

Integrated Pest Management

- Find out if you have a pest problem.
 - Look for signs (droppings, chew marks, monitoring with glue traps) of insects or rodents.
- If you have a pest problem, use pesticides safely.
 - Use less-toxic alternatives like snap-traps.
 - Store and use away from children.
 - Choose site-specific and pest-specific formulas.
 - Read the label and follow direction carefully.
 - Wear protective clothing (gloves, goggles).
 - Wash hands and face after use.
- Keep the kitchen clean -clean up dirty dishes right after eating. Wipe up spills or crumbs right away.
- Eat food only in the kitchen/dining areas.
- Put away pet's food and water at night.
- Use airtight containers to store food.
- Take the garbage out often.
- Throw out old boxes, newspapers, and clutter.
- Keep cupboards clean and throw out old food.
- Seal or caulk cracks or fill small holes in walls with steel wool so pests cannot come in.
- Secure loose baseboards, wallboards, windows, and screens.
- Keep home dry and well ventilated (fix leaks, open windows).
- Keep windows or doors closed if they do not have screens.

Resources:

- Cornell Cooperative Extension: 461-1000
- Monroe County Department of Public Health: 753-5171
- Poison Control Center: 275-3232
- Rochesterians Against the Misuse of Pesticides: 383-1317
- Websites:
 - Community Environmental Health Resource Center
<http://www.cehrc.org/>
 - Environmental Protection Agency
<http://www.epa.gov/pesticides/factsheets/ipm.htm>