Gym Schedule

**Monday**
- Sculpt: 11:30 AM – 12:15 PM
- Pickup Basketball: 12:15 PM – 1:45 PM
- Power Pump: 5:15 PM – 6:15 PM
- Volleyball League: 6:30PM – 9:30PM

**Tuesday**
- WERQ: 5:15PM – 6:05PM
- Soccer League: 6:30PM – 9:30PM

**Wednesday**
- Pickup Basketball: 12:15 PM – 1:45 PM
- Power Pump: 5:15 PM – 6:15 PM
- Volleyball: 7:00 PM – 9:00 PM
- Jimringo@gmail.com

**Thursday**
- Total Body Condition: 12:00 PM -12:45 PM
- Pickup Badminton: 7:00 PM – 9:00 PM

**Friday**
- Boot Camp: 11:30 AM – 12:15 PM
- Pickup Basketball: 12:30 PM – 1:45 PM
- Basketball: 6:00PM – 8:00PM
- Shiva_Kothari@URMC.Rochester.edu

**Saturday**
- Soccer: 10:00AM – 12:00PM
- Gilsberto_Lopez@URMC.Rochester.edu
- *please call 275 - 1442 for reservations

**Sunday**
- *please call 275 - 1442 for reservations