

A life-changing program that combines compassion with science.

For an at-risk young woman who's not prepared to care for a child, a new baby can mean the onset—or continuation—of poverty, conflict, and despair.

Nurse-Family Partnership's breakthrough solution: Provide expectant mothers with a relationship they can count on. A committed and compassionate nurse makes regular home visits over 30 months, from before birth until the baby is age two.

But Nurse-Family Partnership isn't just a heartfelt social program. More than 30 years of randomized, controlled trials show that families who participate in the Nurse-Family Partnership model fare better: less incidence of drug and alcohol abuse, better employment for the moms, and better performance in school by the kids. A program that seems so intuitively right is also scientifically sound.

It's about changing lives



For more information or to find a location near you:  
[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)  
Toll-free 866-864-5226



## Nurse-Family Partnership Program Goals

### Goal 1

**Improve pregnancy outcomes** by helping women engage in good preventive health practices, including obtaining thorough prenatal care from their healthcare providers, improving their diet, and reducing their use of cigarettes, alcohol, and illegal substances.

### Goal 2

**Improve child health and development** by helping parents provide responsible and competent care for their children.

### Goal 3

**Improve the economic self-sufficiency of the family** by helping parents develop a vision for their own future, plan future pregnancies, continue their education, and find work.

### Why low-income, first-time mothers?

When a young woman becomes pregnant before she's ready to take care of a child, the risk factors for the entire family escalate. She may have a family background of low wages, welfare, or worse—a pattern that, without intervention, she may be fated to repeat.

### Why nurses?

Nurses can reach a vulnerable family in ways that others can't. For a low-income young woman at risk, a nurse is a trusted, respected, and accessible figure. A nurse brings specialized healthcare knowledge and can spend time with her clients. She approaches them without value judgments or a personal agenda. And as the three randomized, controlled trials show, this relationship of trust makes a measurable difference for the whole family.

Nurse-Family Partnership is an evidence-based community health program with three decades of research proving it works. At its heart, the program empowers women to change their families' lives for the better.

Family outcomes that have been shown in one or more of the Nurse-Family Partnership randomized, controlled trials include:

**48%** reduction in child abuse and neglect

**56%** reduction in emergency room visits for accidents and poisonings

**59%** reduction in arrest of children at age 15

**67%** reduction in behavioral and intellectual problems in children at age six

**72%** fewer conviction of mothers when children are at age 15

The RAND Corporation found a net benefit to society of \$34,148\* per high-risk family served, equating to a \$5.70 return per dollar invested in Nurse-Family Partnership.

\*2005 Analysis



“Terrible things can be prevented and good things can be made to happen with the involvement of nurses with these families early in their lives.”

David Olds, PhD, Professor of Pediatrics  
University of Colorado  
Founder, Nurse-Family Partnership



“There isn't a program like us. We help a girl change into a woman and a mother. It's like a metamorphosis.”

Nicole Hoffman, a Nurse-Family Partnership  
Nurse Home Visitor



Leaders from across all sectors are recognizing the tremendous value of Nurse-Family Partnership, a nurse-led, evidence-based home visitation program. You can help bring this successful, cost-effective model to more communities than ever before. Your support can help strengthen families, babies, communities—and the future.

It's about changing lives—for generations.  
Please join us.

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