

FUN FITNESS CAMP 2019

						6/20 8:00 Fitness center 10:00 welcome games 11:20 Lunch: 1:15 Fitness center 1:45 games or park (GVP) 4:15 return to Fitness ctr	6/21 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:20 Fitness center 1:45 games or park (GVP) 4:15 return to Fitness ctr
LUAU WEEK							
6/24 8:00 Fitness center 10:00 welcome games 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr	6/25 8:00 Fitness center 10:00 Luau fun 11:20 Lunch: 1:15 Fitness center 1:45 Swimming or Park 4:15 return to Fitness ctr	6/26 8:00 Fitness center 10:00 Luau fun 11:20 Lunch: 1:15 Fitness center 1:45 Swimming or Park 4:15 return to Fitness ctr	6/27 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:10 Clubhouse Greece (1:40-3:40) 4:15 return to Fitness ctr	6/28 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr			
PATRIOTIC WEEK							
7/1 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:15 Fitness center 1:45 Swimming or Park 4:15 return to Fitness ctr	7/2 8:00 Fitness center 10:00 Patriotic fun 11:20 Lunch: 1:10 LASERTRON (1:40-4:00) 4:15 return to Fitness ctr	7/3 8:00 Fitness center 10:00 Patriotic fun 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr	7/4 HAPPY INDEPENDENCE DAY 	8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr	7/5 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr		
HALLOWEEN WEEK							
7/8 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr	7/9 8:00 Fitness center 9:45 Halloween games 11:20 Lunch: 1:15 Fitness center 1:45 Swimming or Park 4:10 return to Fitness ctr	7/10 8:00 Fitness center 9:30 Games, Pick activity 11:20 Lunch: 1:15 RMSC (Museum) (1:30 - 3:40) 4:20 return to Fitness ctr	7/11 8:00 Fitness center 10:00 Trick or Treat /Costume 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr	7/12 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:20 Fitness center 1:45 Swimming or Park 4:15 return to Fitness ctr			
PIRATE & PRINCESS WEEK							
7/15  8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:15 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr	7/16  8:00 Fitness center 10:00 games 11:20 Lunch: 1:15 Fitness center 1:45 Swimming or Park 4:15 return to Fitness ctr	7/17 8:00 Fitness center 10:00 Treasure hunt 11:20 Lunch: 1:15 Fitness center 1:45 Swimming or Park 4:15 return to Fitness ctr	7/18 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:10 trampoline park (1:30-3:40) 4:15 return to Fitness ctr	7/19 8:00 Fitness center 10:00 Games, Pick activity 11:20 Lunch: 1:20 Fitness center 1:45 Outside (playground, park) 4:15 return to Fitness ctr			
Swimming or Park can choose either		Lunch Room where the camp has lunch & movie		Pick an activity campers can pick from crafts or board games, sports, small games, etc.			

FUN FITNESS CAMP 2019

7/22		ANIMAL WEEK					7/26	
		7/23	7/24	7/25	7/26			
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00
10:00	Games, Pick activity	10:00	Animal activities	10:00	Games, Pick activity	10:00	Animal games	10:00
11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20
1:15	Fitness center	1:15	Fitness center	1:15	Fitness center	1:15	Fitness center	1:20
1:45	Outside (playground, park)	1:45	Swimming or Park	(1:30-3:45)	Swimming or Park	1:45	Swimming or Park	1:45
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15
RETRO WEEK								
7/29		7/30	7/31	8/1	8/2			
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00
10:00	Tie Dye	9:40	Horizon Fun FX	11:00	Tie Dye	10:00	Tie Dye	RETRO ACTIVITIES
11:20	Lunch:	(10:00-11:40)		11:20	Lunch:	11:20	Lunch:	
1:15	Fitness center	12:00	Lunch:	1:20	Fitness center	1:15	Fitness center	1:20
1:45	Swimming or Park	2:00	outside for activities	1:45	Outside (playground, park)	1:45	Swimming or Park	1:45
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:45	return to Fitness ctr	4:15
FUN WEEK / COLOR WARS								
8/5		8/6	8/7	8/8	8/11**			
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00
10:00	Games, Pick activity	10:00	Color games	10:00	Color games	10:00	Seabreeze	10:00
11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	
1:15	Fitness center	1:15	Fitness center	1:15	Fitness center	1:15	Fitness center	1:20
1:45	Outside (playground, park)	1:45	Swimming or Park	1:45	Swimming or Park	1:45	Outside (playground, park)	1:45
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	5:00	return to Fitness ctr	4:15
WATER WEEK								
8/12		8/13	8/14	8/15	8/16			
8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00	Fitness center	8:00
11:00	Games, Pick activity	10:00	games	10:00	Water activities	10:00	Games, Pick activity	10:00
11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	
1:15	Fitness center	1:00	Ontario Beach	1:15	Fitness center	1:15	Fitness center	1:15
1:45	Outside (playground, park)	(1:45 - 3:45)		1:45	Swimming or Park	1:45	Outside (playground, park)	1:45
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15
MISC WEEK								
8/19		8/20	BAM!	8/21	8/22	GAME SHOW	8/23	
8:00	Fitness ctr	8:00	Fitness cei	8:00	Fitness center	8:00	Fitness center	8:00
10:00	Games, Pick activity	10:30	SUPER HERO parade	10:00	Games, Pick activity	10:30	GAMESHOW games	10:30
11:15	Lunch:	11:20	Lunch:	11:20	Lunch:	11:20	Lunch:	
1:15	Fitness center	1:15	Fitness cntr	1:30	Bowling	1:15	Fitness cntr	1:20
1:45	Outside (playground, park)	1:45	Swimming or Park	(1:45-3:30)		1:45	Swimming or Park	1:45
4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15	return to Fitness ctr	4:15

Swimming or Park

can choose either

Lunch Room where the camp
has lunch & movie

Pick an activity campers can pick from
crafts or board games, sports, small games, etc.

****ALTERNATE SEABREEZE DAY**