

Patient N	lame:	
Provider	Name:	
Date:	/	<u> </u>

Checklist: Encouraging your patients to breastfeed (1-3 Minutes)

Ask: Breastfeed only (no formula) ~ That's great! Both breastfeed and formula or Dundecided Formula feed only
Advise: As your doctor, I strongly advise you to breastfeed your baby. Breast milk is the ONLY food your baby needs for the first six months. Personalize your advice. Why should you breastfeed? You will have: - better bonding with your baby - lower risk of breast and ovarian cancer - less bleeding after delivery - lose pregnancy weight quickly - lower risk of type II diabetes For more information, see "Encouraging Your Patients to Breastfeed" (laminated sheet).
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Your baby has a higher risk of: - better bonding with your baby - lower risk of breast and ovarian cancer - less bleeding after delivery - lose pregnancy weight quickly - lower risk of type II diabetes For more information, see "Encouraging Your Patients to Breastfeed" (laminated sheet).
- better bonding with your baby - lower risk of breast and ovarian cancer - less bleeding after delivery - lose pregnancy weight quickly - lower risk of type II diabetes For more information, see "Encouraging Your Patients to Breastfeed" (laminated sheet).
- lower risk of breast and ovarian cancer - less bleeding after delivery - lose pregnancy weight quickly - lower risk of type II diabetes For more information, see "Encouraging Your Patients to Breastfeed" (laminated sheet).
- less bleeding after delivery - lose pregnancy weight quickly - lower risk of type II diabetes - getting sick more often with ear infections, colds, pneumonia, diarrhea For more information, see "Encouraging Your Patients to Breastfeed" (laminated sheet).
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Colds, pneumonia, diarrhea For more information, see "Encouraging Your Patients to Breastfeed" (laminated sheet).
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Assist. Wost women can successfully breastreed and i believe you can too.
Breastfeed only Both breastfeed and formula feed only formula or Undecided
Here is some information on I'd like you to think more
breastfeeding to get you I'd like you to think about about breastfeeding. Here is
started and some resources only breastfeeding your baby. some information on how for support. Here is some information breastfeeding can help both
for support. Here is some information breastfeeding can help both about why it is so important you and your baby. There are
for both your and your baby.
Give appropriate and your baby. also other resources to help you are interested.
☐ Give appropriate materials
☐ Fax Breastfeeding ☐ Give appropriate
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Partnership Referral
Partnership Referral
Partnership Referral Form to WIC Partnership Referral Partnership Referral Form to WIC Faxed/_/
Partnership Referral ☐ Fax Breastfeeding ☐ Follow-up at next visit
Partnership Referral Form to WIC Partnership Referral Partnership Referral Form to WIC Faxed/_/

Developed by the Community Partnership for Breastfeeding Promotion and Support, PHS Grant # RO1-HD055191, a project of the Department of Community and Preventive Medicine at the University of Rochester. Adapted from the Clinical Practice Guidelines for Tobacco Use Cessation. Based on ACOG recommendations and the Agency for Healthcare Research and Quality's report "Breastfeeding and Maternal and Infant Health Outcomes in Developing Countries."

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