Graduate Student Services

Overview

School of Medicine and Dentistry

Tuesday, August 23rd, 2022

Welcome to graduate school!

Rick Libby, PhD, Senior Associate Dean for Graduate Education
Graduate Education at the School of Medicine and Dentistry

www.urmc.rochester.edu/education/graduate
Institutional Office of Equity and Inclusion

IOEI Website:  
https://www.rochester.edu/diversity/

UR Culture of Respect Home Page  
https://www.rochester.edu/respect/

IOEI Encompass Newsletter:  
Sign up button on our home page

Instagram:  
uofr_oei
WELCOME
We would like to acknowledge with respect the Seneca Nation, known as the “Great Hill People” and “Keepers of the Western Door” of the Haudenosaunee Confederacy. We take this opportunity to thank the original caretakers on whose ancestral lands the University of Rochester now stands.

Guzman-Rea, J., Jemison, P., 2020. (Seneca, Heron Clan)
Greetings from the Office of Equity and Inclusion

Equity and Inclusion are core values at URMC

• ...there is ongoing commitment to ensuring an inclusive, welcoming, and supportive environment for everyone within our community

• …aim to cultivate a culture of inclusive excellence at the School of Medicine and Dentistry and throughout the institution
Nathan A. Smith, MS, PhD
Associate Dean for Equity and Inclusion for Research and Research Education, Office of Equity and Inclusion
Associate Professor of Neuroscience, Department of Neuroscience, URMC

Ashley N. Campbell, EdM, PhD
Director of Equity and Inclusion for Research and Research Education, Office of Equity and Inclusion
Let’s Stay Connected

Nathan A. Smith, MS, PhD
nathan_smith@urmc.rochester.edu
585-224-6284 (mobile line)
https://thesmithlaboratory.org/
Follow Lab on Twitter: @SmithLab2018

Ashley N. Campbell, EdM, PhD
ashley_campbell@urmc.rochester.edu
585-353-9100 (mobile line)
Social Media: @ashleynicolephd
Graduate Student Society (GSS) Overview

New Student Orientation 08/23/2022

David Delemos
GSS President
Cellular & Molecular Pharmacology & Physiology PhD Candidate
Graduate Student Society (GSS) E-board

Madeline Jensen
GSS Vice-President
Biochemistry PhD Candidate

MaKenna Cealie
GSS Treasure
Neuroscience PhD Candidate

Alyssa Merrill
GSS Secretary
Toxicology PhD Candidate
Graduate Student Society (GSS)

Student-run organization on Med Center campus
(River Campus equivalent: GSA)

Represents & advocates for the student body

Recent achievements:
- Represent student needs in committees:
  - Graduate Education & Postdoctoral Affairs (GEPA)
  - MyHub
  - Public Safety
  - Committee for Graduate Studies (CGS)
  - University Advisory Counsel
- Board of Trustees
- President Mangelsdorf
- Graduate Student Appreciation Week (GSAW)
- Graduate Stipend Group
- And More!

Collaborated with organizations at URMC:
- Thinkers and Drinkers: Science Communication
- Alliance for Diversity in Science and Engineering (ADSE)
- River Campus: GSA
- OutGRADs: LGBTQ+ Organization
- SMD Entrepreneurs
Graduate Student Society (GSS)

Encourages a sense of community across diverse programs by hosting fun events for all grad students!

Past events:
- Radio Social
- Welcome Picnic at Genesee Valley Park
- Financial Workshop
- Whitewater rafting at Letchworth Park
- Brewery and wine tours around Rochester
- Board game nights (virtual and in-person)
- Monthly coffee hours
- Red Wings and Amerks Sports Games
- Outdoor Yoga
- Memorial Art Gallery
- Graduate Student Appreciation Week
Graduate Student Society (GSS)

Upcoming events:

• **Red Wings Baseball Game**
  - September 20\(^{th}\) at 7 PM

• **Coffee Hour**
  - September TBD

• **Personal Finance Workshop with myHub, ADSE, PDA, & SMD Entrepreneurs**
  - October 4\(^{th}\) at 1PM

Keep an eye out for emails with more information!
Get involved!
Currently searching for representation from...
  • New students and all students!

GSS Website:

GSSBoard@urmc.rochester.edu
Facebook: “Graduate Student Society at URMC”
myHub Overview
New Trainee Orientation 2022

Elaine M. Smolock, Ph.D.
Director of Writing Services and Training Grant Development and PREP Co-Director

Eric Vaughn, M.Ed.
Director of Career Services
"The best way to get something done is to begin."

~Author Unknown
Writing & Grant Assistance

Elaine M. Smolock, Ph.D.
Director of Writing Services and Training Grant Development
PREP Co-Director
myHub
Graduate Education and Postdoctoral Affairs
What is myHub?

myHub assists in supplementing every trainee's scientific education with the writing, grant support, professional and career development opportunities most appropriate to each individual trainee’s interests and skills.

The 8 spokes of myHub include....

- Alumni
- Events
- Fellowships & Grants
- Research Ethics
- Student & Postdoc Groups
- URBEST Career Services
- URBEST Internships
- Writing Services
Self-Determination Theory (SDT)

Three key components of SDT...

• **Competence:** People need to gain mastery of tasks and learn different skills.

• **Connection or Relatedness:** People need to experience a sense of belonging and attachment to other people.

• **Autonomy:** People need to feel in control of their own behaviors and **goals**.

*myHub utilizes SDT in all the work we do and encourage our trainees to help us develop programming and connections that will impact their work and goals.*
Goal of the Writing Assistance Resource

Meeting with the Writing Specialist is meant to be a LEARNING EXPERIENCE!

My primary goal is to improve your writing by discussing your research and providing tools to develop your fundamental writing skills.

*This is NOT a copy editing or re-writing service!*
The 2-way on Writing Assistance

1. Individual sessions providing detailed discussions about your writing project(s)

2. Workshops and group based learning experiences to encourage and promote writing development
I have worked on >845 writing projects with our trainees.
Best ways to improve your writing in graduate school:

• **Get Started!** – You can NEVER start too early – WRITE Now!
• **Accountability** – Create a plan and stick to it
• **Space/Time** – Find your happy writing place and use designated time
• **Read** – The more you read, the better you will write
• **Organize** – Start creating literature databases NOW (visit Miner Library for help)
Workshops and Social Content to be on the lookout for:

- NIH F-Series Grant Writing Sessions and Writing Clubs (3x per year)
- Thesis Writing
- Manuscript Writing
- Qualifying Exam Preparation
- UR Writing Initiative Hosts Writing Retreats
Career & Internship/Shadowing Experience

Eric Vaughn, M.Ed.

Director of Career Services

myHub
Graduate Education and Postdoctoral Affairs
Goal of URBEST Career Services & URBEST Internship Resources

As the myHub URBEST Career Coach, I want to help you with…

exploring careers, advancing your professional development skills, discovering your post-graduate next steps, and assisting you in preparing for your next steps in your academia and/or career.
Explore options while you are here….

• Who knows what they want to do after receiving their graduate degree?
• On average, how many hours will you work within your lifetime?
  ~90,000 hours = 11,250 days

A few ideas to start…
• Attend workshops and professional development sessions
• Meet with myHub to discuss your plan in exploring options
• Network with the experts- setup informational interviews
How to explore career options….

• Meet with Eric and complete a career assessment, example: Strong Interest & Skills Assessment/myIDP Assessment
• Read up on career opportunities within various job sectors & classification
• Setup informational interviews
• Review job postings
• Setup a short term shadowing experience
• Setup a long term internship experience (in-person & virtual)
• Establish mentors within targeted sector & job classification
URBEST Career Services

We can assist you with your...
• Individual Development Plan (IDP)/Goals Development
• CV/Resume & Cover Letter Writing
• Career Exploration & Job Search Strategy
• Informational Interview Strategies
• Marketing Plan (LinkedIn & Mel Collective)
• Interviewing/Mock Interviews
• Networking Strategy & Development (Alumni, Social Media)
URBEST Career Services

- Career Pathways
  - Industry, Manufacturing and Entrepreneurship
  - Regulatory Affairs, Compliance and Review
  - Science and Technology Policy
  - Biomedical Data Science
  - Science Communication and Outreach
  - Academic Research, Higher Education and Teaching
Internship Experiences

Practice → Learning → Experience → Success
myHub Experiential Learning Experience (ELE) Grants
Handshake

myHub utilizes Handshake to...

• Register for myHub Events
• Explore internship & job postings
• Register for 1:1 appointments with Elaine & Eric (coming soon!)
The Meliora Collective

University of Rochester’s Virtual Community

- Access to current students/trainees and U of R alumni from across the institution
- Built in advance search options and world map of participants from around the world
- Groups and resources tailored to the needs of U of R students/trainees and alumni
URBEST Resources

InterSECT Job Simulations

• an online platform that allows students, regardless of professional stage, to explore future career options.

• https://intersectjobsims.com/
Become Active in an SMD Trainee Group

- Advanced/Foundations in Teaching program
- Alliance for Diversity in Science and Engineering (ADSE)
- Graduate Students Raising Families (GSRF)
- Graduate Student Society (GSS)
- Graduate Women in Science (GWIS)
- National Postdoctoral Association (NPA) membership

- The Society for Advancement of Chicanos/Hispanics and Native Americans (SACNAS)
- SMD Entrepreneurs
- Thinkers and Drinkers
- UR Postdoctoral Association (PDA)
- UR Science Policy Initiative
- UR Writing
IND 439: Leadership & Management for Scientists

Topics and Instructors include:

- Building Your Support Network – Eric Vaughn, M.Ed.
- Managing People – Steve Dewhurst, Ph.D.
- Communicating and Resolving Conflict as a Leader – Jeff Lyness, M.D.
- Teamwork and Collaboration – Edward Feldman
- Strategic Planning – Katy Stevenson, MPP
- Negotiating – Jodyi Wren, Masters, Higher Education
- Overseeing Resources Effectively (Part I & II) – Jane Tolbert, Ph.D.
- Cultural Humility – Kristen Hocker, Ed.D.
- Project Management – David Topham, Ph.D.
- Interviewing: Selecting Teams – Dirk Bohmann, Ph.D.
- Mindfulness Coaching – Sabrina Vogler, CPC, CEC, CGSS
- StrengthsFinder 2.0 – David Cota-Buckout
myHub & GEPA Upcoming Events

myHub Events Calendar

- **21 Jul**: Qualifying Exam Prep
  - Over the course of workshop: Discuss how to formulate a testable...

- **25 Jul**: myHub Professional Development
  - All current SMD Master Students and Certificate Students are invited t...

- **28 Jul**: Qualifying Exam Prep
  - Over the course of workshop: Discuss how to formulate a testable...

- **08 Aug**: GEPA Alumni and Tr...
  - Registration is required for this event. Join Rochester-area Schoo...

- **10 Aug**: 5th Annual Presenta...
  - Attendees will learn principles for designing effective scientific talk...

Visit myHub.URMC.Edu for full details- Upcoming Seminars, Career Stories, and Workshops
As a URBEST Trainee
Assistance is always just a click away

Elaine Smolock, Ph.D. and Eric Vaughn, M.Ed. will hold all meetings via Zoom. To register for an appointment, please visit the Appointment Request Form.

**Director of Writing Services**
Elaine Smolock received her PhD in Pharmacology and Physiology from Drexel University College of Medicine in 2007. She then came to the University of Rochester Medical Center where she spent 7 years as an NIH NRSA F32 Postdoctoral Research Fellow and then a Research Assistant Professor in the Aab Cardiovascular Research Institute. Elaine was one of the founding members of our Postdoctoral Association. In 2015, Elaine joined the Office of Graduate Education and Postdoctoral Affairs, where she currently serves as Director of Writing Services and Training Grant Development. Elaine is also a Co-Director of the URMC Postbaccalaureate Research Education Program (PREP) and Educational Co-Director of the Bridges to the Doctorate.

*Elaine is available to provide individual writing assistance on Mondays, Tuesdays, and Thursdays.

**Director of Career Services**
Eric Vaughn received his Master's Degree in Education in College Student Affairs from the University of South Florida in Tampa, Florida in 2003. He has worked within the career services area for over 15 years including Saint Leo University in Saint Leo, Florida; Doane College in Crete, Nebraska; Wells College in Aurora, New York; and the Rochester Educational Opportunity Center in Rochester, New York. Eric is the current treasurer for the Graduate Career Consortium (GCC) and also is former co-chair of the GCC's Benchmarking committee. Eric is also an active member of the Rochester Area Career Development Association (RACDA), serving on various leadership roles within the organization, and has been an active member of the National Postdoctoral Association since joining the University of Rochester.

*Make an Appointment*

*More Information*
Q & A and Quotes to think about

• “Planning is bringing the future into the present so that you can do something about it now.” — Alan Lakein, author

• “A clear vision, backed by definite plans, gives you a tremendous feeling of confidence and personal power.” — Brian Tracy, author and motivational speaker

• “Plan your next move because every step contributes towards your goal.” — Sukant Ratnakar, author and motivational speaker
University Counseling Center

UHS Building, 3rd Floor

Open weekdays all year. After-hours emergency on-call availability.

Scheduling an Appointment . . . 585-275-3113
Comprehensive initial assessment and individualized treatment plan available to any student who paid the mandatory health fee.

Same-day appointments and after-hours access to professional on call in case of emergency.

Limited appointments available at MCO. Suite 1-5050(UHS Suite)/Room 1-5064. Students may also use the River Campus Office/zoom with greater availability.

One phone number to access all services: 585-275-3113

For more information: www.rochester.edu/UCC
UNIVERSITY COUNSELING CENTER (UCC)

- Initial Assessment
- Psychiatric Consultation
- Referral to Community Providers
- Case Management
- Referral to On-Campus Resources
- Self-Help Resources
- My SSP
- Short Term Group
- Group Therapy
- Intensive Brief Therapy
- Substance Use Assessment
- Psychiatric Consultation
- Referral to Campus Resources
- Self-Help Resources
- My SSP
CONTACT/FOLLOW UCC

Instagram @ur_ucc
24/7 crisis line: 585-275-3113

www.rochester.edu/UCC

https://www.facebook.com/URochesterUCC
SMD Ombudspersons for Graduate Students, Postdoctoral Appointees, and Preparatory Program Trainees

- Bob Freeman, Professor of Pharmacology and Physiology
  Medical Center room 4-6718
  Phone: 585-273-4893
  Email: robert_freeman@urmc.rochester.edu

- Krystel Huxlin, Professor of Ophthalmology
  Medical Center room G-3186
  Phone: 585-275-5495
  Email: khuxlin@ur.rochester.edu

- Chris Seplaki, Associate Professor of Public Health Sciences
  Saunders Research Building Room 3.238
  Phone: 585-273-1549
  Email: christopher_seplaki@urmc.rochester.edu
UHS HEALTH PROMOTION OFFICE

Staying Healthy on Campus: Tools to Help You Live, Grow & Thrive

LIVE. GROW. THRIVE.
HPO Mission
The mission of the UHS Health Promotion Office is to promote healthy behaviors among University of Rochester students so that they can live, grow, and thrive.

HPO Values
The staff of the Health Promotion Office value caring for the health and well-being of our students, respect for the diverse individuals we serve and with whom we work, and excellence in all that we do.
We're Located on the River Campus

UHS Building - Fourth Floor
738 Library Road
PO Box 270617
Rochester, NY 14627

585-273-5775
rochester.edu/uhs/healthpromotion

Learn More About Us!

URHPO
AMY MCDONALD, MS, CHWP  
Associate Director 
she / her / hers 
UR Class of 1999 & 2007

REBECCA BLOCK, MS, CHES, CHWP  
Health Promotion Specialist-Student Well-Being 
she / her / hers 
UR Class of 2018

ZOE BLACK, CHWP  
Health Equity Specialist 
she / her / hers 
UR Class of 2020

MEET OUR TEAM
Graduate Student Wellness Fair: An interactive fair for you to meet various wellness resources in the area!

Cooking
Nourish to Flourish teaches students about how one can engage in intuitive eating.

Events
We offer events just for graduate students, including Wellness Walks in GVP, lawn game days, workshops on imposter syndrome and more!

Stress Relief
Paws for Stress Relief brings therapy dogs to campus for some cuddles and love.
Online Programs

Zzzs to As Sleep Challenge

EAT Mindfully

Coming soon.. SexEd 101!

Available anytime, 21-day educational wellness programs sent via email.
Inclusive Health

Queer Health Resource Guide

To access a digital version, visit our website at tinyurl.com/queerhealthguide.

LIVE. GROW. THRIVE.

ON CAMPUS
ALL-GENDER RESTROOMS

LIBRARY + WILSON COMMONS
- Douglass, rooms 211, 301A, 416, & 417

SCIENCE + ENGINEERING QUAD
- Carlson Library, rooms 106 & 107

COME CHECK OUT OUR
LGBTQ RESOURCE FAIR

When: Thursday, October 15, 6-8pm
Where: Burgess Intercultural Center

Come learn about the resources available for LGBTQ students on campus and in the Rochester community! There will be fun activities, giveaways, and lots of helpful information!
The Mindful University Project is an interdisciplinary collaboration with a mission to empower our campus community to build a culture of mindful presence and compassion.

The work of the Mindful University Project allows our students to improve their mental well-being, boost academic flourishing, increase resiliency to stress, and reduce levels of anxiety and depression.

Check out our free meditations on YouTube and Instagram!
MINDFUL UNIVERSITY PROJECT

- Introductory and advanced learn-to-meditate classes
- Drop-in meditation sittings and yoga classes
- Half-day silent retreats
- Student Mindfulness Facilitator Training
- Educational workshops and faculty and staff training

rochester.edu/mindful
@URMindfulUniversityProject
April 2022 Newsletter

Here at U of R, we are dedicated to your wellness as a graduate student. This newsletter serves as a central location for all of the wellness events and services available to allow you to improve your well-being and thrive during your time here.

PAWS for Stress Relief

Come pet the pups! PAWS for Stress Relief brings therapy dogs to campus for students to spend some time with. This monthly program occurs from 6-7:15 PM. The Health Promotion Office also provides educational information, fun activities, and stress-relief giveaways such as lavender sachets or stress balls.

- April 4th in the Goergen Athletic Center
- April 28th in the Eastman Student Living Center

Graduate Student Appreciation Week
Thank You!
Graduate Study, CARE network, & Campus Resources

School of Medicine & Dentistry
August 23, 2022

Liz Daniele (she/her/ella)
Director
University Graduate Student & Postdoctoral Affairs
Graduate Study is a Level-up in Learning
+ New Terrain (school/city/state/country)
= Major Life Transition!
(can be exciting, can bring many new stressors)

See work by Dr. Zoe Ayres @zjayres
**Masters Student Mental Health Awareness**

This poster explores some of the common stressors that masters students experience during their taught and/or research programs.

### Masters Student Stressors:

- **Little Down-Time**
- **Systemic Issues**
- **Financial Concerns**
- **"Just a Masters"**
- **Social Isolation**
- **Juggling Study/Life**
- **Often Not Included**
- **Steep Learning Curve**
- **Lack of Support**
- **Uncertainty**
- **Workload Intensity**
- **Pressure to Perform**

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**PRESSURE TO PERFORM**

With the short nature of the masters program, there can be huge pressure to succeed. Being financially committed can make it harder to quit.

**LITTLE DOWN-TIME**

There is often little time to rest during a masters program, with pressure to just keep studying. This can lead to burnout.

**WORKLOAD INTENSITY**

The workload/research intensity is often very high adding stress. Masters students can sometimes be used as "output mills" and treated poorly.

**SYSTEMIC ISSUES**

Instead of dealing with complaints/concerns, some universities do not address them, and just wait, banking on high student turnover.

**FINANCIAL CONCERNS**

Paying out for the masters, moving to attend the program and/or living on a small stipend, can result in significant financial concerns.

**"JUST A MASTERS"**

In some cases, some are met with snobbery and statements like "you are just a masters student". This can lead to feeling undervalued and imposter feelings.

**SOCIAL ISOLATION**

Moving to another location to study, and the intensity of workload can make it difficult to form social groups and support networks with the masters cohort.

**JUGGLING STUDY/LIFE**

Often taking on a masters alongside working, and/or the intensity of the program, balancing work/life can be really difficult adding increased strain.

**UNCERTAINTY**

The pressure of not knowing what comes next after study, plus having to apply for jobs whilst still studying can be intense.

**LACK OF SUPPORT**

Mental health support is often geared towards undergraduates, with little available resources for masters students, making students unsupported.

**STEEP LEARNING CURVE**

With many returning to education, or transitioning from undergrad, masters programs are often intense and without support people can feel out of their comfort zone, or overwhelmed entirely.

**OFTEN NOT INCLUDED**

Conversations around the masters student experience are often few, making it difficult to validate and share stories, and find support groups.

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**SELF-HARMING? SUICIDAL THOUGHTS? CALL SAMARITANS NOW ON 116-123**

Part of the #mentalthesal series by Dr Zoe Ayres (@zjayres). Free to distribute. Thank you to the masters students on #AcademicCatter for conversations.
Doctoral & PhD Student Stressors

- Financial Concerns
- Competitive Landscape
- Papers, please
- Isolation/Guilt
- Culture of Acceptance
  - (“mental health issues = part of journey”)
- Taught Courses → Research
- Tough Relationships
- Presenteeism
  - (work/life balance in culture of overwork)
- First Time Failing
- Imposter Syndrome

Caring for your mental health

• Social connections and activities
• Connect with nature
• Meditation

https://www.rochester.edu/graduate-education/

➔ Housing, Health & Wellness, and Campus Life
➔ Student Groups & Activities
The CARE Network enables members of the University community to express their concern about a person, incident, or issue by submitting one of the following reports online:

- CARE Referral
- Bias-Related Incident Report
- Community Concern Report
Submit a Referral or Report

CARE Referral

If you have a concern about an individual student, or are in distress yourself, please fill out a CARE Referral. If you are concerned that a student may harm themselves call public safety at (585) 275-3333 and submit a CARE Referral.

Bias-Related Incident Report

If you know of an incident motivated by age, disability, ethnicity, gender, gender identity, gender expression, national origin, race, religion, or sexual orientation of the targeted person or group, please fill out a Bias-Related Incident Report.

Community Concern Report

If you have information about an issue that may be impacting the University of Rochester community, such as a natural disaster, humanitarian crisis, global issue, or any other event that may affect the well being of an individual or group, please fill out a Community Concern Report.
Care Resource Center

Search for concerns and UR resources anonymously and at your fingertips.

http://rochester.concerncenter.com/

(no www. at the beginning!)
Resources on Campus

• Health Promotions (wellness offerings)
  http://www.rochester.edu/uhs/healthpromotion/programs-and-services/

• Mindful University
  https://www.rochester.edu/mindful/

• Care Resource Center
  http://rochester.concerncenter.com/

• University Counseling Center (UCC)
  http://www.rochester.edu/uhs/ucc/services/

• Basic Needs Hub
  https://www.rochester.edu/students/support/form/

For emergency and safety situations, call or text Public Safety at 585-275-3333.

University Counseling Center has 24/7 on-call service for urgent concerns.

585-275-3113
Thank you

https://www.rochester.edu/care/

Liz.Daniele@rochester.edu

www.linkedin.com/in/lizdaniele
Financial Aid Office

Location: Student Services Center
Email: finaid@urmc.rochester.edu
Phone: 585-275-4523

Staff:
B.J. Revill – Director
Margaret Christian – Assistant Director
Rachel Berner – Financial Aid Advisor
Applying for Financial Aid

• Visit the Financial Aid Office Website for instructions, forms, links, etc. at:

• Submit any documents securely via the Financial Aid Office’s Secure Document Upload process on our website:

• Financial Aid Award Notifications are sent to applicants via BOX.
Disbursements

• Loan disbursements happen the first week of classes each semester

• Disbursements are made directly to your student account

• Please make sure you have your Direct Deposit account set up in UR Student to avoid delays with any refunds you may be expecting.
Medicine of the Highest Order
Office of the Bursar

Valerie Kraft, Bursar

Contact: SMDBursar@urmc.rochester.edu
Office Functions

1. Billing
2. Tuition and health award application to student accounts
3. Refunds
4. Emergency Loans
5. Check payment processing
6. 1098-T assistance
7. UR Student Finance Support
8. Student support via email, phone, Zoom and in person by appointment.
Billing

• You will be charged in UR Student (URS) in the month you register for classes.

• You will receive a notification from URS when you have a payment due in 25 days and again two days before the due date.

• Payments are due on the 10th of the month.

• You can pay electronically with an e-check in URS. We don’t accept credit or debit cards.

• Checks payable to the University of Rochester with URID in the memo can be mailed to: SMD Bursar 601 Elmwood Avenue, Box 601, Rochester NY 14642 or dropped off in Student Services.

• Late fees of 1% per month are charged on past due balances.

• Health insurance needs to be waived annually or it will be billed.
Helpful Information

• The best way to contact me is to email smdbursar@URMC.Rochester.edu with your UID in the subject and a clear question or request.

• I check the voicemail (275-4672) regularly and am available to Zoom.

• The UR Student link which includes helpful tutorials on setting up electronic payments, direct deposit, and adding friends and family to your student finance account is: https://tech.rochester.edu/services/urstudent/

• If you need IT help logging in or with errors in URS email univithelp@rochester.edu

• If your account is missing or has an inaccurate tuition or health award please contact me and your department coordinator

• Please reach out immediately with billing questions or discrepancies. I am here to help.
Medicine of the Highest Order
Connect with us!
Share your work and experience

• **Research** - What you're working on, publications, lab photos

• **Fun in Rochester** - What do you do for fun? Any student groups you're a part of?

• **Where you go next** - Let us know about your next endeavor
Why social media?

- Professional benefits
- Lead conversation around your work
- Anyone can interact with anyone
Building SMD's digital reputation

- Recruitment
- Awareness
- Raise the profile of our science
Follow and tag us

@URochester_SMD
@URochester_SMD
@urochesteRmed
University of Rochester School of Medicine and Dentistry

#URochesterResearch
Guidelines

Social Media Toolkit

Social media presents opportunities to connect with audiences interested in URMC patient care, teaching, research, and community outreach programs. Facebook, Twitter, YouTube, Instagram, and others are a growing and valuable part of URMC’s communications efforts – providing opportunities to engage distinct groups of patients, potential study subjects, donors, and other groups with whom we wish to communicate.

However, by nature, these platforms are meant for conversations, not for one-way communications. Your participation establishes the expectation of candid, two-way dialogue with often anonymous individuals. While there may be advantages in participating in this dialogue, URMC employees/departments are responsible for anticipating and managing the reputational risks that social media pose. That’s why we’ve developed two sets of guidelines – one for employees using social media for their own personal use, and one for those employees/departments interested in launching a URMC-branded platform.
Miner Homepage

- Interlibrary Loan
- Appointments
- Literature search request
- Library guides
- Data services
- History of Medicine
Book Request

Enter information below and click Submit Request to send.

Describe the item you want

* Author/Editors
  Biase, Randall

* Title
  Disposition of Toxic Drugs and Chemicals in Man

* Publisher
  Biomedical

Place of Publication
  Seal Beach

Date of Publication
  2020

Edition
  12. ed.

ISBN
  9780578577494

OCLC/ISBN Number
  133455067

If provided, will speed up request processing.

Find a copy in the library

Enter your location: 14620
Submit a complete postal address for best results.

Displaying libraries 1-6 out of 516 for all 66 editions (14620)

1. University of Rochester Medical Center
   Edward G. Miner Library
   Rochester, NY 14642 United States

2. Eastman Kodak Company
   InfoSource
   Rochester, NY 14650 United States
Data Services

Recommended research & learning tools:

- EN
- RefWorks
- Zotero
- WorldCat
- WorldCat
- Web of Science
- Dimensions
- PubMed
- BIBLIOMETRIX
- Scopus
- Cochrane
- LibKey Nomad
- ANACONDA
- protocols.io
- figshare
- DMP Tool
- ORCID
- Labarchives
History of Medicine

Rare Books  |  Manuscripts  |  Archives  |  Faculty Collections

Contact:
Meredith_Gozo@urmc.rochester.edu

History of Medicine Section
601 Elmwood Ave. Box LIBR
Rochester, NY 14642
585-275-8827
Thank you!

Questions or comments?
CALL/TEXT 24/7
(585)275-3333
JURISDICTION

- SECTOR 1: RIVER CAMPUS
- SECTOR 2: HOSPITAL/MEDICAL CENTER
- SECTOR 3: EASTMAN SCHOOL OF MUSIC
- SECTOR 4: STRONG WEST UNIVERSITY PROPERTY & ADJACENT ROAD WAYS.
STATS

- 3rd largest law enforcement agency in Monroe County.
- DPS averages 800 calls to the Communication Center each day.
- DPS officers respond to more than 75,000 jobs a year.
- Files 8,000 incident reports on the callers' behalf.
- Monitors close to 800 cameras.
- Monitors over 500 interior & exterior public access telephones, 250 BLEP, 180 elevator phones.
WHAT DOES DPS DO?

- ENFORCE NYS LAWS.
- POLICE REPORTS/MVA (LARCENY REPORT).
- HELP OBTAIN AN ORDER OF PROTECTION (OOP).
- ENFORCE U OF R REGULATIONS.
- DOCUMENT INTERNAL REPORTS (LOSS/MISSING REPORT).
- HELP OBTAIN ACTIVE AVOIDANCE ORDER (AAO).
HOW CAN DPS HELP?

- DOOR OPENINGS.
- MOTORIST ASSISTS (CAR START, LOCKOUTS).
- SAFETY ESCORTS.
- LIGHTING SURVEYS.
- RESPOND TO MERT CALLS.
- SECURITY SURVEYS.
- LOST & FOUND.
- TRAINING OPPORTUNITIES.
- VICTIM/WITNESS SUPPORT.
- COMMUNITY ENGAGEMENT.
DPS CAN ONLY DO SO MUCH

• YES DPS IS A 24/7 OPERATION...HOWEVER, WE NEED YOUR HELP TOO!

• IF YOU SEE A LIGHT OUT, OR UNSECURE DOOR CONTACT DPS.

• YOU ARE THE EXPERTS IN YOUR AREA, IF YOU BELIEVE SOMEONE HAS GAIN ACCESS AND SHOULD NOT BE THERE CALL DPS IMMEDIATELY.

• SAFETY IS A SHARED RESPONSIBILITY.

• CALL/TEXT (585)275-3333.
THANK YOU

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www.rochester.edu/public-safety/