

DEPARTMENT OF
FAMILY MEDICINE

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FAMILY MEDICINE RESIDENCY PROGRAM SELECTED TO PARTICIPATE IN P4

Preparing the Personal Physician for Practice (P4) initiative has potential to transform the way doctors are trained to practice medicine.

The University of Rochester Family Medicine Residency Program is among 14 residency programs nationwide invited to participate in a progressive primary care initiative.

The Association of Family Medicine Residency Directors (AFMRD) and American Board of Family Medicine (ABFM), in collaboration with TransforMED, the American Academy of Family Physicians (AAFP) practice redesign initiative, announced a program aimed at changing the way family physicians are trained to practice medicine.

Dubbed P4, the Preparing the Personal Physician for Practice initiative has the potential to inspire considerable changes in the content and structure of Family Medicine training. Findings from the project are expected to guide future revisions in accreditation and content to ensure that future family doctors are proficient in using the most up-to-date tools and technologies to meet the growing demands of health care consumers. The AFMRD and ABFM Foundation have pledged nearly \$1.75 million to fund the initiative, only a portion of the financial commitment necessary to drive this innovation forward.

“While many Family Medicine residency programs are taking new and progressive

approaches to physician training, the 14 residencies participating in the P4 initiative will highlight innovations taking place in residencies across the country,” said Samuel M. Jones, MD, president of the AFMRD and co-chair of the P4 steering committee.

The proposed innovations vary among the 14 participating residencies. For its P4 innovation, the University of Rochester Family Medicine Residency Program will implement and compare

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ALUMNA CARES FOR PATIENTS IN ZIMBABWE

Nicola Moore, M.D. (2002) is working at St. Luke’s Hospital, a 200-bed mission hospital near Lupane, Zimbabwe. As a general doctor there, she works



in pediatrics, medical, surgical, gynecological and obstetrical care. Dr. Moore is specifically in charge of the Male Ward and the Pediatric Ward and the HIV Clinic, but during clinic and on-call time, cares for all types of patients and eventualities.

Nicky Moore, M.D. cares for patients at St. Luke’s Hospital in Zimbabwe.

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Thoughts from the Chair

Recently, *US News & World Report* posted its 2008 Best Grad Schools rankings. The University of Rochester Medical School climbed two points in the “Best Research Schools” ranking and eight points in the “Primary Care” ranking. *US News* has also revived its programmatic rankings. We are proud to report that the Department of Family Medicine ranked #21 in the country. Other notable accomplishments were that URMCM ranked #20 in Pediatrics; #17 in Geriatrics; and #24 in Internal Medicine. These are remarkable achievements.

We are also proud to announce that the Family Medicine Residency Program filled all open slots during the 2007 NRMP Matching Process. Across the University, only one program had one slot unfilled this year. This brings a tremendous amount of local pride and national recognition. Across the country, 27% of family medicine programs did not fill their intern spots. Statistically, fewer US grads choose primary care residencies each year.

Our incoming class is the cream of the crop of interns entering Family Medicine programs nationwide.

- Bethany Arber, SUNY Buffalo
- Anh Bui MD, Ben Gurion University/Columbia University
- Ashley Gallagher, University of Texas
- Sachiko Kaizuka MD, Hamamatsu University, Japan
- Pebble Kranz, Brown University
- Marina Ma, University of Michigan
- Carrie McNeil, SUNY Syracuse
- Liz Muñoz, University of Pennsylvania
- Kevin Zhao MD, Beijing Medical University
- Alicia Zysman-Cromwell, University of Rochester

Recently *Places Rated Almanac* rated Rochester as the 6th best place to live in America, ahead of Washington DC, Boston and Madison, WI (see page 8). For those of us who have lived here for most of our lives, this comes as no surprise and is a result of our region’s outstanding cultural, recreational and educational opportunities, coupled with low housing prices. It is nice to be recognized for these assets.

In the pages of this newsletter you will read about the accomplishments of our department and of some of our prestigious alumni. Please keep in touch. You can contact me at tom_campbell@urmc.rochester.edu ■

Thomas L. Campbell, MD (1982)
William Rocktaschel Professor and Chair of Family Medicine
Associate Director, URMCM Center for Primary Care

PARTICIPATION IN P4

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two approaches to teaching new and innovative practice models: redesigning one of the four existing residency practices within our current practice, and establishing a new teaching “Ideal Micro Practice” (IMP). The IMP is a model developed by the Institute of Healthcare Improvement that is small, with low overhead (15-30 percent). Therefore, clinicians are able to spend more time with patients. The Program will locate its IMP in an inner-city neighborhood to test whether it is a viable model to serve the urban underserved. Both approaches will initially focus on selected chronic diseases as well as preventive cancer screening. Residents will learn the Plan-Do-Study-Act (PDSA) model as an approach to address practice improvement initiatives. Then, working with all members of their practice team, residents will develop and implement quality improvement projects.

Ideal Micro Practice Spearheaded by Alumnus

“Working with our consultant, L. Gordon Moore M.D. (1993), we will develop a new Ideal Micro Practice (IMP) with one faculty member, one fellow, and two FM residents (second and third year),” said Tom Campbell, M.D., Department Chair. “We plan to be the first residency to develop a teaching IMP and incorporate this model into clinical training.”

Dr. Moore is a graduate of the UR Family Medicine Residency Program and a faculty member and consultant for the Institute for Health Care Improvement (IHI). He has worked with numerous medical centers and clinical practices across the country to help them improve their clinical care processes and health outcomes, using the principles of IHI’s Idealized Practice Design. He has published extensively on his own IMP and has assisted others in setting up similar practices. He leads the Clinical Office Transformation of inner city practices in the Reweaving the Safety Net project in Rochester, NY, is a content expert for the AAFP’s TransforMED project, and is the principle investigator of the Ideal Micro Practices project, a study funded by the Physicians Foundation for Health System Excellence (www.idealmicropractice.org) to examine the processes and outcomes in IMPs. ■

HONDURAS

GLOBAL HEALTH TRACK UPDATE

By Doug Stockman, M.D. (1989), Director of Global Health

The Global Health program has been part of the Department of Family Medicine since 2003, and Hondurans are already benefiting from our collaboration. The group visits Honduras several times a year to continue ongoing projects.

Our last trip in May 2007 was very successful. Curative health care is a rewarding part of our work. A number of home visits were made to remote villages for people too sick to make the journey. Although curative care is important, many of our other interventions will have longterm improvements in health.

We built improved cookstoves that reduce smoke exposure, reduce the risk of burns and improve nutrition by reducing calorie expenditure. The new stoves trim wood use by about 50%, which means women and children spend less time and calories collecting firewood. We also constructed a number of slow sand filters. These simple \$40 devices made with local materials can make contaminated water safe to drink. The first of many 4,500 gallon ferro-cement water tanks was built. This size will allow a family to have water during the six-month-long dry season.

We laid the groundwork to create a communal library and introduced the concept of micro-finance to fund small projects using revolving funds. Visit the Department of Family Medicine's web site's Global Health section at www.urmc.edu/fammed/iht/index.cfm to read the full trip report and to learn about our biannual global health conference. If you are interested in supporting the Honduran project, please visit www.fotoshonduras.com to learn more. ■



Members of the Department of Family Medicine visit Honduras several times a year as part of the Global Health Program.

HONDURAS WATER PROJECT SUPPORTED BY FIRST UNITARIAN CHURCH

The First Unitarian Church in Rochester has donated \$30,000 and created a Honduras Water Project group, co-chaired by church members Barbara Gawinski and Mary Jane Curry, in support of the efforts of the Department of Family Medicine to address poverty and health care challenges in this Central American country.

“Our primary focus is securing clean water for the San Jose community of Honduras, but we hope to grow the program over the years to address other challenges such as malnutrition, limited education, limited access to health care and poverty,” said Scott Tayler, one of the congregation's ministers. The funds are being provided through the church's Greater Good Project which supports two projects—one local and one international.

Church members hope to travel to Honduras with members of the Department of Family Medicine and provide needed materials for school children and teachers' lesson plans as well as help with the manual work in Honduras. Back home they hope to raise awareness of Honduran culture and the issue of poverty through their religious education classes with children and adults.

They plan to offer onsite projects at the church to mirror the development of slow sand filters in Honduras, and a Spanish class is being formed to further equip members to engage this effort in a deeper way. “Twenty members of the church have already made a commitment to volunteer their time to either develop an appreciation for community and/or to participate in longterm projects to improve the health of the Honduran communities,” said Barbara Gawinski.

“We are very grateful for the support of the First Unitarian Church,” said Doug Stockman, Director of Global Health in the Department of Family Medicine, “and we look forward to working together with them on this very meaningful project.”

You can learn more about the congregation's Greater Good Project or this particular Honduras Water Project by visiting their website: www.rochesterunitarian.org. ■



Members of the Honduras Water Project group of the First Unitarian Church include Barbara Gawinski, Fred Harvey, Jane Harvey, MJ Curry and Barbara Geist-Wörner.

ALPHA OMEGA ALPHA INDUCTION CEREMONY SPECIAL FOR FATHER/DAUGHTER

The recent Alpha Omega Alpha induction ceremony was special for a local father and daughter. Jules Zysman, M.D. (1982), received an award for Clinical Volunteer Faculty and was introduced by AΩA student inductee Alicia Zysman-Cromwell, his daughter.

Jules, a Family Physician, was inducted into AΩA upon graduating from Rutgers University Medical School in 1977. He completed his undergraduate degree in biology at Rutgers University, graduating Phi Beta Kappa. He completed his residency in Family Medicine at Highland Family Medicine, serving as Chief Resident during his final year. After residency, Jules practiced with his wife Nadette Jacob, M.D., David Ness, M.D. and Mary Kay Ness, M.D. at Honeoye Valley Family Practice. Teaching has always been one of Jules' passions. As a Clinical Associate Professor at UR, he has been teaching medical students and residents for the past 26 years.

Alicia graduated with a degree in molecular biology from Princeton University. She is vice president of her medical school class and a member of the Honor Board. She is the winner of the Zeigler Prize in Anatomy and has been elected to the Gold Humanism Honor Society. She has traveled to Cameroon where she did clinical HIV research and to Honduras with the department of Family Medicine. Alicia will be a resident in the University of Rochester/Highland Family Medicine Residency Program. She is married to Matthew Cromwell who is employed at Excellus. ■



AΩA student inductee Alicia Zysman-Cromwell presented an award to her father Jules Zysman, M.D.

ALUMNA IN ZIMBABWE

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According to Dr. Moore, the population is rural, mostly subsistence farmers, about 10% have jobs. About 70% of the patients she sees every day—apart from the HIV clinic itself—are HIV positive (including regular inpatient and outpatient care). Dr. Moore's post-fellowship life has been spent largely in Africa, working at various hospitals as a general doctor (Zimbabwe, Zambia, Sudan). She has also worked in a Federally Qualified Community Health Center in the U.S. for about nine months and earned a Diploma in Tropical Medicine and Hygiene at the Liverpool School of Tropical Medicine.

"We welcome any residents or faculty who would like to come visit and work here for a month or two," says Dr. Moore. "It's quite safe, very cheap, and we have good accommodations. We work with very friendly, very sick people, and there is a lot to do. A bonus is there are a lot of elephants nearby!"

Get to know about some of our featured alums on www.urmc.edu/fammed/alumni/. ■

HIGHLAND FAMILY MEDICINE NURSES ACTIVELY INVOLVED IN COMMUNITY SERVICE

In preparing for Highland's application to the American Nurses' Credentialing Center (ANCC), for Magnet status, nurses at Highland Family Medicine (HFM) were interviewed to obtain information about their activities within HFM and in the community.

The survey revealed that Highland Family Medicine Nurses are active with numerous organizations that improve the health status of our patients and the community and include:

- The Coalition to Prevent Lead Poisoning – the nursing protocol to follow elevated lead levels has become the gold standard for all community practices
- The Blanket Project – HFM nurses work with women in the community to knit and provide free blankets for families in our practice
- Reach Out and Read – a collaborative effort with a community grant program that provides free books to parents of preschoolers to encourage them to read daily to their children, improving literacy, vocabulary and academic skills
- Family Planning Grant – a collaborative effort to provide family planning services for women in need
- Used Book supply – maintained at HFM as an additional initiative to encourage daily reading for children
- School to Work Program – a collaborative effort with Hillside Children's Center, Wegmans Food Markets and the Mayor of Rochester to meet the health care needs of teens at risk
- Americorp Volunteers – accept and train participants to follow up on our children re: well child checks and immunizations and to facilitate enrollment in public insurance programs
- READII – community advisory board for the Monroe County Racial and Ethnic Adult Disparities in Immunization Initiatives

The results reflect the compassion, commitment and professionalism of the registered nurses and nurse practitioners at Highland Family Medicine. ■

DEPARTMENT WELCOMES NEW FACULTY MEMBERS

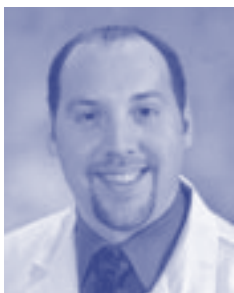
The Department of Family Medicine welcomes Elizabeth Brown, M.D. M.P.H. (2007) and Mark Mirabelli, M.D. to the faculty.



DR. ELIZABETH BROWN served as Chief Resident in the University of Rochester/Highland Hospital Family Medicine Residency Program prior to joining the faculty of the University of Rochester. She is a graduate of the M.D. Program in International Health and Medicine at Ben Gurion University of the Negev in collaboration with Columbia University Health Sciences.

She received her Master of Public Health Care degree from Columbia University. Her interests include maternal child health and refugee health.

“University of Rochester Family Medicine was a natural fit for me given the commitment to the underserved, refugee health and global health track including the site in Honduras,” said Dr. Brown.



DR. MARK MIRABELLI is a primary care sports medicine specialist in the Sports Medicine Division of the Department of Orthopedics. He completed the Primary Care Sports Medicine Fellowship at the Cleveland Clinic Foundation–Sports Health. While there, he served as a team physician for several professional teams including the Cleveland Browns

and the Cleveland Indians. Prior to that, he completed the Family Medicine Residency Program at the University of Michigan where he served as chief resident. He received his medical degree from New York Medical College. ■

RESIDENTS AND THE JOB SEARCH

Does your practice need another physician? Are you looking for a partner? Do you have a colleague who is recruiting physicians? Why pay high recruiting costs when there are talented University of Rochester/Highland Family Medicine Residents beginning job searches.

According to Suzanne Lee, M.D., Clinical Associate Professor of Family Medicine, residents in the Practice Management Curriculum work on job search strategies, office efficiency techniques and staff supervisory skills. Residents attend a resume writing workshop and spend time with career mentors and potential employers gaining future career perspectives and insights.

“Our alumni have been so helpful in this process,” said Dr. Lee. “Our residents are able to connect with outstanding physicians in our wide alumni network who can offer helpful information and advice in the job search and keep us informed of opportunities. If you know of openings or would like to help the residents, please contact Suzanne Lee at suzannep_lee@urmc.rochester.edu or (585) 202-3361. ■

FAMILY MEDICINE RESEARCH PROGRAMS

2006–2007 Publications

Between January 2006 and March 2007, FM Research faculty published – or currently have awaiting publication – nearly 50 articles in 30 different journals. Many of these articles are co-authored by two, three or four FM Research faculty collaborating with colleagues around the country. Following is a sampling:

- Steinberg AG, **Barnett S**, Meador HE, Wiggins EA, Zazove P. Health care system accessibility, experiences and perceptions of deaf people. *J Gen Intern Med.* 2006;21:260-266.
- Smith T, **Botelho R**, Mathers, N. Making Healthy Choices Easier: An Evaluation of a Motivational Practice Workshop. *Education for Primary Care.* 2007;18(1):76-83.
- **Carroll JK, Epstein RM, Fiscella K**, Jean-Pierre P, **Volpe E**, Gipson T. Caring for African women implications for clinician-patient communication. *Patient Education & Counseling.* 2007;66(3):337-345.
- **Epstein RM**. Assessment in medical education. *New England Journal of Medicine.* 2007;356:387-396.
- **Finigan, Elizabeth G**. Two Phone Calls and a Mountain. *Families, Systems, & Health.* 2006;24(4):476-480.
- **Fiscella K**, Franks P, Srinivasan M, Kravitz RL, **Epstein RM**. Ratings of physician communication by real and standardized patients. *Annals of Family Medicine.* 2007;5:151-158.
- **Fiscella K, Holt K**, Franks P. Disparities in preventive procedures: Comparisons of self-report and Medicare claims data. *BMC Health Services Research.* 2006;6:122.
- **Fiscella K, Eisinger SH, Meldrum S**, Feng C, Fisher SG, Guzik DS. Effects of mifepristone for symptomatic leiomyomata on quality of life and uterine size: a randomized controlled trial. *Obstetrics & Gynecology.* 2006;108(6):1381-7.
- **Lurie SJ, Gawinski B, Pierce D, Rousseau SJ**. Seasonal affective disorder. *American Family Physician.* 2006;74:1521-1524.

Kevin Fiscella and **Jennifer Carroll** contributed to four of seven articles that appeared in June in the international journal *The Oncologist, Supplement 1* entitled “Cancer-Related Fatigue: Causes, Consequences and Management.” Dr. Carroll was the lead author of “Mechanisms of Cancer-Related Fatigue.” All the articles were the result of collaborations among researchers from the Wilmot Cancer Center and other University of Rochester departments.

Ron Epstein and Richard Street’s *Patient-centered communication in cancer care: Promoting healing and reducing suffering*, was a report initially commissioned by the National Cancer Institute and will be published later this year as a book.

Susan McDaniel, Ph.D. co-authored two books published in 2006, including *Individuals, Families, and the New Era of Genetics: Biopsychosocial Perspectives* for W.W. Norton and Company, and has seven book chapters and articles awaiting publication in 2007, including “An overview of primary care psychology” for the *Journal of Clinical Psychology in Medical Settings* with Pieter le Roux.

FAMILY MEDICINE RESEARCH PROGRAMS

Presentations

Steven Barnett, M.D. joined with Peter Franks to submit a poster entitled “Using National Health Interview Survey data to demonstrate disparities experienced by deaf people.” It was one of 10 posters chosen by the *Center for Disease Control (CDC)* for a national poster competition. In February, Steve discussed the work of the National Center for Deaf Health Research at the *UR Department of Psychiatry Grand Rounds*; he was also one of four organizers of—and both he and **Betsy Finigan** participated in—a Deaf Health Research Poster Session at the National Technical Institute for the Deaf.

Richard Botelho, M.D. gave a full-day, experiential workshop, “Motivate Healthy Habits and Self-care of Chronic Diseases,” to the Quality Improvement Conference organized by the Finnish Quality Networks and Conmedic in February 2007 in Helsinki, Finland; and the *Med-Chi Lecture* at the Nottingham Medico Chirurgical Society in Nottingham, England in March.

In 2006, **Jennifer Carroll, M.D., M.P.H.** (1999) was the recipient of an American Academy of Cancer Research (AACR) “Frontiers in Cancer Prevention” Scholarship, and an NIH Loan Repayment Program Award. She also presented a poster about her work with African refugees at a conference in Basel, Switzerland; discussed this work at conferences in San Francisco, Atlanta, and at the U of R School of Nursing; and, in recognition of her work with refugee populations, received an invitation to present to New York State Legislators at the *NYS Conference on Language Access to Healthcare for Immigrant Women*.

Last May, **Ronald Epstein, M.D.** organized a conference at the National Cancer Institute on patient-centered communication and cancer care, and, in October, gave a presentation on the same topic at the American Cancer Society conference on cancer survivorship. He gave a keynote presentation on “Mindfulness and Medicine” at a conference sponsored by the University of Massachusetts Medical School, and presented similar work at conferences at Harvard Medical School and Jefferson Medical College. He is consulting for the TransforMED project to incorporate patient-centered communication into practice redesign.

Betsy Finigan, M.D. gave a presentation of her work on translating a written survey instrument into an interactive computer survey in Sign Language and written form at the *New York Academy of Family Physicians Winter Symposium*, and this August will present at the *National Conference of Family Medicine Residents and Students* in Kansas City.

Susan McDaniel, Ph.D. gave plenary lectures at the STFM Behavioral Science Forum and at the American Association for Marriage and Family Therapy Annual Meeting, Grand Rounds at Massachusetts General and Brown University, and appeared on two panels at the APA Annual Meeting.

Most recently, **Kevin Fiscella, M.D., M.P.H.** discussed career options in HIV care with the University of Rochester’s Black Students’ Union and, in June, will join Pascal Jean-Pierre and others to give a presentation at the *American Society of Clinical Oncology Annual Meeting* in Chicago.

Vincent Silenzio, M.D., M.P.H. discussed the role of sexual orientation in suicide ideation and attempts among adolescents and young adults at the *Canadian Association for Suicide Prevention in Toronto* and at the *STFM Annual Conference* in Chicago.

Grants

Ron Epstein, M.D. received \$875,000 for three grants: from the *Arthur Vining Davis Foundation* and *The Mannix Fund for Excellence in Medical Education* for the creation of curricula in mindfulness for medical students, residents and physicians; and from the *Physicians for Healthcare Excellence* to explore the impact of mindfulness on physicians’ quality of care, efficiency, patient satisfaction and professional satisfaction. He also received a subcontract from the Boston Medical Center, funded by *The Avon Foundation*, to directly observe and quantify the tasks of the navigators on Kevin Fiscella’s National Cancer Institute grant and the networks they employ to conduct their work.

Kevin Fiscella, M.D., M.P.H. and **Ellen Volpe, MSN, FNP** of Westside received a grant from the Robert Wood Johnson Foundation for assessing the impact of Concurrent Peer Review (CPR) on the quality of cardiovascular and diabetic care for underserved minority patients at Westside. Two other large grants submitted by Kevin to the NIH National Heart, Lung and Blood Institute (NHLBI) and the American Cancer Society (ACS) received high scores.



Steve Lurie, M.D., Ph.D. studies Seasonal Affective Disorder.

URMC ANNOUNCES NEW CLINICAL AND TRANSLATIONAL SCIENCES INSTITUTE

New Grant will Support the Rochester Practice Based Research Network

The University of Rochester Medical Center (URMC) announced a major new expansion in research and education that will establish the University as a national leader in clinical and translational research. This new initiative—which involves the construction of a new, four-story research building and the hiring of new clinical and research faculty—will have a substantial regional economic impact and lead to the creation of hundreds of new jobs.

In October 2006, the University of Rochester was one of twelve leading academic medical centers to receive a Clinical and Translational Science Award from the National Institutes of Health (NIH). The \$40 million NIH grant, the largest in the University's history, will enable URMC to assemble the enabling technologies, trained personnel, and operational support necessary to accelerate the process of harnessing medical breakthroughs and transforming them into new ways to diagnose, treat, prevent, and cure diseases.

URMC will create an "academic home" for the new Clinical and Translational Sciences Institute and plans to begin construction of a new 150,000 square foot research and education building on the Medical Center campus near the School of Nursing building next year. The new building will enable the University to bring together necessary scientific disciplines, support operations, education and training programs, and specific clinical research programs together under one roof.

The University also plans to create 30 to 50 new positions for clinical and translational researchers over the next several years, generating an additional \$25 million in research funding per year. Over a six-year period the entire project—which includes facilities, faculty recruitment, and external research funding—will total more than \$430 million.

The Clinical and Translational Science Awards (CTSAs) are part of NIH's new "roadmap" designed to translate research findings into clinical practice in the community. A major part of the CTSA grant is its Community Engagement Section which will help support community based participatory research and the Rochester Practice Based Research Network (RochPBRN). The Department of Family Medicine will play a critical role in the development of the RochPBRN, which will consist of pediatric and adult primary care practices in the Rochester area. This effort is being led by Kevin Fiscella, MD, MPH, Associate Professor of Family Medicine and Community & Preventive Medicine and Peter Szilagyi, MD, MPH, Professor of Pediatrics and Chief of the Division of General Pediatrics. They helped to write this section of the CTSA and will serve on the Steering Committee. More recently, the Medical School received a supplemental planning grant from NIH to develop infrastructure for the PBRN and identify and reduce barriers to participation in practice-based research. "These grants offer an exciting opportunity for the Department to take a leadership role in the CTSA through our development and support of the Rochester Practice Based Research Network," said Thomas Campbell M.D., Chair of the Department of Family Medicine. ■

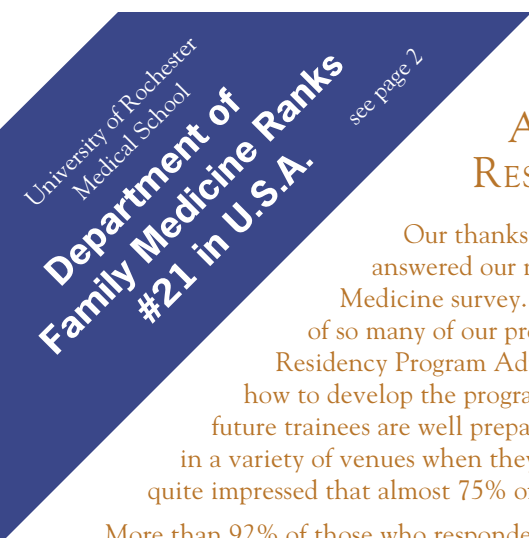


Department of Family Medicine participants in The Polar Plunge, an annual fundraiser for the Special Olympics, included, left to right: Kristen Thornton (R2), Mathew Devine (R2), Todd Gerwig (R2), Stephen Schultz (1995) (kneeling), Eric Smith (second year in a row for him!), Ronald Yearwood (R3), Brad VanHeukelum (R1) and Dan Mullin, Behavioral Health fellow. The group raised over \$1,000 for the Special Olympics, and a group of faculty contributed \$1,000 to the Honduras project as well.

HEALTH INITIATIVE UPDATE

Suzanne P. Lee, MD, Clinical Associate Professor of Family Medicine is the Director of the "Be Healthy Be Successful" Health Initiative for the Hillside Work Scholarship Connection (HWSC). The health initiative connects 1500 Rochester City High School Students to health insurance and primary care. It also provides health consumerism workshops and designs programs and curriculum for students, parents and youth advocates.

HWSC is a 20-year academic and employment program for at-risk Rochester City High School students which has doubled the high school graduation rate and increased college matriculation. The health initiative has been funded for 2007 by the Wegmans Foundation and the Hillside Family of Agencies Foundation. ■



ALUMNI SURVEY RESULTS RELEASED

Our thanks to the close to 300 alumni who answered our recent Department of Family Medicine survey. “It’s wonderful to get the input of so many of our program’s alums,” said Ken Maher, Residency Program Administrator. “It helps us determine how to develop the program further so that our current and future trainees are well prepared to practice Family Medicine in a variety of venues when they graduate. The GME Office was quite impressed that almost 75% of our alums responded.”

More than 92% of those who responded to the survey, including some who are now retired, are currently board-certified; 63 of our grads are or have been department chairs or program directors; and 65 of those surveyed are currently working with the underserved. The rotations noted to have been most helpful include Adult Inpatient Medicine, OB, Pediatrics, and Psychosocial Medicine. Some thought the Outpatient experience was excellent but think it should be expanded, and some think the program should feature more information on business management, which actually has been more of a major concentration in recent years. Alumni cited the close relationships among residents and faculty as a notable strength of the program, and also cited content excellence and innovation.

For more information visit www.urmc.edu/fammed/alumni ■



ROCHESTER RANKED 6TH BEST PLACE TO LIVE IN AMERICA

Places Rated Almanac (<http://placesrated.com>) recently ranked 379 metropolitan areas and found that Rochester had some of the finest cultural, educational and recreational assets in the country. It was one of only two small metropolitan areas to make the top ten. “It reinforces what a great place Rochester is to live and raise a family,” said Mayor Robert J Duffy.

The top 10 metropolitan areas are:

1. Pittsburgh
 2. San Francisco
 3. Seattle
 4. Portland, Ore.
 5. Philadelphia
 - 6. Rochester**
 7. Washington, D.C.
 8. San Jose–Sunnyvale, Calif.
 9. Boston
 10. Madison, Wis.
-