of these six competencies: RITE; clinical skills examination; chart review; resident case log; attending global assessment; 360° assessment; and resident portfolio. These evaluation instruments are described elsewhere in this syllabus.

- Neurology residents receive regular formal and informal feedback that is both quantitative and qualitative. Written documentation of each individual feedback meeting is filed in each resident’s performance folder.

- All neurology residents take the Residency In-service Training Examination (RITE) each year. The program director reviews each resident’s performance on this examination at the June evaluation and feedback meeting.

- A clinical skills examination is administered yearly to all of the residents. The program director reviews each resident’s performance on this examination at the June evaluation and feedback meeting.

- Written faculty global assessments are obtained on each resident following each rotation or elective and are keyed to the Milestones. Each resident is assessed as to his knowledge, skills and attitudes, and achievement of the six core competencies and the specific goals for each rotation. Written evaluations are also obtained on each resident in the outpatient firm and the faculty practice clinic experience (for PGY-4’s). The faculty member meets with each resident following each rotation to discuss the evaluation with the resident. The completed evaluation is then sent to the program director for review.

- The Program Director meets semi-annually with each resident to review their progress and to discuss career planning. A written summary of this meeting is provided to each resident for his review and signature, and is filed in the resident’s evaluation folder.

- A clinical competency committee, consisting of the program director, associate program director and three additional faculty members, meets in December and June of each year to review each resident’s progress in the program and to assign ACGME neurology Milestones for each resident. In addition, at its June meeting, the committee determines if the resident is qualified to advance to the next year of training. Advancement is contingent upon progressing at an appropriate pace through the Milestones, meeting the specific objectives for each year of training, as well as the specific objectives for each individual rotation or elective.
- A resident who is deemed unqualified to advance to the next year of training, based upon not meeting the specific objectives noted above, will be given a program of remediation. If remediation is unsuccessful in the allotted period of time, the resident may be asked to repeat the year.

- The Department Chair meets with each resident at least annually to review progress and to provide career planning.
Department of Neurology
Policy on Evaluation of Faculty and the Residency Program

- Faculty members are regularly evaluated in writing by all residents following each rotation. The program director and chair then review these written evaluations. The chair meets at least yearly with each faculty member to discuss this feedback. Faculty members receiving poor feedback as to their teaching methods are given specific suggestions for improvement.

- The program director meets monthly with all residents to discuss program structure.

- Residents and faculty complete two separate on-line questionnaires regarding the residency program at the end of each academic year. These questionnaires are structured to provide feedback regarding clinical rotations, electives, teaching conferences and suggestions for change. The results are collated and summarized in a written report, and the report is distributed to all clinical faculty and residents and discussed at a meeting of the neurology residency curriculum committee as well as at a general faculty meeting.

- The residency curriculum committee, consisting of four clinical faculty, four residents, and the program director, meets quarterly to discuss the residency program. The neurology residents select the resident members on this committee. This committee reviews the structure of the residency program on a regular basis and suggests changes in program structure, based on feedback from the residents and faculty. Minutes from these meetings are distributed to all residents and faculty members.

- A Department of Neurology Education Retreat is held biennially to discuss specific aspects of the residency program. All clinical faculty members and residents attend this retreat. Formal minutes are taken and distributed to all clinical faculty members and residents.
Department of Neurology
Policy on Moonlighting

Professional activities outside the neurology training program are prohibited to the extent that they may interfere with training program responsibilities.

Prior to seeking such employment, Neurology residents who wish to engage in outside activities (moonlighting):

- Are required to have written approval from the Neurology Department Chair and Program Director
- Should seek written assurance of malpractice and workers' compensation coverage from any outside employer
- Must have a valid New York State medical license and Federal DEA number.

Please keep the following points in mind when considering moonlighting:

- Moonlighting is not allowed for first year neurology residents.
- When residency responsibility and moonlighting activities are combined, the following conditions must be met:
  - Residents must spend at least 1 full day out of 7 away from clinical work.
  - Combined night-call duty may not occur more frequently than an average of every third night.
  - Total working hours per week may not exceed an average of 80 hours.
  - Each resident must have at least 10 hours off between shifts.
  - No resident may work more than 24 consecutive hours involved in direct patient care.
  - Resident working hours are monitored by the GME Office. The number of hours devoted to moonlighting activities must be added to the training program work hours and must be reported on the GME office work hours survey.
  - Residents should be aware that University of Rochester malpractice insurance does not cover moonlighting activities.
Department of Neurology
Policy on Resident Professional Expenses

• The Department of Neurology will provide $1000 annually for each Neurology Resident to cover professional expenses that include:
  • Examination and license fees: USMLE Step 3, medical license, board certification
  • Neurology related textbooks, e-books, journals.
  • Neurology educational meetings: registration fees and travel.
  • Medical equipment: ophthalmoscope, reflex hammer, tuning fork, stethoscope, etc.
  • iPads

• This stipend accrues from year to year ($4000 total)

• Due to department policy, the resident expense account cannot be used to purchase iPhones.

• Due to University compliance with tax exempt purchases, all textbooks must be purchased through the UR Barnes & Noble Bookstore.

• Due to University compliance with security and confidentiality, all computers and iPads must be ordered and approved through the Neurology Neuromedicine IT office.

• It is the resident's responsibility to arrange for resident coverage for any clinical responsibilities while he/she is away from the Medical Center for travel to a scientific meeting. Written documentation of such coverage must be approved by the Program Director.
Department of Neurology
Program Evaluation Committee

- The Department of Neurology Program Evaluation Committee is an advisory committee of the Department that reviews the structure of the residency program on a regular basis and suggests changes in program structure, based on feedback from the residents and faculty.

- Committee membership:
  - Four (4) neurology residents, at least one from each year of training. The neurology residents select the resident members on this committee.
  - Four (4) clinical neurology faculty, selected by the faculty.
  - The Committee is chaired by the program director.
  - The Chair of Neurology is an ex officio member of the Committee.

- The residency program coordinator provides administrative support to the committee and takes minutes.
- Minutes from committee meetings are distributed to all residents and clinical faculty members.
- The Committee meets quarterly.

Department of Neurology
Clinical Competency Committee

The Department of Neurology Clinical Competency Committee is tasked with evaluating the clinical performance of each resident and assigning ACGME Milestones for each resident based on their review. The committee membership includes the Program Director, the Associate Program Director, and three additional faculty members who have significant clinical contact with the residents. The committee is chaired by the Associate Program Director. The committee meets semi-annually, usually in December and in June.
BIBLIOGRAPHY FOR ADULT NEUROLOGY

General Neurology


8. Campbell WW, DeJong’s the Neurologic Examination (6th ed.), Lippincott Williams & Wilkins, 2005


Child Neurology


Basic Sciences


EEG


EMG


Epilepsy


Evidence-Based Medicine


Evoked Potentials


Headache Medicine


Movement Disorders


**Multiple Sclerosis**


**Neuro-Critical Care**


34. Jose I. Suarez: *Critical Care Neurology and Neurosurgery*. Springer 2010


**Neuromuscular Disorders**


**Neuro-Oncology**


Neuro-Ophthalmology


Neuropathology


Neuroradiology


Neurology of AIDS


Neuropsychiatry


Pain Management


Palliative Care

55. Quill TE, Bower KA, Holloway RG, Shah MS, Caprio TV, Olden A, Storey CP. Primer of Palliative Care, 6th edition, American Academy of Hospice and Palliative Medicine, Chicago IL, 2014.

Psychiatry


Sleep Medicine


Stroke Neurology

DEPARTMENT OF NEUROLOGY CLINICAL FACULTY

Administration:
Robert G. Holloway, MD, MPH Chair
Curtis Benesch, MD, MPH Associate Chair for Clinical Affairs
Robert Gross, MD, PhD Associate Chair for Academic Affairs
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Gretchen Birbeck, MD, MPH
James Burchfiel, PhD
Deana Bonno, MD
Giuseppe Erba, MD
James Fessier, MD
Robert Gross, MD, PhD
John Langfitt, PhD
Lynn Liu, MD
Olga Selicutski, DO
Trenton Tollefson, MD
Thomas Wychowski, MD

General Neurology Unit:
Joy Burke, MD
Marc Halterman, MD, PhD
Robert G. Holloway, MD, MPH
Ralph F. Józefowicz, MD
Seth Kolin, MD
Harold Lesser, MD, PhD
Anthony Maroldo, MD
Colleen Tomcik, MD
Raissa Villanueva, MD, MPH
Louella Vivino, MD

Headache Unit
Heidi Schwarz, MD
Colleen Tomcik, MD
Raissa Villanueva, MD, MPH

HIV Unit:
Giovanni Schifitto, MD

Movement Disorders Unit:
Jamie Adams, MD
Richard Barbano, MD, PhD
Ray Dorsey, MD, MPH
Frederick Marshall, MD
Peter Morrison, DO
Irene Richard, MD
Ruth Schneider, MD
Christopher Tarolli, MD

Neuromuscular Disease Unit:
Emma Ciafaloni, MD
Robert C. Griggs, MD
Chad Heatwole, MD
David Herrmann, MBCh
Erich Logigian, MD
Michael Stanton, MD
Rabi Tawil, MD

Neurocritical Care Unit
Imad Khan, MD
Debra Roberts, MD, PhD
Christopher Zammit, MD

Neurohospitalist Unit:
Jeffrey Burdett, MD
Michael Chilungu, MD
Jorge Risco, MD

Neuroimmunology Unit:
Matthew Bellizzi, MD, PhD
Andrew Goodman, MD
Megan Hyland, MD
Jessica Robb, MD
Lawrence Samkoff, MD, PhD

Neuro-oncology Unit:
Joy Burke, MD
Nimish Mohile, MD

Neuro-opthalmology Unit:
Charles Duffy, MD, PhD
Gary Paige, MD, PhD

Pediatric Neurology Unit:
Erika Augustine, MD
Marina Rubin Connolly, MD
Harris Gelbard, MD, PhD
Inna Hughes, MD, PhD
Jennifer Kwon, MD
Jonathan Mink, MD, PhD
Gary Myers, MD
Alex Paciorkowski, MD, PhD
Laurie Seltzer, DO
Robert Stone, MD
Laura Tomaselli, MD

Sleep Disorders Center
Jonathan Marcus, MD
Laura Tomaselli, MD
Michael Yurcheshen, MD

Stroke Unit:
Curtis Benesch, MD, MPH
Jeffrey Burdett, MD
Ania Busza, MD, PhD
Todd Holmquist, MD
Jorge Risco, MD
Bogachan Sahin, MD, PhD

Unity Brain Injury Unit:
Mary Dombovy, MD
Marc Schieber, MD, PhD
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AMB = Ambulatory Subspecialty Clinics
    NI = Neuro-Immunology Clinic
    MVT = Movement Disorders Clinic
    NM = Neuromuscular Disorders Clinic
    HA = Headache Clinic
    ST = Stroke Clinic
    MEM = Memory Care Clinic
    EP = Epilepsy Clinic
    NO = Neuro-Oncology Clinic
    GEN = General Neurology Clinic
EEG = Basic EEG Elective
HA = Headache elective

HH = Highland Hospital Consultation Service
MVT = Movement Disorders Elective
NF = Night Float Rotation
NMD = Neuromuscular Diseases Elective
NMICU = Neuromedicine ICU Rotation
NONC = Neuro-oncology Elective
NRAD = Neuroradiology Elective
PALL = Palliative Care Elective
SEC = Strong Epilepsy Center Rotation
SMH = Strong Memorial Hospital Neurology Inpatient Service
URG = Urgent Care/Evening Float Rotation
VAC = Vacation
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# PGY-4 Neurology Resident Schedule

## 2018 – 2019

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Chief Resident Schedule during MBB course:

8/13-8/26: Kate Munger
8/27-9/9: Blanca Valdivinos
9/10-9/23: Amanda Opaskar
9/24-10/7: Mitchell Onken
10/8-10/14: Michael Leone
10/15-10/21: Matthew Leach

CHIEF = Chief Resident Rotation
EEG = Advanced Neurophysiology
EMG = EMG/Neuromuscular Rotation
PSYCH = Psychiatry
POLAND = Krakow Teaching Elective
SPAIN = Teaching Elective, Pamplona, Spain

VAC = Vacation
NPATH = Neuropathology Elective
NRAD = Neuroradiology Elective
RES = Research
SLEEP = Sleep Medicine Elective
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**Definitions:**

- **GEN/DEV** = Genetics and Developmental Disorders
- **EEG** = Advanced Neurophysiology
- **ELEC** = Elective
- **INPT/URG** = Peds Inpatient and Urgent Care
- **MBB** = Mind, Brain and Behavior Medical Student Course
- **NMD** = Neuromuscular Disorders Elective
- **NOPHTH** = Neuro-ophthalmology Elective
- **NRAD** = Neuroradiology Elective
- **OUTPT** = Pediatric Outpatient Clinics
- **POLAND** = Teaching Elective, Kraków, Poland
- **PSYCH** = Psychiatry
- **READING** = Reading Elective
- **VAC** = Vacation
- **ZAMBIA** = Teaching Elective, Zambia
# Neurology Resident Vacation Schedule

## 1st Year Adult Neurology Residents

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<tr>
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<td>Michael Cohen</td>
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<tr>
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<td>8/20/18 – 9/2/18</td>
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<td>4/1/19 – 4/14/19</td>
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<tr>
<td>Lauryn Hemminger</td>
<td>10/1/18 – 10/14/18</td>
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<td>12/24/18 – 1/6/19</td>
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<tr>
<td>Joseph Modica</td>
<td>11/26/18 – 12/9/18</td>
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<td>5/13/19 – 5/26/19</td>
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<td>Patrick Rooney</td>
<td>9/17/18 – 9/30/18</td>
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<td>4/29/19 – 5/12/19</td>
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<tr>
<td>Matthew Womeldorff</td>
<td>8/6/18 – 8/19/18</td>
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## 2nd Year Adult Neurology Residents

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<td>Ryan Canissario</td>
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<td>4/1/19 – 4/14/19</td>
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<tr>
<td>Dimitrios Manou</td>
<td>8/20/18 – 9/2/18</td>
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<td>2/4/19 – 2/17/19</td>
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<td>Kristen McCartney</td>
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<td>1/21/19 – 2/3/19</td>
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**NEUROLOGY RESIDENT VACATION SCHEDULE**

**2018-2019**

*3rd Year Adult Neurology Residents*

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NEUROLOGY RESIDENT VACATION SCHEDULE  
2018-2019

1st Year Child Neurology Residents

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3rd Year Child Neurology Resident

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DEPARTMENT OF NEUROLOGY
UNIVERSITY OF ROCHESTER
FIRM ASSIGNMENTS FOR 2018-2019

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<td>Harold Lesser</td>
<td>Melanie Braun</td>
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<td>Irene Richard</td>
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<td>Ryan Canissario</td>
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<td>Dimitrios (Jim) Manou</td>
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<td>Kristen McCartney</td>
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DEPARTMENT OF NEUROLOGY  
UNIVERSITY OF ROCHESTER  
AMBULATORY BLOCK ROTATIONS FOR PGY-2 RESIDENTS  
2018-2019

Neuroimmunology / Movement Clinic Block

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* 919 Westfall Road

Neuromuscular / Headache Clinic Block

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<td>Grand Rounds</td>
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* 919 Westfall Road

First year residents also have a weekly afternoon Firm. The Firm assignments are listed below. The Firm takes precedence over a subspecialty clinic.

NEUROLOGY PGY-2 RESIDENT FIRMS

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<tbody>
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<td>AM</td>
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<td>Kelly Donohue</td>
<td>Lauryn Hemminger</td>
<td>Joseph Modica</td>
<td>Patrick Rooney</td>
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202
DEPARTMENT OF NEUROLOGY
UNIVERSITY OF ROCHESTER
AMBULATORY BLOCK ROTATIONS FOR PGY-3 RESIDENTS
2018-2019

Epilepsy / Neuro-oncology Clinic Block

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<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>AM</td>
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<td>Neuro-oncology**</td>
<td>Neuro-oncology**</td>
<td>Epilepsy*</td>
<td>Grand Rounds</td>
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<td>Neuro-oncology**</td>
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* 919 Westfall Road  **Wilmot Cancer Center

Stroke / Memory Care Clinic Block

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* 919 Westfall Road  ***2180 South Clinton Avenue

Second year residents also have a weekly afternoon Firm. The Firm assignments are listed below. The Firm takes precedence over a subspecialty clinic.

NEUROLOGY PGY-3 RESIDENT FIRMS

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<tr>
<td>AM</td>
<td>Melanie Braun</td>
<td>Ryan Canissario</td>
<td>Dimitrios Manou</td>
<td>Kristen McCartney</td>
<td>Tyler Rehbein Nicholas Taylor</td>
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DEPARTMENT OF NEUROLOGY
UNIVERSITY OF ROCHESTER

FACULTY PRACTICE / SUBSPECIALTY CLINIC SCHEDULES FOR PGY-4 RESIDENTS
2018-2019

• All clinics are located in the SMH neurology OPD unless indicated otherwise.
• Third year residents have a weekly afternoon Firm and a weekly afternoon Faculty Practice or subspecialty clinic. These clinics are listed below. The Resident Firm takes precedence over all Faculty Practice or Subspecialty Clinics.
• The acting chief resident has no Faculty Practice or Subspecialty Clinics, including during the Mind, Brain and Behavior Course (8/13/18 – 10/21/18).

NEUROLOGY PGY-4 RESIDENT FIRMS

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<th>Monday</th>
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<th>Wednesday</th>
<th>Thursday</th>
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<tr>
<td>Matthew Leach</td>
<td>Michael Leone</td>
<td>Kathleen Munger</td>
<td>Mitchell Onken</td>
<td>Amanda Opaskar Blanca Valdovinos</td>
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NEUROLOGY PGY-4 RESIDENT FACULTY PRACTICE/SUBSPECIALTY CLINIC SCHEDULE

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<th>APR-JUN</th>
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<tr>
<td>Tomcik*</td>
<td>Maroldo*</td>
<td>MS</td>
<td>Burke*</td>
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<td>Fr</td>
<td>Botox-HA*</td>
<td>Mo</td>
<td>Botox-HA*</td>
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<tr>
<td>Jozefowicz*</td>
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*919 Westfall Road
AMBULATORY BLOCK ROTATIONS FOR CHILD NEUROLOGY RESIDENTS

General Neurology Clinic Block

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* 919 Westfall Road

Epilepsy / Neuro-oncology Clinic Block

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* 919 Westfall Road  **Wilmot Cancer Center
Department of Neurology
2018–2019 SMH and Highland Attending Schedules

<table>
<thead>
<tr>
<th>Dates*</th>
<th>SMH General Consults</th>
<th>SMH General Inpatient</th>
<th>SMH Acute Stroke</th>
<th>SMH Stroke Inpatient</th>
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<th>Child Neurology</th>
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<td>Benesch Chilungu</td>
<td>Burdett Holmquist</td>
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<td>Robb</td>
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<td>Halterman Sahin</td>
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<td>Morrison Villanueva</td>
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<td>Aug 20 – Sept 3+</td>
<td>Ciafaloni Burdett</td>
<td>Morrison Risco</td>
<td>Benesch Chilungu</td>
<td>Busza Holmquist</td>
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<td>Sahin Burdett</td>
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<td>Aug 17 – Sept 30</td>
<td>Kolkin Logigian</td>
<td>Chilungu Burke</td>
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<td>Sept 17 – Sept 30</td>
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<td>Risco Burdett</td>
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<td>May 13 – May 27+</td>
<td>Marcus Samkoff</td>
<td>Chilungu Bellizzi</td>
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<td>June 10 – June 23</td>
<td>Herrmann Chilungu</td>
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<td>Sahin Busdett</td>
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*When two names are listed in a block, the block is split into two equal weeks, with each week beginning on a Monday, except on Independence Day, Labor Day, and Memorial Day.

+One block in this rotation is **8 days long** due to Monday holiday.
<table>
<thead>
<tr>
<th>Dates</th>
<th>Resident</th>
<th>Dates</th>
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<td>11/17-11/18</td>
<td>Leone</td>
<td>5/18-5/19</td>
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<td>12/1-12/2</td>
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<td>12/22-12/23</td>
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<td>12/29-12/30</td>
<td>Opaskar</td>
<td>6/29-6/30</td>
<td>Munger</td>
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<td>Resident</td>
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<tr>
<td>6/30-7/1</td>
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<td>7/7-7/8</td>
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<td>McCartney</td>
<td>1/12-1/13</td>
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<td>7/14-7/15</td>
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<td>1/19-1/20</td>
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<td>7/21-7/22</td>
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<td>McCartney</td>
<td>1/26-1/27</td>
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<td>7/28-7/29</td>
<td>Bearden</td>
<td>Rehbein</td>
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<td>Rehbein</td>
<td>2/9-2/10</td>
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<tr>
<td>8/18-8/19</td>
<td>Mink</td>
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<td>2/16-2/17</td>
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<tr>
<td>8/25-8/26</td>
<td>Stone</td>
<td>Braun</td>
<td>2/23-2/24</td>
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<td></td>
<td>MARCH</td>
</tr>
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<td>9/1-9/2</td>
<td>Stone</td>
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<td>3/2-3/3</td>
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<td>9/15-9/16</td>
<td>Connolly</td>
<td>No resident</td>
<td>3/16-3/17</td>
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<td>9/29-9/30</td>
<td>Tomaselli</td>
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<td>10/6-10/7</td>
<td>Vermillion</td>
<td>Canissario</td>
<td>4/6-4/7</td>
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<td>Manou</td>
<td>4/20-4/12</td>
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<td>10/27-10/28</td>
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<td>Manou</td>
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<td>MAY</td>
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<td>11/3-11/4</td>
<td>Dean</td>
<td>Manou</td>
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<td>11/10-11/11</td>
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<td>11/24-11/25</td>
<td>Stone</td>
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<td>5/25-5/26</td>
</tr>
<tr>
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<td></td>
<td></td>
<td>JUNE</td>
</tr>
<tr>
<td>12/1-12/2</td>
<td>Paciorkowski</td>
<td>McCartney</td>
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<td>Connolly</td>
<td>Taylor</td>
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<tr>
<td>12/22-12/23</td>
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<td>6/22-6/23</td>
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<td>12/24-12/25</td>
<td>Mink</td>
<td>No resident</td>
<td>6/29-6/30</td>
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<td>12/29-12/30</td>
<td>Mink</td>
<td>Duncan</td>
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Department of Neurology Residency Program

Important Dates for 2018-2019

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Department Welcome Picnic</td>
<td>Saturday, July 14, 2018</td>
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<tr>
<td>Department Winter Ball</td>
<td>Saturday, January 19, 2019</td>
</tr>
<tr>
<td>RITE</td>
<td>Friday, February 15, 2019</td>
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<td>Saturday, February 16, 2019</td>
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<tr>
<td>Clinical Skills Examination</td>
<td>Saturday, March 16, 2019</td>
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<td>Saturday, March 23, 2019</td>
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<tr>
<td>Resident &amp; Fellow Poster Session</td>
<td>Friday, June 21, 2019</td>
</tr>
<tr>
<td>Resident Graduation</td>
<td>Saturday, June 22, 2019</td>
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2018-2019 Neurology Chief Resident Responsibilities

<table>
<thead>
<tr>
<th>Responsibility</th>
<th>Name</th>
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<tbody>
<tr>
<td>Grand Rounds</td>
<td>Matthew Leach</td>
</tr>
<tr>
<td>Journal Club</td>
<td>Mitch Onken</td>
</tr>
<tr>
<td>Noon Conferences and lunches</td>
<td>Michael Leone and Kate Munger</td>
</tr>
<tr>
<td>Block schedules</td>
<td>Amanda Opaskar</td>
</tr>
<tr>
<td>On-call schedules</td>
<td>Amanda Opaskar</td>
</tr>
<tr>
<td>Clinic liaison</td>
<td>Michael Leone</td>
</tr>
<tr>
<td>SIGN liaison</td>
<td>Blanca Valdovinos</td>
</tr>
<tr>
<td>Social Chair</td>
<td>Amanda Opaskar and Matthew Leach</td>
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2018-2019 Neurology Resident Committee Assignments

<table>
<thead>
<tr>
<th>Committee</th>
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<tbody>
<tr>
<td>Residency Selection Committee</td>
<td>Michael Leone</td>
</tr>
<tr>
<td>Program Evaluation Committee</td>
<td>Mitch Onken</td>
</tr>
<tr>
<td>Clerkship Grading Committee</td>
<td>Blanca Valdovinos</td>
</tr>
<tr>
<td>GMEC representative</td>
<td>Kate Munger</td>
</tr>
<tr>
<td>Resident Council</td>
<td>Kate Munger</td>
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