Infertility Research

VOLUNTEERS NEEDED FOR A RESEARCH STUDY on the effects of lifestyle modifications in overweight women with unexplained infertility.

• overweight women (BMI ≥ 30)
• 18-40 years old
• regular menstrual periods
• at least 1 year of infertility
• seeking pregnancy

ELIGIBLE VOLUNTEERS WILL

• have regular visits to Strong Fertility Center, 500 Red Creek Dr., Rochester, NY
• wear a Fitbit (activity tracking watch)
• take study medications
• keep a diary
• use Nutrisystem meals
• undergo physical exams, blood work, clinical imaging to determine if fallopian tubes are open, and semen analysis (male partner)
• undergo ovarian stimulation with intrauterine insemination

FOR MORE INFORMATION
Please contact the Research coordinator at:
FIT_study@urmc.rochester.edu
585-273-2995
and reference the FIT-PLESE study

REPRODUCTIVE MEDICINE NETWORK

UNIVERSITY OF ROCHESTER MEDICAL CENTER