



Students of Rochester Outreach (SRO) Community Volunteer Opportunities



Brain Awareness Campaign (BAC)

The University of Rochester's Brain Awareness Campaign is a community outreach program sponsored by the Rochester Chapter of the Society for Neuroscience. The program was started in 2013 by graduate students from the Neuroscience Graduate Program. The planning committee now consists of graduate student volunteers from the departments of Neuroscience and Brain and Cognitive Sciences. Each year during National Brain Awareness Week, we make visits to local elementary schools where we teach kids in grades K-6 about neuroscience using interactive games and experiments. We also make special visits to schools and science expositions throughout the school year.

Fénix Mentorship

Fénix mentors aim to establish a partnership with their mentees by empowering them to become their best selves. The program seeks to address the needs of the *whole* student through activities that nurture their mind, body and soul.

Fénix mentors are female URSMD medical students who commit to being a positive role model throughout their mentee's high school years at East High School.

Homeless Response Team (HRT)

Homeless Response Team (HRT) is a subset of UR Homeless Street Outreach students who are committed establishing longitudinal relationships with homeless patients that transcend the inpatient-outpatient divide. We serve as patient care advocates by connecting Strong Memorial Hospital patients to the work Street Outreach does in the community while extending the social work and case management services received in the hospital. Students foster long-term relationships with their patients, which help promote meaningful progress toward patient

and medical goals. The students are encouraged to attend the patient's follow-up clinic visits as patient advocates. Students serve as a crucial bridge between the patient and the health care system, strengthen the relationship between the primary care provider and their patient, and learn a great deal about the health care system and the social determinants of health in the process.

InterVol

Students participate in packing parties of unused and recyclable medical supplies at InterVol's warehouse on Kings Parkway. InterVol collects unused recyclable medical supplies from healthcare organizations in upstate New York. The supplies are shipped internationally to healthcare organizations assisting people in developing and emerging countries.

- Tuesday evenings
- Location: Kings Highway 14605

Love Fellowship Tutoring

The tutoring group meets once a week for around 1.5 hours at the Love Fellowship Worship Center. Each tutor will be assigned one student that they will tutor for the year. Each student will have an individualized educational plan that considers the medical, socioeconomic, and spiritual aspect of each student. This is a great opportunity to improve your teaching skills while building a strong relationship with your student and positively impacting their educational goals and future.

MedClub with Champion Academy

Alayna Loiselle, Ph.D., assistant professor of Orthopaedics in the CMSR spearheads MedClub. Once a month, about 30 students take a break from regular Champion Academy programming to join MedClub. These students get a chance to perform hands-on science experiments ranging from owl pellet dissections to learning how drugs can be delivered in hydrogels. The students also get some insider knowledge about medical and graduate school from MedClub mentors. Partnering with the Champion Academy offers CMSR graduate students the chance to directly interact with high-risk youth in our community, and learn to be mentors.

Nativity Prep After School Tutoring

School of Medicine and Dentistry students tutor 6th, 7th, and 8th grade students who need help with math. Nazareth is an inner-city Catholic School.

- 1½-hours per week. Days to be determined.
- Location: 15 Whalin Street

Partnership for Community Resilience Building (PCRB)

Partnership for Community Resilience Building will connect university students to communities dismantled by incarceration. This project will provide mentors to disenfranchised justice involved individuals and people who have been incarcerated and their families. With support from the Women's Initiative Supporting Health (WISH) program, Dr. Diane Morse, reentry specialists, successful formerly incarcerated individuals, and PhD candidate Precious Bedell, medical students will be trained through a didactic and experiential curriculum to utilize evidence-based mentoring strategies effective in supporting reentry and reducing recidivism. Students will attend health worker training sessions, community social justice movement forums, and health fairs. Finally, under the oversight of Precious Bedell, students will begin a mentoring relationship at the local County Jail in Henrietta.

Pediatric Links to the Community (PLC)

The Hoekelman Center houses many activities in addition to the original Pediatric Links with the Community (PLC). Since the beginnings of PLC in 1996, we have been developing methods to train young physicians in community health and advocacy. Through partnerships with community based organizations, our graduates have learned much and will do much to "make the world a better place to be." Please refer people to the Hoekelman Center website for more info: www.hoekelmancenter.org

Refugee Student Alliance (RSA)

The URM C Refugee Student Alliance is a student-run organization with the goal of forming mutually beneficial relationships between the medical school and Rochester's resettled refugee communities. The organization focuses on supporting Rochester's resettled refugee populations, specifically in health and education, raising awareness about refugee health and socioeconomic issues, and developing community service opportunities for medical and graduate students. The URM C RSA and its activities always aim to uphold the principles of diversity, inclusion, self-autonomy, equality, respect and justice. SRO hours can be earned through tutoring on Saturdays at Carlson Library, teaching health and ESOL classes at a community center, fundraising activities and many other community service opportunities.

Rochester Young Scientists Club (RYSC)

The Rochester Young Scientists Club (RYSC) will expose motivated middle school students to the scientific community at the University of Rochester Medical Center (URMC). We want to foster middle schoolers' interest in science by helping them to perform and present their own science projects at a world-class academic institution.

Science and Technology Entry Program (STEP) – Up to Medicine

STEP Up To Medicine is a mentoring and teaching organization that aims to support the health and science career goals of local high school students who are underrepresented in medicine. Medical student Mentors will be paired one-to-one with a local high school student. They will attend monthly Saturday seminars which will provide exposure to careers in healthcare, hands-on experiences, and leadership development. Each Mentor will help his/her respective student to prepare a research project for a statewide conference in the spring in addition to providing ongoing mentorship, assistance with the college process, and academic support. Due to the high level of independence in working with students, prior teaching experience is recommended but not required for participation.

Serving Nutritious Appetizing Cuisine for Kin of the Sick (SNACKS)

A medical student group that organizes and prepares healthy meals for the family members of adult inpatients staying in Hope Lodge.

- Students set schedule with S.N.A.C.K.S. student coordinators
- Location: Hope Lodge

Strong Art (StArt)

An innovative music and arts program for children admitted to the pediatric ward of Strong Memorial Hospital. StArt is a unique program designed to expose pediatric patients and their families to artistic pursuits as a form of therapeutic healing and self-awareness. The program is directed and run by students from the University of Rochester School of Medicine and Dentistry, with the hope of fostering a relationship of sensitivity, self-expression, empathy and

compassionate healing between future doctors, researchers, nurses and their patients. StArt also provides activities at the Salvation Army's West Avenue after-school program site.

- Students set schedule with StArt student coordinators
- Location: Strong Memorial Hospital

Strong Kindness

Strong Kindness is a student run organization within the University of Rochester School of Medicine and Dentistry. The goal is simple: to utilize the ingenuity and compassion of the student body to invent and complete acts of kindness for patients at Golisano Children's Hospital and the Wilmot Cancer Center.

Student-athlete Community OutREach (SCORE)

With training from athletic trainers on staff, we will assist with taping and concussion testing as well as other prevention practices performed on a day-to-day basis. We will provide professionally approved resources for injury prevention to student athletes, while also aiming to increase awareness and utilization of resources that are already available at RCSD and within the Rochester community. Finally, with oversight from physicians and/or RCSD nurse practitioners we will assist in increasing student athlete access to pre-participation physicals and screening.

UR Hotspotting

Small multidisciplinary healthcare teams, eliciting histories, advising patients about available community resources, discussing health concerns, and practicing behavioral counseling skills around health behaviors and healthcare use. Volunteers will become knowledgeable about local resources, practice clinical interviewing skills, learn about team-based healthcare, and have the opportunity to directly impact patients in a longitudinal manner.

- Time: varies from 4-6 hrs/month based on patient needs and scheduling

UR Street Outreach

UR Well Street Outreach's mission is to ensure access to quality medical care for Rochester's unsheltered homeless population, operating under the principle that health care is a basic human right. UR Well Street Medicine seeks to bridge gaps between the homeless and medical communities through direct street outreach and engagement with homeless people where they live, building relationships and trust, and offering companionship and respect.

- Tuesday and Thursday Evenings
- Location: Varies

URWell

Our mission is to provide free, high quality health maintenance and preventive services to local uninsured families and individuals in an effort to foster the health of the Rochester, NY community while promoting the spirit of education, social justice, and collaboration.

Asbury First United Methodist Church

- Thursday evenings from 6-9 pm
- Location: 1050 East Avenue, 14607

St. Joseph's Neighborhood Center

- Tuesday evenings from 6-9 pm

- Location: 417 South Avenue, 14620
St. Luke's Tabernacle Community Church
- Wednesday evenings from 6-9 pm.
- Location: 1261 Dewey Avenue, 14613

URWell School and Sports Physicals

Under the leadership of URSMD, medical students provide free school, sports, and work permit physicals to students in the Greater Rochester Area.

- Dates: Four Thursdays in August
- Location: Strong Memorial Hospital