

Fun Fitness Camp Calendar 2017











<div><div>w</div><div>e</div><div>l</div><div>c</div><div>o</div><div>m</div><div>e</div></div>				<div>6/22</div> <div>8:00 Fitness center</div> <div>10:00 welcome games</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>6/23</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 games or park (GVP)</div> <div>4:15 return to Fitness ctr</div>							
<div>LUAU WEEK</div>				<div>6/26</div> <div>8:00 Fitness center</div> <div>10:00 welcome games</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>6/27</div> <div>8:00 Fitness center</div> <div>10:00 Luau fun</div> <div>11:20 Lunch:</div> <div>1:05 Adventure Landing (1:30-3:40)</div> <div>4:15 return to Fitness ctr</div>		<div>6/28</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>6/29</div> <div>8:00 Fitness center</div> <div>10:00 Luau fun</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>6/30</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>	
<div>PATRIOTIC WEEK</div>				<div>7/3</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>7/4</div> <div>HAPPY INDEPENDENCE DAY</div>		<div>7/5</div> <div>8:00 Fitness center</div> <div>10:00 Patriotic fun</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 outside?</div> <div>4:15 return to Fitness ctr</div>		<div>7/6</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 trampoline park (1:30-3:40)</div> <div>4:10 return to Fitness ctr</div>		<div>7/7</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>	
<div>HALLOWEEN WEEK</div>				<div>7/10</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>7/11</div> <div>8:00 Fitness center</div> <div>9:45 Halloween games</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:10 return to Fitness ctr</div>		<div>7/12</div> <div>8:00 Fitness center</div> <div>9:30 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 RMSC (Museum) (1:30 - 3:35)</div> <div>4:20 return to Fitness ctr</div>		<div>7/13</div> <div>8:00 Fitness center</div> <div>10:00 Trick or Treat /Costume</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>7/14</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>	
<div>PIRATE WEEK</div>				<div>7/17</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>7/18</div> <div>8:00 Fitness center</div> <div>10:20 Red Wings game (10:45-1:30)</div> <div>2:15 Fitness center</div> <div>2:30</div> <div>4:15 return to Fitness ctr</div>		<div>7/19</div> <div>8:00 Fitness center</div> <div>10:00 Treasure hunt</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>7/20</div> <div>8:00 Fitness center</div> <div>10:00 Pirate games</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>		<div>7/21</div> <div>8:00 Fitness center</div> <div>10:00 Games, Pick activity</div> <div>11:20 Lunch:</div> <div>1:10 Fitness center</div> <div>1:45 Swimming/Park - GVP</div> <div>4:15 return to Fitness ctr</div>	

GVP: Genesee Valley Park (pool or park)

Lunch: Room where the camp has lunch & movie

Pick an activity:campers can pick from crafts, sports, croquet, etc.

Fun Fitness Camp Calendar 2017

WATER WEEK									
7/24 		7/25		7/26		7/27		7/28 	
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center
10:00	Games, Pick activity	10:00	games	10:00	Water activities	10:00	Water activities	10:00	Games, Pick activity
11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:
1:10	Fitness center	1:00	Ontario Beach	1:10	Fitness center	1:10	Fitness center	1:10	Fitness center
1:45	Park - GVP		(1:45 - 3:45)	1:45	Swimming/Park - GVP	1:45	Swimming/Park - GVP	1:45	Swimming/Park - GVP
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr
ANIMAL WEEK									
7/31 		8/1		8/2 		8/3		8/4 	
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center
11:00	Pick an activit	10:00	Animal games	10:00	Games, Pick activity	10:00	Animal games	10:00	Games, Pick activity
11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:
1:10	Fitness center	1:10	Fitness center	1:10	Seneca Park Zoo	1:10	Fitness center	1:10	Fitness center
1:45	Park - GVP	1:45	Swimming/Park - GVP	1:45	(1:30-3:30)	1:45	Swimming/Park - GVP	1:45	Swimming/Park - GVP
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr
FUN WEEK / COLOR WARS/ OLYMPIC CELEBRATION									
8/7		8/8		8/9		8/10		8/11**	
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center
10:00	Games, Pick activity	10:00	Color games	11:00	Lunch:3-6408 (K307)	10:00	Seabreeze	10:00	Games, Pick activity
11:20	Lunch:	11:20	Lunch:	12:45	Community Service Day			11:20	Lunch:
1:10	Fitness center	1:10	Fitness center		Medical student fun day			1:10	Fitness center
1:45	Park - GVP	1:45	Swimming/Park - 		GVP (1:00-3:30)			1:45	Swimming/Park - GVP
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:30	return to Fitness ctr	4:45	return to Fitness ctr	4:15	return to Fitness ctr
RETRO WEEK									
8/14		8/15 		8/16		8/17		8/18 	
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center
10:00	Games, Pick activity	10:00	Tie Dye	9:45	Horizon Fun FX	10:00	RETRO ACTIVITIES	10:00	Games, Pick activity
11:20	Lunch:	11:20	Lunch:		(10:15-12:00)	11:20	Lunch:	11:20	Lunch:
1:10	Fitness center	1:10	Fitness center	12:30	Lunch:	1:10	Fitness center	1:10	Fitness center
1:45	Park - GVP	1:45	Swimming/Park - GVP	2:30	Tie Dye	1:45	Swimming/Park - GVP	1:45	Swimming/Park - GVP
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:45	return to Fitness ctr	4:15	return to Fitness ctr
GAME WEEK									
8/21 		8/22		8/23		8/24 		8/25	
8:00	Fitness ctr	8:00	Fitness center	8:00	Fitness center	8:00	Fitness ctr	8:00	Fitness cntr
10:00	Games, Pick activity	10:00	Pick an activity	10:30	GAMESHOW games	10:30	GAMESHOW games	10:30	Games, Pick activity
11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:
1:10	Fitness center	1:00	Bowling	1:10	Fitness center	1:10	Fitness cntr	1:10	Fitness center
1:45	Park - GVP		(1:30-3:00)	1:45	Swimming/Park - GVP	1:45	Swimming/Park - GVP	1:45	Swimming/Park - GVP
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr

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(pool or park)

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****ALTERNATE SEABREEZE DAY**