

## OUR MISSION

We improve the health of individuals and populations through an innovative medical education program that emphasizes inclusion, humility, and personal growth.

We inspire diverse learners to become compassionate leaders in medicine and science by emphasizing collaboration, discovery, and excellence.

## EQUITY AND ANTI-RACISM ACTION PLAN GOALS

- Build** an anti-racism infrastructure
- Recruit** diverse learners, faculty & staff
- Nurture** a respectful learning & work environment
- Exemplify** inclusion in places & digital spaces
- Engage** in equitable healthcare

# OUR THE FUTURE OF MEDICINE



## HOLISTIC APPROACH

The University of Rochester School of Medicine and Dentistry's Biopsychosocial Model, founded in the 1950s by Dr. George Engel, guides our educational mission. We prepare students to take a holistic view of medicine which focuses on the patient as a whole and involves strong ties to the communities in which our patients live. The incorporation of Health Humanities into our curriculum allows students to look beyond the symptoms to see the patient as a person. This is why the University of Rochester School of Medicine and Dentistry prides itself on being known as the "liberal arts of medical schools."

Our unique Double Helix curriculum intertwines clinical and basic science teaching throughout all four years of medical school. With a strong foundation which is recognized by the top residency programs in the country, our students are able to select careers best suited to their individual strengths and interests. Our graduates succeed in careers in a wide variety of settings including academic medicine, rural medicine, private practice, research, administration, and community advocacy.

## WHY CHOOSE ROCHESTER?

Scan code to learn more



Phone: (585) 275-3112

Email: [mdadmish@urmc.rochester.edu](mailto:mdadmish@urmc.rochester.edu)



SCHOOL OF  
**MEDICINE &  
DENTISTRY**  
UNIVERSITY of ROCHESTER



SCHOOL OF  
**MEDICINE &  
DENTISTRY**  
UNIVERSITY of ROCHESTER

## CURRICULUM

Our unique curriculum, Double Helix -Translations and Transitions, teaches basic science principles as they relate to clinical medicine throughout all four years of medical school. Early clinical exposure is a key aspect of the curriculum with Introduction to Clinical Medicine starting in the first week of school. Instructional methods include Problem-Based Learning, Team-Based Learning, lectures, labs and large and small group skills sessions. Standardized patient sessions and simulations provide direct hands-on experiences. Clinical rotations in urban, rural, ambulatory, and inpatient settings offer rich, diverse experiences. Student support through our Advisory Dean program, the Office of Student Affairs and the Student Wellness program provides students with access to a myriad of resources, academic and career counseling, wellness and resilience, and professional development.

### Pathways

- Deaf Health
- Global Health
- Health, Equity, and Law Policy
- Healthcare Innovation and Economics
- LatinX Health
- Medical Education
- Health Humanities and Bioethics
- Academic Research Track (ART)
- Combined Degrees
  - MD/Ph.D. (NIH Funded MSTP)
  - MD/MBA
  - MD/Combined Master in various fields

## RESEARCH

As a research-intensive medical school, URSMD provides students with a variety of year-round and summer research experiences that complement their varied interests. Students are free to work in any of the multiple lab or clinically based research endeavors at the University. The Academic Research Track provides a funded year-out to pursue longer term research interests. Students with exceptional research accomplishments may graduate with Distinction in Research.

## OUTREACH

### Global Health

We support our students in traveling to other countries to enhance their learning and improve people's lives around the world. We have affiliation agreements in China, Ireland, Peru, Poland, and Spain and offer international medicine programs in over 40 countries.

### Community Service

The Students of Rochester Outreach (SRO) volunteer program allows URSMD students to serve those in need. Participants gain insight into the unique experiences of individuals who face disparities in health care and wellness. We offer the Community Health Improvement Course, a four-week elective that links students with community partners for service learning.

### MD with Distinction in Community Health

Learn about community-engaged scholarship through the design, implementation, and evaluation of a faculty-guided project with a community partner organization, directly improving population health.

### Community Clinics

Our student-run community clinics operate under faculty supervision serving uninsured and unhoused adults. In addition to providing supervised care to people in need, participants gain a deeper understanding of the social determinants of health.

### Student Organizations

URSMD has a myriad of student-run organizations to join. These include student government, national organizations (AMA, AAMC, AMWA, AMSA), and numerous interest groups.

### Pathway Programs

Our pathway programs provide high school and college students from historically underrepresented and economically disadvantaged backgrounds with opportunities to pursue careers in medicine and the biomedical sciences. These programs also provide medical students with opportunities to develop teaching and mentorship skills helping prepare them for future academic medicine careers.

## APPLICATION REQUIREMENTS

Applicants must be U.S. citizens or Permanent Residents. International applicants are only considered for the Levitan Family Endowed Scholarship.

- Undergraduate degrees are required from an accredited college or university. We prefer science coursework from a U.S. or Canadian college.
- Completion of all pre-requisite requirements.
- MCAT scores must not be more than four years old at matriculation.
- Applicants must meet our technical standards.

## TIMELINE & DEADLINES

- AMCAS Application: October 15
- Secondary Application: November 15
- Letters of recommendation: November 22
- Virtual Interviews: September – March
- Decisions: Rolling

## QUICK FACTS

- 105 students enter each year
- 20% underrepresented in medicine
- Average Age: 24; Age Range: 21 - 37
- 51% are female
- 61% are science majors
- 67% take one year or more off before medical school
- 7% are MD/Ph.D.
- 34 different states represented
- Top 50 U.S. research-intensive medical schools
- 99% 3-year average USMLE Step 1 Pass Rate
- 99% 3-year average match rate
- Average MCAT: 516
- Average GPA: 3.82