

Lead Poisoning

- Have your child tested for lead by his/her doctor (especially children 6 and younger).
- Get your home tested for lead (if it was built before 1978).
- Use “Lead Safe Cleaning Techniques” (see healthy housekeeping checklist)
 - Wash windows sills and floors weekly
 - “Work wet” with a spray bottle & use soap and water
 - Contact a Resource to borrow a HEPA vacuum.
- Keep children away from painted porches, windows, basements, and bare soil.
- Wash children’s hands with soap and water frequently.
- Wash children’s toys with soap and water frequently.
- Feed children foods rich in iron and calcium.
- Eliminate bare soil with a barrier like grass or thick mulch.
- Comply with Rochester’s lead law that requires rental housing to be lead safe (428-LEAD)
- Apply for a lead hazard reduction grant from the City of Rochester or Neighborworks.

Resources:

- Monroe County Department of Public Health: (585) 753-5087
- Coalition to Prevent Lead Poisoning: (585) 256-2267 x5
- NeighborWorks: (585) 325-4170
- City of Rochester Lead Hazard Reduction Grant: (585) 428-6827
- Housing Council: (585) 546-3700
- Action for a Better Community Lead Resource Center (HEPA): (585) 325-5116
- Rochester Fatherhood Resources Initiative (Resource-HEPA): (585) 235-3160
- Lead Code – City of Rochester: (585) 428-LEAD (5323)

- Lead Safe Work Practices:
 - Cornell School of Industrial Relations: (585) 262-4440
 - The Housing Council: (585) 546-3700
 - Monroe County: (866) 850-5280

- Websites:
 - Community Environmental Health Resource Center
 - <http://www.cehrc.org/>
 - Coalition to Prevent Lead Poisoning
 - <http://www.lead-safe-by-2010.org>
 - City of Rochester- Lead Code
 - <http://www.cityofrochester.gov/main/docs/council/leadordinancefinal.pdf>
 - City of Rochester – Financial Assistance for Landlords
 - <http://www.cityofrochester.gov/article.aspx?id=8589939222>
 - Monroe County Department of Public Health
 - <http://www.monroecounty.gov/eh-leadpoisoning.php>

Lead Safe Work Practices

- ❑ Take a Lead Safe Work Practices Class.
 - Contact a Resource to sign up for classes that are no-cost/low-cost.
- ❑ Keep non-workers, especially children and pregnant women, away from the work area.
- ❑ Keep the dust contained. This includes correctly using the required equipment, tools, and methods.
 - NO DRY SANDING, spray surfaces with water before sanding
 - Use a scraper to remove paint
 - Enclose work area with plastic (6 mil poly) and duct tape
- ❑ Clean up with soap and water & HEPA vacuum.
- ❑ Don't bring lead dust home with you- change and wash before going home.
 - Wear the proper personal protective equipment (respirator, coveralls).
- ❑ Learn the laws about lead and obey them.
 - A copy of "Protect Your Family From Lead in Your Home"
 - Call the City of Rochester to learn about the new law

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- General:
- Monroe County Department of Public Health: (585) 753-5087
- Coalition to Prevent Lead Poisoning: (585) 256-2267
- City of Rochester Lead Hazard Reduction Grant: (585) 428-6827
- Free copies of "Protect Your Family From Lead Hazards:" 1-800-424-LEAD

- Lead Code:
- City of Rochester: (585) 428-LEAD (5323)

- Websites:
 - <http://www.epa.gov/lead/index.html>
 - <http://www.monroecounty.gov/File/Health/Lead/LSWP.pdf>
 - <http://www.lead-safe-by-2010.org/>
 - <http://www.hud.gov>