



## How can I pay for services?

Family planning clinics, providers, and pharmacies may accept many different insurances as payment for services and birth control methods. The programs listed provide comprehensive, confidential family planning and reproductive health care services to all women, men and adolescents regardless of ability to pay or immigration status. If a client does not have insurance coverage, a sliding fee scale based on the client's income is used to determine if a fee will be charged.

## NYS FAMILY PLANNING PROGRAMS

In addition, NYS Medicaid offers qualified residents programs designed to help people access family planning services. Nearly all family planning clinics enroll patients into these programs at their clinic locations!

**Family Planning Benefit Program:** Provides coverage for family planning services to men and women with gross incomes at or below 223% of the federal poverty level. This includes teens!

**Family Planning Extension Program:** Women who lose Medicaid coverage when a pregnancy ends receive free family planning services for up to two years!

**For more information** about these and other public health insurance programs, please visit the NYSDOH website: [www.health.ny.gov/health\\_care/medicaid/program/longterm/familyplanbenprog.htm](http://www.health.ny.gov/health_care/medicaid/program/longterm/familyplanbenprog.htm)

## Where can I find more information?

Family planning clinics offer free outreach and education programs on health care topics such as birth control, sexually transmitted infections (STIs), and other reproductive health care issues. For more information on these services and programs, please contact one of the family planning clinics in your county.

## New York State offers FREE assistance!

### Family Planning Services Training and Support

This free program provides education and outreach on family planning programs and services. Providers and their staff, health care workers, community resource personnel, Department of Health Services staff, health care insurance staff and consumers are invited to learn more about accessing family planning services under NYS public health insurance programs.

For more information or to set up a program at your location please contact:

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#### Family Planning Grant Coordinator

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# Family Planning Services in the Finger Lakes Region

## What is family planning?

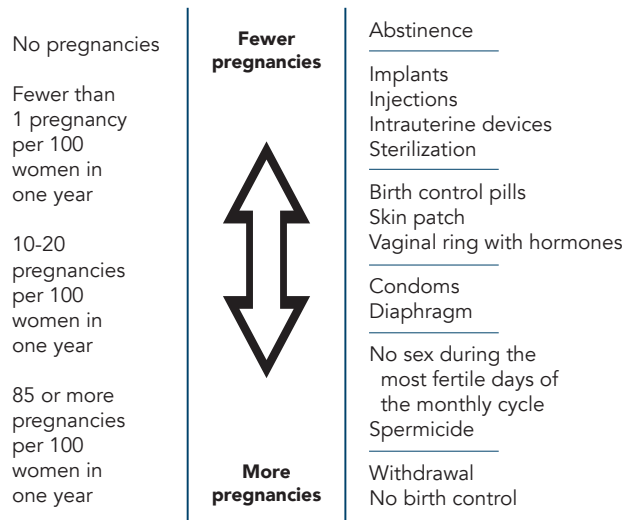
Family planning is more than planning families! Confidential care is available for women, men and teens.

### Family planning services include:

- Birth control options including abstinence
- Well women screening including PAP tests and breast exams
- Pregnancy tests and pregnancy options counseling
- Testing and treatment for sexually transmitted infections (STIs)
- HIV counseling and testing
- Emergency contraception

For more information on these services, talk to your health care provider.

## How effective are different birth control methods?



## Where can I go for confidential family planning services?

Most family practices and OB/GYN offices, as well as many local family planning clinics offer these services. **Family planning clinics in the greater Finger Lakes area include:**

### Allegany County

Health Department  
Alfred, Belmont and Wellsville, (585) 268-9250

### Cayuga County

East Hill Family Medical  
Auburn, (315) 253-8477  
Finger Lakes Community Health  
Port Byron, (315) 776-9700

### Chemung County

Planned Parenthood of the Southern Finger Lakes  
Elmira, (607) 734-3313

### Genesee County

Planned Parenthood of Central and Western NY  
Batavia, 866-600-6886 (toll free)

### Livingston County

Health Department, SUNY Geneseo and Avon  
(585) 226-3888  
Dansville, (585) 335-8570  
Mt. Morris, (585) 243-7540

### Monroe County

Planned Parenthood of Central and Western NY  
Rochester and Greece, 866-600-6886 (toll free)  
Highland Family Planning  
Rochester and Irondequoit, (585) 279-4890  
Jordan Health at Community Place  
(585) 784-5940

### Onondaga County

Planned Parenthood of Central and Western NY  
Syracuse, 866-600-6886 (toll free)  
Syracuse Model Neighborhood/FP, (315) 435-3295

### Ontario County

Planned Parenthood of Central and Western NY  
Canandaigua, 866-600-6886 (toll free)  
Finger Lakes Community Health  
Geneva, (315) 781-8448

### Schuyler County

Planned Parenthood of the Southern Finger Lakes  
Watkins Glen, (607) 535-0030

### Seneca County

Finger Lakes Community Health  
Ovid, (607) 403-0065

### Steuben County

Planned Parenthood of the Southern Finger Lakes  
Corning, (607) 962-4686  
Planned Parenthood of the Southern Finger Lakes  
Hornell, (607) 324-1124  
Finger Lakes Community Health  
Bath, (607) 776-3063

### Wayne County

Finger Lakes Community Health  
Sodus, (315) 483-1199  
Newark, (315) 573-7577

### Wyoming County

Health Department  
Attica, Silver Springs  
800-419-4177 (toll free), (585) 786-8881 (local)

### Yates County

Finger Lakes Community Health  
Penn Yan, (315) 536-2752  
Also: Keuka College, (315) 781-8448

The above is not a full listing of Family Planning providers. Please call (800) 541-2831 or visit [www.health.ny.gov/community/pregnancy/family\\_planning/program\\_sites.htm](http://www.health.ny.gov/community/pregnancy/family_planning/program_sites.htm) to find a Family Planning location near you. The programs listed provide comprehensive, confidential family planning and reproductive health care services to all women, men and adolescents regardless of ability to pay or immigration status. If a client does not have insurance coverage, a sliding fee scale based on the client's income is used to determine if a fee will be charged.