



**The Rochester Regional  
Children's Environmental  
Health Center**

The **Rochester Regional Children's Environmental Health Center (RRCEHC)** provides resources and information on environmental exposures in children and women who are pregnant, breast feeding, or considering pregnancy.

The goal is to provide clinical service, education and outreach regarding environmental exposures in children and in pregnant or lactating women. The RRCEHC has implemented service programs and initiated regional outreach through joint efforts with multiple community services. Our Call Center provides information for children's environmental exposure issues as well as for lactation and pregnancy environmental exposure issues.

To refer patients or for additional information:

(585) 275 - 3638

New York State Center for  
Excellence in Children's  
Environmental Health

at

Golisano Children's Hospital at Strong  
Rochester General Hospital  
Rochester, New York

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Children's Environmental Health Center  
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**Protecting the Health of  
Children and Mothers from  
Environmental Exposures**

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## **The Rochester Regional Children's Environmental Health Center**

It is important to understand the connection between environmental exposures and their impact on children and on women who are planning a pregnancy, pregnant, or breastfeeding.

**The Rochester Regional Children's Environmental Health Center's** goal is to provide clinical services, education and outreach to the public in order to address this connection.

### **What is an environmental health hazard?**

**Environmental health hazards** are things in your environment that can make you sick or cause injuries. They can be chemicals, physical hazards, poisons, or other exposures. Environmental health hazards can occur naturally or be introduced into the environment by people.

### **Why should I know about environmental health hazards?**



**Women who are pregnant** should minimize environmental exposures. Environmental hazards can be passed from a mother's body to her unborn baby. These hazards can affect the baby's development and cause lifelong health problems.

**Women who are breastfeeding** should also minimize environmental exposures. Many environmental hazards can be passed to the baby through breast milk. Because breastfeeding is best for babies, mothers should avoid toxic exposures.

**Children** are at highest risk of exposure to environmental health hazards in the home because of their hand-to-mouth behavior and activities such as crawling. Environmental hazards affect children more than adults because of their growing brains



and bodies.

### **What are some of the hazards that the Children's Environmental Health Center can help me with?**

- Metals (Lead, Cadmium, Mercury, Arsenic)
- Mold
- Asthma Triggers
- Physical Safety
- Chemicals and Poisons
- Pesticides
- Indoor Air Quality Issues
- Asbestos
- Occupational Exposures

